



**Curriculum Vita
February 2023**

Instructor: Karin Tochkov, PhD
Associate Professor

Academic Department: Psychology and Special Education

University Address: Binnion Hall
Texas A&M University-Commerce
PO Box 3011
Commerce, TX 75429-3011

University Email Address: Karin.Tochkov@tamuc.edu
Faculty Web Page Address: <https://www.tamuc.edu/people/karin-tochkov/>

EDUCATION

Ph.D. Clinical Psychology,
SUNY Albany – State University of New York at Albany, 2007

M. A. Clinical Psychology,
SUNY Albany – State University of New York at Albany, 2003.

B. S. Psychology,
Heidelberg University – Germany, 2000.

Professional Licenses

Licensed Psychologist State of Texas 08/2016

License Number 37447

TEACHING EXPERIENCE

2007 – Present, Associate Professor, Texas A&M University-Commerce

2001-2006, Instructor, SUNY Albany-State University of New York at Albany

Texas A&M University Commerce, 2007 - present

Undergraduate Courses:

- PSY 131 Introduction to Psychology (*fall 2007, spring 2008*)
- PSY 131H Honors Introduction to Psychology (*spring 2009/2010*)
- PSY 232 Sexual Behavior (*fall 2007/2008/2009, spring 2008*)
- PSY 316 Abnormal Psychology (*spring 2009/2010/2017-2019*)
- PSY 317 Psychology of Personality (*spring 2011, fall 2016*)
- PSY 319 Child and Adolescent Development (*spring 2017*)
- PSY 321 Psychology of Adolescence (*fall 2016*)
- PSY 490 Honors Thesis (*spring 2011/2023*)
- PSY 491H Honors Readings (*fall 2010/2022-2023*)

Graduate Courses:

- PSY 502 Theories of Personality (*fall 2011/2017/2019-2021, spring 2023*)
- PSY 503 Psychopathology (*summer 2008-2011, fall 2008-2011/2018-2019, spring 2010/2012/2017-2020/2022-2023*)
- PSY 508 Theory and Technique in Applied Psychology (*spring 2011/2019-2020, fall 2016/2022*)
- PSY 518 Thesis (*fall 2007-2011/2017, spring 2008-2011/2018, summer 2008-2010*)
- PSY 527 GLB/Social/Cultural Bases of Behavior (*fall 2016/spring 2018*)
- PSY 535 Applied Behavior Analysis (*fall 2012/spring 2013*)
- PSY 537 Advanced Therapeutic Intervention (*fall 2017-2018*)
- PSY 538 Ethics in Clinical Practice (*fall 2012/spring 2013*)
- PSY 572 Psychological Assessment/Measurement (*fall 2007-2011/2022, spring 2008/2009/2012*)
- PSY 573 Intellectual Assessment (*spring 2023*)

PSY 592 Group Psychotherapy (*fall 2010/2018-2022 spring 2012/2017*)

PSY 589 Marital Communication (*fall 2021*)

PSY 595 Independent Study and Research (*fall 2011*)

PSY 680 Educational Psychology (*fall 2010*)

PSY 691 Clinical Practicum (*summer 2008*)

PSY 718 Doctoral Dissertation (*summer 2010, fall 2009/2010/2011/2017, spring 2010/2011/2018-2023*)

PUBLICATIONS

Cook, E. & **Tochkov, K.** (2022). Does social anxiety affect student learning? *Advances in Social Sciences Research Journal*, 9(11), 266-271. Doi:10.14738/assrj.911.13448

Tochkov, K. (2021). Orthorexia nervosa: healthy eating or dangerous obsession. *International Journal of Humanities and Social Science*, 11(9), 111-112. Doi:10.30845/ijhss.v11n9p12

Tochkov, K. (2020). Clinical practice guidelines for the treatment of paranoid personality disorder. *The Clinical Practitioner*, 15(3), 9-10.

Tochkov, K. & Williams, N. (2019). Knowledge is power. A discussion of patient rights, resources, and treatment alternatives for involuntary hospitalization. *The Clinical Practitioner*, 14(2), 11-12.

Tochkov, K., Williams, N. & Bokman, C. (2018). A review of a psychology intern's insights presented in Brooklyn Zoo: the education of a psychotherapist. *Ethical Human Psychology and Psychiatry*, 20(3), 169-172.

Tochkov, K. & Williams, N. (2018). Patient or prisoner? Forced treatment for the severely mentally ill: life-long implications for patients who have been treated against their will. *Ethical Human Psychology and Psychiatry*, 20(1), 56-68.

Tochkov, K. & Williams, N. (2017). A review of treatment failures presented in Committed: the battle over involuntary psychiatric care. *Ethical Human Psychology and Psychiatry*, 19(2), 139-142.

Karaffa, K. & **Tochkov, K.** (2013). Attitudes toward seeking mental health treatment and provider references among law enforcement officers. *Applied Psychology in Criminal Justice*, 9(2), 75-99.

Tochkov, K. (2012). No regrets? Mood and the anticipation of emotions in problem gambling. *International Gambling Studies*, 12(1), 39-53.

Tochkov, K. (2011). How far have we come in understanding obsessive-compulsive disorder in children and adolescents? *Annals of the American Psychotherapy Association*, 14(3), 18-28.

Sides-Moore, L., & **Tochkov, K.** (2011). The thinner the better? Competitiveness, depression and body image among college student women. *College Student Journal*, 45(2), 439-448.

Hawthorne, M., Weatherford, D. & **Tochkov, K.** (2011). The effects of explicit and implicit cognitive factors on the learning patterns in the Iowa gambling task. *American Journal of Psychological Research*, 7(1), 64-78.

Tochkov, K., (2010). Self-control deficits and pathological gambling. *International Journal of Psychological Studies*, 2(2), 65-69.

Tochkov, K., Levine, L., & Sanaka, A. (2010). Variation in the prediction of cross-cultural adjustment by Asian-Indian students in the United States. *College Student Journal*, 44(3), 677-689.

Tochkov, K. (2009). The effects of anticipated regret on risk preferences of social and problem gamblers. *Judgment and Decision Making*, 4(3), 227-234.

McAllister, C., & **Tochkov, K.** (2009). The effects of delayed rewards on problem solving perseverance. *European Journal of Social Sciences*, 11(4), 544-550.

Tochkov, K. (2009). The impact of emotions on problem gambling. *American Journal of Psychological Research*, 5(1), 7-19.

Abstracts

Tochkov, K. (2008). The failure to anticipate regret and persistence in gambling, *International Journal of Psychology*, 43(3/4), 244.

Conference Presentations

Pierce, D., Pierce, L., Williams, N. & **Tochkov, K.** (April 2019). *Do drinking patterns impact how people mentally represent alcoholic beverage concepts?* SWPA 2019 Southwestern Psychological Association, Albuquerque, NM.

Tochkov, K. & Williams, N. (October 2018). *Exercising restraint instead of restraining: Alternatives to the use of seclusion and restraint.* 21st Annual Conference of the International Society for Ethical Psychologists and Psychiatrists, Toronto, ON.

Tochkov, K. (October 2017). *Patient or prisoner? Life-long implications for mentally ill patients who have been treated against their will.* 20th Annual Conference of the International Society for Ethical Psychologists and Psychiatrists, Denver, CO.

Tochkov, K. (December 2011). *University efficiency and public funding for higher education in Bulgaria.* 2011 International Symposium on the Economics of Education, Hong Kong, China.

Hawthorne, M. & **Tochkov, K.** (November 2011). *Executive function and the Iowa Gambling Task.* 52nd Annual Meeting of the Psychonomic Society, Seattle, WA.

Karaffa, K. & **Tochkov, K.** (November 2011). *Attitudes toward seeking mental Health treatment and provider preferences among law enforcement officers.* 9th Annual Pathways Student Research Symposium, College Station, TX.

Weatherford, D., Hawthorne, M. & **Tochkov, K.** (November 2010). *The influence of implicit and explicit variation on the Iowa Gambling Task.* 31st Annual Conference of the Society for Judgment and Decision Making, St. Louis, MO.

Tochkov, K. (April 2010). *Deal or no deal? Delayed discounting, anticipated regret, and persistence in gambling.* Annual Conference of the British Psychological Society, Stratford-upon-Avon, UK.

Tochkov, K. (April 2009). *Anticipated emotions and their effect on risk attitudes of gamblers.* Annual Conference of the British Psychological Society, Brighton, UK.

Tochkov, K. & Clark, T. (November 2008). *Regret, risk seeking, and the role of feedback in problem gambling.* 42nd Annual Convention of the Association for the Advancement of Behavior Therapy, Orlando, FL.

Tochkov, K. (July 2008). *The failure to anticipate regret and persistence in gambling.* XXIX International Congress of Psychology, Berlin, Germany.

Tochkov, K. (April 2008). *Anticipated regret and cognitive vulnerability to problem gambling.* Annual Conference of the British Psychological Society, Dublin, Ireland

Tochkov, K. & Wulfert, E. (November 2005). *The underestimation of regret and its consequences for problem gambling.* 39th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.

Tochkov, K. & Wulfert, E. (November 2004). *The error in predicting emotions and its relationship to college students' gambling, alcohol and drug use.* 38th Annual Convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Tochkov, K. & Wulfert, E. (November 2003). *The effects of anticipated emotions on the gambling behavior.* 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

Tochkov, K. & Wulfert, E. (November 2003). *Are frustrated gamblers less able to predict their regret?* 37th Annual Convention of the Association for the Advancement of Behavior Therapy, Boston, MA.

Tochkov, K. (November 2002). *Discounting of delayed rewards: Theoretical insights and clinical implications.* 36th Annual Convention of the Association for the Advancement of Behavior Therapy, Reno, NV.

RESEARCH GRANTS AND AWARDS

Kostoulus, T. – PI, Bournemouth University, Ali, R. - Co-I, Bournemouth University, Renshaw-Vuillier, L. - Co-I, Bournemouth University, Chaspari, T.–PI, Texas A&M University (TAMU) & **Tochkov, K.**-Co-I, Texas A&M University-Commerce (TAMU-C). National Center for Responsible Gambling (NCRG) 2018 Large Grant, Title: Affective Computing and Gambling: A Computational Model for Gambling Experience. (**\$170,570** not funded, 2018).

Tochkov, K. – PI, Texas A&M University – Commerce Research Enhancement Grant, Title: Regret, Risk Seeking, and the Role of Feedback in Problem Gambling. (**\$10, 318** awarded, 2008-2009).

- Spring 2023, Texas A&M University-Commerce Faculty Senate Award for Professional Excellent in Teaching Technology, nominated
- Spring 2022, Texas A&M University-Commerce Faculty Senate Award for Professional Excellent in Teaching Technology, nominated

Academic Excellence Award, Department of Psychology, Counseling and Special Education, Texas A&M University – Commerce, spring 2013

Student Recognition Award for Teaching Excellence, Texas A&M UniversitySystem, spring 2012

Student Recognition Award for Teaching Excellence, Texas A&M University System, spring 2011

Student Recognition Award for Teaching Excellence, Texas A&M University system, fall 2010

Provost Award Research & Creative Activity, Texas A&M University-Commerce, 2010

Teaching Excellence Award, Texas A&M University System, 2009-2010

Teaching Excellence Award, Texas A&M University System, 2008-2009