



# EAST TEXAS A&M

## Curriculum Vita January 2026

**Instructor:** Dr. Michael W. Smart, Ph.D., MBA – Professor

**Academic Department:** Psychology and Special Education

**University Address:** Henderson Hall  
East Texas A&M University  
PO Box 3011  
Commerce, TX 75429-3011

**University Email Address:** Michael.Smart@etamu.edu

### EDUCATION

**Degree:** Doctor of Philosophy  
**Discipline:** Psychology  
Grand Canyon University, 2022

**Degree:** MBA  
**Discipline:** Master of Business Administration  
The University of Texas at Dallas, 2013

**Degree:** Master of Science  
**Discipline:** Healthcare  
The University of Texas at Dallas, 2012

**Degree:** Master of Science  
**Discipline:** Project Management  
The University of Texas at Dallas, 2011

**Degree:** Bachelor of Science  
**Discipline:** Psychology  
Excelsior College

### TEACHING EXPERIENCE

**2025 - current:** Adjunct Professor of Psychology. - East Texas A&M University

**2023 - current:** Adjunct Professor of Psychology, Business, and Education. - Collin College

**2020 – current:** Tutor of Psychology, Business, DECA, Social Studies, Humanities, APA writing, and Dissertations. - Wyzant

**2020 – 2022:** Substitute High School Teacher, - ESI

<b>PUBLICATIONS</b>
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**Dr. Michael W. Smart, Ph.D. ORCID ID:** <https://orcid.org/0000-0003-3490-4430>

- Nursing Students' Prevalence and Risk Factors for Smartphone Addiction, Sleep Quality, and Daytime Sleepiness: A Cross-Sectional Design (2025)
- Correlations Between Spirituality, Anxiety, and Depression in Hemodialysis Patients in Saudi Arabia: A Cross-Sectional Study (2025)
- Success Beyond the Conditions Known to Lead to Complex Trauma: A Descriptive Study in Achieving College Attendance (2022), Dissertation