

# **Sinjin Michael Paul Roming**

Doctoral Candidate (ABD)

East Texas A&M University (formerly known as Texas A&M University-Commerce)

Department of Psychology Special Education

College of Education and Human Services

P.O. Box 3011

Commerce, TX 75429-3011

## **EDUCATION**

2025 (anticipated) Doctor of Philosophy in Educational Psychology

East Texas A&M University

Dissertation: *Effects of a Prosociality Intervention on PreK-12 Teachers' Occupational Wellness and Colleague Relationships*

2018 Master of Arts in Psychological Research

Texas State University

Thesis: *Adaptive and Maladaptive Coping Strategies for Perceived Stress and Their Relationship with Quality of Life*

2016 Bachelors of Science in Psychology

Brigham Young University

## **UNIVERSITY EXPERIENCE**

### ***East Texas A&M University (2021-present)***

Adjunct Faculty Member (January 2025-present)

Graduate Teaching Assistant (August 2024-December 2024)

Graduate Research Assistant (September 2021-August 2024)

### ***Brigham Young University-Idaho (2020-present)***

Online Adjunct Faculty (January 2020-present)

### ***Texas State University (2016-2018)***

Graduate Teaching Assistant (August 2017-May 2018)

Graduate Student Researcher (January 2017-May 2018)

Graduate Instructional Assistant (January-August 2017)

### ***Brigham Young University (2010-2016)***

Teaching Assistant (January-April 2016)

Volunteer Researcher (April 2015-April 2016)

Student Lab Assistant (September 2014-August 2015)

## **RELATED PROFESSIONAL EXPERIENCE**

### ***Rains Independent School District (Emory, TX)***

Substitute Teacher (May 2024-present)

### ***Winds of Change Mental Health Center (Missoula, MT)***

Rehabilitation and Support Staff (August 2019-July 2020)

### ***Brain Balance Achievement Center (New Braunfels, TX)***

Intern (June-August 2017)

### ***Utah State Hospital (Provo, UT)***

Children's Unit Volunteer (September-December 2014)

## **COURSES TAUGHT**

**\*Functioning as Graduate Teaching Assistant  
& Functioning as Undergraduate Teaching Assistant**

### ***East Texas A&M University (2021-present)***

PSY 302 (Stats and Research I) (Spring 2025)

Taught as instructor of record

PSY 316 (Abnormal Psychology) (Fall 2024\*-Spring 2025)

Taught as instructor of record

PSY 317 (Personality of Psychology) (Fall 2024) \*

Taught as instructor of record

### ***Brigham Young University-Idaho (2020-present)***

PSYCH 302 (Research Methods) (Winter 2020-present)

Taught course 14 semesters (All online)

### ***Texas State University (2016-2018)***

PSY 2101 (Introduction to Statistics Laboratory) (Fall 2017-Spring 2018) \*

Taught course 2 semesters (Taught as instructor of record)

PSY 2301 (Introduction to Statistics) (Spring 2017, Summer II 2017) \*

Taught course 1.5 semesters

### ***Brigham Young University (2010-2016)***

PSYCH 341 (Personality) (Winter 2016) &

Taught course 1 semester

## **SCHOLARLY WORK**

## **PEER-REVIEWED PUBLICATIONS PUBLISHED/ACCEPTED**

- Roming, S.M.P.,** Carrero, K.M., & Howard, K.J. (in press). Examination of adaptive coping during collective trauma: A comparison between pre-pandemic and pandemic-era coping for college students. *The International Journal of Health, Wellness and Society*.
- Dailey, S.L., Howard, K., **Roming, S.M.P.,** Ceballos, N., & Grimes, T. (2020). A biopsychosocial approach to understanding social media addiction. *Human Behavior & Emerging Technology*, 2(2), 158-167. <https://doi.org/10.1002/hbe2.182>.
- Roming, S.M.P.** & Howard, K. (2019). Coping with stress in college: An examination of spirituality, social support, and quality of life. *Mental Health, Religion, & Culture*, 22(8), 832-843. <https://doi.org/10.1080/13674676.2019.1674794>.
- Howard, K., Haskard-Zolnierok, K., Johnson, A., **Roming, S.M.P.,** Price, R., & Cobos, B. (2017). Somatization disorder and stress in teachers: A comprehensive occupational health evaluation. *Journal of Applied Biobehavioral Research*, 22(4), e12105. <https://doi.org/10.1111/jabr.12105>.

## MANUSCRIPTS IN PREPARATION

- Simmons-Reed, E.A., **Roming, S.M.P.,** Ditchen, M., & Poore, B. (preparing manuscript). Beyond compliance: Changing the transition discourse in higher education and employment to facilitate the success of autistic or neurodivergent young adults. *Psychology in the Schools*.
- Carrero, K.M., Bratina, M.P., Schwab, B.S., **Roming, S.M.P.,** & Bowman, K. (preparing manuscript). Preparing the vulnerable “offender”: Reverse crisis intervention training for people with ASD and/or I/DD to prepare for police encounters.

## NON-REFEREED PUBLICATIONS

- Roming, S.** (2022, January). Fresh off the press!: The government is working to address the mental health of students. *Behavior Today*, 38(4). (Behavior Today is the newsletter for the Council for Exceptional Children’s Division for Emotional Behavioral Health).

## REFEREED CONFERENCE PRESENTATIONS

### Poster Presentations

- Roming, S.,** Bowman, K., & Carrero, K. (2025) Exploring teacher wellness definitions: A scoping review of concepts, dimensions, and frameworks, Southwestern Psychological Association, Little Rock, AR.
- Roming, S.M.P.** & Carrero, K.M. (2024). Comparing students with and without exceptionalities and their stress reduction. Council for Exceptional Children Convention and Exposition, San Antonio, TX.
- Carrero, K.M., Bratina, M.P., **Roming, S.M.P.,** & Schwab, B.S. (2022). Preparing the vulnerable “offender”: Reverse crisis intervention training for people with ASD and/or I/DD to prepare for police encounters. Federation of North Texas Area Universities Graduate Student Research Symposium, Virtual. <https://hdl.handle.net/11274/13628>.
- Dailey, S.L., Howard, K., **Roming, S.M.P.,** Ceballos, N., & Grimes, T. (2020). Perpetual posting, constant commenting, and limitless lurking: Communicative and psychosocial predictors of social media addiction. National Communication Association Conference, Salt Lake City, UT.

- Dailey, S., Howard, K., **Roming, S.**, Ceballos, N., & Grimes, T. (2018). Playing with fire: Communicative and psychosocial predictors of social media addiction. National Communication Association.
- Howard, K., Ceballos, N., **Roming, S.**, Dailey, S., & Grimes, T. (2018). Social media behaviors and psychosocial predictors of social media addiction. Association for Psychological Science.
- Roming, S.M.P.**, Howard K., & Johnson, A. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. 30<sup>th</sup> Association for Psychological Sciences Annual Convention, San Francisco, CA. (Presented by Angela Johnson).
- Howard, K., Haskard-Zolnierrek, K., Johnson, A., **Roming, S.M.P.**, Price, R., & Cobos, B. (2017). Somatization disorder: Occupational factors impact on Texas school teachers. 29<sup>th</sup> Association for Psychological Sciences Annual Convention, Boston, MA.
- Howard, K., Haskard-Zolnierrek, K., Johnson, A., **Roming, S.M.P.**, Price, R., & Cobos, B. (2017). Somatization disorder and its effects on Texas school teachers. 29<sup>th</sup> Association for Psychological Sciences Annual Convention, Boston, MA.

### ***Conference Presentations***

- Roming, S.** (2024). Coping among students with and without exceptionalities: An examination of college students with and without exceptionalities stress management and quality of life. Annual Student Research Symposium, Texas A&M University-Commerce, Commerce, TX.
- Roming, S.**, Nobel, M. & Ashley, V. (2024). Take care of yourself: Fostering educator wellness and effectiveness. Council for Exceptional Children Convention and Exposition, San Antonio, TX (Virtual Session of Convention).
- Roming, S.**, Nobel, M. & Ashley, V. (2024). Take care of yourself: Fostering educator wellness and effectiveness. Council for Exceptional Children Convention and Exposition, San Antonio, TX.
- Carrero, K. M., **Roming, S.**, & Bowman, K. (2024). Cultivating TRIBES: A model for installing evidence-based practices for students with autism in rural areas. Division on Autism and Developmental Disabilities (DADD), 25th International Conference on Autism, Honolulu, Hawaii.
- Roming, S.M.P.** (2023). Project TRIBES (Texans in Rural and Inclusive settings, accessing Behavioral and Educational Supports). Annual Student Research Symposium, Texas A&M University-Commerce, Commerce, TX.
- Carrero, K.M., Schwab, B.S., & **Roming, S.M.P.** (2023). Vulnerable "violators'" voices: People with exceptionalities' accounts of police interactions. Council for Exceptional Children Convention and Exposition, Louisville, KY.

### **NON-REFEREED CONFERENCE PRESENTATIONS**

- Roming, S.M.P.** (2022). Burnout: The second pandemic. Brigham Young University-Idaho Online Learning and Teaching Conference, Brigham Young University-Idaho, Rexburg, ID (Virtual Conference).

### **NON-REFERRED RESEARCH PRESENTATIONS**

- Roming, S.M.P.** (2024). Coping among students with and without exceptionalities: An examination of college students with and without exceptionalities stress management and

quality of life. National Honor Society and Pride Flock Event, Northeast Texas Community College, Mount Pleasant, TX (Virtual).

**Roming, S.M.P.** (2021). Coping with stress in college: An examination of spirituality, social support, and quality of life. Department of Psychology and Special Education Brown Bag Research Talk, Texas A&M University-Commerce, Commerce, TX.

**Roming, S.M.P.**, & Howard K. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. Three Minute Thesis Competition Preliminary Round, Texas State University, San Marcos, TX.

**Roming, S.M.P.**, & Howard, K. (2018). Adaptive and maladaptive coping strategies for perceived stress and their relationship with quality of life. Department of Psychology Brown Bag Research Talk, Texas State University, San Marcos, TX.

## **EDITORIAL SERVICE**

### ***Ad-Hoc Peer Reviewer***

*The International Journal of Interdisciplinary Social and Community Studies*

*The International Journal of Sport and Society*

*Psychology in the Schools*

*Mental Health, Religion, & Culture*

## **EXTRAMURAL AND INTERNAL FUNDING ENDEAVORS**

### ***Extramural Funding***

2024-2029 *VISION-AI* (Video Instructional Support with INtegrated Artificial Intelligence)

Funding Agent & Competition: United States Department of Education, Office of Special Education and Rehabilitative Services, Office of Special Education Programs Educational Technology, Media, and Materials for Individuals with Disabilities Program, Stepping-Up Technology Implementation

Funding Request: \$1,500,000

Role: Assisted with drafting of grant document with Dr. Kelly Carrero (Texas A&M University-Commerce), Dr. Sarah Howorth (University of Maine) and Dr. Matthew Marino (University of Central Florida)

**NOT FUNDED**

2024-2026 *Project CADRES* (Collaboration Among Districts within Region for Excellent Services for Students with Autism)

Funding Agent & Competition: Texas Education Agency  
Innovative Service for Students with Autism Grant Award

Funding Request--Subaward: \$495,127

Role: Assisted Dr. Kelly Carrero, Dr. Belinda Rudinger, and Red Oak Independent School District (Along with five other school districts) with the granting writing process

**NOT FUNDED**

2024-2026 *Innovative Services for Students with Autism - Grand Prairie*

*Independent School District*

Funding Agent & Competition: Texas Education Agency

Innovative Service for Students with Autism Grant Award

Funding Request--Subaward: \$444,644.19

Role: Assisted Dr. Kelly Carrero with the drafting of the grant document along with Grand Prairie Independent School District

**NOT FUNDED**

2024-2026     *Project TIGERS (Building Teachers' Inclusionary Capacity to Grow Students' Emotional Regulation and Social Skills)*

Funding Agent & Competition: Texas Education Agency

Innovative Service for Students with Autism Grant Award

Funding Request--\$963,968 (TAMUC Subaward: \$365,307)

Role: Led the grant application writing process along with Dr. Kelly Carrero and Corsicana Independent School District

**NOT FUNDED**

2022-2027     *Project MOVIN ON UP (Military connected students On Vehicles for Innovative, Novel Opportunities to Navigate, Understand, and Prosper in Life)*

Funding Agent: Department of Defense Education

Activity (DoDEA) Military-Connected Academic and Support Programs (MCASP)

Funding Request \$2,000,000

Role: Assisted Dr. Kelly Carrero with grant writing

**NOT FUNDED**

2022-2024     *Project TRIBES (Texans in Rural and Inclusive settings, accessing Behavioral and Educational Supports)*

Funding Agent & Competition: Texas Education Agency

Innovative Service for Students with Autism Grant Award

Funding Request: \$1,694,467.16

Role: Project Manager under Dr. Kelly Carrero, working with Corsicana Independent School District & Freestone-Navarro Bi-County Coop

**FUNDED (\$1,694,467.16)**

***Internal Funding***

2024     *Council for Exceptional Children Convention and Exposition*

Funding Agent & Competition: Texas A&M University-Commerce Graduate School

Student Travel Funding

Funding Request: \$500.00

Role: Writer of funding request for travel funds to present a research presentation and poster.

**FUNDED (\$500.00)**

2023     *Council for Exceptional Children Convention and Exposition*

Funding Agent & Competition: Texas A&M University-Commerce Graduate School

Student Travel Funding

Funding Request: \$500.00

Role: Writer of funding request for travel funds to present a research presentation  
**FUNDED (\$500.00)**

2017 29<sup>th</sup> Association for Psychological Sciences Annual Convention

Funding Agent & Competition: Texas State University Graduate School

Student Travel Funding

Funding Request: \$750.00

Role: Writer of funding request for travel funds to present research posters.

**FUNDED (\$750.00)**

## **CURRENT PROFESSIONAL AFFILIATIONS**

Council for Exceptional Children (CEC)

*Division for Emotional Behavioral Health (DEBH)*

## **GRADUATE COURSEWORK**

Abnormal Psychology, Biological Bases of Behavior, Cognition and Instruction, Developmental Psychology, Educational Psychology, Ethics, Health Psychology, Health Psychology, Human Cognition and Learning, Learning Technology, Personality, Psychological Therapies, Psychology of Language, Research Methods, Statistics (Univariate, Multivariate, Non-parametric)

## **SKILLS**

Using Canvas and D2L LMS, Psychological qualitative and quantitative research methods, Teaching and using SPSS software, Data collection and analysis, Univariate and Multivariate parametric and Non-parametric testing