

Shauna N. Richards, Ph.D.

Licensure Status: Provisionally Licensed Psychologist- Texas

Profile

A purpose-driven, creative, goal-oriented team player who appreciates diversity and aims to maximize potential and attain excellence.

Education

Prairie View A&M University (PVAMU): August 2016 - August 2022
Ph.D. in Clinical Adolescent Psychology

Prairie View A&M University (PVAMU): August 2016 – May 2021
M.Sc. in Clinical Adolescent Psychology

Prairie View A&M University (PVAMU): January 2014 – May 2016
M.Sc. in Juvenile Forensic Psychology

College of Agriculture, Science & Education (Jamaica): September 2005 – December 2010
Diploma in Teaching Education by Advanced Placement (Hons)

Jamaica Theological Seminary: August 1997 – June 2001
B.A. in Theology, Minor in Guidance & Counseling (Hons)

Excelsior Community College (Jamaica): August 1994 – May 1996
Diploma in Business Administration

Clinical Experiences

Summary of Doctoral Level Clinical Training

Next STEPS Worldwide

Post-Doctoral Fellow of Clinical Adolescent Psychology: August 2022 to August 2023
Supervisors: Chelsea Wooley, Ph.D., LP, Sonia Schwalen, Ph.D. LP, LSSP, and Lalitha Subramanian, Ph.D.

- Intake interviews (in-person and virtual)
- Psychological and neuropsychological assessments (children/adolescents and adults)
- Integrative report writing
- Individual therapy and family therapy- children and adults (in-person and virtual)
- Treatment consultation

- Prepared guidelines for mentoring program
- Mentoring

Dallas County Juvenile Department- Internship: August 2021 to July 2022

Director of Clinical Training: Madeleine M. Byrne, Psy.D.

Supervisors: Madeleine Byrne, Psy.D., LP, Priscilla Souza, Ph.D., LP, Sheree Tarver, Psy.D., LP, and Iman Ross, Ph.D.

- Crisis intervention- Adolescents
- Treatment planning
- Individual and group therapy- Adolescents (Virtual and In-Person: Including Depression, Anxiety, Conduct Disorder, Trauma-Related, Anger Management, and Grief)
- Family therapy (virtual and in-person)
- Notification of Rights
- Intake interviewing (virtual and in-person)
- Psychological assessments- Adolescents (virtual and in-person)
- Integrative report writing
- Multidisciplinary treatment meetings and Dialectical Behavior Therapy (DBT) consultation meetings

Lesajeane M. Jennings, Private Practice: September 2020 to April 2021

Supervisor: Lesajeane M. Jennings, Psy.D., LP, LSSP

- Conducted intake interviewing and administration of child and adolescent psychological and intellectual assessments
- Treatment planning
- Scoring, interpretation, and preparation of integrated evaluation reports
- Provided individual psychotherapy to adult clients presenting with concerns including grief, anxiety, depression, maladaptive relationships, job-related stress, grief, and self-esteem

The Psychology Training Clinic, Department of Psychology, PVAMU

September 2019 to June 2021 and June 2018 to December 2018

Supervisors: Brandon R. Sylvester, Psy.D., LP, Lesajeane M. Jennings, Psy.D., LP, LSSP, Selena Smith, Ph.D., and Dashiell Geyen, Ed.D., M.P.H.

- Conducted intake interviewing and administration of psychological and intellectual assessments to pre-trial diversion clients, college students, and members of the local community
- Treatment planning
- Scoring, interpretation, and preparation of integrated evaluation reports for pretrial diversion clients
- Provided short-term individual psychotherapy to pretrial diversion clients as well as other clients presenting with concerns including anxiety, depression, maladaptive relationships, substance use, conflicts with parents, self-esteem, sexuality, and peer pressure

Pro-Vision Academy: September 2019 to April 2020

Supervisors: Paula A. Moore, Psy.D. LP and Arnell Evans, LCDC-I

- Conducted intake interviewing of child and adolescent clients
- Treatment planning
- Provided individual psychotherapy to pre-adolescent and adolescent clients presenting with concerns including trauma, anger, grief, anxiety, depression, self-esteem, and substance use
- Assisted with the implementation and evaluation of the Restorative Circles

Student Counseling Services, PVAMU: August 2017 to May 2018

Supervisors: Dashiel Geyen, Ed.D., M.P.H. and Carla Guice, M.Ed., LPC-S

- Conducted intake interviewing and administration of psychological assessments
- Treatment planning
- Provided short-term individual psychotherapy to college students presenting with concerns including anxiety, depression, stress, sexual identity, guilt, maladaptive relationships substance use, conflicts with parents, self-esteem issues, and peer pressure
- Participated in research activity to better understand the prevalence of substance use on the university's campus

Summary of Master's Level Clinical Training

Good Shepherd Residential Treatment Center, Tomball, Texas: June 2015 to April 2016

Supervisor: Lendell Braud, Ph.D., LP and Dashiel Geyen, Ed.D., M.P.H.

- Conducted intake interviews (children and adolescents)
- Provided short-term psychotherapy to adolescents and pre-adolescents presenting with concerns including anxiety, depression, stress, anger, substance use, self-esteem, academic challenges, and peer pressure
- Treatment planning
- Administration of assessments: intellectual, achievement, personality, visual-motor, learning disability, and neurological disorders
- Assisted with the reading and math programs
- Provided mentoring for children and adolescents

Summary of Bachelor's Level Clinical Training

Stony Hill HEART Academy (Jamaica): September 2000 to April 2001

Supervisor: Faith Thomas, M.A.

- Conducted intake interviews- young adults
- Treatment planning
- Provided short-term psychotherapy to residents and commuting students in young adulthood who presented with concerns including stress, anger, substance use, self-esteem, sexuality, and academic challenges
- Taught a senior vocational class each week

Teaching Experiences

Greater St. Peter's Missionary Baptist Church, Hempstead, Texas: June-July 2021

- Developed and taught curriculum to prepare Ministers for sermon preparation and delivery

Buff Bay High School, Jamaica: September 2004 to December 2013

- Taught Guidance and Personal Development to Grades 7, 10, and 11 students
- Supervised the Health and Family Life Development Curriculum Delivery

International University of the Caribbean, Jamaica: January 2012 to May 2012

- Taught Pastoral Counseling

Bethel Bible College, Jamaica: September 2002 to May 2005

- Taught Introduction to Counseling, Introduction to Psychology, Introduction to Sociology, Introduction to Ethics, and Personality Development
- Pioneered and edited the institution's newsletter

Employment

Texas A&M University- Commerce

Clinic Director & Assistant Professor: February 2024 to present

- Directing daily operations of the Community Psychology Clinic
- Supervising clinical services provided by student-clinicians
- Teaching
- Service to the university and community

Next STEPS Worldwide

Post-Doctoral Fellow of Clinical Adolescent Psychology: August 2022 to August 2023

Supervisors: Chelsea Wooley, Ph.D., LP, Sonia Schwalen, Ph.D. LP, LSSP, and Lalitha Subramanian, Ph.D.

- See associated tasks under **Clinical Experiences.**

Dallas County Juvenile Department

Psychology Intern: August 2022 to July 2022

Supervisors: Madeleine Byrne, Psy.D., LP, Priscilla Souza, Ph.D., LP, Sheree Tarver, Psy.D., LP, and Iman Ross, Ph.D.

- See associated tasks under **Clinical Experiences.**

Texas Juvenile Crime Prevention Center, College of Juvenile Justice and Psychology

Graduate Research Assistant: August 2016 to August 2021

Supervisor: Angela Broadus, Ph.D., CPS/ICPS

- Development of Training Units for presentation at workshops:
 - Building Community Capacity- to prevent and intervene in adolescent substance use
 - Co-Occurring Disorders
- Presentations at workshops and conferences for which participants received CEUs
- Manuscript preparation

- Supervision of undergraduate students
- Assisted with planning of activities hosted by the center
- Engagement in assigned research tasks

Department of Psychology, College of Juvenile Justice and Psychology

Graduate Research Assistant: June 2014 to May 2016

Supervisor: Joseph Dickson, Ph.D.

- Data entry and analysis
- Literature reviews on trauma, trauma-informed care, and college retention
- Conference presentation
- Developed draft document for lab procedures

International University of the Caribbean, Jamaica: January 2012 to May 2012

- Taught Pastoral Counseling

Buff Bay High School, Jamaica

Senior Guidance Counselor and Head of the Guidance and Counselling Department

September 2004 to December 2013

- Provided individual and group psychotherapy to adolescent students presenting with concerns related to learning disabilities, self-esteem, career choices, anger, sexuality, substance use, teenage pregnancy, legal offenses, and depression
- Conducted home visits and facilitated parent consultations
- Coordinated career-related field trips
- Taught guidance and personal development to Grades 7, 10, and 11, and made entries to students' online academic reports and report cards
- Ensured the development, implementation, and supervision of the guidance program
- Facilitated meetings of the guidance & welfare committee
- Prepared annual reports of the guidance & welfare committee
- Supervised the health and family life curriculum delivery to Grades 7, 8, and 9
- Conducted supervisory visits to health and family life classes being taught
- Coordinated at least nine annual events of the department including gender awareness day, career week, prize-giving ceremony, and character week
- Made presentations at general assemblies, parents' and teachers' association (PTA) meetings
- Assisted with the coordination of events and activities including annual orientation of new students, behavioral interventions, and annual valedictory service
- Coordinated community engagement to provide opportunities for voluntary service, mentorship, and scholarship for students
- Initiated and executed the following programs:
 - Back on Track: A program for teenage mothers who were reinstated into the high school
 - Project Drug Free: A program aimed at the reduction, and prevention of substance use among students
 - Pillars of Character: Supervised the integration of the values into the curriculum, and physical pillars in their respective colors were erected on the

school premises

- Academic Tracking for students in Grades 7, 10 & 11: A system for monitoring the academic progress of in-coming students and senior students

Bethel Bible College, Jamaica: September 2002 to May 2005

- Taught Introduction to Counseling, Introduction to Psychology, Introduction to Sociology, Introduction to Ethics, and Personality Development
- Pioneered and edited the institution's newsletter

Research & Publication

Richards, Shauna N., Broadus, Angela D. & Yelderman, Logan A. (2020). Treatment and non-treatment professionals in Texas: Race, sex, and level of education influencing attitudes about addiction. *Journal of Drug Issues*, 51(1), 1-18.
<https://doi.org/10.1177/0022042620971857>

Dissertation: Adolescent marijuana use frequency: The influence of father absence, problem drinking, future orientation, and life satisfaction explained by the problem behavior theory.

Thesis: African-American college students who use marijuana: The influence of guilt proneness on marijuana use frequency and readiness for change.

Other Research

Richards, Shauna N., & Broadus, Angela D. (2019). The Greater Houston Area Drug Impact Report for 2015-2019.

Research in Progress

Richards, Shauna N., & Yelderman, Logan A. Juvenile homicide offending in groups:
 An analysis of the Chicago Homicide Dataset 1965-1994.

Accepted but Unpresented Due to the COVID-19 Pandemic

Richards, Shauna N., & Yelderman, Logan A. (2020, April). Juvenile homicide offending in groups: An analysis of the Chicago Homicide Dataset 1965-1994. Southwestern Psychological Association Convention, Frisco, Texas

Professional Presentations

Richards, Shauna N. (2024 April). *Invited Presentation:* Panelist on the World Autism Month Student/Staff Panel hosted by Student Disability Services, Texas A&M University-Commerce

Richards, Shauna N. (2024 March). *Attitudes about Addiction.* FL CSI Networking Conference. Abbreviated Presentation.

Richards, Shauna N. (2023, March). Models of Addiction: A Continuing Education Certificate

Presentation. Next STEPS Worldwide, McKinney, Texas.

Richards, Shauna N., & Broadus, Angela D. (2019, April). Level of education and attitudes toward addiction: Implications for treatment providers. 2019 Southwestern Psychological Association Convention, Albuquerque, New Mexico.

Broadus, Angela D., & Richards, Shauna N. (2018, September). Substance use, misuse & use disorders continuing education. Topics included Influencing Choices: Reducing risk and increasing protective factors; Community capacity: developing the tools for change; and Co-Occurring disorders: When substance use & mental health disorders collide, Region 3 Education Service Center, Victoria, Texas.

Broadus, Angela D., & Richards, Shauna N. (2018, April). Co-Occurring Disorders: When substance use and mental health disorders collide. An invited presentation at a training session for mental health professionals hosted by Cross Creek Hospital, Austin, TX.

Richards, Shauna N., & Broadus, Angela D. (2018, April). Does level of education influence attitudes toward addiction? Presentation at the 13th Annual Research Symposium, College of Juvenile Justice and Psychology, PVAMU

Richards, Shauna N., & Broadus, Angela D. (2018, March). Does treatment professionals' level of education influence attitudes toward education? Brown Bag Presentation at College of Juvenile Justice and Psychology, PVAMU

Broadus, Angela D., & Richards, Shauna N. (2017, August). Addiction: How attitudes and beliefs drive behavior. The 147th American Correctional Association Conference, St. Louis, MO.

Broadus, Angela D., & Richards, Shauna N. (2017, November). Co-occurring disorders: When substance use and mental health disorders collide. The 13th Annual Strengthening Youth & Families Conference, Georgetown, TX.

Richards, Shauna N., & Broadus, Angela D. (2017, May). Does the work environment have an impact on attitudes toward addiction? Poster Presentation at the 12th Annual Research Symposium, College of Juvenile Justice & Psychology, PVAMU

Young, Maia, Richards, Shauna N., & Dickson, J. (2015, April). The high school GPA: A possible determinant of some college outcomes? Poster Presentation at 2015 Southwestern Psychological Association Convention, Wichita, Kansas

Professional Development

- Eating Disorders- Continuing Education: January 18, 2023. Presenter: Sonia Schwalen, Ph.D., LP, LSSP
- Holiday Stress- Continuing Education: December 07, 2022. Presenter: Sonia Schwalen,

Ph.D., LP, LSSP

- Grief- Continuing Education: October 26, 2022. Presenter: Lalitha Subramanian, Ph.D.
- Faith in Therapy- Continuing Education: August 21, 2022. Presenter: Blessing Boamah, MA
- ADOS 2 Clinical Training (Autism Spectrum Disorder)- Continuing Education: August 18-19, 2022
- Aggression Replacement Training-Adolescents
- Trauma Focused Cognitive Behavioral Therapy 2.0: November 2021 (Medical University of South Carolina)
- Telepsychology Best Practices: April 2020 (American Psychological Association)
 - Clinical Evaluation and Care: Cultural Competencies; Documentation
 - About the Tech...Video, Email, Text Messaging & Apps
 - Legal, Regulatory & Ethical Rules of the Road
- Drug Impact Conference: July 22-25, 2019
Sam Houston State University, Correctional Management Institute of Texas, George J. Beto Criminal Justice Center. San Antonio, Texas
- Personality Assessment Inventory Workshop: January 2018
Presenter: Leslie Morey, Ph.D.
- Adolescent Mental Health First Aid Training: March 2018
- 8th Annual Community Drug Awareness Day Drug Summit: July 2017
Presenters included Dr. Joy Alonzo, Kim Ogg, and Art Acevedo
- Hope/Help/Healing after Trauma Workshop, Dallas TX (2 days): March 2015
A Holistic Approach to Working with Survivors of Exploitation, Trafficking and Complex Trauma
- Hope Worldwide Jamaica/ Ministry of Education (10 days): September 2005
Facilitator Training- Adolescent Lifestyle Education for Risk Reduction
- Ministry of Education, Jamaica/JHPIEGO Corporation (5 days): July 2005
Certified Voluntary Counseling & Testing Provider

Professional Membership

- Southwestern Psychological Association
- Open Bible Standard Churches of Jamaica

License

- Provisionally Licensed Psychologist: Texas Behavioral Health Executive Council- May 2023
- Ordained Minister of Religion with Open Bible Standard Churches of Jamaica- March 2004
- Licensed Minister of Religion with Open Bible Standard Churches of Jamaica- March 2002

Pastoral Leadership

Assistant Pastor: 2004 to 2022

Church of the Open Bible, Port Antonio, Jamaica

- Responsibility for liturgy, administration, education, special events, and youth
- Preaching, teaching, counseling, ordinances, and other tasks pertaining to the office
- Home visits
- Chaired board meetings and committee meetings by designation

Participation in National Policy Formulations, Ministry of Education (Jamaica)

Participated in the discussion and formulation of policies concerning:

- An alternative to the suspension and expulsion of students
- Inclusion of teenage mothers in the high schools
- Dealing with delinquent youth in the high schools

Awards

- 1st Place in Student Paper Competition: April 2018
13th Annual Research Symposium, Texas Juvenile Crime Prevention Center, PVAMU
- Jamaica Foundation of Houston Academic Scholarship: May 2014
- Outstanding Service, Church of the Open Bible, Port Antonio, Jamaica: 2008
- Outstanding Achievement, Excelsior Community College, Kingston, Jamaica: 1996

Previous Involvements/Activities

- Judged poster competitions for the PVAMU “I Rise Up” Undergraduate Research Symposium: March 2016
- Served as a member of the Annual Research Symposium Planning Committee (PVAMU/ Texas Juvenile Crime Prevention Center): March 2015
- Secretary of the East Portland Ministers’ Fraternal (Jamaica): 2003 - 2013
 - Planning of events-Annual Christmas Dinner, Inter-Church Activities
 - Coordination of civic involvements
 - Confirmation of monthly meeting venues and accommodation
 - Maintenance of contact with Ministers/Pastors of East Portland and beyond
 - Correspondences, record keeping
 - Preparation and dissemination of monthly/annual reports
- Moderator for a National Convention Session, Open Bible Standard Churches of Jamaica, National Complex, Spanish Town: 2007
- Hosting, Co-Hosting & Program Planning for Local Cable TV Broadcast “For His Glory,” Portland, Jamaica: 1998-2006
- Member of the Parish Victim Support Advisory Committee for Portland, Jamaica (then affiliated with the Ministry of Justice)
- Member of the Divisional Youth Leadership Committee (Open Bible Standard Churches of Jamaica)
- Member of the Jamaica Youth for Christ Parish Planning Committee for Portland, Jamaica

Previous Voluntary Community Service in Texas

- Waller Pregnancy Care Center
- Prairie View Fire Department
- Prairie View Meals on Wheels

Skills

Psychological and neuropsychological assessment, integrative report writing, clinical interviewing, formulating diagnostic impressions, conceptualization, psychotherapeutic intervention, teamwork, communication (verbal & written), multicultural competency, administration, planning, analytical writing, research, program development and implementation, preaching, teaching, and curriculum development.

Interests

Psychology, theology, mental and emotional wellness, self-care, mentoring, academia, accountability, spiritual disciplines, art, flora and fauna, classical music, and scrapbooking.