



**Curriculum Vita
August 2025**

Instructor: Allison Tobola Low, MD, MS, MA

Academic Department: College of Innovation and Design

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EDUCATION

Master's of Science: Medical Bioethics
University of Mary (Bismarck, ND), 2021

Master's of Arts: Theology
Augustine Institute (Denver, CO), 2014

Primary Care Sports Medicine Fellowship
Steadman-Hawkins Clinic of the Carolinas/Greenville Hospital Systems, 2008

Family Medicine Residency Program
University of Texas – Tyler, 2007

Medical Degree
University of Texas – Houston Medical School, 2004

Bachelor of Science: Biology
University of Science and Arts of Oklahoma, 2000

TEACHING EXPERIENCE

Fall 2023 to present: Adjunct Faculty, College of Innovation and Design, A&M
Commerce University, teaching HSCB 441: Healthcare Ethics and Legal Issues for
Leaders

2020 to present: Medical Director and educator for Athletic Trainer Education for CHRISTUS Trinity Mother Frances

Volunteer Adjunct Faculty for Residents: University of Texas – Tyler Family Medicine Residency Program, 2008-2020

Program Director and Faculty, University of Texas-Tyler and CHRISTUS Primary Care Sports Medicine Fellowship Program, 2008-2015

PROFESSIONAL EXPERIENCE

Physician, CHRISTUS Trinity Mother Frances, 2008 to present

CHRSTUS Trinity Mother Frances Hospital Ethics Committee Member, Fall 2024 to present

CHRISTUS NETX-LA Continuing Medical Education Committee Chair, 2020 to present

PUBLICATIONS

Tobola, A and Fieseler, C. *The Female Athlete*. Textbook of Running Medicine, 2nd ed. Healthy Learning, April 2, 2014.

“Accuracy of glenohumeral joint injections: comparing approach and experience of provider”. Allison Tobola, Chad Cook, Kyle J. Cassas, Richard J. Hawkins, Jeffrey R. Wienke, Stefan J. Tolan, Michael J. Kissenberth. *Journal of Shoulder and Elbow Surgery*; 2011;20(7):11-47-1154. DOI: 10.1016/j.jse.2010.12.021. Online publication date: 14 April 2011.

Chad Cook, Eric J Hegedus, John J Stefancin, Michael J Kissenberth, Kyle J Cassas, Richard J Hawkins, Allison Tobola. “An Investigation of the relationship between Measures of Pain Intenstiy, Pain Affect and Disability in Patients with Shoulder Dysfunction.” *Journal of Manual & Manipulative Therapy*, 2011; 19(2):71-75

“Accuracy of glenohumeral joint injections: comparing approach and experience of provider”. Allison Tobola, Chad Cook, Kyle J Cassas, Richard J Hawkins, Jeffrey R. Wienke, Stefan J Tolan and Michael J Kissenberth. Accepted as a poster presentation at the 124th American Orthopaedic Association annual meeting, June 22-25, 2011 in Boston, Massachusetts.

“Comparing short-term pain and functional outcomes for glenohumeral injections in and out of capsule”. Eric Hedegus, John A. Zavala, Michael J. Kissenberth, Chad Cook, Kyle J. Cassas, Richard J. Hawkins, Allison Tobola. Paper presentation: American Academy of Orthopedic Surgeons 2011 Annual Meeting, San Diego, CA 2/17/11. Presenter John Zavala

Eric J. Hegedus, John Zavala, Michael Kissenberth, Chad Cook, Kyle Cassas, Richard Hawkins, Allison Tobola. Positive outcomes with intra-articular glenohumeral injections are independent of accuracy. *J Shoulder and Elbow Surgery*. 26 July 2010; 19(6): 795-801. Link: [Positive outcomes with intra-articular glenohumeral injections are independent of accuracy](#)

Tobola, A, Cassas, K, and Sease F. Identifying Shoulder Pain in Older Patients: The History, Physical Examination, and Testing. *Journal of Musculoskeletal Medicine*. 2009. 26(6): 216-221.

Tobola, A, Cassas K, and Sease F. Shoulder pain in older patients: Interpreting Clinical Findings. *Journal of Musculoskeletal Medicine*. 2009. 26(11): 426-33.

RESEARCH GRANTS AND AWARDS

June 2021, University of Texas – Tyler Family Medicine Residency Educator Award [no monetary award]

April 2019, Christus Trinity Mother Frances Excellence in Education Award [no monetary award]