

Amanda M. Houghton, LMSW, Counselor, Mediator, ACM, CFF

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EXPERIENCE HIGHLIGHTS

Clinical Therapist

09/18-present

Wales Counseling, PLLC

- Provide individual, group, family, marriage, and Christian Counseling
- Specializes in anger management, grief and loss, divorce recovery, marriage reconciliation, and couples counseling
- Spanish speaking
- Adolescents-Geriatric

Rehab Liaison

01/18-present

Encompass Rehab

- Provide psychoeducation to patient and family regarding scope of services, treatment
- Network with social workers and case managers at all levels of care
- Present CEUs to other health professionals on topics related to illness and treatment
- Assess and document clinical necessity for treatment

Social Worker, Emergency Room

03/16-present

Baylor University Medical Center,

- Provide counseling and support to emergency room patients in crisis, including deaths and trauma
- Provide support for victims of Rape, Domestic Violence Altercations, Sexual Assault
- Provide discharge planning and referrals to community resources
- Completed 40 hour Sexual Assault Advocacy Training
- Presented in panel discussions to Medical Students on Sexual Assault
- Presented in panel discussions to Community Outreach Services on Recidivism

THR Presbyterian Hospital in Dallas

06/10-09/16

Parkland Memorial Hospital, Psychiatric Emergency Room

04/12-03/13

Seton Medical Network

04/08-06/10

- Provide counseling and support to emergency room patients in crisis, including deaths and trauma
- Provide support for victims of Rape, Domestic Violence Altercations
- Provide discharge planning and referrals to community resources
- Assess the need for higher level of care to psychiatric inpatient and chemical detox facilities

Case Manager, Mental Health

Value Options/Beacon

12/14-03/16

- Evaluated Medical Necessity for Inpatient Psychiatric and Substance Abuse Treatment
- Provided OP Resources for Patients meeting that level of care
- Crisis Intervention Line for patients with Suicidal and Homicidal Ideation

VA of Dallas, Homeless Women Veteran Social Worker/Case Manager

03/13-12/14

- Provide wrap around case management services for Homeless Women Veterans
(Including but not limited to housing, employment, mental health, access to medical care)

Bilingual Behavioral Specialist

Austin Independent School District

10/08-06/10

- Provide consultation, guidance, and training on Behavior Interventions, Functional Behavior Assessments, Data Collection, and Classroom Behavior Interventions to the SPED programs on 22 campuses.
- Lead interdisciplinary problem solving meetings.
- Provide support and guidance to staff during ARDs.
- Provide mediations between school employees and between families and schools.
- Built capacity within Special Education programs on campuses to create a cross training environment within the campus setting.
- Trainer of trainers for Saltori Alternative Managements Methods.

Bilingual School Guidance Counselor

Austin Independent School District

06/06-06/08

Grand Prairie Independent School District

07/10-04/12

- Provide psycho-educational guidance lessons to Pre-K- 8th.
- Provide Play Therapy, Pairs Counseling, Small Groups, Individual, and Crisis Counseling to students and their guardians on a variety of topic, anger management, parents in jail, divorce, family stresses, death, ADHD and other mental health concerns, social skills, peer mediation, career counseling and all strands of guidance counseling.
- Provide transitional and career counseling 5th graders to middle school, 8th graders to high school.
- 504 coordinator, co led SST/RTI, TAKS Building Test Coordinator, NAEP Coordinator, Social Committee Chair.
- Connect families and students to community resources.
- Certified Trainer in Saltori Alternative Management Methods.
- Trained Peer Mediator, Certified Mediator
- Master Schedule, Create Individual Academic Plans for all students.

MSSW Intern

Seton Shoal Creek Hospital-Adult Intensive Inpatient Psychiatric Care, Austin, Texas

1/05-5/05

- Co-Facilitated processing group for people with mental illness and chemical dependency.
- Provided Individual Therapy, Family Therapy, Discharge Planning, Psycho-education on mental illness and medication management.
- Assessed social-economic needs and connected patients and families to community resources.

Communities In Schools- Dawson Elementary, Austin, TX

1/04-5/04

- Co-Facilitated 5th grade boys group transitioning to middle school and 2nd grade group of children with low academic performance.
- Assessed social-economic needs and provided play therapy to children.
- Connected families to community resources.

El Buen Samaritano, Austin, TX

8/03-12/03

- Assessed social-economic needs and provided supportive counseling and psycho-education to Spanish speaking women.
- Connected women and their families to community resources.
- Created needs assessment survey for an under-developed community, east of Austin.
- Coordinated meeting between County Commissioner and grant writer for implementation of sewage system construction to benefit an under-developed community, east of Austin.
- Served in task meeting to improve communication intra-departmentally.

Intake Counselor

Austin Child Guidance Center, Austin, TX

2/03-8/03

- Performed intake casework and conducted case-management with waiting list clients via phone.
- Maintained psychiatrist's schedule and interfaced between psychiatrist and patients with regards to medication refills.
- Created entry charts, and updated and reviewed medical charts.
- Maintained counseling intake schedule and all preliminary paperwork to introduce client to agency.
- Member of interdisciplinary intake team, responsible for updating waiting list on file maker pro.
- Provided initial contract counseling to new clients.

Bilingual Educator

Austin Independent School District

1/01-6/02, 10/05-06/06

Los Angeles Unified School District

11/95-7/00

- Evaluated student's needs through informal testing, discussion and observation.
- Approached classroom teaching as a facilitator of student learning, providing a wide range of learning activities and formulating lessons to meet specific learning objectives, to a diverse population in a warm, supportive environment.
- Developed a parent education program in order to improve parent participation in their child's education and enhance the learning environment.
- Served as mentor teacher to four student teachers from Southwest Texas State University.
- Co-Piloted Spanish Transition to English Program with highly successful results
- Social Work Alumni Network
5/05-present

Volunteer Experiences

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| • Love/Life Recon- Counseling Seminar | 01/2018-present |
| • Munger Place Methodist Church Volunteer | 01/2016-present |
| • Life Enrichment Boot Camp/ Marriage Boot Camp Coach | 01/2016-present |
| • Dallas Area Rape Crisis Center Advocate | 05/2017-05/2018 |
| • Better Business Bureau, Volunteer Mediator | 06/2009-07/2010 |

EDUCATION

Master of Science in Social Work, Clinical Social Work

The University of Texas at Austin, Austin, Texas	GPA 3.7	5/05
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Educational Psychology School Counselor Non Degree Graduate Program

The University of Texas at Austin, Austin, Texas	GPA 3.7	8/06
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Bachelors of Arts in Psychology

The University of Southern California, Los Angeles, CA		8/95
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