



TEXAS A&M UNIVERSITY

COMMERCE

**Curriculum Vita**  
**August 2024**

**Instructor:** Katharine Halfacre, PhD, Assistant Professor

**Academic Department:** Health and Human Performance

**University Address:** Health and Human Performance  
Nursing and Health Sciences Building  
Texas A&M University-Commerce  
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Commerce, TX 75429-3011

**University Email Address:** [Katharine.Halfacre@tamuc.edu](mailto:Katharine.Halfacre@tamuc.edu)

**EDUCATION**

**Postdoctoral Associate**

Mississippi State University, 2020-2022

**Doctor of Philosophy** in Nutrition and Hospitality Management with an emphasis in  
Sports Nutrition

University of Mississippi, 2020

**Master of Science** in Food and Nutrition Services

University of Mississippi, 2017

**Bachelor of Science** in Kinesiology with a concentration in Health Fitness Studies

Mississippi State University, 2014

**TEACHING EXPERIENCE**

2022-Current

**Assistant Professor**, Texas A&M University Commerce,  
Department of Health and Human Performance

2022                      **Adjunct Assistant Professor**, Texas A&M University Commerce,  
Department of Health and Human Performance

2016 - 2020            **Graduate Instructor**, University of Mississippi, Department of  
Nutrition and Hospitality Management

## PUBLICATIONS

### A. Peer-Reviewed Journal Articles Published

**Halfacre, K.** (2024). Cooking in College: Improving Access to Cooking Facilities May Reduce Food Insecurity at Universities. *Journal of Hunger and Environmental Nutrition*. <https://doi.org/10.1080/19320248.2024.2320198>

**Halfacre, K.**, Buys, D., Holmes, M.E., Roach, J., & King, E. (2022). Barriers to Healthy Eating and Physical Activity in the Mississippi Delta. *Journal of Healthy Eating and Active Living*. 2(1): 32-44. <https://doi.org/10.51250/jheal.v2i1.36>

**Halfacre, K.**, Chang, Y., Holben, D.H., & Roseman, M.G. (2021). Cooking Facilities and Food Procurement Skills Reduce Food Insecurity among College Students: A Pilot Study. *Journal of Hunger and Environmental Nutrition*. 16(5): 650-663. <https://doi.org/10.1080/19320248.2021.1949423>

**Halfacre, K.**, Knight, K., Valliant, M.W., Joung, D., & Bass, M.A. (2021). Shorter Fasting Periods Improve Athletic Performance among Mixed Martial Artists. *Journal of Athletic Enhancement*. 10(3). [https://www.scitechnol.com/peer-review/shorter-fasting-periods-improve-athletic-performance-among-mixed-martial-artists-2UMa.php?article\\_id=14952](https://www.scitechnol.com/peer-review/shorter-fasting-periods-improve-athletic-performance-among-mixed-martial-artists-2UMa.php?article_id=14952)

### B. Abstracts Published

**Halfacre, K.**, Knight, K., Valliant, M.W., Joung, D., & Bass, M.A. (2020) Assessment of Rapid Weight Loss Factors in Mixed Martial Arts: A Pilot Study. *Mississippi Academy of Nutrition and Dietetics Newsletter*, April 2020.

**Halfacre, K.**, Chang, Y., Roseman, M.G., & Holben, D. (2017). Financial Strain and Food Preparation Ability May Be Important Factors for Food Insecurity and Fruit and Vegetable Consumption among University Students. *Journal of the Academy of Nutrition and Dietetics. Supplement*. 117(9), A87. <https://doi.org/10.1016/j.jand.2017.06.309>

### C. Non-Refereed and Other Publications

**Halfacre, K.** (2020). Making the Cut: Nutrition, Hydration, & Performance in Combat Sports. *Electronic Theses and Dissertations*. 1859. <https://egrove.olemiss.edu/etd/1859/>

**Halfacre, K.** (2017). Diet Quality and Food Insecurity Among University Students: The Role of Food Preparation Ability. *Electronic Theses and Dissertations*. 1010. <https://egrove.olemiss.edu/etd/1010/>

### D. Ongoing Scholarly Activities

**Halfacre, K.** & Brimer, A. (2024). Lion's Coalition for Accessible Needs: Pilot Study of Campus Needs. (Data Analysis).

**Halfacre, K.**, Brimer, A., & Jabai, H. (2024). Health, Nutrition, and Sleep among Combat Sports Athletes. (Data Analysis)

**Halfacre, K.** & Oluborode, Z. (2024). Prediabetes among University Students. (Data Analysis)

### E. Conference Presentations

2024 Texas A&M University-Commerce Social Change Conference. **Halfacre, K.**, Brimer, A., Oluborode, Z., Wachira, E., Campbell, K., Bridgefarmer, R., & Fulton, J. Climate for Health on Campus: A Panel Discussion

2024 Texas A&M University-Commerce Social Change Conference. **Halfacre, K.**, Douglas, C., Garcia, J., Simpson, J., Sims, J., & Wallace, D. Roundtable: Perspectives on Women's Health and Nutrition

2023 Texas A&M University-Commerce Social Change Conference. **Halfacre, K.** & Brimer, A. Hunger in Higher Education: Food Insecurity, Race, and Resources at TAMUC.

2023 Texas A&M University-Commerce Women in Sport. Co-Organizer and Panel Speaker

### F. Conference Poster Sessions

- 2024 Texas Academy of Nutrition and Dietetics – Annual Conference and Expo 2024. **Halfacre, K.** & Brimer, A. Food Insecurity and College Student Health in Texas: A Pilot Study.
- Texas Academy of Nutrition and Dietetics – Annual Conference and Expo 2024. Brimer, A. & **Halfacre, K.**. Fighting Food Insecurity at Texas A&M University-Commerce.
- 2023 Academy of Nutrition and Dietetics – Sports and Human Performance Nutrition Spring Symposium 2023. **Halfacre, K.** & Daniels, K. Nutritional Considerations Following Rapid Weight Loss for Combat Sports Athletes.
- 2020 Mississippi Academy of Nutrition and Dietetics Annual Meeting. **Halfacre, K.**, Knight, K., Valliant, M.W., Joung, D., & Bass, M.A. Assessment of Rapid Weight Loss Factors in Mixed Martial Arts: A Pilot Study. (Impacted by COVID-19)
- 2017 Academy of Nutrition and Dietetics Food and Nutrition Conference & Expo. **Halfacre, K.**, Chang, Y., Roseman, M.G., & Holben, D. Financial Strain and Food Preparation Ability May Be Important Factors for Food Insecurity and Fruit and Vegetable Consumption among University Students.

## RESEARCH GRANTS AND AWARDS

### A. Funding for Activities

- 2020 Making the Cut: Nutrition, Hydration, and Performance in Combat Sports, University of Mississippi Department of Athletics, Sports Nutrition, \$800
- 2018 ISAK Training, University of Mississippi, \$350
- 2017 Research Travel Grant, University of Mississippi, \$600

### B. Awards and Honors

- 2020 Community Engaged Research Award: Mississippi's High Obesity Program (AIM for CHangE) awarded by the Committee of Community Engagement Awards at Mississippi State University.

- 2017      Featured (top 4) poster presentation at the Wellness and Public Health educational session of the Academy of Nutrition and Dietetics Food and Nutrition Conference & Expo
- 2017      Outstanding Abstract at the Academy of Nutrition and Dietetics Food and Nutrition Conference & Expo
- 2014      Graduated with honors, *magna cum laude*, Mississippi State University