Curriculum Vitae

STACEY A. (WISDOM) GAINES, Ph.D.

Texas A&M University-Kingsville Department of Health and Kinesiology 700 University Blvd (MSC 198) Kingsville, TX 78363 (361) 593-3058 stacey.gaines@tamuk.edu

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EDUCATION AND PROFESSIONAL CERTIFICATIONS

EDUCATION

Purdue University; West Lafayette, IN

Doctor of Philosophy, Health & Kinesiology, May 2010

Major Area: Sport and Exercise Psychology

Supporting Areas: Social Psychology and Research Methods

Advisor: Alan L. Smith, Ph.D.

University of Northern Colorado; Greeley, CO

Master of Science, Physical Education, May 2003 Major Area: Social Psychology of Sport and Exercise

Advisor: Robert J. Brustad, Ph.D.

University of Northern Colorado; Greeley, CO

Bachelor of Arts, Kinesiology, August 2001

Major Area: Social Psychology of Sport and Exercise

Supporting Areas: Coaching and Music

PROFESSIONAL CERTIFICATIONS

2004-2008

2010-present Association for Applied Sport Psychology Certified Consultant (#347)

EMPLOYMENT HISTORY				
2008-present	Texas A&M University-Kingsville; Kingsville TX			
	Department of Health & Kinesiology			
	Department Chair: Christopher Hearon, Ph.D., FACSM			
	2014-present	Associate Professor and Associate Chair		
		Graduate Coordinator		
		Coordinator, Exercise Science-Performance Psychology Program		
	2013-2014	Assistant Professor and Associate Chair		
		Graduate Coordinator		
		Coordinator, Exercise Science-Performance Psychology Program		
	2010-2013	Assistant Professor		
		Coordinator, Exercise Science-Performance Psychology Program		
	2008-2010	Lecturer		
		Coordinator, Sport and Leisure Studies Program		
2010-present	Mental Edge Elite Trainin	g Services; Corpus Christi, TX		
		nining Consultant		
	iviental Skills 11a	aining Consultant		

Associate Mental Skills Consultant Intercollegiate Athletics Department Supervisor: Christopher Carr, Ph.D., HSPP

Boilermaker Sport and Performance Psychology Services; West Lafayette, IN

LIST OF COURSES TAUGHT

2014-present

Associate Professor, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX Undergraduate Courses Taught:

- EDKN 3352: Introduction to Sport Psychology
- EDKN 3353: Applied Sport & Exercise Psychology

2010-2014

Assistant Professor, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX Undergraduate Courses Taught:

- EDKN 1305: Introduction to Exercise Science
- EDKN 2335: Sport in Global Society (online and face-to-face)
- EDKN 3320: Motor Learning and Development
- EDKN 3552: Introduction to Sport Psychology (online and face-to-face)

Graduate Courses Taught:

- EDKN 5333/5319: Advanced Sport Psychology (online and face-to-face)
- EDKN 5333/5327: Sport in the Modern World (online)
- Supervision of EDKN 3320 Lab Teaching Assistants

2008-2010

Lecturer, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX Undergraduate Courses Taught:

- EDKN 1121: Beginning Swimming
- EDKN 2335: Sport in Global Society
- EDKN 3320: Motor Learning and Development
- EDKN 3350: Sport in Society
- EDKN 3552: Introduction to Sport Psychology (QEP Course, Spring 2010)

Graduate Courses Taught:

- EDKN 5333/5319: Advanced Sport Psychology
- EDKN 5333/5320: Motor Development
- Supervision of EDKN 3320 Lab Teaching Assistants

2003-2006

Instructor, Department of Health & Kinesiology, Purdue University, West Lafayette, IN;

Undergraduate Courses Taught:

- PES 112B: Beginning Swimming
- H&S 233: Stress and Human Health

2003-2004

Teaching Assistant and Lab Instructor, Department of Health & Kinesiology, Purdue University, West Lafayette, IN;

Undergraduate Courses Taught

- PE 372: Sport and Exercise Psychology I
 - o Character Development Lab
 - o Motivation Lab
 - Stress and Competition Lab

2002-2003

Instructor, School of Sport and Exercise Science, University of Northern Colorado, Greeley, CO; Undergraduate Courses Taught:

- PE 117: Water Safety Instructor
- PE 120: Lifeguard Training
- PE 145: Activity for Stress Management
- PE 147: Aqua Aerobics

1998-2003

Instructor, American Red Cross Health and Safety Training, City of Greeley, CO; Professional Courses Taught:

- Lifeguard Training
- Water Safety Instructor
- CPR
- First Aid

Teaching Certifications and Professional Development

- 2009 Virtual Instructor Certification, Texas A&M University
 - Completed training in designing and facilitating distance education courses via the internet
- 2012 AVID (Advancement Via Individual Determination) Training, Center for Student Success, Texas A&M University-Kingsville
 - Completed training in classroom cooperative and other learning strategies
- 2012 Instructional Coach Training Program, Center for Teaching Effectiveness, Texas A&M University-Kingsville
 - Completed training to become an Instructional Coach at Texas A&M University-Kingsville
- 2012 Certificate of Professional Development in Teaching, Center for Teaching Effectiveness, Texas A&M University-Kingsville
 - Issued for completion of AVID training and one cycle of instructional coaching

BIBLIOGRAPHY OF PUBLICATIONS

Refereed Journal Articles

- **Gaines, S.A.**, Cutton, D., & Mahoney, S. (under review). *The Diet and Exercise Self-Talk Scale (DESTS): Development and Validation*. Under Review: *The Sport Psychologist*.
- **Gaines, S.A.** & Smith, A.L. (under review). *Personal and Situational Antecedents of Moral Disengagement and Transgressive Behaviors in Sport*. Under Review: *Journal of Moral Education*.
- **Gaines, S.A.** & Smith, A.L. (under review). The moderating influence of perceived teammate behavior on moral disengagement in sport. Under Review: Journal of Sport Psychology in Action.
- Gaines, S.A. (under review). Peers and moral reasoning in sport. Under Review: Sport, Exercise, and Performance Psychology.
- Haddock, E.L., & **Gaines, S.A.** (under review). *Eating and Exercise Behaviors, and Motivational Differences Between Kinesiology Majors and Non-Majors.* Under Review: *International Journal of Exercise Science.*
- **Gaines, S.A.** & Burnett, T.S. (2014). Perceptions of eating behaviors, body image, and social pressures in female Division II college athletes and non-athletes. *Journal of Sport Behavior*, *37*, 351-369.
- Gaines, S.A. (2012). Developing Individual and Team Character in Sport. Strategies, 25, 30-32.
- Bullinger, D.L., Hearon, C.M., **Gaines, S.A.**, & Daniel, M.L. (2012). Concurrent verbal encouragement and Wingate anaerobic cycle test performance in females: Athletes vs. non athletes. *International Journal of Exercise Science*, *5*, 239-244.
- **Gaines, S.A.** (2012). Skill based vs. fitness based activity classes: An examination of students' motivational orientations and perceptions of motivational climate. *TAHPERD Journal*, 80, 14-18.
- Wisdom-Gaines, S.A. (2008). Building character instead of characters. PELinks4U.
- Rhea, C. K. & **Wisdom, S. A.** (2007). The M&M approach: Using mental and mechanical strategies in your teaching and coaching. Strategies, 20, 14-18.

Refereed Abstracts

- Gaines, S.A. (2013). Perceptions of Consequences and the Use of Moral Disengagement in Sport and School. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), New Orleans, LA [abstract published in Journal of Sport & Exercise Psychology, 35, S86].
- Haddock, E.L. & **Gaines, S.A.** (2013). Eating and Exercise Behaviors and Motivational Differences Between Kinesiology Majors and Non-Majors. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), New Orleans, LA [abstract published in Journal of Sport & Exercise Psychology, 35, S89].
- Haddock, E.L. & Gaines, S.A. (2013). Eating and Exercise Behaviors, and Motivational Differences between Kinesiology Majors and Non-Majors. Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Austin, TX. [abstract published in International Journal of Exercise Science, 2 (5), Abstract #2].
- Insell, A., Daniel, M.L., **Gaines, S.A.,** & Hearon, C.M. (2013). *The effect of music tempo on heart rate and rating of perceived exertion during submaximal exercise*. Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Austin, TX. [abstract published in International Journal of Exercise Science, 2 (5), Abstract #84].
- Gaines, S.A. (2012). Moral Disengagement and Unethical Behavior in Sport and Academics. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Honolulu, HI [abstract published in Journal of Sport & Exercise Psychology, 34, S27-S28].
- Gaines, S.A. & Smith, A.L. (2010). Antecedents of moral disengagement in sport. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Tucson, AZ [abstract published in Journal of Sport & Exercise Psychology, 32, S164].
- Bullinger, D.L., Hearon, C.M., Gaines, S.A., & Daniel, M.L. (2010). Concurrent verbal encouragement and Wingate anaerobic cycle test performance in females: Athletes vs. non-athletes. Presented at the American College of Sports Medicine annual convention, Baltimore, MD [abstract published in Medicine & Science in Sports & Exercise, 42 (5, Suppl.), S292 (#1833)].

- Bullinger, D.L., Hearon, C.M., **Gaines, S.A.**, & Daniel, M.L. (2010). *Concurrent Verbal Encouragement and Wingate Anaerobic Cycle Test Performance in Females: Athletes vs. Non-Athletes.* Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Houston, TX. [abstract published in International Journal of Exercise Science, 2, Abstract #34].
- Wisdom, S.A. & Smith, A.L. (2007). Peer relationship profile differences on moral reasoning in youth soccer.

 Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, CA [abstract published in Journal of Sport & Exercise Psychology, 29, S219-S220].
- Smith, A.L., Ullrich-French, S., & **Wisdom, S. A.** (2005). *Stability of youth peer relationship profiles in the physical domain.* Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Petersburg, FL [abstract published in Journal of Sport & Exercise Psychology, 27, 142-143].
- **Wisdom, S. A.**, Brustad, R. J., & Babkes, M. L. (2004). *Achievement goal and social motivational orientations among male and female interscholastic athletes.* Presented at the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention, New Orleans, LA [abstract published in Research Quarterly for Exercise and Sport, 75, A96].
- Williams, L., **Wisdom, S. A.**, & Brannon, C. (2004). *Motivational climate, goal orientations, and the legitimacy of injurious acts.* Presented at the AAHPERD National Convention, New Orleans, LA [abstract published in Research Quarterly for Exercise and Sport, 75, A95-A96].

PRESENTATIONS TO LEARNED SOCIETIES

International - Refereed

- **Gaines, S.A.** (2012). Understanding the Legitimacy of Injurious Acts in Sport: Examining Personal and Situational Factors. Presented at the annual meeting of the Association for Moral Education, San Antonio, TX.
- Smith, A.L., McDonough, M.H., Wisdom, S.A., & Ullrich-French, S. (2007). A review and synthesis of research on peers and youth physical activity behavior. Presented at the European Congress of Sport Psychology, Halkidiki, Greece.
- Smith, A. L., Ullrich-French, S., & **Wisdom, S. A.** (2005). *Youth peer relationships, self-perceptions, and motivation in the physical domain: A relationship profile approach.* Presented at the British Psychological Society Quinquennial Conference, Manchester, United Kingdom.

National – Invited

Gaines, S.A. (2011). *Exploring moral disengagement in sport.* Presented at the annual convention of the American Alliance for Health, Physical Education, and Dance (AAHPERD), San Diego, CA.

National – Refereed

- Balles, A.K., **Gaines, S.A.**, Fiddler, R.E., & Hearon, C.M. (2015). *Psychology Responses to Lower Extremity Injuries Prior to an Isokinetic Task*. Presented at the annual conference of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Portland, OR [abstract published in Journal of Sport & Exercise Psychology].
- **Gaines, S.A.**, Cutton, D.M., & Mahoney, S.E. (2013). *Development and Validation of the Diet and Exercise Self-Talk Scale*. Presented at the annual conference of the Association of Applied Sport Psychology (AASP), New Orleans, LA.
- **Gaines, S.A.** (2013). Perceptions of Consequences and the Use of Moral Disengagement in Sport and School. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), New Orleans, LA [abstract published in Journal of Sport & Exercise Psychology, 35, S86].
- Haddock, E.L. & **Gaines, S.A.** (2013). *Eating and Exercise Behaviors and Motivational Differences Between Kinesiology Majors and Non-Majors*. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), New Orleans, LA [abstract published in Journal of Sport & Exercise Psychology, 35, S89].
- Cutton, D., Gaines, S.A., Mahoney, S.E., & Sherman, N.W. (2013). *Measures of Obesity, Sitting, and Physical Activity for University Faculty and Staff.* Presented at the annual convention of the National Association for Kinesiology in Higher Education (NAKHE), Fort Lauderdale, FL.
- Gaines, S.A. (2012). Moral Disengagement and Unethical Behavior in Sport and Academics. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Honolulu, HI [abstract published in Journal of Sport & Exercise Psychology, 34, S27-S28].
- Gaines, S.A. & Smith, A.L. (2010). Antecedents of moral disengagement in sport. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Tucson, AZ [abstract published in Journal of Sport & Exercise Psychology, 32, S164].
- Bullinger, D.L., Hearon, C.M., Gaines, S.A., & Daniel, M.L. (2010). Concurrent verbal encouragement and Wingate anaerobic cycle test performance in females: Athletes vs. non-athletes. Presented at the American College of Sports Medicine annual convention, Baltimore, MD [abstract published in Medicine & Science in Sports & Exercise, 42 (5, Suppl.), S292 (#1833)].

- Wisdom, S.A. & Smith, A.L. (2007). Peer relationship profile differences on moral reasoning in youth soccer.

 Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), San Diego, CA [abstract published in Journal of Sport & Exercise Psychology, 29, S219-S220].
- Smith, A.L., Ullrich-French, S., & **Wisdom, S. A.** (2005). *Stability of youth peer relationship profiles in the physical domain*. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), St. Petersburg, FL [abstract published in Journal of Sport & Exercise Psychology, 27, 142-143].
- **Wisdom, S. A.**, Brustad, R. J., & Babkes, M. L. (2004). *Achievement goal and social motivational orientations among male and female interscholastic athletes.* Presented at the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention, New Orleans, LA [abstract published in Research Quarterly for Exercise and Sport, 75, A96].
- Williams, L., **Wisdom, S. A.**, & Brannon, C. (2004). *Motivational climate, goal orientations, and the legitimacy of injurious acts.* Presented at the AAHPERD National Convention, New Orleans, LA [abstract published in Research Quarterly for Exercise and Sport, 75, A95-A96].
- Babkes, M. L., Kulikov, N. A., **Wisdom, S. A.**, & Wachsman, T. D. (2003). *Research to practice: Creating 'healthy'* youth sport organizations. Presented at the Association for the Advancement of Applied Sport Psychology (AAASP) Annual Conference, Tucson, AZ.
- **Wisdom, S. A.**, Babkes, M. L., Harrison, L. A., & Zarb-Cousin, J. A. (2003). "Athletic weights": The mental practice component of an interscholastic sport program. Presented at the AAASP Annual Conference, Tucson, AZ.

Regional – Refereed

- Balles, A.K., **Gaines, S.A.**, Fiddler, R.E., & Hearon, C.M. (2015). *Psychological Responses Prior to a Strenuous Task Involving an Injured Joint*. Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting. Austin, TX. [abstract published in International Journal of Exercise Science, 2 (7), Abstract #41].
- Haddock, E.L. & **Gaines, S.A.** (2013). *Eating and exercise behaviors, and motivational differences between, kinesiology majors and non-majors*. Presented at the Pathways Research Symposium, Texas A&M University-Kingsville, Kingsville, TX.
- Haddock, E.L. & Gaines, S.A. (2013). Eating and Exercise Behaviors, and Motivational Differences between Kinesiology Majors and Non-Majors. Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Austin, TX. [abstract published in International Journal of Exercise Science, 2 (5), Abstract #2].
- Insell, A., Daniel, M.L., **Gaines, S.A.,** & Hearon, C.M. (2013). *The effect of music tempo on heart rate and rating of perceived exertion during submaximal exercise*. Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Austin, TX. [abstract published in International Journal of Exercise Science, 2 (5), Abstract #84].
- Bullinger, D.L., Hearon, C.M., **Gaines, S.A.**, & Daniel, M.L. (2010). *Concurrent Verbal Encouragement and Wingate Anaerobic Cycle Test Performance in Females: Athletes vs. Non-Athletes.* Presented at the Texas Chapter of the American College of Sports Medicine (TACSM) annual meeting, Houston, TX. [abstract published in International Journal of Exercise Science, 2, Abstract #34].
- Lucas, C., Shook, K., Troeger, T., & **Wisdom, S.A.** (2007). *Peer Relationships and Body Image of Middle School Students*. Presented at the Midwest Sport and Exercise Psychology Symposium, West Lafayette, IN.
- **Wisdom, S. A.** (2006). *Peers and Moral Reasoning in Youth Sport*. Presented at the Midwest Sport and Exercise Psychology Symposium, Oxford, OH.

State - Invited

Gaines, S.A. (2011). Building character in sport: Moral development and the social environment. Presented at the annual convention of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD), Dallas, TX.

State - Refereed

- **Gaines, S.A.** & Bloomquist, J.K. (2010). *College Physical Activity Courses: Are We Failing our Students?* Presented at the annual convention of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD), Galveston, TX.
- **Gaines, S.A.** (2009). Sport psychology 101: Incorporating mental skills in teaching and coaching. Presented at the annual convention of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD), Arlington, TX.
- **Gaines, S.A.** (2009). A Case for Culture: Examining Athletes' Moral Functioning. Presented at the annual convention of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD), Arlington, TX.
- Sherman, N.W., Ruiz, A., Hearon, C.M., Grimes, G.R., & **Gaines, S.** (2008). *Assessment of the TexeS physical education EC-12 representative exam.* Presented at annual convention of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD), Corpus Christi, TX.

Local - Refereed

Balles, A.K., **Gaines, S.A.**, Fiddler, R.E., & Hearon, C.M. (2015). *Psychological Responses Prior to a Strenuous Task Involving an Injured Joint*. Presented at the Javelina Research Symposium, Texas A&M University-Kingsville, Kingsville, TX.

- Haddock, E.L. & **Gaines, S.A.** (2013). *Eating and exercise behaviors, and motivational differences between, kinesiology majors and non-majors*. Presented at the Javelina Research Symposium, Texas A&M University-Kingsville, Kingsville, TX.
- Bullinger, D.L., Hearon, C.M., **Gaines, S.A.**, & Daniel, M.L. (2010). *Concurrent verbal encouragement and Wingate Anaerobic Cycle Test performance in females: Athletes vs. non-athletes.* Presented at the Javelina Research Symposium, Texas A&M University-Kingsville, Kingsville, TX.

RESEARCH AND SCHOLARLY ACTIVITIES

Grants - Funded

- **Gaines, S.A.** (Lead Author; August 2014-July 2015). EDKN 4353: Psychology for Sports Coaches. Quality Enhancement Program Service Learning Grant. *Texas A&M University-Kingsville* (\$5000 funded)
- Mahoney, S., Cutton, D., & **Gaines, S.A.** (Measurement Development; September 2012-August 2013). Examining the Relationship between Self-Talk and Diabetes Risk. University Research Award, *Texas A&M University-Kingsville* (\$10,850 funded, returned because first author left university).
- **Gaines, S.A.** (Lead Author; November 2010-October 2011). Moral Disengagement in Youth. South Texas Expansion Program for Hispanic Graduate Students Research Award, *Texas A&M University-Kingsville* (\$5,000 funded).
- **Gaines, S.A.** (Lead Author; September 2010-August 2011). Youth Social Relationships and Moral Reasoning in Sport. University Research Award, *Texas A&M University-Kingsville* (\$7,000 funded).
- **Gaines. S.A.** (Lead Author; October 2009-September 2010). EDKN 3352: Introduction to Sport Psychology. Quality Enhancement Program course, *Texas A&M University-Kingsville* (\$6000 funded).
- **Wisdom, S. A.** (Coordinator; Spring, 2007). Midwest Sport and Exercise Psychology Symposium at Purdue University. Student Conference Grant. *Association for Applied Sport Psychology* (\$250 funded).

Grants - Submitted, Not Funded

- **Gaines, S.A.** (Lead Author, August 2014-July 2015). Examining Moral Disengagement Across Key Life Transitions. Research Grant, *Association for Applied Sport Psychology* (\$5,000 requested).
- **Gaines, S.A.** (Lead Author; August 2013-July 2014). Examining Moral Disengagement in Sport and Everyday Life. Research Grant, Association for Applied Sport Psychology (\$5,000 requested).
- **Gaines, S.A.** (September, 2012). Examining Moral Disengagement in Sport and Everyday Life. Early Career Investigator Grant, *American Alliance for Health, Physical Education, Recreation, and Dance* (\$5,000 requested).
- **Gaines, S.A.** (September, 2011). Examining Moral Disengagement in Sport and Everyday Life. Early Career Investigator Grant, *American Alliance for Health, Physical Education, Recreation, and Dance* (\$7,500 requested).

Travel Support

- Gaines, S.A. (January, 2010). Presidential Travel Support. Texas A&M University-Kingsville (\$1000 funded).
- Gaines, S.A. (September, 2009). Presidential Travel Support. Texas A&M University-Kingsville (\$491 funded).
- Gaines, S.A. (January, 2009). Presidential Travel Support. Texas A&M University-Kingsville (\$460 funded).
- **Gaines, S.A.** (Winter, 2008). North American Society for the Psychology of Sport and Physical Activity Research Grant (\$1000 funded).
- **Gaines, S.A.** (Winter, 2008). Department of Health & Kinesiology: Donald L. Corrigan Professional Development Award. Purdue University (\$500 funded).
- **Wisdom, S. A.** (Fall, 2006). Department of Health & Kinesiology: Donald L. Corrigan Professional Development Award. Purdue University (\$400 funded).
- **Wisdom, S. A.** (Spring, 2006). Department of Health & Kinesiology: Donald L. Corrigan Professional Development Award. Purdue University (\$200 funded).
- **Wisdom, S. A.** (Spring, 2004). Department of Health & Kinesiology: Donald L. Corrigan Professional Development Award. Purdue University (\$300 funded).
- **Wisdom, S. A.** (Fall, 2003). Graduate Student Association: Travel grant recipient. University of Northern Colorado (\$400 funded).

Research Experiences

2014-present Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX.

- Conceptualized study to design a measure of diet and exercise self talk
- Manuscript in preparation
- 2012-present Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX.
 - Conceptualized study to design a measure of diet and exercise self talk
 - Manuscript in preparation
- 2010-present Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX.
 - Conceptualized study on the moderating effect of environment on moral disengagement
 - Manuscript in preparation

2010-present Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX. Conceptualized study on the effects of social relationships on moral reasoning in sport Manuscript in preparation 2009-present Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX. Conceptualized study on the moderating effect of culture on moral reasoning in sport Coordinated communication with school administrators, coaches, and study participants, data collection, entry, and verification Conducted analyses for conference presentations and publication submission 2009-2010 Associate Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX. Assisted in conceptualization of study on the effect of verbal encouragement on Wingate performance in athletes and non-athletes Conducted trials Assisted in conference presentation and manuscript preparation 2008-2009 Primary Investigator, Department of Health & Kinesiology, Texas A&M University-Kingsville, Kingsville, TX. Conceptualized study on fitness effects of a college swimming class Coordinated communication with instructors and study participants, data collection, entry, and verification Conducted analyses for conference presentation and publication submission 2007-2010 Dissertation, Department of Health & Kinesiology, Purdue University (Dr. Alan Smith, Supervisor) Conceptualized Study II of my dissertation study on moral development in youth sport Coordinated communication with school and club administrators, coaches, and study participants, data collection, entry, and verification Conducted analyses for conference presentation and publication submission 2004-2007 Research Assistant, Department of Health & Kinesiology, Purdue University (Dr. Alan Smith, Supervisor) Coordinated communication with school administrators, teachers, and study participants, data collections, entry, and verification for a longitudinal study of peer relationships and physical activity Compiled second year summary report for administrators, teachers, and parents Supervised / mentored 14 undergraduate research assistants 2006-2007 Purdue Research Foundation Research Assistantship, Purdue University (Dr. Alan Smith, Supervisor) Conceptualized Study I of my dissertation study on peer relationships and moral development in youth sport Coordinated communication with school and club administrators, coaches, and study participants, data collection, entry, and verification Conducted analyses for conference presentation and publication submission 2003-2004 Research Assistant, Department of Health & Kinesiology, Purdue University (Dr. Lavon Williams, Supervisor) Involved in data organization, analysis, and manuscript preparation 2002-2003 Masters Thesis, School of Sport and Exercise Science, University of Northern Colorado (Dr. Robert Brustad, Supervisor) Conceptualized study on achievement and social goal orientations Coordinated communication with coaches and study participants, data collection, entry, and verification Conducted analyses for conference presentation and publication submission

Research Assistant, School of Sport and Exercise Science, University of Northern Colorado (Dr. Megan Babkes

Research Interests

2001-2003

- Moral development in sport and physical activity.
- Social (i.e., peer, coach, parent) relationships in sport and physical activity.
- Positive development through youth sport and positive coaching.

Stellino and Dr. Robert Brustad, Supervisors)

Assisted with data collection
Assisted with abstract preparation

- Motivational orientations and social factors related to athlete motivation.
- Motor learning and motor development.

PROFESSIONAL GROWTH AND ACTIVITIES

Membership in Professional Societies

Association for Applied Sport Psychology 2001-present

2003-present American Alliance for Health, Physical Education, Recreation, and Dance (and Research Consortium)

2008-2012 American College of Sports Medicine

2003-present North American Society for the Psychology of Sport and Physical Activity

2007-present American Psychological Association, Division 47

2007-present Association for Moral Education

2008-present Texas Association for Health, Physical Education, Recreation, and Dance

2008-present Texas Chapter of the American College of Sports Medicine

2010-present Association for Applied Sport Psychology Certified Consultant (#347)

Leadership Roles in Professional Societies

Public Relations Director, Texas Chapter of the American College of Sports Medicine 2011-present

Editor of On Track (newsletter)

Coordinate abstract submission process for annual meeting

2010-2011 Sport Management Section Past-Chair, Texas Association for Health, Physical Education, Recreation, and Dance

Serve as a liaison to the Sport Management Section Chair

Serve as a voting member of the TAHPERD Representative Assembly

2009-2011 Head Start, Body Start Distance Physical Activity Consultant. American Alliance for Health, Physical Education, Recreation, and Dance

Consulted with three Head Start Centers to facilitate outdoor play activities

2009-2010 Sport Management Section Chair, Texas Association for Health, Physical Education, Recreation, and Dance

Serve as Chair of the Sport Management Section Committee to initiate projects for the year

Appoint student representative to serve on the Committee

Solicit at least two convention programs for the Sport Management section

Submit Sport Management section goals and budget requests

Updated the Sport Management Section operating code to reflect changes in the field

Submitted annual report of the Sport Management section to the Board of Directors

2008-2009 Sport Management Section Chair-elect, Texas Association for Health, Physical Education,

Recreation, and Dance

Serve as member of the General Section Executive Committee

Serve as a voting member of the TAHPERD Representative Assembly

Solicit and/or present two conference programs from the Sport Management section

2008-present Sport Leadership Committee, Texas Association for Health, Physical Education, Recreation, and Dance

Served as Chair (2010)

2008 Hospitality Committee Co-Chair, 2008 annual convention of the Texas Association for Health, Physical

Education, Recreation, and Dance, Corpus Christi, TX

2006-2007 Student Coordinator, 2007 Midwest Sport and Exercise Psychology Symposium, Purdue University, West Lafavette, IN

Facilitated planning

Developed budget

Directed communications with keynote speakers, panel discussants, and invited symposium presenters

Directed program development

Reviewed submitted abstracts and coordinated presentation order

2003-2011 Association for Applied Sport Psychology Student Initiative: Proactive Peer Undergraduate

> Mentor Program. A student-initiative whose mission is to providing relevant information about careers in sport psychology and graduate programs in sport psychology, as well as facilitating networking and

collaboration with other students.

2004-2006 Student Assistant for the North American Society for the Psychology of Sport and Physical

Activity (paid position). Assist the NASPSPA Secretary-Treasurer in processing memberships and conference

registrations.

Attendance at Meetings of Professional Societies

Association for Applied Sport Psychology 2001-2004, 2007, 2013

Association for Moral Education 2012

American Alliance for Health, Physical Education, Recreation, and Dance 2004-2005, 2011

North American Society for the Psychology of Sport and Physical Activity 2006-2010; 2012-2014

Texas Association for Health, Physical Education, Recreation, and Dance 2008- 2011
Texas Association for Health, Physical Education, Recreation, and Dance Leadership 2009- 2011
Texas Chapter of the American College of Sports Medicine 2010-2014

Professional Service Activities - Editorial

2012-present Editor, International Journal of Exercise Science Special Edition (TACSM Conference Abstracts)

2011-2013 Editorial Board, Texas Health, Physical Education, Recreation, and Dance Journal

2011-present Section Editor, International Journal of Exercise Science (Psychology and Behavior Section)

Professional Service Activities - Reviewing

2013 Reviewer, Motor Behavior (textbook by Ives, published by Wolters Kluwer)

2012 Guest Reviewer, Journal of Sport Sciences

2012 Guest Reviewer, International Journal of Sport Psychology
 2012 Guest Reviewer, Research Quarterly for Exercise and Sport

2012-present Reviewer, Association for Applied Sport Psychology Conference Abstracts

2011-present Reviewer, North American Society for the Psychology of Sport and Physical Activity Conference Abstracts

2010-present Reviewer, Journal of Sport Psychology in Action 2010-present Reviewer, Journal of Sport & Exercise Psychology

2010-present Reviewer, TAHPERD Journal

2009-present Reviewer, Journal of Coaching Education

2008-present Reviewer, Women's Sport and Physical Activity Journal
 2008-present Guest Reviewer, Journal of Adolescent Behavior
 2005-present Guest Reviewer, Psychology of Sport and Exercise

2010-2011 Reviewer, National Association for Sport and Physical Education AAHPERD Convention Abstracts

2010-present Reviewer, *AAHPERD Research Consortium* Convention Abstracts 2010 Comparative Chapter Review – Cengate Motor Learning Textbook

2010 Cengate Motor Learning Textbook Focus Group

Professional Service Activities – Committee Membership

2014 Abstract Review Committee, Texas Chapter of the American College of Sports Medicine

2014 Chair, Masters Student Research & Development Award Committee, Texas Chapter of the American College

of Sports Medicine

2013 Chair, Nominations & Elections Committee, *Texas Chapter of the American College of Sports Medicine*2013-2015 Chair, Abstract Submission & Review Committee, *Texas Chapter of the American College of Sports Medicine*2011 Student Research Poster Evaluation Committee, *Texas Chapter of the American College of Sports Medicine*

Professional Service Activities - Interviews

2015 "Your Child's Team Lost – Now What?" Cited as an expert in the area of youth sport parenting in this article

concerning how parents can respond to children after a loss by Linda Alberts, *National Alliance for Youth Sports – Sporting Kid Live*, 05/28/2015, www.nays.org/sklive/for-parents/your-child-s-team-lost-now-what/

Professional Service Activities - Other

2011 Session Presider, Texas Association for Health, Physical Education, Recreation, and Dance annual convention

SERVICE ACTIVITIES

Membership on University, College, and/or Department Committees

2012	lotoroallogista	Athlatics Council	Tayon A Q M A Limit to waith a like
University			

2012-present Intercollegiate Athletics Council, Texas A&M University-Kingsville, Kingsville, TX
 2012-2014 Quality Enhancement Task Force, Texas A&M University-Kingsville, Kingsville, TX

2012-present Instructional Coach, Texas A&M University-Kingsville, Kingsville, TX

Dean of Students Search Committee, Texas A&M University-Kingsville, Kingsville, TX
 University Lectureship Committee, Texas A&M University-Kingsville, Kingsville, TX

2011-2014 Piper Awards Committee, Texas A&M University-Kingsville, Kingsville, TX (Chair: 2011, 2012)

2009-present Athletics Department, Mental Skills Training Consultant, Texas A&M University-Kingsville, Kingsville, TX.

2009-2010 2009-present	College of Education Dean Search Committee, Texas A&M University-Kingsville, Kingsville, TX. Texas A&M University-Kingsville Chapter of the Texas Women in Higher Education Committee, Texas A&M
	University-Kingsville, Kingsville, TX.
2009-2011	Quality Enhancement Program Advisory Committee, Texas A&M University-Kingsville, Kingsville, TX.
2004-2008	Associate Mental skills training consultant, <i>Boilermaker Sport and Performance Psychology Services</i> , Purdue University, West Lafayette, IN. Team consulting sessions and presentations introducing the importance of mental skills, effective goal-setting, imagery, and anxiety management. Individual consulting sessions for the development of mental skills. Assisted in development of coaching education workshops.
2005-2008	Campus Appeals Board, <i>Purdue University</i> , West Lafayette, IN. Review of disciplinary actions taken by the Office of the Dean of Students in cases of alleged misconduct by students on campus.
2004-2008	Graduate Grade Appeals Board, <i>Purdue University</i> , West Lafayette, IN. Review of grade appeals by students on campus.
2004-2005	Purdue Graduate Student Government Senator, <i>Purdue University</i> , West Lafayette, IN. Elected senator by the Health & Kinesiology Department.
2004-2005	Purdue Graduate Student Government Travel Grant Reviewer, <i>Purdue University</i> , West Lafayette, IN. Reviewed student grant applications for a travel grant funded by the Purdue Graduate Student Government.
<u>College</u>	
2013-present 2013-present	College of Education and Human Performance Graduate Curriculum Committee College of Education and Human Performance Awards Committee
2013-present	College of Education and Human Performance Webmaster (.25 release time)
2011-2012	College of Education and Human Performance Retention Coordinator (.25 release time)
2008-2009	College of Education NCATE Standards Committee: Standard I-Candidates, Texas A&M University-Kingsville,
	Kingsville, TX.
Department	
2014	Department of Health & Kinesiology Search Committee – Assistant Professor of Sport Business, Texas A&M University-Kingsville, Kingsville, TX.
2013-2014	Department of Health & Kinesiology Tenure & Promotion Standards Committee, Texas A&M University-Kingsville, TX.
2012	Chair, Department of Health & Kinesiology Search Committee – Assistant Professor and Coordinator of Sport Business, Texas A&M University-Kingsville, Kingsville, TX.
2010	Chair, Department of Health & Kinesiology Search Committee – Assistant Professor of Kinesiology (Motor
2010	Learning & Pedagogy), Texas A&M University-Kingsville, Kingsville, TX.
2010-present	Chair, Phi Epsilon Kappa Membership Committee, Texas A&M University-Kingsville, Kingsville, TX Health & Kinesiology Department Undergraduate Curriculum Committee, Texas A&M University-Kingsville,
2009-present	Kingsville, TX.
2009-present	Health & Kinesiology Department Graduate Curriculum Committee, Texas A&M University-Kingsville, Kingsville, TX.
2005	Department of Health & Kinesiology Sport & Exercise Psychology Faculty Search, Purdue University, West Lafayette, IN.
2004-2008	Health & Kinesiology Graduate Student Organization, Purdue University, West Lafayette, IN. Helped to re-
	establish the club as an organization on campus; Served as President 2004-2005.
<u>Other</u>	
2001-2003	Mental skills training consultant. Greeley Central High School Athletics. Greeley Central High School. Greeley

2001-2003 Mental skills training consultant, *Greeley Central High School Athletics*, Greeley Central High School, Greeley, CO. Team, coach, and athlete consulting sessions and presentations introducing the importance of mental

skills, effective goal-setting, visualization, anxiety management, and life wellness and management.

Departmental Service/Administrative Appointments

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Coordinate the annual Health & Kinesiology Awards Night and Phi Epsilon Kappa Initiation Ceremony

Maintain the Health & Kinesiology Awards Board in the Steinke Physical Education Center

2009-2013 Undergraduate Advising for 46 students
2009-2011 Coordinator, Sport and Leisure Studies Program

2008-present Coordinator, Performance Psychology Sub-Laboratory (within the Human Performance Laboratory)

Faculty Mentorship

2013-present
 2012-2013
 Dr. Ryan Fiddler (Health & Kinesiology)
 Dr. Daniel Burt (Health & Kinesiology)
 Dr. Sara Mahoney (Health & Kinesiology)

Student Research Direction

- Project Supervision Haddock, E. M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: Understanding Motivation in Cardiac Rehabilitation Patients
- Project Supervision Balles, A., B.S. in Kinesiology (Exercise Science/Exercise Science-Performance Psychology)
 Program, Texas A&M University-Kingsville. Final research project: Examining the role of self-perceptions in injury and injury rehabilitation in sport.
- Project Supervision Haddock, B., B.S. in Kinesiology (Exercise Science-Pre Physical Therapy) Program, Texas A&M
 University-Kingsville. Final research project: Eating and Exercise Behaviors, and Motivational Differences between
 Kinesiology Majors and Non-Majors
- Project Supervision Darnstaedt, J., M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: Am I Imagining this Pain?: Using Imagery for Pain Management in Athletic Rehabilitation
- Project Supervision Heines, R., M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: A Psychological Skills Training Program Implemented on a Collegiate Pitching Staff
- Project Supervision Burnett, T.B.B., M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: Perceptions of Eating Behaviors, Body Image, and Social Pressures in Female Division II College Athletes and Non-Athletes
- Project Supervision Balderas, J., M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: Parental Perceptions of Youth Sport Athletes: Examining the Effects of Coaching Behaviors on Athlete Attrition
- Project Supervision Patel, D., M.S. in Kinesiology Program, Texas A&M University-Kingsville. Final research project: Effects of Treadmill Exercises: A Comparative Study on Obese Undergraduate Students

Thesis and Dissertation Committees

Dissertation Committee, Graduate Council Representative (Cynthia Villarreal)
 Dissertation Committee, Graduate Council Representative (Jorge Guzman)

Service Activities Outside the University

2010-present	Peer Counselor, Corpus Christi Pregnancy Resource Center, Corpus Christi, TX.
2008-2009	SCORE Sports Ministry Leader, Bay Area Fellowship, Corpus Christi, TX.
2003-2007	College and High School Youth Leader, Bethel Christian Life Center, West Lafayette, IN.
2007-2008	High School Youth Group Leader, Brookville Road Community Church, New Palestine, IN.

Service Presentations

- **Gaines, S.A.** (2015.) The Peer Review Process. Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2015). *How Can I Minimize Cheating in the Classroom?* Presented to the Monday Noon Seminar Series, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2014) *The Peer Review Process.* Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2013). *In Blended Courses, What Should Students Do Online? (Part 2)* Presented to the Monday Noon Seminar Series, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2013). *The Peer Review Process*. Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2012). *In Blended Courses, What Should Students Do Online?* Presented to the Monday Noon Seminar Series, Texas A&M University-Kingsville, Kingsville, TX.
- Gaines, S.A. (2012). What to do in Online Discussions? Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX
- **Gaines, S.A.** (2012). *The Peer Review Process*. Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX
- **Gaines, S.A.** (2011). Feedback for Teachers that Improves Learning for Students. Presented to the Monday Noon Seminar Series, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2011). *Peer Evaluation Seminar*. Facilitated discussion with the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.

- **Gaines, S.A.** (2011). *Managing Conflict*. Presented to the Women's Basketball team, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2010). Working the Mind while Training the Body. Presented to clients of Pinnacle Performance & Fitness, Corpus Christi, TX.
- **Gaines, S.A.** (2010). *Anxiety Management Workshop.* Presented to the Music Department at Texas A&M University-Kingsville Music Department, Kingsville, TX.
- **Gaines, S.A.** (2010). *Promoting Positive Body Image.* Presented to the female athletes at Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2010). Levels of Assessment in the Classroom. Presented to the new faculty of Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2009). *Peer Observation Round Table Discussion*. Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2009). Assessing My Students, Assessing Myself. Presented to the New Faculty Investment Program, Texas A&M University-Kingsville, Kingsville, TX.
- **Gaines, S.A.** (2009). *Facilitating Online Discussions*. Presented to the Monday Noon Seminar Series, Texas A&M University-Kingsville, Kingsville, TX.
- Gaines, S.A. (2009). Introduction to Mental Skills Training. Presented to the Coastal Bend Shooters, Corpus Christi, TX.
- Gaines, S.A. (2008). Cultivating Sportsmanship. Presented to the Fishers High School Girls Basketball team, Fishers, IN.
- Wisdom, S.A. (2005). Using Imagery in Volleyball. Presented to the Frontier Academy Volleyball team, Greeley, CO.
- **Wisdom, S.A.** & Cox, A.E. (2005). *Introduction to Mental Skills and Arousal Control Techniques*. Presented to the Purdue All-American Marching Band Color Guard, West Lafayette, IN.
- **Wisdom, S. A.** (2004). *Using Effective Goal Setting in Diving.* Presented to the Purdue Diving camp participants, West Lafayette, IN.
- **Wisdom, S. A.** (2004). *Using Effective Goal Setting in Swimming.* Presented to the Purdue Swimming camp participants, West Lafayette, IN.
- Wisdom, S. A. (2003). Exploring Imagery. Presented to the Central Catholic High School football team, Lafayette, IN.
- **Wisdom, S. A.** & Babkes, M. L. (2003). *Combatting the "I Can'ts" in Your Sport Experience.* Presented to the Athletic Weights Program at Greeley Central High School, Greeley, CO.
- **Wisdom, S. A.** (2003). *Using Mental Skills to Enhance Your Volleyball Game*. Presented to the Greeley Central High School volleyball team, Greeley, CO.
- **Wisdom, S. A.** (2003). *Mental Skills Training for Coaches.* Presented to the coaching staff at Greeley Central High School, Greeley, CO.
- Babkes, M. L. & **Wisdom, S. A.** (2003). *Sport Psychology for Coaches and Parents*. Presented to coaches and parents of Grandview High School, Aurora, CO.
- Babkes, M. L. & **Wisdom, S. A.** (2003). *Sport Psychology for Athletes.* Presented to the athletes of Grandview High School, Aurora, CO.
- **Wisdom, S. A.** (2003). *Integrating Mental Skills into Your Team's Training*. Presented to the coaching staff at Greeley West High School, Greeley, CO.
- **Wisdom, S. A.** (2003). *Providing Tools for Optimal Performance.* Presented to the coaching staff at Northridge High School, Greeley, CO.
- **Wisdom, S. A.** & Babkes, M. L. (2003). *Goal Setting in Sport.* Presented to the Athletic Weights Program at Greeley Central High School, Greeley, CO.
- Wisdom, S. A. & Babkes, M. L. (2003). *Preparing to be Your Best: Learning to Relax!*. Presented to the Athletic Weights Program at Greeley Central High School, Greeley, CO.
- **Wisdom, S. A.** & Babkes, M. L. (2003). *Visualizing YOU at Your Best!*. Presented to the Athletic Weights Program at Greeley Central High School, Greeley, CO.
- **Wisdom, S. A.**, Kulikov, N. A., & Wachsman, T. D. (2002). *Parenting a Successful Young Soccer Player*. Presented to the parents of the Bootleggers Soccer Club, Greeley, CO.
- **Wisdom, S. A.**, Wachsman, T. D., & Kulikov, N. A. (2002). *Parenting a Successful Young Gymnast*. Presented to the parents of the Airborne Aces Gymnastics Club, Greeley, CO.

Coaching Experiences

2000-2003	Volleyball, Loveland Ju	uniors Volleyball Club,	Loveland, CO; Head	Coach, 15-18 year olds.
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- 1999-2003 Volleyball, Greeley Central High School, Greeley, CO; Assistant Coach, grades 9-12.
- 1994-1998 Swimming, Wray Swim Club, Wray, CO; Assistant Coach, ages 3-18.

HONORS AND AWARDS

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2015 NerdScholar 40 Under 40: Professors who Inspire [http://goo.gl/MdPLvn]

2012 Association for Moral Education Professional Poster Award

2011 National Association for Sport and Physical Education Sport Psychology Academy Dissertation Award

2008-2009 Cambridge Who's Who Among Executive and Professional Women, Honors Edition

University

2013 General Education Teaching Award, Center for Teaching Effectiveness, Texas A&M University-Kingsville,

Kingsville, TX.

2012 College of Education and Human Performance Junior Faculty Award, Texas A&M University-Kingsville,

Kingsville, TX.

2011 Javelina Alumni Association Distinguished Teacher of the Year, Texas A&M University-Kingsville, Kingsville,

TX.

Texas A&M System Chancellor's Teaching Excellence Award, *Texas A&M University-Kingsville*, Kingsville, TX.
Texas A&M System Chancellor's Teaching Excellence Award, *Texas A&M University-Kingsville*, Kingsville, TX.
Awarded a Quality Enhancement Program course (EDKN 3352: *Introduction to Sport Psychology*), *Texas A&M*

University-Kingsville, Kingsville, TX.

Academic

May 2003 Graduated cum laude, *University of Northern Colorado*, Greeley, CO. August 2000 Graduated cum laude, *University of Northern Colorado*, Greeley, CO.

1998-2000 Deans List of Academic Distinction, *University of Northern Colorado*, Greeley, CO. 1996-2000 Wray Community Scholarship, *University of Northern Colorado*, Greeley, CO.

Service

2006 Health & Kinesiology Outstanding Service Award, Purdue University, West Lafayette, IN.

Community

January 2002 Olympic Torchbearer in the 2002 Winter Olympic Torch Relay, Boulder, CO.

REFERENCES

Dr. Michael Daniel

Professor

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Chair and Professor
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Kingsville, TX 78363
(361) 593-2491
Kfcmh00@tamuk.edu

Dr. Jaya Goswami, Ph.D.

Associate Dean and Associate Professor Texas A&M University-Kingsville, Health & Kinesiology Rhode Hall 112 700 University Boulevard Kingsville, TX 78363 (361) 593-4413 jaya.goswami@tamuk.edu

*Additional references are available upon request.

Dr. William Harper (Ph.D. Committee Member)

Professor

Purdue University, Health & Kinesiology Lambert Fieldhouse 800 West Stadium Avenue West Lafayette, IN 47907-2046 (765) 494-1518 wharper@purdue.edu

Dr. Nestor Sherman, FACSM

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Dr. Alan Smith (*Ph.D. Major Professor and Committee Chair*)
Professor and Chairperson
Michigan State University, Health and Kinesiology
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