



# HHPH 550: HEALTH PROMOTION AMONG DIVERSE POPULATIONS

## COURSE SYLLABUS: SPRING 2022

### INSTRUCTOR INFORMATION

**Instructor:** Dr. Elizabeth Wachira, Assistant Professor  
**Office Location:** NHS  
**Office Hours:** MW 9:00am – 1:00pm (Appointment by email)  
**Office Phone:** 903-886-5349  
**Office Fax:** 903-886-5365  
**University Email Address:** [Elizabeth.Wachira@tamuc.edu](mailto:Elizabeth.Wachira@tamuc.edu)  
**Preferred Form of Communication:** Email  
**Communication Response Time:** 48 business hours

### COURSE INFORMATION

**Course Information:**

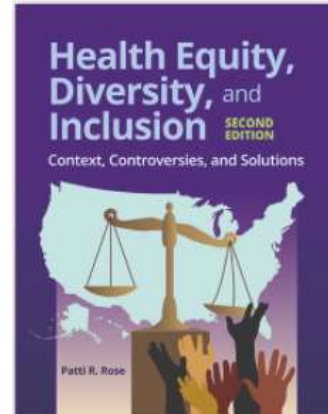
**Course Value:** Three (3) Credit Hours  
**Course Location:** Online  
**Course Time** Online

**PRE-REQUISITE: NONE**

**REQUIRED Text:** Health Equity, Diversity and Inclusion: Context, Controversies and Solutions (2<sup>nd</sup> Edition)

ISBN-13: 978-1284197792

<https://www.jblearning.com/catalog/productdetails/9781284197792>



### REQUIRED Readings

### Course Description

Course Description: To examine the ways in which diverse personal, socio-cultural, and institutional factors impact health, including race/ethnicity/culture, racism, socioeconomic class, gender, sexism, place, age, and spirituality, and to facilitate culturally competence health promotion/disease prevention initiatives.

## Student Learning Outcomes

Upon completion of this course, students should be able to:

Completion of this course provides the student with the knowledge to:

1. Define diversity, disparities and equity as they relate to health
2. Understand how cultural beliefs and differences shape health behaviors and outcomes
3. Develop a better understanding of the impact of social and behavioral determinants of health and their interrelationships on health and healthcare delivery.
4. Understand the concepts of social justice and health equity in preventing health disparities
5. Describe the importance of cultural competence and humility in public health practice
6. Communicate audience- appropriate public health content, both in writing and through oral presentation
7. Demonstrate ethical behaviors, cultural humility and sensitivity, teamwork, professional conduct and communication

## COURSE REQUIREMENTS

### Minimal Technical Skills Needed

Students should be able to use D2L online platform, Microsoft Word and PowerPoint, using presentation and graphics programs as necessary for assignment completion

### Instructional Methods

Instructional method is primarily lecture and class discussion. Students will be assessed through the use of quizzes, written assignments, and one or two exams spaced throughout the semester. Class engagement will be through 1 major platforms: Microsoft Team. Students will be required to enroll by the first day of class.

### Assessments

The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. All class assignments must be turned in online. No emailed work will be accepted. **Unless otherwise specified, all assignments are due ONLINE by 11:59pm on the specified due date.**

**No late work accepted.**

#### **A. Course Orientation**

During the first week of class, students are required to review the course syllabus, set up inclusive of how the D2L course shell is arranged and review various material to ensure success in the class. Course introduction assignments include introducing yourself, reading and completing quizzes to acknowledge review and understanding of these resource guides. Specific directions for completing these is provided on D2L in the corresponding week/module folder.

#### **B. Module Topics Assignments**

Students are expected to read the assigned chapters in the required text. Students will then complete

chapter related assignments that may take the format of a discussion board, assessment and reflection exercises. Specific directions for completing each of these is provided on D2L in the corresponding week/module folder.

***Regarding Discussion Board:*** As a part of learning and application, students will be required to participate in discussions boards based on the assigned readings. To complete these, students should first read the assigned readings and research pertinent information online before posting and joining the discussion. Participation will include both facilitating and participating in the various discussion assignments. Specific directions for completing these either as a facilitator or participator are provided on D2L in the corresponding week/module folder.

### **C. Case Study Assignments**

These assignments provide a way to synthesize the class content (readings, discussions etc). The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. To facilitate learning through engagement, these assignments will be submitted as discussion posts. Specific directions for completing these is provided on D2L in the corresponding week/module folder.

### **D. Culture and Health Activity**

The opportunity to learn about the experiences of others is important to gaining a better understanding of how diversity and culture shapes health. To facilitate learning through engagement, a portion of this assignment will be submitted as a discussion post. Instructor approval needed. Specific directions for completing this assignment is provided on D2L in the corresponding week/module folder.

### **D. Multicultural Experiential Activity**

Opportunities to experience and learning about other cultures is all around us if we are intentional about doing so. Students are required to attend a two or more hour activity that relates to a cultural, ethnic, value, or identity issue (can be similar to Culture & Health selection) and then write a reflection paper on that experience. To facilitate learning through engagement, a portion of this assignment will be submitted as a discussion post. Instructor approval needed. Specific directions for completing this assignment is provided on D2L in the corresponding week/module folder.

### **E. Final Project**

Researching and presenting complex information through visual arts, in a fun, interesting, or salient manner, is also an increasingly important means of public health communication. To facilitate learning through engagement, a portion of this assignment will be submitted as a discussion post. Specific directions for completing this assignment is provided on D2L in the corresponding week/module folder.

## GRADING

Please see a listing of all assignment and the grading criteria for Course

### Grading Criteria:

Course Orientation Assignments	50 points
Module Topics Assignments	300 Points
Case Study Assignments	200 Points
Multicultural Experiential Activity	100 points
Final Project	200 points
Culture and Health Activity	150 points
<b>Total Possible Points</b>	<b>1000 points</b>

### Grading Scale:

900– 1000 points = A    800-899 = B    700-799 = C    600-699 = D    0-599 = F

*It is your responsibility to regularly monitor your points in the D2LGrade Center. If you notice a discrepancy, contact me immediately. Do not wait until the end of the semester to question your grades.*

## TECHNOLOGY REQUIREMENTS

### Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

### Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

### Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.  Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - 512 MB of RAM, 1 GB or more preferred
  - Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution

- You must have a:
  - Sound card, which is usually integrated into your desktop or laptop computer
  - Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site](http://www.java.com/en/download/manual.jsp)  
<http://www.java.com/en/download/manual.jsp>
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
  - [Adobe Flash Player](https://get.adobe.com/flashplayer/) (version 17 or later) <https://get.adobe.com/flashplayer/>
  - [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/>
  - [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- **You will also need to enroll in Microsoft Teams to facilitate engagement throughout the semester.**

## ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

## **COMMUNICATION AND SUPPORT**

### **Brightspace Support**

#### **Need Help?**

#### **Student Support**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

#### **Technical Support**

If you are having technical difficulty with any part of Brightspace, contact Brightspace Technical Support at 1-877-325-7778 or click on the **Chat** or click on the words “[click here](#)” to submit an issue via email.



please  
Live

#### **System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

#### **Interaction with Instructor Statement**

E-mail strategy: You are welcome to email your questions or concerns to me. There are, however, some caveats associated with email that you must remember:

1. A reasonable response time to emailed questions is 24 - 48 hours.
2. Questions emailed on weekends may not receive a response until the work week begins.
3. As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email/announcement post to everyone for the benefit of all students.
4. Please be courteous and professional in all of your interactions with me and fellow students.

## **COURSE AND UNIVERSITY PROCEDURES/POLICIES**

### **University Pandemic Response**

1. A&M-Commerce encourages the use of face-coverings in all instructional and research classrooms/laboratories.
2. Students are encouraged not to attend class/group sessions when ill or after exposure to anyone with a communicable illness. Communicate such instances directly with your instructor. Faculty will work to support the student getting access to missed content or completing missed assignments.

## Course Specific Procedures/Policies

1. Attendance in class is **required**. If you are unable to attend a class (actively logged in and participating in the online class), please notify me through email.
2. It will be very difficult for you to do well in this class if you miss submitting coursework. Please be aware that class participation goes beyond simply logging into this class. Just because you are logged in to the class, does not mean you are participating. It means active involvement in class discussions, assignments, and active participation in group activities.
3. Make-up of coursework will only be given in very rare circumstances: serious illness with a note from your physician, a death in your family or if you have an officially excused absence while representing the university. If any of these situations occur you **MUST** email me prior to the module end date.
  - An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work. If the absence is one of the reasons listed below, you will be able to make up the work. To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.
    - i. Participation in an activity appearing on the University’s authorized activity list.
    - ii. Death or major illness in a student’s immediate family.
    - iii. Illness of a dependent family member
    - iv. Participation in legal proceedings or administrative procedures that require a student’s presence.
    - v. Religious Holy Day
    - vi. Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician).
    - vii. Required participation in military duty
4. Make-ups will only be given if I have been notified prior to the end of the course module in order to verify your reason for missing coursework. All missed coursework not meeting the criteria for a make-up will be given a grade of 0.

## Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.



## University Specific Procedures

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

### Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html)

### TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

### Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

## **ADA Statement**

### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

### **Office of Student Disability Resources and Services**

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

## TENTATIVE CALENDAR OF CLASSES AND ASSIGNMENTS

*Schedule is tentative and may change at the instructors discretion*

Week/ Module #	Chapters	Assignments Due (Due @ 11:59pm on specified date/day on D2L)
1	Course Orientation	Orientation assignments
2	Chapter 1, 2 &5	Module Topics Assignments
3	Chapters 4, 3, 12	Case Study #1
4	Chapter 6, 7	Module Topics Assignments
5	Chapters 8-10	Module Topics Assignments Multicultural Experiential Activity
6	Chapters 11, 13	Culture & Health Assignment
7	Chapter 14-16	Case Study #2
8	Wrap-Up Week	Final Project