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NURS 5305.01B Advanced Health Assessment COURSE SYLLABUS: Spring 2021

INSTRUCTOR INFORMATION

Course Coordinator/Instructor: Donna Callicot, MSN, RN, FNP-C

Office Location: NHS Room 234

Office Hours: by appointment

Office Phone: 903-886-5315

Office Fax: 903-886-5729

University Email Address: donna.callicot@tamuc.edu

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Dains, J. E., Baumann, L. C., & Scheibel, P. (2020). *Advanced health assessment & clinical diagnosis in primary care* (6th ed.). Elsevier.

Jarvis, C. (2020). *Physical examination & health assessment* (8th ed.). Elsevier.

Shadow Health. (2017). Health Assessment Digital Clinical Experience (Version 5.0). Shadow Health. <http://www.shadowhealth.com>

- 1) **Register for the course:** Navigate to app.shadowhealth.com and click Register for Student Account (or login if you already have a Shadow Health account) and enter this unique course PIN for your course: **January2022??-9491-9893-0301-7967** 2)

Watch our student orientation video:

<http://link.shadowhealth.com/Student-Orientation-Video>

- 3) **Make sure you use a supported browser:** Shadow Health recommends using Chrome to access your work. However, there are many browsers that you can use to access your assignments in Shadow Health.
- 4) **Review your Student Handbook:** Many of our courses offer the access to a Student Handbook. This handbook can be found in the [top right corner](#) of your Course Overview page.

If you have any technical or functional questions about Shadow Health throughout the semester, please contact Shadow Health's Help Desk They are there to help!

Shadow Health Help Desk

(800) 860-3241

support@shadowhealth.com

Monday-Friday 9am-9pm Eastern Time

Saturday-Sunday 12pm-9pm Eastern Time

Course Description (3 Semester Credit Hours)

This course focuses on theoretical and clinical principles for health assessment in advanced practice nursing. Physical, psychosocial, and cultural assessment skills necessary to develop a comprehensive health database, clinical decision making, and diagnostic reasoning skills are emphasized. Advanced health assessment principles and skills necessary for performing a comprehensive physical examination across the lifespan are applied in the primary care clinical setting. Integration of theory is tested in the laboratory setting with a comprehensive physical assessment and development of a plan of care based on the formulation of differential medical diagnoses.

Student Learning Outcomes

Upon completion of the course, the student will have been given the opportunity to:

Class Outcomes:

1. Modify the history, physical exam, and screening procedures according to the client's age, developmental level, culture, and psychosocial status (AACN MSN Essentials VII & IX).
2. Differentiate among normal and abnormal variants of historical and physical findings based on lifespan changes and normal anatomy and physiology (AACN MSN Essential IX).
3. Analyze and synthesize client data to identify physical, social, and environmental factors that influence health (AACN MSN Essentials VIII & IX).

Clinical Outcomes:

1. Use assessment tools safely and competently (AACN MSN Essential IX).
2. Develop differential medical diagnosis based on analysis of assessment findings (AACN MSN Essentials IV & IX).
3. Demonstrate competence in presenting a systematic and complete written summary of the findings of the health history and physical assessment (AACN MSN Essentials IV & IX).
4. Successfully complete an integrated physical examination (AACN MSN Essentials IV & IX).

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, Shadow Health and using Microsoft Word, Microsoft Excel and PowerPoint.

Instructional Methods

This is a blended course requiring students to complete reading assignments, online activities and independent study to be successful. Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal, and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audio-visual aids, and

assignments. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation, and demonstration of course objectives.

Student Responsibilities or Tips for Success in the Course

- Logging into the course website daily during the week
- **Checking emails at least daily**
- Updating semester calendar with communicated changes
- At least three hours of weekly study
- Attendance at all class meetings, clinicals, seminars and simulations □
Review of examinations.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89% C = 75%-79%

D = 60%-74%

F = 59% or Below

Assessments	
Exams (4) 15% each	60%
Pediatric SOAP Note	15%
Adult/Geriatric SOAP Note	15%
Diagnosis Paper/Case study	10%
APEA 3P Exam	P/F
Clinical	P/F
Total	100%

A minimum grade of 80 is required to pass the course. Students must achieve a minimum average of 80% on all exams in order to pass the course. Other graded assignments will not be added to the final grade unless exam grade average is 80% or higher.

All students with an exam grade of less than 80 must review their exam. It is the student's responsibility to contact their clinical instructor or course coordinator by email to set up an appointment to review the exam. The current exam must be reviewed before the next scheduled exam. Only the most current exam may be reviewed. Do not wait until the last minute to request a review. Of course, all students are welcome to review their exams but should follow the same procedure.

Successful completion of the assignments will enable the student to meet the student learning outcomes.

For clinical courses:

The clinical component is PASS/FAIL and must be passed in order to pass the course. To receive a passing grade in clinical you must satisfactorily complete all of the clinical assignments and receive a satisfactory clinical evaluation.

Clinical is graded Pass/Fail. If the student fails the clinical component, the entire course must be repeated.

You must also adhere to the expected clinical behaviors. Any instance of violation of any of the objectives listed in the Student Performance and Behaviors Evaluation Form may result in clinical suspension, receipt of a Student Performance and Behaviors Evaluation form, failure of clinical, failure of the course, and/or removal from the nursing program. See Student Guide for more information.

Late Submissions:

It is expected that you will submit all class and clinical assignments on time. If you need an extension, it should be requested before the due date/time and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility. Multiple instances of late clinical assignments will result in receipt of a Student Performance and Behaviors Evaluation Form and, possibly, failure of clinical/course.

Paper Submissions:

All documents submitted online are to be in .docx, .rtf, or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment. Failure to follow these guidelines will result in a grade of "0" on the assignment.

Group Work:

All members of the group will receive the same grade on any group work. However, a student can be removed from his/her team if the other students in the group come to the instructor and report that a student is not doing his/her fair share of the work. If that happens, the instructor will notify the student in writing. The student will then be responsible for doing the assignment on his/her own. It is expected that the group will make the attempt to resolve the situation within the group before instructor intervention.

Assessments

Lecture Assessments

1. Exams 60% (15% each) 1/26, 2/23, 3/23, 4/27

There are four examinations in the course and they will cover content as indicated on the course schedule in the syllabus (Learning outcomes #1-3).

**2. Pediatric SOAP Note & Adult/Geriatric SOAP Note
30% (15% each) Adult 3/23 & Peds 4/6**

The SOAP notes will be completed on patients encountered during clinical practice. **DO NOT** falsify information or fabricate charting for these assignments. Upload completed note on D2L by 2359 on the due date. See rubric on D2L (Learning outcomes #1-3).

4. Diagnosis Paper/case paper 10% 2/9

You will be provided a list of four (4) differential diagnoses for eight different patient reasons for seeking care. For each diagnosis, identify one (1) question (subjective) and one (1) physical examination technique (objective) that would likely help to confirm or rule out the diagnosis. Assume the patient is the appropriate gender or age to have that differential diagnosis. You will be assigned a number related to the reason for seeking care. For

that number, you are to choose one diagnosis in that category and develop an evidence-based treatment plan for the patient that includes any diagnostic or laboratory tests, pharmacological and non-pharmacological treatment, and patient education needed. Work with any other student assigned the same number so that you pick different diagnoses. You can use bullet points for each area of the treatment plan. Attach a reference page that includes the references you used for the table and the treatment plan. All student submissions will be available to the entire class after the due date for use as reference material. A table along with the rubric is on D2L for your use (Learning outcomes #1-#3).

5. APEA 3P Exam ??? Pass/Fail 4/27

At the end of the semester, you will be taking an examination developed by APEA that covers pathophysiology, pharmacology and health assessment. You must make the benchmark for the examination to pass the course. If you do not meet the benchmark on the first attempt, you will undergo remediation and retake the examination. You have a maximum of three (3) attempts to meet the benchmark on the examination. If you do not meet the benchmark after the third attempt, you will **fail** the course (Learning outcomes #1-#3 and outcomes for NURS 5302 and NURS 5303).

Clinical Assessments

1. Skills Day 1/12

This skills day will be on campus and be based on skills necessary for the Family Nurse Practitioner role. You are required to attend and participate (Learning outcome #1).

Required Equipment must be brought to lab:

Stethoscope with bell and diaphragm
Watch with second hand
Penlight
Measuring tape (in/cm)

2. Mid-term Evaluation 2/26 (2/29 for write-up)

The expectation is by mid-term, you should be able to perform a basic history intake for HPI, general history elements and perform a complete head-to-toe physical exam (excluding breast and genitalia). There is a guide on D2L of the required elements. You have 60 minutes (15 minutes for history and 45 minutes for physical examination) for this and you must be able to write-up the findings in a SOAP format within **72 hours** after you have completed your check off. During the evaluation while performing your physical examination of the patient, you need to speak everything you are doing aloud including your findings (Learning outcomes #1, #3 & #4).

You must receive a grade of 80% or higher to pass the course.

The mid-term practicum will be performed on a friend or family member that you find and record your interaction and physical exam on. You will then submit your video to the designated assignment link.

Remediation: In the event that the Practicum is failed (that is, an overall score of less than 80% earned, remediation will be prescribed to improve the student's skills in which were not competently performed or documented.

After remediation, the full check-off will be repeated, with 80 being the highest earned grade possible.

Remediation of a failed practicum/check off must be completed **before** the designated deadline, which is one week after the failed check off.

Remediation may only be undertaken **ONLY** if a practicum check off is failed, **NOT** to improve a passing practicum/check off grade.

You are only allowed one retake of the full-check off. If you do not pass on this attempt, you will **fail** the course.

After successful completion of the assignment, you will enter this assignment as 2 hours of direct patient care in your Typhon Clinical Log.

3. Final Evaluation

4/23 (4/26 for write-up)

At the end of the semester, each student will be evaluated on their ability to do a focused head to toe assessment as outlined on the Final Practicum Evaluation tool. The student will have 45 minutes to complete the practicum

(history and physical examination), and **72 hours** to complete the SOAP write up after your check off. During the evaluation while performing your physical examination of the patient, you need to speak everything you are doing aloud including your findings (Learning outcomes #1-#3).

You must receive a grade of 80% or higher to pass the course.

The practicum will take place on campus and you must arrive 15 minutes prior to your check off time.

Remediation: In the event that the Practicum is failed (that is, an overall score of less than 80% earned, remediation will be prescribed to improve the student's skills in which were not competently performed or documented.

After remediation, the full check-off will be repeated, with 80 being the highest earned grade possible.

Remediation of a failed practicum/check off must be completed **before** the designated deadline, which is one week after the failed check off.

Remediation may only be undertaken **ONLY** if a practicum check off is failed, **NOT** to improve a passing practicum/check off grade.

You are only allowed one retake of the full-check off. If you do not pass on this attempt, you will **fail** the course.

After successful completion of the assignment, you will enter this assignment as 2 hours of direct patient care in your Typhon Clinical Log.

4. Shadow Health Modules varies

Shadow Health provides a clinical simulation designed to improve your assessment skills in a safe learning environment. You will examine digital patients throughout the course that are accessible online 24/7. This unique simulation experience allows you to conduct in-depth patient exams and interviews at your own pace. Because the exams are in-depth, these assignments will often take over an hour to complete, so it is important to plan enough time to complete your assignments each week.

You will be competing eight modules over the course of the semester. Due dates for each module are listed on D2L and on Shadow Health. You will have multiple attempts to obtain your final grade of 80% or higher for each

module until that module closes, each module will be open for one week only (Learning outcomes #2-#4).

After completion of all eight modules, you will enter this assignment as 10 hours of simulation in your Typhon Clinical Log.

5. Clinical Practicum varies

After you have successfully completed the mid-term practicum, you will be completing at least 24 hours with a preceptor. It is recommended that you schedule at least five (5) days with your preceptor to allow for cancellations, etc. to ensure you obtain the needed hours (Learning outcomes #1-#3).

6. Denver Developmental Screening Test varies

The Denver Developmental Screening Test (DDST) is a widely used assessment for examining children 0-6 years of age as to their developmental progress. You will perform the ONE DDST on any child 6 years or younger and fill out the appropriate form. You will check out the Denver kit from the student worker in the nursing department and it must be returned within two business days of signing out the kit so other students can use the kit. The completed form is to be submitted by 2359 on the due date on D2L (Learning outcomes #1 & #3).

After completion of the assignment, you will enter this assignment as 1 hour of direct patient care in your Typhon Clinical Log.

7. Clinical Preceptor Evaluation of Student end of semester

Your preceptor needs to complete the clinical evaluation of student form and provide you the original. You must turn in the original when you meet with your clinical instructor at the end of the semester (Learning outcomes #1#3).

8. Clinical Faculty Evaluation varies

Your clinical faculty will visit you on at least one occasion with your preceptor. They will complete the evaluation based on that visit (Learning outcomes #1-#3).

9. Preceptor Packet P/F 2/12

You must get the preceptor packet completed by your preceptor and submitted to the course coordinator by 2359 on the due date.

10. Typhon Clinical Log P/F end of semester

You must enter all your clinical hours in Typhon. This includes your clinical practicum, skills day, DDST, Shadow Health and mid-term and final evaluations. A minimum of 45 hours must be entered by the end of the course.

11. Student Evaluation of Preceptor P/F end of semester

You must complete and submit to your clinical instructor the evaluation of your clinical preceptor.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-PlatformRequirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-BasicSystem-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

It is expected that you will check your D2L course and email at least **DAILY** for communication from the instructor.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via office phone. If a phone call is not answered, please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

It is expected that assignments will be graded and returned to the student within two (2) weeks of submission.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies CLASS:

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. The students should notify course coordinator in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course coordinator must be notified in advance. Failure to do so may result in the student receiving a zero for the missed exam or quiz. Review the MSN Student Guide for the exam absence process.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material would be covered in class. Students are expected to come to class prepared.

CLINICAL EXPERIENCE:

1. Clinical attendance is mandatory. Refer to the MSN Student Guide for clinical attendance policy information. Violation of the clinical attendance policy may result in the student receiving a Student Performance and Behaviors Evaluation Form and may lead to failure of the clinical portion of the course.
2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experience at the assigned clinical location. Suspension from clinical for failure to maintain required immunizations will be considered an absence.
3. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.

4. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.
5. Students are expected to prepare for clinical practice in order to provide safe, competent care.
6. Clinical assignments must be completed on time and submitted to the clinical instructor as directed. No exceptions without prior permission from the instructor.

University Specific Procedures

The last day to drop a course is March 19, 2022.

A&M-Commerce requires the use of face-coverings in all instructional and research classrooms/laboratories. Exceptions may be made by faculty where warranted. Faculty have management over their classrooms. Students not using face-coverings can be required to leave class. Repetitive refusal to comply can be reported to the Office of Students' Rights and Responsibilities as a violation of the student Code of Conduct.

Students should not attend class when ill or after exposure to anyone with a communicable illness. Communicate such instances directly with your instructor. Faculty will work to support the student getting access to missed content or completing missed assignments.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning

environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

Week/ Monday Date	Content	Reading Assignments	Activities/Assignments
1 1/12	Orientation Evidence based practice, Cultural assessment Interview Health history Pain assessment Nutrition assessment	Syllabus Jarvis: Chapters 1-4, 11, & 12 Dains: Chapters 1 & 2	Class Orientation 1/12 0800-0900
2 1/19	Skin, hair, and nails Head, face, neck and regional lymphatics	Jarvis: Chapters 13 & 14 Dains: Chapter 28	
3 1/26	Eyes Ears Nose, mouth, and throat	Jarvis: Chapters 15-17 Dains: Chapters 15, 25, 30, 32, & 38	Exam 1 (Weeks 1 & 2) on 1/26 from 0900-1000
4 2/2	Breasts, axillae and regional lymphatics Thorax and lungs	Jarvis: Chapters 18 & 19 Dains: Chapters 6, 7, 11 & 14	

5 2/9	Heart and neck vessels Peripheral vascular and lymphatic system	Jarvis: Chapters 20 & 21 Dains: Chapter 8	Diagnosis Paper due 2/9 at 2359
6 2/16	Abdomen	Jarvis: Chapter 22 Dains: Chapters 3, 10, 12 & 20	
7 2/23			Exam 2 (Weeks 3-5) on 2/23 from 0900-1000
8 3/2	Female genitourinary	Jarvis: Chapter 27 Dains: Chapters 5, 36 & 37	
9 3/9	Male genitourinary	Jarvis: Chapter 25 Dains: Chapters 18 & 27	
10 3/16	Anus, rectum and prostate	Jarvis: Chapter 26 Dains: Chapter 29	Exam 3 (Weeks 6-9) on 3/23 from 0900-1000
11 3/23	Musculoskeletal	Jarvis: Chapter 23 Dains: Chapter 24	Adult/Geriatric Soap Note due 3/23 at 2359
12 3/30	Mental status assessment Neurologic	Jarvis: Chapters 5 & 24 Dains: Chapters 13 & 19	
13 4/6	Special populations: child, pregnant, geriatric	Jarvis: Chapters 29, 31 & 32	Pediatric Soap Note due 4/6 at 2359

14 4/13	Intro to radiology interpretation	Dains: Chapters 40 & 41	
15 4/20			Exam 4 (Weeks 10-14) on 4/27 from 0800-0900
16 4/27	Finals Week		APEA 3P Exam Tuesday, 4/27 from 0900-1200 Final practicum 1-4pm