COUN 534: COUNSELING CHILDREN AND ADOLESCENTS
Course Syllabus: Summer II 2020
Online Course

INSTRUCTOR INFORMATION

Instructor: Chris Simpson, PhD, LPC-S
Office Location: Bin 226B
Office Hours: MW (10a-1p, Virtual)
University Email Address: chris.simpson@tamuc.edu
Preferred Method of Communication: Email
Communication Response Time: 24-48 hours

Graduate Co-Instructor (if available):
Graduate Co-Instructor University Email Address (if available):

COURSE INFORMATION
Materials – Textbooks, Readings, Supplementary Readings

Required Textbook
Boston, MA: Cengage.


Note: This course will use D2L as it Learning Management System

**Other readings as assigned

Required Supplemental Readings (accessible in D2L)


The syllabus/schedule are subject to change.


**COURSE DESCRIPTION**

**Catalogue Description of the Course**
Prepares counselors to address the specific needs of children and adolescents, with emphasis on developmental needs, specific therapeutic interventions, and common emotional issues. Group and individual counseling techniques and treatment planning are included.

**General Course Information**
This course is required of all students seeking a master’s degrees with the school counseling focus and of all students seeking school counselor certification in Texas. The course is also designed for those in non-school settings who will be counseling children and adolescents

**Student Learning Outcomes**

<table>
<thead>
<tr>
<th>School Counseling Standard</th>
<th>Learning Activity</th>
<th>Assignment</th>
<th>Assessment Rubric</th>
<th>Benchmark</th>
</tr>
</thead>
</table>
| 5.G.2.g. characteristics, risk factors, and warning signs of students at risk for mental health and behavioral disorders | - Lecture (Week 11)  
- Readings: Henderson & Thompson Chapters 19 & 20; Simpson Chapters 2 & 3; Ramirez & Meadows, 2018.  
- Discussion Post 4 | 1. Final Exam  
2. Discussion Post 4 | 1. Final Exam Rubric  
2. Discussion Post Rubric | 1. ≥ 80% will score ≥ 80% on Finial Exam  
2. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation |

| 5.G.2.h. common medications that affect learning, behavior, and mood in children and adolescents | - Lecture (Week 12)  
- Readings: Simpson Chapter 9; Qato, Alexander, Guadamuz & Lindau (2018) | 1. Final Exam  
2. Discussion Post 4 | 1. Final Exam Rubric  
2. Discussion Post Rubric | 1. ≥ 80% will score ≥ 80% on Finial Exam  
2. ≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation |

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| Content Areas include, but are not limited to, the following: |
| I. Child/adolescent development |
| A. Piaget |
| B. Erikson |
| II. Childhood/adolescent disorders and issues |
| A. Depression |
| C. Substance abuse |
| III. Counseling |
| A. Counseling theories appropriate for children and adolescents |
| 1. Child centered |
| 2. Adlerian |
| 3. Solution-focused |
| 4. Reality Therapy |
| B. Legal and ethical concerns related to counseling children and adolescents |

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**I. Child/adolescent development**

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- A. Depression
- C. Substance abuse

**III. Counseling**

- A. Counseling theories appropriate for children and adolescents
  1. Child centered
  2. Adlerian
  3. Solution-focused
  4. Reality Therapy
- B. Legal and ethical concerns related to counseling children and adolescents

**TExES Competencies Related to this Course (TExES is the state examination required for school counselor certification.)**

**Competency 001 (Human Development)**

The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that meets the needs of all students.

**Competency 002 (Student Diversity)**

The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

**Competency 003 (Factors affecting Students)**

The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

**Competency 006 (Counseling)**

The school counselor understands how to provide effective counseling services to individuals and small groups.
Competency 007 (Assessment)
The school counselor understands principles of assessment and is able to use assessment results to identify students’ strengths and needs, monitor progress, and engage in planning to promote school success.

Competency 008 (Collaboration with Families)
The school counselor knows how to communicate effectively with families and establish collaborative relationships that enhance work with students.

Competency 009 (Collaboration with Others in the School and Community)
The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

Competency 010 (Professionalism)
The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

COURSE REQUIREMENTS

Minimal Technical Skills Needed
In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

Instructional Methods
This course consists of lecture and didactic learning methods, small group discussions, and in-class assignments, coupled with experiential learning and practical application. When we are not meeting face to face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

Student Responsibilities or Tips for Success in the Course
As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
2. Prepare for classes. Complete any and all readings prior to class time.
3. Complete all assignments by the deadline.
4. Adhere to the university student code of conduct.
5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
6. All writing assignments must be done according to APA 6th edition.
7. Regularly check your University email. My suggestion is to check this at least once a day.

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as your instructors and others from the department and University may contact you.

8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.

9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.

10. Be open to the process. This degree takes time, work, effort, and growth.

Assignments/Assessments

1. Discussion Boards (4 points for initial post and 3 points for each response post to classmate posts; 40 points total. Each Discussion post is worth 10 total points each) in D2L. You will have a total of 4 discussion boards (4 initial postings and 8 response postings) throughout the semester. You are expected to give a thorough and thoughtful response to each prompt. In addition to the initial discussion, you will also respond to two of your classmate’s discussion posts. The goal of discussion post is to stimulate conversation surrounding research, challenge any preconceived notions relevant to research and the counseling profession, and expand your thoughts on counselors’ role in research. The rubrics for both discussion and response posts are below. For the weeks with discussion posts, they are released the day of class and are due in the following order: (a) initial post is due by Wednesday at 11:59pm of that particular week and (b) the response posts are due Friday at 11:59pm. Please note that no late postings will be accepted.

Discussion Post Rubric

<table>
<thead>
<tr>
<th>Discussion Post Qualities</th>
<th>1 – Does Not Meet Expectation</th>
<th>2 – Meets Expectation</th>
<th>3 – Exceeds Expectations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post is not complete, not written in a clear manner OR post is missing critical components of the question OR is discussed in an illogical/inconsistent manner. Post has several grammatical/APA errors; not consistent with graduate level work (0-2.7 points)</td>
<td>Post presents most elements of the question OR all elements discussed in a brief manner. Post is evident of graduate level work with some grammatical/APA errors (2.8-3.3 points)</td>
<td>Post presents all elements of the question(s) discussed thoroughly and clearly. Post is evident of graduate level work with few to no grammatical/APA errors. (3.4-4 points)</td>
<td></td>
</tr>
</tbody>
</table>

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2. **Children/Adolescent Issues Paper (20 points):** The student will submit a 10 page, APA-formatted paper, on a child or adolescent issue (e.g. ADHD, Reactive Attachment Disorder, Substance Abuse, etc.) and applications for facilitating improvement, management, or resolution of implications of the respective issue. The 10 pages include an APA appropriate title page and reference page(s). See rubric below.

<table>
<thead>
<tr>
<th>Area(s) of Concern/Need</th>
<th>1 – Does Not Meet Expectation</th>
<th>2 – Meets Expectation</th>
<th>3 – Exceeds Expectation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Literature Review</td>
<td>Literature review was vague and incomplete; no empirical evidence provided; not representative of graduate level work (0-3.4 points)</td>
<td>Literature review was fairly clear and missing one or two key points; empirical evidence provided; representative of graduate level work (3.5-4.6 points)</td>
<td>Literature review was clear and complete with no missing information; empirical evidence provided; representative of graduate level work (4.5-5 points)</td>
</tr>
<tr>
<td>Statement of the Problem</td>
<td>Statement of the problem was incomplete or missing; no evidence of using</td>
<td>Statement of the problem was fairly complete or missing only one or two key points;</td>
<td>Statement of the problem was complete with no missing information;</td>
</tr>
</tbody>
</table>

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previous literature to investigate others’ methods of inquiry; not representative of graduate level work (0-3.4 points)

evidence of using previous literature to investigate others’ methods of inquiry; representative of graduate level work (3.5-4.6 points)
evidence of using previous literature to investigate others’ methods of inquiry; representative of graduate level work (4.5-5 points)

Means for addressing the issue (5 points)

Means for addressing the issue was not addressed or addressed vaguely; no mention of how to disseminate research findings (0-3.4 points)

Means for addressing the issue was missing one or two key points; mentioning of how to disseminate research findings (3.5-4.6 points)

Means for addressing the issue was thoroughly addressed without any missing information; mentioning of how to disseminate research findings (4.5-5 points)

APA Style/Grammar (5 points)

Substantial APA errors (> 6 errors). Poor quality, not indicative of graduate level work. (0-3.4 points)

Some APA errors (3-4 errors). Good quality indicative of graduate level work. (3.5-4.6 points)

Little to no errors (1-2 errors). Exceptional quality indicative of graduate level work. (4.5-5 points)

1. **Final Exam (40 points):** The final exam will be comprehensive in nature and will consist of 40 multiple-choice, true/false, and matching questions. You will have a three hour block of time to complete the exam. A review of the final exam will be provided two weeks prior. The goal of the final exam is to test your knowledge on various theoretical perspectives, means for addressing issues in the field, as well as apply that knowledge to practice. Generally speaking, multiple-choice, true/false, or matching items test your content knowledge, while free response items test your ability to apply content knowledge to practice.

<table>
<thead>
<tr>
<th>Grade Percentage on Quiz</th>
<th>1 – Does Not Meet Expectation</th>
<th>2 – Meets Expectation</th>
<th>3 – Exceeds Expectation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 80% correct on all quiz items (0-29 points)</td>
<td>Between 80% and 89% correct on all quiz items (30-34 points)</td>
<td>Greater than 89% correct on all quiz items (35-40 points)</td>
<td></td>
</tr>
</tbody>
</table>

The *syllabus/schedule are subject to change.*
GRADING

Final grades in this course will be based on the following scale:

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>90%-100%</td>
<td>A</td>
</tr>
<tr>
<td>80%-89%</td>
<td>B</td>
</tr>
<tr>
<td>70%-79%</td>
<td>C</td>
</tr>
<tr>
<td>60%-69%</td>
<td>D</td>
</tr>
<tr>
<td>&lt; 59%</td>
<td>F</td>
</tr>
</tbody>
</table>

**Assignment/Assessment** | **Point Value**
--- | ---
Discussions | 40
Counseling Children/Adolescents Issue Paper | 20
Final Exam | 40

Total points possible = 100.

Assignments are due by the close of the day noted in the syllabus (i.e. 11:59pm). Late assignments will have 10% deduction per day late from the final score. **I will not accept late discussion/response postings.**

TECHNOLOGY REQUIREMENTS

**Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:
- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.

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The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

### Desktop Support

<table>
<thead>
<tr>
<th>Browser</th>
<th>Supported Browser Version(s)</th>
<th>Maintenance Browser Version(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microsoft® Edge</td>
<td>Latest</td>
<td>N/A</td>
</tr>
<tr>
<td>Microsoft® Internet Explorer®</td>
<td>N/A</td>
<td>11</td>
</tr>
<tr>
<td>Mozilla® Firefox®</td>
<td>Latest, ESR</td>
<td>N/A</td>
</tr>
<tr>
<td>Google® Chrome™</td>
<td>Latest</td>
<td>N/A</td>
</tr>
<tr>
<td>Apple® Safari®</td>
<td>Latest</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### Tablet and Mobile Support

<table>
<thead>
<tr>
<th>Device</th>
<th>Operating System</th>
<th>Browser</th>
<th>Supported Browser Version(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Android™</td>
<td>Android 4.4+</td>
<td>Chrome</td>
<td>Latest</td>
</tr>
<tr>
<td>Apple</td>
<td>iOS®</td>
<td>Safari, Chrome</td>
<td>The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.</td>
</tr>
<tr>
<td>Windows</td>
<td>Windows 10</td>
<td>Edge, Chrome, Firefox</td>
<td>Latest of all browsers, and Firefox ESR.</td>
</tr>
</tbody>
</table>

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:

  The syllabus/schedule are subject to change.
o 512 MB of RAM, 1 GB or more preferred
o Broadband connection required courses are heavily video intensive
o Video display capable of high-color 16-bit display 1024 x 768 or higher resolution

• For YouSeeU Sync Meeting sessions **8 Mbps** is required. Additional system requirements found here: https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

• You must have a:
  o Sound card, which is usually integrated into your desktop or laptop computer
  o Speakers or headphones.
  o *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.

• Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: JAVA web site http://www.java.com/en/download/manual.jsp

• Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.
  Pop-ups are allowed.
  JavaScript is enabled.
  Cookies are enabled.

• You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  o Adobe Reader https://get.adobe.com/reader/
  o Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
  o Adobe Shockwave Player https://get.adobe.com/shockwave/
  o Apple Quick Time http://www.apple.com/quicktime/download/

• At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

The syllabus/schedule are subject to change.
You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

**COMMUNICATION AND SUPPORT**

**Brightspace Support**

**Need Help?**

**Student Support**

If you have any questions or are having difficulties with the course material, please contact your Instructor.

**Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words “click here” to submit an issue via email.

**System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

**Interaction with Instructor Statement**

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.

The **syllabus/schedule are subject to change.**
COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies
Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

Syllabus Change Policy
The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct
All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.
http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette
http://www.albion.com/netiquette/corerules.html

TAMUC Attendance
For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.
http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity
Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

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ADA Statement

Students with Disabilities
The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services
Texas A&M University-Commerce
Gee Library- Room 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: studentdisabilityservices@tamuc.edu
Website: Office of Student Disability Resources and Services
http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice
Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement
Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the Carrying Concealed Handguns On Campus document and/or consult your event organizer.

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Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

**COURSE OUTLINE / CALENDAR**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>CACREP Standard(s)</th>
<th>Readings</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Child Development; Child-Centered Counseling; Adlerian (Individual) Counseling; Gestalt Counseling</td>
<td></td>
<td>Read H &amp; T Chapters 1, 2, 3, 6 &amp; 11</td>
<td>-Initial discussion post 1 due at 11:59pm -Response post due at 11:59pm</td>
</tr>
<tr>
<td>Week 2</td>
<td>Reality Therapy and Solution-Focused Counseling; Brief Approaches</td>
<td></td>
<td>Read H &amp; T Chapters 8, 9, 10 &amp; 13</td>
<td>-Initial discussion post 2 due at 11:59pm -Response post due at 11:59pm</td>
</tr>
<tr>
<td>Week 3</td>
<td>Legal and Ethical Considerations for Counselors; Group with Children and Adolescents; Counseling Children with Disabilities</td>
<td>5.G.2.g</td>
<td>Read H &amp; T Chapter 4, 18 &amp; 20; Simpson Chapter 3</td>
<td>Initial discussion post 3 due at 11:59pm -Response post due at 11:59pm</td>
</tr>
<tr>
<td>Week 4</td>
<td>The Use of Play and Activity Therapy; Filial Therapy with Parents; Training and Consulting with Parents and Teachers</td>
<td></td>
<td>Read H &amp; T Chapters 16 &amp; 17; Simpson Chapter 4</td>
<td>Initial discussion post 4 due at 11:59pm -Response post due at 11:59pm</td>
</tr>
<tr>
<td>Week 5</td>
<td>Working with Self-Injury; Working with Children with Special Needs</td>
<td>5.G.2.h. 5.G.2.i.</td>
<td>Read H &amp; T Chapter 19; Simpson Chapters 5-9</td>
<td>Counseling Issues Paper Due</td>
</tr>
</tbody>
</table>

| Online Final Exam | | | | Final Exam |

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