



HHPH 130: Community Health COURSE SYLLABUS: SPRING 2020

Instructor: Dr. Elizabeth Wachira, Assistant Professor
Office Location: NHS
Office Hours: MW 9-10am; 11a-2pm (Appointment by email)
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COURSE INFORMATION

Course Information:

Course Value: Three (3) Credit Hours
Course Location: NHS
Course Time M/W/F 8:00am-8:50am

REQUIRED Text: McKenzie, J. , Pinger, R. & Seabert, D. (2018). **An Introduction to Community & Public Health.** Sudbury, MA. Jones and Bartlett Publishers. 9th Edition (ISBN-13: 978-1284108415)

Course Description:

A study of community health problems, programs, agencies, and health careers. Attention is also given to cultural diversities in matters pertaining to health.

Student Learning Outcomes

Upon completion of this course, students should be able to:

At the end of this course the students will be able to:

1. Identify and describe the essential elements of community health promotion and how they have been reflected in customs, beliefs, codes, laws, and programs of the major historical eras.
2. Identify the major factors influencing health in populations and communities.
3. Identify the principles of and resources for interventions in community health programs and community development needs.
4. Describe the leading health problems, trends, and needs of adolescents, adults, and the elderly.
5. Identify major agencies, foundations, and associations supporting community health at local, state, national and international levels.
6. Identify skills and career opportunities in health education.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Students should be able to use D2L online platform, Microsoft Word and PowerPoint, using presentation and graphics programs as necessary for assignment completion

Instructional Methods

Instructional method is primarily lecture and class discussion. Students will be assessed through the use of quizzes, short written assignments, and one or two exams spaced throughout the semester.

Assessments

The student will be responsible for obtaining all materials presented online and assigned readings from the textbook. All class assignments must be turned in online. No emailed work will be accepted. **Unless otherwise specified, all assignments are due ONLINE by 11:59pm on the specified due date. NO LATE WORK ACCEPTED**

1. Attendance and Participation (100 points)

In order to be prepared to participate in class discussions, students are required to complete the reading assignments **before** attending class.

- ✓ Class attendance is an important part of the learning process. Students are expected to attend all class sessions and do all required reading or any specified due assignments **prior** to coming to class. **Class will start on time and doors will close exactly as class starts and will not open until class is over.**
- ✓ Attendance is required and will be taken daily.
- ✓ Students not in class will be considered absent.
- ✓ Excessive absences will impact the final grade significantly.
- ✓ Students are responsible for all material covered in class meetings, regardless of their physical presence in the room.
- ✓ Students are expected to come prepared to engage with and discuss the assigned/corresponding lecture reading material.
- ✓ All students are expected to participate in class discussions and to contribute their thoughts, ideas, and questions to our collective learning.
- ✓ Both students and instructor will create and uphold an intellectual environment in the classroom where we can listen to and consider others' arguments and opinions with an open mind and where we respect viewpoints other than our own.
- ✓ The attendance/participation grade will be guided by the following rubric:
 - A = Always prepared, frequently participates, rarely absent (≤ 2)
 - B = Always prepared, participates only when called on, rarely absent (≤ 3)
 - C = Usually prepared, rarely speaks, rarely absent (≤ 4)
 - D = Often unprepared, several absences (≥ 5)
 - F = Usually unprepared, frequent absences (≥ 5)

2. Chapter Quizzes (4 @ 25 points each = 100 points):

Five in-class quizzes will be given during the course. The purpose of these quizzes is to encourage students to read the textbook and reading assignments before class and be able to apply these concepts. Quizzes are timed at 20 minutes and will be taken at the beginning of the class. If you miss a class period, you may not make-up that quiz.

Quiz content will also cover group presentations to avoid the problem of students skipping class on days they are not presenting.

3. **Experiential Learning (50 points):**

Must choose one of the following dates/locations to volunteer at the Feed My Starving Children. Meet at event location in DFW area (map will be given week of event). Extra credit for students who carpool to this activity. ***Dates to be given the first week of class***

*Following the event, write and submit a one to two page reflection essay discussing: (1) what you did and observed, and (2) how this intervention/experience fits with public health concepts learned in class in regards to health promotion efforts. Lastly, (3) reflect on what you learned from the experience. **Due date provided on the first day of class.***

4. **Homework (3 @ 50 = 150 points):**

The student will be responsible for obtaining all materials presented online, assigned readings from the textbook, and outside assignments given by the instructor. You are responsible for making sure your assignments are in on time. Homework details will be given in class; if you do not attend class on Monday, you are not allowed to submit the homework. Unless otherwise stated, all homework assignments are due on Sunday by 11:59pm.

5. **Guest Speaker Reflection Essays (50 points):**

We will have various guest speakers attend class to provide real-world insight on “doing public health”. These lectures will provide students with the opportunity to see how varied and interdisciplinary the field of Public Health is. Following each guest speaker, students must write a one-page minimum reflection answering the following questions:

- a. What is the guest speakers’ job description?
- b. What are two things you learned from the guest speaker as they relate to Public Health?
- c. Could you see yourself “doing public health” similar to the guest speaker? Please explain why/why not.
- d. Briefly explain how this speaker’s insight help you in your career?

Guest speaker dates will be given on an ongoing basis

6. **Exams (2 @ 100 points = 200 points):**

A mid-term and final exam will be administered throughout the semester, covering all information covered during lecture, in homework assignments, class discussions, websites, quizzes, and the book. ***No make-up exams will be given, unless arrangements are made prior to the exam or a verifiable medical excuse is provided within 3 business days.**

7. **Team Based Assignments (300)**

1. **Annotated Webliography Report (100 points):**

Teams will select a health aspect based on topics covered in class and seek out ten of the **very best** websites providing information about it (no videos, however your selected website may have videos or podcasts within the material). Teams will write a webliography report related to the health topic. In addition to written report, teams will present their chosen health topic in class providing an overview of the selected topic and websites. *See guidelines provided for the Annotated Webliography report & presentation on D2L.*

2. **Social Media Campaign (200 points)**

Teams will design a social media campaign video designed to encourage/ support a behavioral change. The campaign can focus on either prevention or intervention. Each student team will select a health behavior-related issue (ex: proper handwashing targeted at daycare workers) or an organization that promotes healthy behavior (ex: TAMU-C Student Health Services educational projects). *The selected behavior or organization needs to correlate with your chosen annotated webliography topic/health aspect.* Teams will then

define a target population and formulate a specific message for their population. Next, teams will create a social media video with the message to encourage/support the chosen behavioral change. Using digital media, each team produces a video and publishes the campaign online. In addition, each group will be responsible for running the HHPH social media pages during the semester. **The videos must be original videos and be “published” in an appropriate fashion (youtube HHP page).**

More details provided in February along with write-up report details

3. Group Member Evaluations (50 points)

30 of these points will be Group evaluation scores where students will evaluate themselves and their group members after all team based work is completed .

Grading:

Class Participation/Attendance	100 points (10%)
Guest Speaker Reflection Essays	50 points (5%)
Chapter Quizzes (4 @ 25 each)	100 points (10%)
Exams (2 @ 100 points each)	200 points (20%)
Webliography Report (1 @100 points each)	100 points (10%)
Social Media Campaign (1 @200 points)	200 points (20%)
Group Member Evaluations	50 points (5%)
Experiential Learning	50 points (5%)
<u>Homework (3 @ 50 points each)</u>	<u>150 points (15%)</u>
TOTAL	1000 POINTS (100%)

Grade Scale:

900– 1000 points = A 800-899 = B 700-799 = C 600-699 = D 0-599 = F

A grade of C or above must be maintained in all courses of your major field and for teacher certification.

It is your responsibility to regularly monitor your points in the D2LGrade Center.

If you notice a discrepancy, contact me immediately. Do not wait until the end of the semester to question your grades.

TECHNOLOGY REQUIREMENTS

Browser support

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as

expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

Desktop Support

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome™	Latest	N/A
Apple® Safari®	Latest	N/A

Tablet and Mobile Support

Device	Operating System	Browser	Supported Browser Version(s)
Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or point release of that major version) and the previous major version of iOS (the latest minor or point release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the

Device	Operating System	Browser	Supported Browser Version(s)
			iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
 - 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site http://www.java.com/en/download/manual.jsp](http://www.java.com/en/download/manual.jsp)
- Current anti-virus software must be installed and kept up to date.

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.
JavaScript is enabled.
Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
 - [Adobe Reader https://get.adobe.com/reader/](https://get.adobe.com/reader/)
 - [Adobe Flash Player \(version 17 or later\) https://get.adobe.com/flashplayer/](https://get.adobe.com/flashplayer/)
 - [Adobe Shockwave Player https://get.adobe.com/shockwave/](https://get.adobe.com/shockwave/)
 - [Apple Quick Time http://www.apple.com/quicktime/download/](http://www.apple.com/quicktime/download/)
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

Brightspace Support

Need Help?

Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the or click on the words “[click here](#)” to submit an issue via email.



System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

Interaction with Instructor Statement

Interaction with Instructor Statement:

E-mail strategy: You are welcome to email your questions or concerns to me. There are, however, some caveats associated with email that you must remember:

1. Do not expect an immediate response to your questions. A reasonable response time to emailed questions is 24 - 48 hours.
2. Questions emailed on weekends may not receive a response until the work week begins.
3. As the instructor, I reserve the right to answer emailed questions regarding assignments, tests, discussion boards, etc., in a direct email to everyone for the benefit of all students.
4. Please be courteous and professional in all of your interactions with me and fellow students.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

1. Students are expected to be in class, ready to participate, *on time*.
 - The door will be closed at 8am and no one will be allowed entry after that point. Attendance will then be taken and everyone not in will be counted absent.
1. While you are in class, I expect you to participate. That means you should a) actively

prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave. **CELL PHONES AND ALL OTHER ELECTRONIC DEVICES MUST BE TURNED OFF AND OUT OF SIGHT.** This is a zero-tolerance policy. If you use a cell phone, iPod, etc in class (or if your phone rings), you will lose 5 points per incident (off your final grade).

2. An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work. If the absence is one of the reasons listed below, you will be able to make up the work. To reserve this right, you **MUST** provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.
 - i. Participation in an activity appearing on the University’s authorized activity list.
 - ii. Death or major illness in a student’s immediate family.
 - iii. Illness of a dependent family member
 - iv. Participation in legal proceedings or administrative procedures that require a student’s presence.
 - v. Religious Holy Day
 - vi. Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician).
 - vii. Required participation in military duty
3. Any student *missing an exam or assignment* without prior arrangement will receive a *score of zero*.
4. You **MUST** be familiar with D2L; familiarize yourself with the online portion of the class.
5. You **MUST** check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
6. **NO PROFANITY.** No inappropriate or offensive language or gestures. No inappropriate or offensive clothing. This will not be tolerated and you will be asked to leave and it will be considered an unexcused absence for the day.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: [Netiquette http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html)

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Graduate Student Academic Dishonesty 13.99.99.R0.10](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf>

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library- Room 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

**HHPH 1304: Community Health
Spring 2020 COURSE OUTLINE**

Please note that this schedule is tentative and is subject to change.

ALL STUDENTS ENROLLED AT THE UNIVERSITY SHALL FOLLOW THE TENETS OF COMMON DECENCY AND ACCEPTABLE BEHAVIOR CONDUCIVE TO A POSITIVE LEARNING ENVIRONMENT. (SEE STUDENT'S GUIDE BOOK.)

STUDENTS REQUESTING ACCOMMODATIONS FOR DISABILITIES MUST GO THROUGH THE ACADEMIC SUPPORT COMMITTEE. FOR MORE INFORMATION, PLEASE CONTACT THE DIRECTOR OF DISABILITY RESOURCES AND SERVICES, GEE LIBRARY, ROOM 132, (903) 886-5835.