

NURS 4660.01 Rural and Community Health Nursing

COURSE SYLLABUS: Fall 2016

INSTRUCTOR INFORMATION

Instructor: Kimberly Parks MSN, RN, CNM - Course Coordinator

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Preferred Form of Communication: email

Communication Response Time: 2 business days

COURSE INFORMATION

Textbook(s) Required:

Stanhope, M., & Lancaster, J. (2014). Foundations of nursing in the community: Community-oriented practice (4th ed.). St. Louis, MO: Elsevier. (ISBN: 978-0-323-10094-6).

Course Description (6 semester credit hours)

Explores rural community health nursing, focusing on historical development, philosophy, health care systems, epidemiology, and individuals, families, and specific aggregate groups. Applies theoretical and empirical knowledge in using the nursing process in rural community settings to promote, maintain and restore health. Focuses on trans-cultural nursing concepts, rural and home health care delivery. Diverse roles of the community and public health nurse are examined, and a rural community assessment is completed using research and data processing skills.

Student Learning Outcomes

- 1. Distinguish between public health, rural health, community health and community-based nursing practice.
- Describe the historical development of public health, public and community health nursing, and the transformation of the health care system domestically and globally.
- 3. Compare and contrast ethical theories and principles inherent in the core functions of community-oriented nursing practice.
- 4. Describe laws and functions of government that affect community-oriented nursing practice, health policy and health care delivery.
- 5. Explain the epidemiological approach to understanding disease, and identifying the causes of disease.
- 6. Explain the relationship between the environment and human health and disease.
- 7. Analyze the relationship between primary health care, health promotion, and disease prevention.
- 8. Identify methods to assess the health risks of individuals, families, aggregates, communities and cities.
- 9. Identify community resources integral to community health objectives.
- 10. Analyze the relationship of evidence-based practice to community-oriented nursing practice.
- 11. Describe community-oriented approaches to family health risk reduction.
- 12. Apply primary, secondary, and tertiary prevention strategies to family and community-focused mental health problems.
- 13. Identify social and cultural barriers to accessing the health care system for population groups, locally, nationally and globally.
- 14. Identify how community organizations (voluntary, governmental, business, labor, and faith based) collaborate, prepare for, and respond to disasters and bioterrorism.

Clinical Objectives

- 1. Apply the nursing process in the community oriented care of selected families, groups and communities.
- 2. Use the epidemiological method to identify the health status of the population.

- 3. Use a social science theoretical framework to assess the physical, developmental, environmental, psychosocial, and spiritual influences on the family within the community.
- 4. Assess behavioral patterns, needs, coping patterns, and resources of the client/family system.
- 5. Identify actual and potential risk factors affecting the family/communities.
- 6. Employ diagnostic criteria for early detection of health problems.
- 7. Collaborate with clients in planning care incorporating sociocultural and ethnic beliefs and values to define and prioritize problems.
- 8. Demonstrate responsibility for independent professional judgements and behavior.
- 9. Establish effective communication with individuals, families, groups, and communities to promote optimum well-being.
- 10. Assist the client to use primary, secondary, or tertiary methods of intervention.
- 11. Use current evidenced-based information to formulate and modify the nursing process in care planning, teaching, and problem-solving for individuals, families, groups, and communities.
- 12. Implement a health teaching plan appropriate to the learner.
- 13. Make decisions to modify, renegotiate, or terminate nursing activities in collaboration with client and family.

COURSE REQUIREMENTS

Instructional Methods/Activities Assessments

Course objectives may be met through individual study using suggested resources, active involvement in classroom activities, formal and informal exchange of ideas with classmates and colleagues regarding specific topics as well as utilizing critical thinking skills. Teaching methods include lecture, seminar, discussion, small group work, independent study of texts and library resources, computer-assisted instruction, audiovisual aids and the assignments listed. While the professor will provide guidance and consultation, the student is responsible for identification of learning needs, self-direction, seeking consultation and demonstration of course objectives.

Student Responsibilities/Tips for Success

Attendance:

Students are expected to attend all scheduled classes and labs. Absences may cause the student to be unable to meet course objectives and can affect grades. See course specific procedures/policies for additional information.

Classroom Etiquette:

See course specific procedures/policies for additional information.

Paper submissions:

All documents submitted online are to be in .docx .rtf or .pdf format. No other formats will be accepted (JPEG, GIF, etc.). Assignments need to be submitted in a maximum of one document per assignment.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80% - 89%

C = 75%-79%

D = 60% - 74%

F = 59% or Below

A minimum exam average of 75% is required prior to the addition of any other grades or assignments to pass this course. A minimum grade of 75% after addition of the other grades or assignments is then also required to pass this course.

Grades will be determined as follows:

| Exams (4) | 60% |
|--|-----------|
| Community Assessment Paper | 20% |
| Comprehensive Final Exam | 15% |
| Group Participation (Community Assessment/Poster Presentation) | 5% |
| TOTAL | 100% |
| Clinical | PASS/FAIL |

Assessments

Exams:

Exams will be a timed assessment of the units specified in the course schedule. A final comprehensive exam will be given at the end of the semester. A student who is unable to take the scheduled exam must notify the instructor **prior** to the start of the exam to determine whether a make-up is available.

Community Health Assessment:

This project is a clinical **group** assignment. This group paper is a comprehensive report reflecting theoretical study and practical analysis of the health (broadly defined) of the selected community population. Refer to Stanhope & Lancaster, Chapter 12 for theoretical framework for the Community Assessment. An oral presentation and written report is due to the faculty. Complete assignment instructions can be found in the Clinical section of eCollege.

Group Participation:

Each student will be evaluated by all members of the group as to participation in group meetings, group discussions, and completing assignments. These scores will be averaged.

TECHNOLOGY REQUIREMENTS

- To fully participate in online courses you will need to use a current Flash enabled internet browser. For PC and Mac users the suggested browser is Mozilla Firefox.
- You will need regular access to a computer with a broadband Internet connection.
 The minimum computer requirements are:
 - o 512 MB of RAM, 1 GB or more preferred
 - Broadband connection required courses are heavily video intensive
 - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- You must have a:
 - Sound card, which is usually integrated into your desktop or laptop computer
 - Speakers or headphones.
 - *For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at:
 <u>JAVA web site http://www.java.com/en/download/manual.jsp</u>
- Current anti-virus software must be installed and kept up to date.
- Run a browser check through the Pearson LearningStudio Technical Requirements website. <u>Browser Check http://help.ecollege.com/LS_Tech_Req_WebHelp/en-us/#LS_Technical_Requirements.htm#Browset</u>

Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed. JavaScript is enabled. Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing.
 Ensure that you download the free versions of the following software:
 - Adobe Reader https://get.adobe.com/reader/
 - Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
 - o Adobe Shockwave Player https://get.adobe.com/shockwave/
 - Apple Quick Time http://www.apple.com/quicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.
- For additional information about system requirements, please see: <u>System Requirements for LearningStudio</u> https://secure.ecollege.com/tamuc/index.learn?action=technical

ACCESS AND NAVIGATION

Pearson LearningStudio (eCollege) Access and Log in Information

This course will be facilitated using Pearson LearningStudio, the learning management system used by Texas A&M University-Commerce. To get started with the course, go to myleo and from the top menu ribbon select eCollege. Then on the upper left side of the screen click on the My Courses tab. http://www.tamuc.edu/myleo.aspx

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: It is strongly recommended you perform a "Browser Test" prior to the start of your course. To launch a browser test login to Pearson LearningStudio, click on the My Courses tab, and then select the Browser Test link under Support Services.

Pearson LearningStudio Student Technical Support

Texas A&M University-Commerce provides students technical support for the use of Pearson LearningStudio.

Technical assistance is available 24/7 (24 hours, 7 days a week).

If you experience LearningStudio (eCollege) technical problems, contact the LearningStudio helpdesk at 1-866-656-5511 (toll free) or visit Pearson 24/7 Customer Support Site http://247support.custhelp.com/

The student help desk may be reached in the following ways:

- **Chat Support:** Click on *'Live Support'* on the tool bar within your course to chat with a Pearson LearningStudio Representative.
- **Phone:** 1-866-656-5511 (Toll Free) to speak with Pearson LearningStudio Technical Support Representative.

Accessing Help from within Your Course: Click on the 'Tech Support' icon on the upper left side of the screen inside the course. Then you will be able to get assistance via online chat or by phone.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

Policy for Reporting Problems with Pearson LearningStudio

Should students encounter Pearson LearningStudio based problems while submitting assignments/discussions/comments/exams, the following procedure must be followed:

- 1. Students must report the problem to the help desk. You may reach the helpdesk at 1-866-656-5511.
- 2. Students must file their problem with the helpdesk and obtain a helpdesk ticket number
- 3. Once a helpdesk ticket number is in your possession, students should email me to advise me of the problem and provide me with the helpdesk ticket number.
- 4. I will call the helpdesk to confirm your problem and follow up with you

PLEASE NOTE: Your personal computer and internet access problems are not a legitimate excuse for filing a ticket with the Pearson LearningStudio Help Desk. Only Pearson LearningStudio based problems are legitimate reasons to contact the Help Desk.

You strongly are encouraged to check for your internet browser compatibility **BEFORE** the course begins and take the Pearson LearningStudio tutorial offered for students who may require some extra assistance in navigating the Pearson LearningStudio platform.

myLeo Support

Your myLeo email address is required to send and receive all student correspondence. Please email helpdesk@tamuc.edu or call us at 903-468-6000 with any questions about setting up your myLeo email account. You may also access information at myLeo. https://leo.tamuc.edu

Learner Support

The <u>One Stop Shop</u> was created to serve you by providing as many resources as possible in one location. http://www.tamuc.edu/admissions/onestopshop/

The <u>Academic Success Center</u> provides academic resources to help you achieve academic success.

http://www.tamuc.edu/campusLife/campusServices/academicSuccessCenter/

FREE Mobile APPS

The Courses apps for phones have been adapted to support the tasks students can easily complete on a smaller device. Due to the smaller screen size course content is not presented.

The Courses app is free of charge. The mobile Courses Apps are designed and adapted for different devices.

| PEARSON | App Title: | iPhone – Pearson LearningStudio Courses for iPhone Android – LearningStudio Courses - Phone iPhone - OS 6 and above Android – Jelly Bean, Kitkat, and Lollipop OS | | |
|---------|------------|--|--|--|
| COURSES | | | | |
| COURSES | Operating | | | |
| | System: | | | |
| | iPhone | https://itunes.apple.com/us/app/pearson-learningstudio- | | |
| | App URL: | <u>courses/id977280011?mt=8</u> | | |
| | Android | | | |
| | App URL: | https://play.google.com/store/apps/details?id=com.pearson.lsphone | | |

Once downloaded, search for Texas A&M University-Commerce, and it should appear on the list. Then you will need to sign into the myLeo Mobile portal.

The Courses App for Android and iPhone contain the following feature set:

- View titles/code/Instructor of all Courses enrolled in online
- View and respond to all discussions in individual Courses
- View Instructor Announcements in individual Courses
- View Graded items, Grades and comments in individual Courses
- Grade to Date

- View Events (assignments) and Calendar in individual Courses
- View Activity Feed for all courses
- View course filters on activities
- View link to Privacy Policy
- Ability to Sign out
- Send Feedback

LearningStudio Notifications

Students can be alerted to course activities via text on their mobile phones or up to two email addresses.

Based on their preferences, students can automatically receive a push notification with every new: course announcement, threaded discussion post, grade, and/or assignment without having to login to the course. Enrolled students will automatically receive email notifications for announcements and can <u>opt out</u> of this feature. To receive text notifications, students must opt in.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

Communication between faculty and students is taken seriously. Preferred communication methods are individualized office hours, email, or via office phone. If a phone call is not answered please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner. Students are responsible for initiating questions about the course, clinical, assignments, and/or exams.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

CLASS

1. Class Cancellation: In the even that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.

- 2. Class attendance is expected. The students should notify course faculty **in advance** of any absence.
- 3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so will result in the student receiving a zero for the missed exam or quiz.
- 4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.
- 5. It is expected that you will submit all assignments on time. If you need an extension, it should be requested **BEFORE** the due date and may or may not be approved at the discretion of the course coordinator. Unexcused late assignments will be penalized 10% per day for each of the first two days overdue; on the 3rd day, the grade will be assigned as 0%. Communication on these matters is the student's responsibility.
- 6. The use of electronic devices, including laptops, iPads, and voice recorders, must be approved by the course faculty prior to class. Laptops not being used to take notes should be closed. Social media activity will not be allowed during class/lab time. The use of any unapproved electronic devices during a test/quiz or review will result in the student receiving a zero for that test/quiz. *Faculty may not be recorded, filmed, or taped without prior permission.* Cellular telephones that make an audible noise will not be allowed in class or lab.
- 7. Bringing visitors (children, relatives, friends) to class is inappropriate: however, in an emergency or special situation, prior permission of the instructor may be sought.

CLINICAL

Clinical is the application of the theoretical component into the practice area. Clinical is comprised of the hospital/community experiences and the learning lab. Students are required to accumulate 135 hours of clinical time throughout the semester. Students must adhere to the dress code of the agency/institution in which the clinical practice takes place. Students should arrive on time to the facility reflecting a responsible and professional nursing student representing Texas A&M University - Commerce Nursing Department. Faculty will be visiting the students throughout the semester at clinical sites and consulting with clinical staff regarding student presence, activities, appearance and behaviors. Students who must miss clinical for any reason should notify their clinical faculty **and** assigned nursing unit **prior** to the start time of the clinical day. Students who fail to notify their clinical faculty **and** assigned nursing unit that they will not be in clinical prior to the designated start time, will receive a "0" in clinical for that day. Students must achieve a 75% or higher on all clinical assignments. Any clinical assignment receiving a grade lower than 75% will have to be redone. The highest grade possible on second

attempt is a 75%. Any missed clinical days will have to be made up prior to the end of the semester.

Clinical Assignments

Community Mental Health Awareness Project

Students will select a Mental Health topic and address community awareness, community education, and resources available. The information obtained during research of the selected topic will be shared in the form of a poster presentation in conjunction with the Texas A&M University-Commerce/Hunt Regional Healthcare Rural Mental Health Forum on October 18th, 2016 from 1100-1300 in the Sam Rayburn Student Center main lobby on the Texas A&M University-Commerce campus. See clinical section in eCollege for more detailed instructions.

Hometown Paper

Students will investigate and locate 1 community health resource (Not a private physician office) in their hometown. Students living in the same town may not use the same resource. A 2-3 page written paper will be submitted no later than one week after the assigned hometown clinical day. See clinical section in eCollege for detailed instructions.

Reflective Journals

Students will reflect on their clinical experiences through reflective journal writing. Journals will be written after the 2nd Home Health experience, the 2nd Public Health Nurse experience, and after attending their final Community Health Clinic experiences. See clinical section in eCollege for detailed instructions.

Clinical Experience Discussion Board

Students will participate in a Clinical Experience Discussion Board. Students will be required to post 1 discussion regarding their clinical observation experiences throughout the semester and will be responsible for answering any questions or comments posted by fellow students and faculty. Each student will be required to comment or ask questions on at least 2 of their fellow student's posts. Although faculty will be monitoring the discussion board, the student is responsible for making sure they meet the required postings by December 8, 2016 or will be subject to failure of the clinical portion of the course and subsequent failure of the course.

Clinical Logs

Students will be required to obtain 135 hours of clinical experience during the semester. Clinical hours will be recorded on the clinical log and submitted each Friday by 2359 in the clinical log drop box. See the clinical section in eCollege for detailed instructions.

UNSATISFACTORY CLINICAL PERFORMANCE

1. There are several infractions that might lead to a student being given a clinical warning for the day, including but not limited to:

Absences

Tardiness

Violation of dress code

Inability to pass required clinical assignments

Incomplete health immunization records

Expired CPR certification

Failure to turn in written assignments on time

Incomplete hospital orientation

A pattern of lack of accountability for class, clinical and lab skills preparation

preparation

Lack of preparation

- 2. Accumulation of two (2) warnings in this clinical course will lead to failure of the clinical rotation and therefore, failure of the entire course.
- 3. Other offenses which may lead to immediate failure of the course and possible dismissal from the nursing program include but is not limited to:

Unsafe provision of nursing care

Unprofessional or unethical behavior

HIPPA violation

Falsification of patient records/clinical documents

Failure to document care in patient record/clinical documents

Failure to pass the medication calculation exam

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.
http://www.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf

Netiquette

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette
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Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

TAMUC Attendance

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

ADA Statement

Students with Disabilities

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library- Room 132 Phone (903) 886-5150 or (903) 886-5835 Fax (903) 468-8148

Email: <u>studentdisabilityservices@tamuc.edu</u>

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Course Content/Outline

| Dates | Content | Reading Assignments |
|--|---|---------------------|
| Wk 1-Class 1 8/29 10a-12 | Course Orientation Perspectives in Health Care Delivery and Nursing Ethics and Cultural Influences | Chapters 1-5 |
| Wk 2-Class 2 9/6 1-3p | Community Assessment and Evaluation Surveillance | Chapter 12, 15 |
| Wk 3- 9/12 0930-1030 | Exam 1 | |
| Wk 4- Class 3 9/20 1-3p | Environment, Government and Economic Influences Epidemiological Approaches | Chapters 6-9 |
| Wk 5- 09/26 0930-1030a | Exam 2 | |
| Wk 6- Class 4 10/4 3-5p | Family Health Care Family Assessment Disaster Management- Disaster Drill Information | Chapters14, 18-20 |
| Wk 7- 10/10 9a-1p | Disaster Drill 9-1 | |
| Wk 8- Class 5 10/18 11a-1p; 3-5p 10/19 8a-3p | Poster Presentations 11a – 1p Vulnerability, Rural and Migrant Health Mental Health Forum 8-3 SRSC | Chapters 21,22 |
| Wk 9- 10/24 0930-1030a | Exam 3 | |
| Wk 10- Class 6 11/1 3-5p | Poverty, Homelessness, Alcohol and Tobacco, Violence and Abuse | Chapters 23-25 |
| Wk 11- | No exam or class. Various clinical observations continuing. | |
| Wk 12- Class 7 11/15 3-5p | Infectious Disease Prevention, HIV, Hepatitis, TB, STI | Chapters 26,27 |
| Wk 13- 11/21 0930-1030a | Exam 4 | |
| Wk 14- Class 8 11/29 3-5p | Community Assessment Presentations 3-5p Location TBD | |

| Wk 15- | No exam or class. Various clinical observations continuing. | |
|--------------------------------|---|--|
| Wk 16- 12/14 11a-12p | Final Exam | |