



**BSN Program
NURS 3630 Nursing Care of Adults I
Syllabus**

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COURSE INFORMATION

Textbook(s) Required:

Eliopoulos, C. (2013). *Gerontological nursing* (8th ed.). Philadelphia: Wolters Kluwer.
Gahart, B. L., & Nazareno, A. R. (2013). *Intravenous medications: A handbook for nurses and health professionals* (29th ed.). St. Louis, MO: Elsevier.
Lewis, S. L., Dirksen, S. R., Heitkemper, M. M., Bucher, L., & Camera, I. M. (2011). *Medical-surgical nursing: Assessment and management of clinical problems* (8th ed.). St. Louis, MO: Elsevier.
Evolve Online Case Studies (Access Codes will be provided to students)

The textbooks from previous courses, including: Nursing Diagnosis; Fundamentals; Calculation of Drug Dosages; Laboratory & Diagnostic Tests; Drug Guide; Therapeutic Communication; Health Assessment; NCLEX review

Prerequisites: NURS 3311, NURS 3312, NURS 3313, NURS 3414, NURS 3620

Other Resources: Simulation Scenarios

COURSE DESCRIPTION: (6 credit hours)

This course introduces the student to the use of the nursing process in the care of adults with chronic or non-complex illness. A systems approach is used to discuss the effects of illness on the individual and the family, and to examine the disruption of growth and development patterns across the lifespan from young adult to senior years. The course includes clinical experience to allow the student the opportunity to apply theoretical concepts to clinical practice in diverse adult populations.

Student Learning Outcomes:

At the completion of Nursing Care of Adults I, the student will be able to:

1. Synthesize applicable nursing and non-nursing theories and concepts from liberal education to build an understanding of the human experience.
2. Identify the impact of attitudes, values, and expectations on the care of frail older adults, and other vulnerable adult populations.
3. Promote factors that create a culture of safety and caring for clients from diverse populations.
4. Implement patient and family-centered care around resolution of end-of-life and palliative care issues, such as symptom management, support of rituals, and respect for patient and family preferences.
5. Advocate for high quality and safe patient care as a member of the interprofessional team.
6. Give examples of relevant and recent research findings, particularly as they relate to nursing care of patients with disorders of physiological systems.
7. Describe ethical and legal principles impacting health care for adults, including informed consent, diminished autonomy, individual freedom of choice, and confidentiality.
8. Apply the nursing process to individuals experiencing acute and chronic illness.
9. Utilize critical thinking skills to identify concepts related to the disruption of growth and development, physiological disorders and psychological disorders for adults.
10. Assume and demonstrate accountability for personal and professional behaviors in classroom and clinical.

Clinical Objectives

At the completion of the clinical rotation, the student will be able to:

1. Demonstrate professional standards of moral, ethical, and legal conduct.
2. Demonstrate professionalism, including attention to appearance, demeanor, respect for self and others, and attention to professional boundaries with patients and families as well as among caregivers.
3. Implement holistic, patient-centered care that reflects an understanding of ethical and legal issues, human growth and development, pathophysiology, pharmacology, medical management, and nursing process management across the health-illness continuum, for adults in the acute hospital setting.
4. Deliver compassionate, patient-centered, evidence-based care.
5. Create a safe care environment that results in high quality patient outcomes.
6. Provide appropriate patient teaching that reflects developmental stage, age, culture, spirituality, patient preferences, and health literacy considerations to foster patient engagement in care.
7. Demonstrate critical thinking skills in implementing evidence-based nursing interventions as appropriate for managing the acute and chronic care of adult patients.
8. Demonstrate the application of psychomotor skills for the efficient, safe and compassionate delivery of patient care.
9. Monitor client outcomes to evaluate the effectiveness of psychobiological interventions.
10. Collaborate with other healthcare professionals and patients to provide appropriate health promotion and disease/injury prevention interventions.

COURSE REQUIREMENTS

Instructional / Methods / Activities Assessments: Course objectives may be met through individual study utilizing a series of activities and assessments to assist you in achieving the outcomes and objectives for the course. Each week you will complete various combinations on online assignments, activities, readings, and other methods. Instructional Strategies that may be used include: lecture, discussion, demonstration, media resources (YouTube and others), role playing, simulation, team-based learning strategies, audio-visual aids, computer assisted instruction, study and practice groups, case study, clinical assignments and supervision, post clinical conferences, Critical Thinking Tool on assigned patients, practice and return demonstration at campus laboratory.

Grading

Grades will be determined as follows:

Exams (4)-14% each	56%
Online Courses/Case Studies (9)-8 for 3% & 1 for 2%	26%
In Class Case Studies (6)-3% each	18%
HESI Practice Exam	Cr/NC
HESI Fundamentals Exam	Cr/NC
Total	100%
Clinical	Pass/Fail

Specifics on course assignments for both class and clinical are in the assignments document on eCollege. The HESI Fundamentals Exam must be passed with a score of 850 or greater. If you do not achieve this score, you will have to undergo remediation and retesting as indicated in the Student Guide.

The clinical component is PASS/FAIL and must be passed in order to pass the course. To receive a passing grade in clinical you must achieve at least 75% on the clinical assignments and receive a satisfactory clinical evaluation.

Grading Scale:

A = 90-100

B = 80-89

C = 75-79

D = 67-74

F = 66 and Below

A minimum grade of 75 is required to pass the course.

TECHNOLOGY REQUIREMENTS

This course will be enhanced using eCollege, the Learning Management System used by Texas A&M University-Commerce. To login to the course, go to: <http://leo.tamuc.edu/login.aspx>.

You will need your CWID and password to log in to the course. If you do not know your CWID or have forgotten your password, contact Technology Services at 903.468.6000 or helpdesk@tamuc.edu

The following hardware and software are necessary to use eCollege.

-Internet access/connection-high speed recommended (not dial up)

-Word Processor (MS Word, or Word Perfect)

Our campus is optimized to work in a Microsoft Windows environment. This means our courses work best if you are using a Windows operating system (XP, Vista, 7 or 8) and a recent version of Microsoft Internet Explorer (6.0, 7.0, 8.0, or 9.0).

Your courses will also work with Macintosh OS X or better along with a recent version of Safari (5.1 is now available). Along with Internet Explorer and Safari, eCollege also supports the Firefox browser (3.0) on both Windows, and Mac operating systems.

It is strongly recommended that you perform a "Browser Test" prior to the start of your course. To launch a browser test, login to eCollege, click on the "myCourses" tab, and then select the "Browser Test" link under Support Services.

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement:

It is expected that you will check your eCollege course and email at least **DAILY** for communication from the instructor.

Communication between faculty and students is primary and taken seriously. Preferred communication methods are individualized office hours, email, or via office phone. If a phone call is not answered please leave a message and send an e-mail using the direct e-mail link on the course home page. You will be treated with collegial respect and you are expected to communicate likewise in a professional manner.

<http://www.albion.com/netiquette/corerules.html>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

CLASS

1. Class Cancellation: In the event that a class is canceled, the student is expected to do the readings and complete the objectives for that day. The content will still be included on examinations. The material in this syllabus and dates identified in the Course Calendar are subject to change.
2. Class attendance is expected. The students should notify course faculty in advance of any absence.
3. Exam dates are listed in each course syllabus, and the student is expected to be present for exams. In the event that the student will be absent, the course instructor must be notified in advance. Failure to do so will result in the student receiving a zero for the missed exam or quiz. Review the university catalog for excused absence criteria.
4. As an adult learner and responsible professional, the student is responsible for reading and completing assignments prior to class and for being prepared to participate in discussions over the assigned material. It should not be expected that all material will be covered in class. Students are expected to come to class prepared.
5. Assignments must be handed in on time. Assignments submitted late without prior arrangement with the classroom instructor will receive a zero.

NURSING SKILLS LABORATORY

1. Students are responsible for assigned readings in textbooks and completing DVD and other assignments prior to lab. Participation in discussions over the assigned material is expected. Failure to prepare will result in an unsatisfactory for the lab session. All lab sessions must be completed satisfactorily to progress to the clinical setting.
2. Students must adhere to the clinical dress code for skills laboratory sessions. Refer to the Nursing Student Guide for policy information.

CLINICAL EXPERIENCE

1. Clinical attendance is mandatory. Refer to the Nursing Student Guide for absence policy information.
2. Immunizations, CPR, and TB status must be current for students to be able to attend clinical experience at the assigned clinical location.
3. Each student must pass a dosage calculation test with 90% or greater prior to administering medications in the clinical setting. There will be two opportunities to achieve 90% or greater. Students who fail to attain 90% or better will be dismissed from the course.
4. Students will be allowed to perform designated nursing skills in the clinical setting only after receiving instruction and successfully demonstrating the skill in the Nursing Skills Laboratory.
5. Students are expected to meet clinical expectations outlined in the clinical evaluation tool.
6. Based on student learning needs, the faculty will determine the appropriate amount of time and clinical assignments needed to assess student growth. Faculty may require additional assignments and clinical work to ensure students have met clinical objectives. Students are expected to comply with any additional assignments or clinical hours assigned.

7. Students are expected to prepare for clinical practice in order to provide safe, competent care.
8. Clinical assignments must be handed in on time to the clinical instructor. No exceptions.
9. Clinical is graded Pass/Fail. If the student fails the clinical component, the entire course must be repeated.

UNSATISFACTORY CLINICAL PERFORMANCE

1. There are several infractions that might lead to a student being given a clinical warning for the day, including but not limited to:
 - Absences
 - Tardiness
 - Violation of dress code
 - Incomplete health immunization records
 - Expired CPR certification
 - Failure to turn in written assignments on time
 - Incomplete hospital orientation
 - Lack of preparation
2. Accumulation of two (2) warnings in this clinical course will lead to failure of the clinical rotation and therefore, failure of the entire course.
3. Other offenses which may lead to immediate failure of the course include but are not limited to:
 - A pattern of lack of accountability for class, clinical and lab skills preparation
 - Unsafe or unprofessional practices or behaviors
 - HIPPA violations
 - Inability to pass required clinical assignments
 - Falsification of records
 - Inability to achieve 90% on the dosage calculation exam

ADA Statement

Students with Disabilities:

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Gee Library

Room 132

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

StudentDisabilityServices@tamuc.edu

Student Conduct Code – Refer to the BSN Student Guide

Students must adhere to standards of professional and academic conduct. Academic misconduct involves any activity that tends to compromise the academic integrity of the University, or subvert the educational process, including, but not limited to, cheating, plagiarism, falsifying academic records, misrepresenting facts and any act designed to give unfair academic advantage to the student or the attempt to commit such an act. Students are responsible for their own academic honesty and for reporting violations of academic honesty by others.

Course Schedule

Week/Monday Date	Topic
1/August 26	Orientation to course Evidence-based practice Medication Administration Complementary & Alternative Medicine
2/September 2	Perioperative Care
3/September 9	Advocacy-Abuse-Ageism
4/September 16	Musculoskeletal/Genetics
5/September 23	Fluid/Electrolyte Genitourinary/Reproductive
6/September 30	Rehabilitation
7/October 7	Cardiovascular
8/October 14	Endocrine/Integumentary
9/October 21	Neurological/Sensory
10/October 28	Hematology/Nutrition
11/November 4	Respiratory
12/November 11	Gastrointestinal
13/November 18	Ethics/EOL
14/November 26	Immune/Cancer
15/December 2	Rural/Discharge/Interdisciplinary Teams
16/December 9	Finals Week

Outline for Clinical Experience:

1. Skills related to: Medical and Surgical asepsis - Vital Signs - Body Mechanics - Assessment of Health Status.
2. Skills related to: Comfort measures, Hygiene and Daily Living Activities - Transporting - Positioning - Range of Motion - Ambulation - Skin Care –Safety.
3. Administration of hot and cold therapy - Pain Control Measures.
4. Skills related to the preparation for diagnostic testing
5. Skill of performing various invasive therapies with faculty supervision.
6. Applications of principles related to: Nutrition - Oxygen therapy - Fluid, Electrolyte and Acid-base balance
7. Administration of medications in their various modes of delivery under faculty supervision.
8. Support of clients experiencing psychosocial variations.
9. Use of the Nursing Process in the learning laboratory and clinical facilities