Sylwester Zabielski was born in Ostroleka, Poland, on November 11, 1980.

Zabielski attended the Academy of Agrobusiness in Lomza, Poland, and obtained an Inzynier degree in 2003. Following graduation, Zabielski worked in the dean's office of his former college. A year later, he moved to London, where he worked for about three years as a retail supervisor.

In 2006, he enrolled at Texas A&M University-Commerce as an undergraduate. In two years he graduated *cum laude* and received his Bachelor of Science degree. After gaining professional experience by teaching various levels of students, Zabielski enrolled in the Graduate School of Texas A&M University-Commerce, where he broadened his teaching skills and developed a deep interest in linguistics. He graduated from Texas A&M University-Commerce with a Master of Arts degree in Applied Linguistics in December of 2010.