

Rebecca Wolfe, MSN, BSN, APRN, CNP

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PROFESSIONAL SUMMARY

Dedicated and accomplished nursing professional with extensive experience in patient care, clinical leadership, and healthcare policy development. Proven expertise in student health, chronic disease management, and mentoring future nurses. Adept at collaborating with multidisciplinary teams to implement effective healthcare initiatives. Recently transitioned into a clinical instructor role, leveraging years of hands-on nursing experience to educate and mentor nursing students while continuing to serve as a nurse practitioner in a rural family practice.

EDUCATION

Master of Science in Nursing

Texas Woman's University, Dallas, TX | August 2010 – May 2013

Bachelor of Science in Nursing

Baylor University, Dallas, TX | August 1999 – May 2001

NURSING EXPERIENCE

Nurse Practitioner

Brashear Family Medical | June 2013 – Present

- Provides comprehensive patient care, specializing in family practice for patients ranging from 18 months to 100+ years.
- Diagnose and management of chronic and acute conditions while coordinating multidisciplinary treatment plans.
- Educates patients and families on disease management, preventive care, and treatment options.
- Serves as a preceptor to nurse practitioner students from various universities.

Registered Staff Nurse

Texas Health Presbyterian Hospital of Rockwall | August 2009 – May [End Date]

- Delivered comprehensive patient care in a high-acuity ICU/Medical-Telemetry unit.

- Monitored telemetry patients and assessed physical and mental health status.
- Performed intravenous line insertions, blood draws, and medication administration.
- Provided wound care, tracheostomy care, and chest tube management.
- Assisted with medical procedures, preoperative and postoperative care, and patient education.
- Advocated for patients and collaborated with physicians and multidisciplinary teams to optimize care.
- Analyzed lab results and test findings to support clinical decision-making.
- Ensured accurate documentation and charting (manual and electronic).
- Managed patient transfers, positioning, and mobility support.
- Inserted nasogastric tubes and urinary catheters, and administered blood products.

Charge Nurse Responsibilities:

- Supervised unit operations, including nurse and aide staffing, patient assignments, and workflow management.
- Served as a resource for nursing staff, providing guidance and critical decision-making support.
- Responded to and assisted with Code Blue and Rapid Response Team (RRT) events.

Additional Roles:

- Precepted and trained new nurse hires, ensuring seamless onboarding and skill development.
- Floated as needed to the Post-Surgical Unit, Postpartum Unit, Emergency Room, and ICU.

School Nurse

Mesquite Independent School District | August 2005 – July 2008

- Provided direct healthcare to students and staff, serving a population of 85 staff members and 850 students.
- Delivered first aid, administered medications, and performed medical procedures, including feeding tube management, urinary catheterizations, and tracheostomy care.
- Conducted state-mandated health screenings and facilitated referrals for health conditions.
- Promoted a healthy school environment through immunization compliance, communicable disease referrals, and health education for students, staff, and parents in both individual and group settings.
- Acted as a liaison between school personnel, families, community resources, and healthcare providers to support student health and well-being.
- Served on the **Hearing/Vision Screening Committee, Forms Committee, and Special Education Committee** to develop and evaluate school health policies.

- Mentored and precepted student nurses from **Texas Woman's University**, fostering the development of future healthcare professionals.
- Maintained compliance with school health regulations through meticulous record-keeping, including both manual and electronic charting as required by school policy and state law.

Registered Staff Nurse

Baylor University Medical Center | May 2001 – October 2006

- Provided direct patient care across four units: Pulmonary, Medicine, Gastrointestinal, and Medical-Surgical.
- Administered medications, performed wound care, and assisted with procedures and surgical preparations.
- Educated patients and families, advocated for patient needs, and provided emotional support.
- Collaborated with interdisciplinary teams to develop and implement care plans.
- Conducted patient assessments, monitored test results, and analyzed lab findings.
- Managed complex patient needs, including chest tube and tracheostomy care, administration of blood products, and insertion of nasogastric tubes and Foley catheters.
- Administered and monitored heparin and insulin drips to maintain therapeutic levels.
- Served as the **Skin Nurse** on the unit and participated in the **Skin Committee** for hospital-wide skin integrity initiatives.
- Contributed to hospital policy development as a **House Committee** member.
- Precepted and mentored nursing students from multiple programs.
- Trained new nurses and graduate nurses as a **Nurse Preceptor** to ensure competency and confidence in clinical practice.

PROFESSIONAL ACCOMPLISHMENTS

- **Kaufman's Favorite Nurse Practitioner (2016, 2022, 2024)** – Recognized for excellence in patient care and community impact.
- **Published Author** – *"Evolution of a Chronic Disease Care Management Program with Post-Acute Care Telehealth Follow-Up by Nurses"* (ADVANCE for NPs & PAs).
- **Honor Society Memberships** – Phi Kappa Phi (Invitation-Only Honor Society) & Golden Key International Honour Society.

CERTIFICATIONS & LICENSES

- APRN Certified
- AANP Certified
- Registered Nurse
- CPR Certified

SKILLS & EXPERTISE

- ✓ Clinical Instruction & Mentoring
- ✓ Patient-Centered Care & Chronic Disease Management
- ✓ Healthcare Policy Development & School Health Programs
- ✓ Electronic Medical Records (EMR) & Compliance Documentation
- ✓ Leadership, Team Collaboration, and Interdisciplinary Coordination