



EAST TEXAS A&M

Curriculum Vita January 2026

Instructor: Francine Sedacy, MA, LPC-Supervisor

Academic Department: Psychology and Special Education

University Address: Binnion Hall
East Texas A&M University
PO Box 3011
Commerce, TX 75429-3011

University Email Address:

Faculty Web Page Address:

EDUCATION

Southwestern Adventist University

Master of Arts in Counseling Psychology
2015–2017

Southwestern Adventist University

Bachelor of Science in Psychology
2012–2014

St. John's College – School of Liberal Arts

Associate of Arts
2007–2009

Wesley College (High School)

Diploma
2003–2007

EXPERIENCE

Real Counseling Services, LLC — Psychotherapist/CEO/Owner (2022–Present)

Pursuit of Happiness — Contracted Therapist (2022–Present)

Healing Counseling Center — Therapist (2021–2022)

Gearing Up — Therapist (2020–2021)

Johnson County Children's Advocacy Center — Therapist (2019–2020)

Pecan Valley Centers — Therapist Intern & Adult Case Manager (2015–2019)

Sundance Behavioral Health System — Admin Assistant (2015)

ReGenesis Counseling & Assessment Center — Admin Assistant Intern (2014)

Southwestern Adventist University — Librarian Assistant (2013–2014)

Camp Kulaqua — Acting Instructor (Summer camp 2013)

Southwestern Adventist University — Admin Assistant (2012–2013)

Belize Corporate Services Limited — Receptionist (2010–2012)

Belize Magistrate's Court — Court Clerk Intern (2006)

Sedacy's Clothing Store — Sales Representative (2004)

CERTIFICATIONS & TRAINING

Dialectical Behavior Therapy (DBT)

Cognitive Behavioral Therapy (CBT)

Trauma-Focused CBT (TF-CBT)

Play Therapy