

# Michael K. Schmit, PhD, LPC (TX & MS)

Updated July 2025

Professor & Department Head  
Michael.Schmit@etamu.edu  
903-886-5633 or 903-886-5637

East Texas A&M University  
Department of Counseling  
Binnion Hall 206

## EDUCATION

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Aug 2013–  
May 2016      **PhD in Counselor Education**, Texas A&M University-Corpus Christi, CACREP-Accredited

**Dissertation:** *Integrated Behavioral and Primary Healthcare: Comparing the Effectiveness of Treatment Modalities on Holistic Client Functioning*

**Chair:** Dr. Joshua C. Watson

Aug 2009–  
Dec 2011      **MA in Substance Abuse Counseling**, University of Louisiana at Monroe, CACREP-Accredited through the MA in Community Counseling program

Aug 2005–  
May 2008      **BS in Biology**, University of Texas at San Antonio

**Minor:** Psychology

**Graduating Honor:** Summa Cum Laude

## AREAS OF EXPERTISE

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Integrated Care Treatment | Addictions | Research Methods and Statistics | Counseling Outcomes

## PROFESSIONAL LICENSURE

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Sept 2015–  
Present      Licensed Professional Counselor (LPC), State of Texas, License # 70104

Sept 2023–  
Present      Licensed Professional Counselor (LPC), State of Mississippi, License # 3018

## ACADEMIC & ADMINISTRATIVE APPOINTMENTS

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Feb 2025–  
Present      **Professor (Tenured) & Department Head**, East Texas A&M University

\*Since summer 2025 (March 1, 2025), I have taught one or more sections of the following courses:

**Doctoral level courses taught:** COUN 609: Introduction to Statistics for Counseling and Human Service Research, COUN 613: Advanced Statistical Techniques; COUN 640: Advanced and Multivariate Statistics for Counseling

**Master's level courses taught:** COUN 512: Career Development; COUN 545: Developmental Issues and Strategies in Counseling

June 2024–  
Feb 2025

**Professor (Tenured) & Interim Department Head**, East Texas A&M University

\*Since summer 2024 (June 1, 2024), I have taught one or more sections of the following courses:

**Doctoral level courses taught:** COUN 609: Introduction to Statistics for Counseling and Human Service Research, COUN 613: Advanced Statistical Techniques

**Master's level courses taught:** COUN 512: Career Development; COUN 545: Developmental Issues and Strategies in Counseling; COUN 581: Assessment and Treatment of Chemical Dependency

Dec 2021–  
Dec 2023

**Faculty Coordinator & Chief Academic Officer**, Hazelden Betty Ford Graduate School of Addiction Studies [Two-year term]

- Led daily operations of the school and oversaw academic affairs
- Served as Accreditation Liaison for the Higher Learning Commission (HLC) and the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Assessed institutional, programmatic, and student learning outcomes; implemented data-informed improvements
- Developed semester teaching schedules and facilitated annual curriculum (re)development
- Spearheaded enrollment growth initiatives and the development of new programs and certificates
- Coordinated full-time and adjunct faculty
- Contributed to institutional budget development
- Chaired the school's advisory board

Nov 2021–  
May 2024

**Associate Professor**, Core Faculty, Hazelden Betty Ford Graduate School of Addiction Studies [Promoted from assistant professor]

Dec 2020–  
Nov 2021

**Assistant Professor**, Core Faculty, Hazelden Betty Ford Graduate School of Addiction Studies

\*Since winter 2021 (January 11, 2021), I have taught one or more sections of the following courses:

**Master's level courses taught:** COUN 520: Foundations of Addiction and Alcohol and Drug Counseling; COUN 606: Counseling Procedures and Skills; IR-609: Etiology, Screening and Assessment of Co-Occurring Disorders; IR-708: Group Counseling for Co-Occurring Disorders; CF-812: Evaluation Methodologies for the Clinician and Treatment Administrator; CPC-701: Ethics and Professionalism; CF-503: Research and Clinical

Practice; IR-815: Synthesis: Integrated Recovery; IR-521: Contemporary Issues in Counseling; Group Supervision of Practicum/Internship (i.e., CPC-804: Practicum [180 Hours], CPC-805: Internship 1 [300 Hours], IR-825A-D: Clinical Internship [300 Hours], CPC-830: Practicum [200 Hours], CPC-831: Internship 1 [300 Hours], CPC-832: Internship 2 [400 Hours], CPC-833A: Internship 3 [100-300 Hours])

\*Course prefixes of “IR,” “CF,” and “CPC” have been converted to “COUN” starting Fall 2023 semester

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Aug 2018–  
Dec 2020      **Assistant Professor (Tenure-Track; awarded two [2] years toward tenure),** Texas A&M University-Commerce

\*Between fall 2018 and fall 2021, I have taught one or more sections of the following COUN courses:

***Doctoral level courses taught:*** COUN 609: Introduction to Statistics for Counseling and Human Service Research, COUN 613: Advanced Statistical Techniques, COUN 697: Advanced Multivariate Statistics, COUN 717: Ethics & Professional Development, COUN 718: Dissertation, COUN 689: Independent Studies (Teaching Diversity in a Pluralistic Society; Multicultural Counseling Efficacy: A Meta-Analytic Approach; Leadership, Advocacy, & Multiculturalism in Counselor Education)

***Master’s level courses taught:*** COUN 522: Counseling Diverse Populations, COUN 595: Research Literature and Techniques, COUN 516: Basic Counseling Skills, COUN 551: Practicum, COUN 552: Internship, COUN 597: Integrated Care Treatment in Clinical Mental Health Counseling

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Aug 2016–  
Aug 2018      **Assistant Professor (Tenure-Track),** University of North Texas

\*Between fall 2016 and summer 2018, I have taught one or more sections of the following COUN courses:

***Master’s level courses taught:*** COUN 5480: Diagnosis and Treatment Planning in Counseling, COUN 5610: Addictions, COUN 5710: Counseling Theories, COUN 5660: Advanced Counseling Skills, COUN 5900: Special Problems (Internship), COUN 5290: Ethical, Legal, & Professional Issues in Clinical Mental Health Counseling

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Jan 2023–  
May 2023      **Adjunct Professor,** University of Mississippi, EDRS 705, Advanced Quantitative Research Methods (Doctoral-level)

June 2016–  
July 2016      **Adjunct Professor,** Texas A&M University-Commerce, COUN 528: Group Process: Practice and Procedures (Masters-level)

June 2018–  
Aug 2018      **Adjunct Professor,** Texas A&M University-Commerce, COUN 552: Internship (Masters-level)

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## HONORS, AWARDS, AND RECOGNITIONS

## NATIONAL

- Feb 2025 Nominated for the **IAAOC Addictions/Offender Counselor Educator Excellence Award**, International Association of Addictions and Offender Counselors [Not received]
- Jan 2024 **IAAOC Outstanding Program Award**, International Association of Addictions and Offender Counselors
- <https://www.hazeldenbettyford.org/press-release/school-recognized-iaaoc>
- July 2023 Nominated for the **Exemplary Research Practice Award: Professional**, Association for Assessment and Research in Counseling [Not received]
- July 2022 Nominated for the **Locke-Paisley Outstanding Mentor Award**, Association for Counselor Education and Supervision [Not received]
- July 2022 Nominated for the **Exemplary Research Practice Award: Professional**, Association for Assessment and Research in Counseling [Not received]
- April 2021 Nominated for the **ACA Research Award**, American Counseling Association [Not received]
- April 2018 **ACA Best Practice Research, Faculty Award**, American Counseling Association
- <https://www.counseling.org/about-us/awards/national-awards/2018-honorees>
  - <https://www.counseling.org/membership/awards/national-awards/best-practices-research-faculty-award>
- July 2017–  
July 2018 **AARC Emerging Leader**, Association for Assessment and Research in Counseling
- <http://aarc-counseling.org/awards>
- April 2016 **Glen E. Hubele National Graduate Student Award**, American Counseling Association
- <http://www.counseling.org/about-us/awards/national-awards/2016-honorees/michael-k-schmit/>
- Jan 2016–  
Dec 2016 **CACREP Research Initiative Graduate Student (CRIGS) Research Fellow**, Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- <http://www.cacrep.org/2016-crigs-research-fellows/>
- Feb 2015 **1st Place ACA Graduate Student Ethics Team Competition**, Doctoral level, American Counseling Association
- <https://www.counseling.org/knowledge-center/ethics/aca-graduate-student-ethics-competition/ethics-competition-results>

## REGIONAL

- Oct 2020 **Outstanding Pre-Tenure Counselor Educator Award**, Southern Association for Counselor Education and Supervision
- <https://animoto.com/play/T72y6dfpV1iNnZRQJYvZiQ>
  - [http://saces.wildapricot.org/awards\\_recipients](http://saces.wildapricot.org/awards_recipients)

## STATE/LOCAL

Jan 2024	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School [Name change]
Apr 2023	<b>Faculty of the Year</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Mar 2023	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Feb 2023	<b>Bench Strength Growth Experience Recipient</b> , Hazelden Betty Ford Foundation
Jan 2023	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Sep 2022	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Feb 2022	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Dec 2021	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Sep 2021	<b>Research Award</b> , Texas Counseling Association
Mar 2021	<b>Shared Purpose Award</b> , Hazelden Betty Ford Graduate School of Addiction Studies
Feb 2021	<b>Outstanding Counselor Educator Award</b> , Texas Association for Counselor Education and Supervision.
Jan 2020– Dec 2020	<b>Presidential Buyout Initiative Recipient</b> , Office of Sponsored Programs, Texas A&M University-Commerce <ul style="list-style-type: none"><li>• Awarded for role as Guest Editor of the 2021 Special Issue, <i>Journal of Counseling &amp; Development</i></li></ul>
May 2020	<b>Global Fellow</b> , Texas A&M University-Commerce
Mar 2020	<b>Collegiate Leading And Students Succeeding Award (CLASS)</b> , College of Education and Human Services, Texas A&M University-Commerce
Fall 2018– Spr 2019	<b>Nominee for 2018-2019 Professional Excellence Teaching – Classroom Award</b> , Faculty Senate Awards, Texas A&M University-Commerce [Not received]
Fall 2016– Spr 2018	<b>Valued Faculty Member Recognition</b> , Department of Counseling and Higher Education, University of North Texas
Jan 2019	<b>MLK Social Justice Award</b> , Hunt County African American Leadership Conference <ul style="list-style-type: none"><li>• This award honors members of Commerce/Hunt County communities who have demonstrated their compassion, perseverance, courage, and leadership by engaging in the difficult work of fostering human dignity and our common humanity through their projects, programs, and visions</li><li>• <a href="https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html">https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html</a></li></ul>

Aug 2015	<b>College of Graduate Studies Scholarship</b> , Awarded \$1200 to support enrollment in Instructional Design & Educational Technology 6370, Texas A&M University-Corpus Christi
June 2014– June 2015	<b>TAHEAD Emerging Leader</b> , Texas Association of Humanistic Counseling and Development, Texas A&M University-Corpus Christi
Fall 2013– Sum 2014	<b>College of Education Graduate Scholarship</b> , \$500 dollars per semester, Texas A&M University-Corpus Christi

## RESEARCH GRANTS AND SPONSORED PROJECTS

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### EXTERNAL

5. Giordano, A. L., Prosek, E. A., & **Schmit, M. K.** (2017). *Increasing Native American cultural sensitivity in counselor education*. Grant proposal submitted to the Association for Counselor Education and Supervision. (Funded at \$2,266.27)
4. **Schmit, M. K.**, Giordano, A. L., & Schmit, E. L. (2017). *Examining the Effectiveness of Integrated Care Treatment*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$4000)
3. Schmit, E. L., Mountain, J., **Schmit, M. K.**, & Zapata, A., E. (2016). *The Effect of Trauma Informed Yoga Therapy on PTSD Symptoms, Adaptive Behaviors, and Physiological Symptoms*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$3000)
2. **Schmit, M. K.**, & Trejo, L. B. (2015). *Psychiatric Inpatient Capacity in Community Hospitals*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$1,003,000 for 1 year)
1. **Schmit, M. K.**, & Trejo, L. B. (2015). *FY16 Psychiatric Emergency Services Center: Rapid Crisis Stabilization*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$400,000 for 1 year)

### INTERNAL

5. **Schmit, M. K.** (Fall 2019). *The Impact of Program Accreditation on Counselor's Level of Professional Engagement*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce. (Funded at \$700)
4. **Schmit, M. K.** (Spring 2019). *Addressing the Research-to-Practice Gap for Professional Counselors*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce. (Amount requested \$700; not funded)
3. **Schmit, M. K.** (2017). *Examining the Effectiveness of Integrated Care Treatment for Person Diagnosed With Schizophrenia*. Granted proposal submitted to the University of North Texas' Department of Counseling and Higher Education. (Funded at \$500)

2. Giordano, A. L., & **Schmit, M. K.** (2017). *Cultivating Community Connections Among Counseling Faculty With an Interest in Addictions Treatment*. Granted proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$3667.50; not funded)
1. Giordano, A. L., **Schmit, M. K.**, Prosek, E. A., & Wilson, A. D. (2016). *Counseling Program Pre-Tenured Faculty Statistical Team*. Grant proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$5000; not funded)

## SCHOLARLY PUBLICATIONS

(CIF = Calculated Impact Factor; IF = Journal's Reported Impact Factor, and IF5 = Journal's Reported 5-year Impact factor; JIF = Journal Citation Report's Journal Impact Factor, JIF5 = Journal Citation Report's 5-year Journal Impact Factor, and JIF %ile = Journal Citation Report's Average Journal Impact Factor Percentile Rank; SJR = Scimago Journal Rank, and SJQ = Scimago Journal Quartile Rank; AR = Cabells or editor-reported acceptance rate)

\* denotes top-tier ACA journal

+ student collaboration

## BOOK

Watson, J. C., & **Schmit, M. K.** (2019). *Introduction to clinical mental health counseling: Contemporary issues*. Sage Publications.

- <https://us.sagepub.com/en-us/nam/introduction-to-clinical-mental-health-counseling/book248167>

## BOOK CONTRIBUTIONS

**Schmit, M. K.** (2025). Introduction. In L. Henricks, D. Smith, & D. Stewart (Eds.), *Microaggressions faced by African Americans faculty in higher education* (pp. xv-xvii). IGI Global Scientific Publishing.

## REFERRED ARTICLES

Google Scholar Profile of Michael K. Schmit: Citations = 555, h-index = 13, i10-index = 19  
[https://scholar.google.com/citations?hl=en&user=c\\_N5mW0AAAAJ](https://scholar.google.com/citations?hl=en&user=c_N5mW0AAAAJ)

24. Hendricks, L., Smith, D., Smith, M., Henry, C., Roland, L., Barner, F., & **Schmit, M. K.** (2024). Deadly fentanyl: Knowledge and impact on African Americans living in rural East Texas. *Journal of The Wisdom Within Quarterly*, 1(1), 1–21. <https://tpenna7.wixsite.com/journal-of-wisdom/articles>

\*23. Silveus, S. A., **Schmit, M. K.**, Teles Oliveira, J., & Hughes, L. (2023). Meta-analysis of culturally adapted cognitive behavioral therapy for anxiety and depression. *Journal of Counseling & Development*, 101(2), 129–142. <https://doi.org/10.1002/jcad.12463>

- JIF = 2.3 (Clarivate Analytics, 2023); AR = 14%
- Flagship journal of the American Counseling Association
- A top-cited article and author between January 1, 2023 – December 31, 2023

\*22. Giordano, A. L., Prosek, E. A., Schmit, E. L., & **Schmit, M. K.** (2022). Examining coping and nonsuicidal self-injury among adolescents: A profile Analysis. *Journal of Counseling & Development*, 101(2), 214–223. <https://doi.org/10.1002/jcad.12459>

- JIF = 2.455 (Clarivate Analytics, 2021); AR = 14%
  - Flagship journal of the American Counseling Association
- \*+21. Giordano, A. L., **Schmit, M. K.**, & McCall, J. (2022). Exploring adolescent social media and internet gaming addiction: The role of emotion regulation. *Journal of Addictions & Offenders Counseling*. 1-12. <https://doi.org/10.1002/jaoc.12116>
- A top-cited article and author between 1st January 2022 – 31st December 2023
  - JIF = 1.6 (Clarivate Analytics, 2022)
- +20. Giordano, A. L., **Schmit, M. K.**, Clement, K., Potts, E. E., & Graham, A. R. (2022). Pornography use and sexting trends among American adolescents: Data to inform school counseling programming and practice. *Professional School Counseling*, 26(1). <https://doi.org/10.1177/2156759X221137287>
19. Karaman, M. A., **Schmit, M. K.**, & Can, N. (2022). “I Fight, I Don’t Give Up Hope”: Resilience and life satisfaction among Syrian refugee university students in Turkey. *Journal of Immigrant & Refugee Studies*, 1–16. <https://doi.org/10.1080/15562948.2022.2064029>
- JIF = 3.547 (Clarivate Analytics, 2020); SJR = .845, SJQ = 1st (Scimago, 2020)
- +18. Tucker, S., **Schmit, M. K.**, & Giordano, A. L. (2021). Perceptions of poverty: Counseling students’ preferences for working with clients in poverty. *Journal of Counselor Preparation and Supervision*, 14(4). <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/1>
- AR = 34.6% (Western Connecticut State University, 2017–2019)
17. Giordano, A. L., Lundeen, L. A., Wester, K. L., Lee, J., Vickers, S., **Schmit, M. K.**, & Kim, I. K. (2021). Nonsuicidal Self-Injury on Instagram: Examining hashtag trends. *International Journal for the Advancement of Counselling*, 1–16. <https://doi.org/10.1007/s10447-021-09451-z>
- CIF = 1.04 (Resurchiefy, 2021); SJR = .339, SJQ = 3rd (Scimago, 2020)
- \*16. **Schmit, M. K.**, & Giordano, A. L. (2021). Introduction to the special issue: Advancing the counseling profession through research and publication. *Journal of Counseling & Development*, 99(2), 119–122. <https://doi.org/10.1002/jcad.12359>
- JIF = 2.063 (Clarivate Analytics, 2021); AR = 14%
  - Flagship journal of the American Counseling Association
- \*+15. Wood, A. W., Dorais, S., Gutierrez, D., Moore, C. M., & **Schmit, M. K.** (2021). Advancing the counseling profession through contemporary quantitative approaches. *Journal of Counseling & Development*, 99(2), 156–166. <https://doi.org/10.1002/jcad.12363>
- JIF = 2.063 (Clarivate Analytics, 2021); AR = 14%
  - Flagship journal of the American Counseling Association
- \*14. Giordano, A. L., **Schmit, M. K.**, & Schmit, E. L. (2021). Best practice guidelines for publishing rigorous research in counseling. *Journal of Counseling & Development*, 99(2), 123–133. <https://doi.org/10.1002/jcad.12360>
- JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
  - Lead article in 99(2)
  - Featured article for April 2021 issue: <https://www.counseling.org/publications/counseling-journals/jcd>

- Top downloaded article, March 30, 2023

- \*+13. **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., Hawkins, J., Silveus, S. A., & Chuyou-Campbell, C. (2020). Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship adjustment. *Counseling Outcome Research & Evaluation*, 13(1), 57-71. <https://doi.org/10.1080/21501378.2020.1796481>
  - SJR = .478, SJQ = 2nd (Scimago, 2019); AR = 28% (A. S. Lenz [Editor], personal communication, August 28, 2020); Cite Score = 1.09
- \*12. Giordano, A. L., Prosek, E. A., **Schmit, M. K.**, & Wester, K. (2020). "We Are Still Here": Increasing Native American cultural sensitivity in counselor education. *Journal of Counseling & Development*, 98(2), 159–171. <https://doi.org/10.1002/jcad.12310>
  - JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
- \*+11. Giordano, A. L., Prosek, E. A., Bain, C., Malacara, A., Turner, J., Schunemann, K., & **Schmit, M. K.** (2020). Withdrawal symptoms among American collegiate Internet gamers. *Journal of Mental Health Counseling*, 42(1), 63–77. <https://doi.org/10.17744/mehc.42.1.05>
  - AR = 28% for 2019 (I. Weigold [Editor], personal communication, September 1, 2020)
- \*+10. **Schmit, M. K.**, Oller, M. L., Tapia, J. L. Jr., & Schmit, E. L. (2020). A holistic client functioning profile comparison of persons with serious mental illness. *Journal of Counseling & Development*, 98(1), 3–16. <https://doi.org/10.1002/jcad.12295>
  - JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
  - Flagship journal of the American Counseling Association
  - Lead article in 98(1)
- +9. Holden, J. M., St. Germain-Sehr, N., Reyes, A., Loseu, S., **Schmit, M. K.**, Laird, A., Weintraub, L., St. Germain-Sehr, A., Price, E., Blalock, S., Bevely, C., Lankford, C., & Mandalise, J. (2019). Effect of induced after-death communication on grief. *Grief Matters: The Australian Journal of Grief and Bereavement*, 22(1), 4–9.
- +8. Schmit, E. L., & **Schmit, M. K.**, Reilly, R., & Fish, M. (2019). Gender differences of client evaluation of the working alliance in an acute care, inpatient treatment setting. *Journal of Professional Counseling: Practice, Theory & Research*, 46(1–2), 64–76. <https://doi.org/10.1080/15566382.2019.1673650>
  - AR = 10% (K. M. Hollenbaugh [Editor], personal communication, November 15, 2019)
- \*7. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2019). Using profile analysis in counseling outcome research. *Counseling Outcome Research and Evaluation*, 10(2), 94–105. <https://doi.org/10.1080/21501378.2018.1443006>
  - SJR = .106, SJQ = 4th (Scimago, 2016); AR = 36% (A. S. Lenz [Editor], personal communication, August 1, 2018)
  - Identified as one of the most read articles in CORE between June 25<sup>th</sup> 2011 and June 26<sup>th</sup> 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>

6. Karaman, M. A., **Schmit, M. K.**, Oliver, M., & Ulus, C. I. (2018). International graduate students' perceptions of counseling ethics. *Journal of International Students*, 8(2), 677–695. <https://doi.org/10.5281/zenodo.1250370>
  - *IF* = .86 (*Scopus*, 2016); *SJR* = .197, *SJQ* = 3rd (*Scimago*, 2016); *AR* = 35% (*Cabells*, 2017)
- \*5. **Schmit, M. K.**, Watson, J. C., & Fernandez, M. A. (2018). Examining the effectiveness of integrated behavioral and primary healthcare treatment. *Journal of Counseling & Development*, 96(1), 3–14. <https://doi.org/10.1002/jcad.12173>
  - *JIF* = 1.356 (*Clarivate Analytics*, 2017); *AR* = 14% (*Cabells*, 2017)
  - *Flagship journal of the American Counseling Association*
  - *Lead article in 96(1)*
  - *A top cited article from 2017-2019 available in the Top Cited Virtual Issue developed by Richard Balkin and Matthew Lemberger-Truelove*
  - *1 of 5 JCD articles identify for the Joint Virtual Issue on Counselling in Challenging Times and Sociocultural Contexts. [https://onlinelibrary.wiley.com/doi/toc/10.1002/\(ISSN\)9999-0009.counselling-in-challenging-times](https://onlinelibrary.wiley.com/doi/toc/10.1002/(ISSN)9999-0009.counselling-in-challenging-times)*
- \*4. Watson, J. C., Lenz, A. S., **Schmit, M. K.**, & Schmit, E. L. (2016). Calculating and reporting estimates of effect size in counseling outcome research. *Counseling Outcome Research and Evaluation*, 7(2), 111–123. <https://doi.org/10.1177/2150137816660584>
  - *SJR* = .106, *SJQ* = 4th (*Scimago*, 2016); *AR* = 35% (*R. Newgent [Editor]*, personal communication, October 27, 2016)
  - *Identified as one of the most cited articles in CORE between June 2017 and June 2020. See <https://www.tandfonline.com/action/showMostCitedArticles?journalCode=uore20>*
  - *Identified as one of the most read articles in CORE between June 25<sup>th</sup> 2011 and June 26<sup>th</sup> 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>*
- \*3. Schmit, E. L., **Schmit, M. K.**, & Lenz, A. S. (2016). Meta-analysis of solution-focused brief therapy for treating symptoms of internalizing disorders. *Counseling Outcome Research and Evaluation*, 7(1), 21–39. <https://doi.org/10.1177/2150137815623836>
  - *SJR* = .106, *SJQ* = 4th (*Scimago*, 2016); *AR* = 35% (*R. Newgent [Editor]*, personal communication, October 27, 2016)
  - *Identified as one of the most read articles in CORE between October 2015 thru September 2016. See <http://cor.sagepub.com/reports/most-read>*
2. **Schmit, M. K.**, Schmit, E. L., Henesy, R., Klassen, S., & Oliver, M. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. *VISTAS Online*. <http://www.counseling.org/knowledge-center/vistas>
  - *AR* = 64% (*J. Joncas [Managing Editor]*, personal communication, November 7, 2016)
  - *Publication was a byproduct of winning 1<sup>st</sup> place in the 2014-15 ACA graduate student ethics team competition*
- \*1. Hott, B. L., Limberg, D., Ohrt, J. H., & **Schmit, M. K.** (2015). Reporting results of single-case studies. *Journal of Counseling & Development*, 93(4), 412–417. <https://doi.org/10.1002/jcad.12039>
  - *JIF* = .588 (*Wiley Online Library*, 2015); *JIF5* = .961; *JIF %ile* = 19.620 (*JCR*, 2015); *AR* = 14% (*Cabells*, 2015)
  - *Flagship journal of the American Counseling Association*

## REFERRED ARTICLE(S) UNDER REVIEW

\*Silveus, S. A., **Schmit, M. K.**, Teles Oliveira, J., Chong, V., & Mansergh-Johnson, J. (under review). Meta-analysis of culturally adapted CBT for PTSD symptomatology. *Journal of Counseling & Development*. [submitted on July 25, 2025]

Hendricks, L., Smith, D., Stewart, D., **Schmit, M. K.**, & Kappagantu, S. (under review). The rising trend of nitrous oxide use among college students: Health risks, legal challenges, and environmental implications. *Journal of Human Services Scholarship and Interprofessional Collaboration*. [submitted on July 6, 2025]

## ENCYCLOPEDIA ENTRIES

3. Silveus, S. A., & **Schmit, M. K.** (2023). Diversity and Oppression Scale. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.
2. Silveus, S. A., & **Schmit, M. K.** (2023). Invisible versus visible minorities. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.
1. Silveus, S. A., & **Schmit, M. K.** (2023). Biracial and multiracial identity. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy*. Sage.

## MAGAZINE

Giordano, A. L., & **Schmit, M. K.** (2023). Understanding coping profiles among youth with and without a history of NSSI. *Counseling Today: Research in Action*, 65(12), 19–21.  
<https://www.counseling.org/docs/default-source/counseling-today-archives/ct-june2023>

## NEWSLETTERS

3. **Schmit, M. K.** (2018). Summary of article “Examining the effectiveness of integrated behavioral and primary healthcare treatment.” *ACA Interest Network for Integrated Care Newsletter*, 1(1), 3–4.
2. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015). Out of sight, out of mind: A call to action of mental health professionals working with unaccompanied immigrant children. *The Juncture Newsletter*, Spring/Summer, 10–12. Retrieved from <https://www.txca.org/images/Divisions/TACES/JunctureSpring2015.pdf>
1. Schmit, E. L., & **Schmit, M. K.** (2014). A humanistic approach in an inpatient setting. *Texas Association for Humanistic Education And Development Newsletter*, 1(1), 7.

## SOLICITED BLOG POST

**Schmit, M. K.** (2018, April 26). *Examining the effectiveness of integrated behavioral and primary healthcare treatment: A brief summary* [Blog post]. Retrieved from <https://tcomconversations.org/2018/04/26/examining-the-effectiveness-of-integrated-behavioral-and-primary-healthcare-treatment-a-brief-summary/>

## DISSERTATION

**Schmit, M. K.** (2016). *Integrated behavioral and primary healthcare: Comparing the effectiveness of treatment modalities on holistic client functioning* (doctoral dissertation). Available from ProQuest Dissertations and Theses database. (Accession Order No. 10104371)

## CURRENT RESEARCH ACTIVITY

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+ student collaboration

+Silveus, S. A., **Schmit, M. K.**, Schutte, M., Siebert, S., Mansergh-Johnson, J, Kane, A., & Nier, K. *Meta-analysis of integrated co-occurring substance use and mental health treatment for improving health outcomes*. [Data collection]

+**Schmit, M. K.**, Gomez-Chang, Z, Eppagunta, V., Brahmadevara, R., & Jwanouskos, S. *Meta-analysis of solution-focused brief therapy for improving mental health outcomes*. [Data collection].

## PEER-REVIEWED PRESENTATIONS

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+ student collaboration

\* proposal accepted to be presented

## INTERNATIONAL & NATIONAL

\*+33. **Schmit, M. K.**, & Gomez-Chang, Z. (2025, October). *Using profile analysis in counseling outcome research* [Conference session]. 2025 National Association for Counselor Education and Supervision Conference, Philadelphia, PA, United States.

32. Hendricks, L., Smith, D., Stewart, D., & **Schmit, M. K.** (2025, April 2–5). *Deadly Fentanyl: Knowledge and impact on African Americans living in rural East Texas* [Poster presentation]. International Association of Addiction and Offender Counselors' Annual Research Symposium at the American Counseling Association 2025 Conference & Expo, Orlando, FL, United States.

31. Holden, J. M., & **Schmit, M. K.** (2025, April 2–5). *Effects of induced after-death communication on grief: A randomized, controlled study* [Conference session]. Association of Death Education and Counseling's 46<sup>th</sup> Annual Conference, Albuquerque, NM, United States.

+30. **Schmit, M. K.**, Silveus, S. A., Brunke, P., & Mansergh-Johnson, J. (2025, March 27–29). *Navigating contemporary ethical dilemmas within substance use treatment* [Conference session]. American Counseling Association 2025 Conference & Expo, Orlando, FL, United States.

+29. Silveus, S. A., Gonzalez, E., **Schmit, M. K.**, & Schmit, E. L. (2023). *Navigating self-disclosure in a multicultural classroom* [Conference session canceled]. 2023 National Association for Counselor Education and Supervision Conference, Denver, CO, United States.

28. **Schmit, M. K.**, Prosek, E. A., Giordano, A. L., & Schmit, E. L. (2022). *A guide to becoming a skillful journal reviewer* [Conference session]. Association for Assessment and Research in Counseling 2022 Annual Conference, St. Louis, MO, United States.

- <sup>+27.</sup> Giordano, A. L., **Schmit, M. K.**, & Hale, K. (2021). *Researching behavioral addictions: What we know and what we need to know* [Conference session]. Association for Assessment and Research in Counseling 2021 Annual Conference, Cincinnati, OH, United States.
26. Schmit, E. L., **Schmit, M. K.**, Giordano, A. L., & Prosek, E. A. (2021). *Innovative ways to disseminate research to clinicians and the general public* [Conference session]. Association for Assessment and Research in Counseling 2021 Annual Conference, Cincinnati, OH, United States.
- <sup>+25.</sup> Giordano, A. L., & **Schmit, M. K.**, McCall, J., & McGarrh, D. (2021). *Teaching about addictions with cultural humility in counselor education courses* [Conference session]. 2021 National Association for Counselor Education and Supervision Conference, Atlanta, GA, United States.
24. Giordano, A. L., Prosek, E. A., Schmit, E. L., & **Schmit, M. K.** (2021). *Publish and flourish: Trends and suggestions for meaningful research agendas* [Panel discussion]. 2021 National Association for Counselor Education and Supervision Conference, Atlanta, GA, United States.
23. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2021, April 5–30). *Equipping counselors to effectively address internet gaming disorder among diverse clientele* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
- <sup>+22.</sup> **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2021, April 5–30). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
21. Giordano, A. L., Schmit, E. L., **Schmit, M. K.**, & Prosek, E. A. (2020, September 11–12). *How to conduct research in the counseling field from start to finish* [Conference session]. Association for Assessment and Research in Counseling, 2020 National Assessment and Research Virtual Conference.
20. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2020, April 16–19). *Equipping counselors to effectively address internet gaming disorder among diverse clientele* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/effectively-addressing-internet-gaming-disorder-among-diverse-clients> (Conference canceled due to COVID-19)
- <sup>+19.</sup> **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2020, April 16–19). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/communication-and-collaboration-the-inner-workings-of-integrated-care-treatment> (Conference canceled due to COVID-19)
- <sup>+18.</sup> Hawkins, J., **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., & Chuyou-Campbell, C. (2019, September). *Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship satisfaction*. Association for Assessment and Research in Counseling, AARC 2019 Assessment and Research Conference: People. Programs. Policies., San Antonio, TX.

17. **Schmit, M. K.**, & Dash, G. (2019, October). *The Impact of Program Accreditation on Counselors' Professional Engagement*. Association for Counselor Education and Supervision Conference, Seattle, WA.
- \*16. **Schmit, M. K.**, Hickman, D., Watson, J. C., Schmit, E. L., & Silveus, S. A. (2019, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Seattle, WA.
15. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2019, October). *Increasing Native American cultural competence in counselor education*. Association for Counselor Education and Supervision Conference, Seattle, WA.
14. Prosek, E. A., Watson, J. C., Giordano, A. L., & **Schmit, M. K.** (2019, March). *What counselors need to know about social media addiction among adolescents*. American Counseling Association 2019 Conference & Expo, New Orleans, LA.
13. Schmit, E. L., Balkin, R. S., Hollenbaugh, K. M., & **Schmit, M. K.** (2018, November). *Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
12. **Schmit, M. K.**, Giordano, A. L., Schmit, E. L., & Prosek, E. (2018, November). *Mastering the Mixed ANOVA approach: When and how to use the analysis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
11. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2018, November). *Utilizing consensual qualitative research (CQR) methodology: A step-by-step primer*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
- \*10. Giordano, A. L., Reyes, A. G., & **Schmit, M. K.** (2018, April). *Addressing client religion and spirituality in an ethical and culturally competent way*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
9. **Schmit, M. K.**, Schmit, E. L., & Callender, K. A. (2018, April). *Bridging the research-to-practice gap using research methods and statistics: A counseling researcher perspective*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
8. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2017, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
7. Watson, J. C., & **Schmit, M. K.** (2017, October). *Introduction to hierarchical linear modeling: Applications for counseling research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
6. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Crisis in the classroom: Counselor educators' responsibilities to their students*. American Counseling Association 2017 Conference & Expo, San Francisco, CA.

5. **Schmit, M. K.** (2016, April). *Integrated behavioral and primary health care: Comparing the effectiveness of treatment modalities on holistic client functioning*. American Counseling Association 2016 Conference & Expo, Montréal, QC, Canada.
4. **Schmit, M. K.**, Schmit, E. L., & Hollenbaugh, K. M. H. (2015, September). *Knowing how and when to transform: A practical approach to data transformation*. Association for Assessment and Research in Counseling, 2015 National Assessments and Research Conference, Memphis, TN.
3. Armstrong, S., Mendez, E. A., & **Schmit, M. K.** (2015, October). *Teaching not presenting: Enhancing experiential learning theory and learning styles*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
2. Watson, J. C., Schmit, E. L., & **Schmit, M. K.** (2015, October). *Reach them all, teach them all: A multiple intelligence-based approach toward counselor training*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
1. **Schmit, M. K.**, Schmit, E. L., & Balkin, R. S. (2014, September). *Evaluation of Career Components in Global Assessments*. Association for Assessment and Research in Counseling, 2014 National Assessments and Research Conference, Moline, IL, United States.

## REGIONAL

- +2. Silveus, S. A., Mansergh-Johnson, J., & **Schmit, M. K.** (2024, November). *Reconceptualizing addiction through intergenerational shame* [Conference session]. Southern Association for Counselor Education and Supervision Conference, Dallas, TX, United States.
1. Hansen, Z., & **Schmit, M. K.** (2022, September). *Video game addiction: What counselors need to know* [Conference session]. North Central Association for Counselor Education and Supervision Conference, Omaha, NE, United States.

## STATE

- +28. **Schmit, M. K.**, & Gomez-Chang, Z. (2025, September). *Mentorship* [Conference session]. 2025 CMHC Virtual Conference, Commonwealth University of Pennsylvania, Lock Haven, PA, United States.
- +27. Silveus, S. A., **Schmit, M. K.**, & Teles Oliveira, J. (2021, November). *Culturally-adapted CBT: What we can learn from international CBT approaches* [Conference session]. Texas Counseling Association's 65<sup>th</sup> Professional Growth Conference, Galveston, TX, United States.
- +26. Kaszynski, E., & **Schmit, M. K.** (2020, February 27–28). *Supervision through a new lens: Integrating a trauma informed approach to your supervisory practice* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. [https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)
25. Schmit, E. L., & **Schmit, M. K.** (2019, November). *Research to practice gap: Engaging professional counselors in the research process*. Texas Counseling Association's 63<sup>rd</sup> Professional Growth Conference, Fort Worth, TX.

- <sup>†</sup>24. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, November). *Remembering the basic principles of counseling when treatment persons with addictions*. Texas Counseling Association's 63<sup>rd</sup> Professional Growth Conference, Fort Worth, TX.
- <sup>†</sup>23. Schmit, E. L., & **Schmit, M. K.**, Thomas, N., & Silveus, S. A. (2019, February). *Mentorship: The future of our profession*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
22. Cade, R., Schmit, E. L., & **Schmit, M. K.** (2019, February). *Counselor educators and institutional review boards (IRBs): Challenges and opportunities for ethical research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- <sup>†</sup>21. **Schmit, M. K.**, & Silveus, S. A (2019, February). *Mastering the mixed ANOVA approach*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- <sup>†</sup>20. **Schmit, M. K.**, Schmit, E. L., Silveus, S., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Advanced strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- <sup>†</sup>19. **Schmit, M. K.**, Schmit, E. L., Silveus, S., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Basic strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- <sup>†</sup>18. Schmit, E. L., Knox, N. M., **Schmit, M. K.**, & Jambon, M. M. (2018, November). *Developing the working alliance in inpatient settings*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- <sup>†</sup>17. Allen, N., **Schmit, M. K.**, & Schmit, E. L. (2018, November). *Experiences of intersectionality among counselor educators and supervisors*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- <sup>†</sup>16. **Schmit, M. K.**, Silveus, S. A., Schmit, E. L., Oller, M., & Garcia, M. (2018, November). *What does it all mean?: Making sense of research findings for counselors in practice*. Texas Counseling Association's 62<sup>nd</sup> Professional Growth Conference, Dallas, TX.
- <sup>†</sup>15. Schmit, E. L., **Schmit, M. K.**, Fish, M., & Jones, N. (2018, March). *Closing the research-to-practice gap in the classroom: Creative approaches to teaching research and assessment*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- <sup>†</sup>14. Silveus, S. A., **Schmit, M. K.**, & Hughes, L. (2018, March). *Connecting the personal with theoretical: A self-reflective approach to teaching counseling theories*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- <sup>†</sup>13. Conner, C., & **Schmit, M. K.** (2018, March). *Movement and creative strategies for teaching theories in counseling programs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

12. Schmit, E. L., **Schmit, M. K.**, Klassen, S. L. (2016, November). *An Integrated approach to ethical decision-making in counselor education*. Texas Counseling Association's 60<sup>th</sup> Professional Growth Conference, Dallas, TX.
11. Schmit, E. L., **Schmit, M. K.**, & Callender, K. A. (2016, November). *Thwarting the disconnect between research and practice: Implications for counselors and counseling researchers*. Texas Counseling Association's 60<sup>th</sup> Professional Growth Conference, Dallas, TX.
10. Snow, K., Schmit, E. L., & **Schmit, M. K.** (2016, January). *Navigating the faculty job search and networking: A roundtable discussion for counseling doctoral students*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
9. **Schmit, M. K.**, Challender, K. A., Abdulkadir, H., & Schmit, E. L. (2016, January). *Five practical methods to bridging the researcher-practitioner divide*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
8. Karaman, M. A., Fernandez, M. A., **Schmit, M. K.**, & Mendez, E. A. (2015, November). *TAHEAD presents: A humanitarian crisis: Unaccompanied asylum-seeking children and counseling services*. Texas Counseling Association's 59<sup>th</sup> Professional Growth Conference, Corpus Christi, TX.
7. **Schmit, M. K.**, & Schmit, E. L. (2015, November). *The big 3 in mental health: Treating individuals with major depression, bipolar, and schizophrenia from an integrated behavioral and primary health care approach*. Texas Counseling Association's 59<sup>th</sup> Professional Growth Conference, Corpus Christi, TX.
6. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015, January). *Promoting professional advocacy for mental health professionals who work with unaccompanied immigrant children*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. **Schmit, M. K.**, Schmit, E. L., & Harris, N. (2014, November). *Let's talk about the 5%: Inpatient psychiatric care*. Texas Counseling Association's 58<sup>th</sup> Professional Growth Conference, Dallas, TX.
4. Karaman, M. A., Oliver, M., **Schmit, M. K.**, & Ulus, I. C. (2014, November). *International graduate students' perceptions of counseling ethics*. Texas Counseling Association's Professional Growth Conference, Dallas, TX.
3. Hott, B., **Schmit, M. K.**, Balkin, R. S., Williams, G., & Armstrong, S. (2014, September). *Evidenced-Based Practice: What is available for counselors serving students with emotional and learning disabilities?* Texas A&M University System Chancellor's Summit, Austin, TX.
2. Karaman, M. A., & **Schmit, M. K.** (2014, January). *Substance abuse treatment and risk factors with diverse populations*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
1. **Schmit, M. K.**, & Schmit, E. L. (2013, September). *Inside vantage point: Understanding the addicted person*. Texas Counseling Association's 57<sup>th</sup> Professional Growth Conference, San Antonio, TX.

## LOCAL

- +5. Gomez-Chang, Z., & **Schmit, M. K.** (2025, April 11). *Integrated care treatment for Veterans: Evidence-based practices and ethical considerations*. Metrocare ACER's Inaugural Research Symposium, Dallas, TX.
- +4. Silveus, S. A., & **Schmit, M. K.** (2020, April 7). *The importance of assessing social validity in single case designs* [Conference session]. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX. <https://www.tamuc.edu/research/ResearchSymposium/tamuc-annual-research-symposium/default.aspx> (Conference Canceled due to COVID-19)
3. Schmit, E. L., **Schmit, M. K.**, Wachira, E., & Lauderdale, S. (2019, September). *Mental health among college students*. Professional Developmental Day, Texas A&M University-Commerce, Commerce, TX.
- +2. Hawkins, J., & **Schmit, M. K.** (2019, April 9). *Meta-analysis of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment*. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX.
1. Schmit, E. L., **Schmit, M. K.**, Karaman, M. A., & Gonzalez, J. (2014, April). *The big three in mental health: Exploring major depression, bipolar, and schizophrenia in the gulf coast region*. Gulf Coast Counseling Association, Corpus Christi, TX.

## INVITED PRESENTATIONS, TRAININGS, WEBINARS, & WORKSHOPS

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+ student collaboration

\* accepted to be presented

### NATIONAL

6. Henricks, L., Mitchell, K., Russo, M., **Schmit, M. K.**, Smith, D., Stewart, D. (2025, February). *Standards of excellence: Maintaining diversity and inclusivity within the counseling profession* [Webinar panel]. International Association of Addictions & Offender Counselors.
5. Giordano, A. L., & **Schmit, M. K.** (2022, September). *Self-injury among teens and how it shows up in social media* [Webinar]. Hazelden Betty Ford Foundation's Let's Talk WEBINAR.
4. **Schmit, M. K.**, & Giordano, A. L. (2022, March). *Demystifying the promotion and tenure process* [Webinar]. Association for Counselor Education & Supervision New Faculty Interest Network.
3. **Schmit, M. K.** (2021, November). *Integrated care treatment for co-occurring and comorbid disorders* [Conference session]. University of Central Florida's Integrated Care and Opioid Use Disorder Treatment Symposium.
2. Giordano, A. L., & **Schmit, M. K.** (2021, October). *Establishing a research agenda* [Roundtable]. Association for Counselor Education & Supervision Virtual Conference – Roundtable Bonus.
1. **Schmit, M. K.** (2020, April 29). *Integrated Care: A Coordinated Approach to Healthcare Treatment* [Webinar]. Chi Sigma Iota Counseling Academic & Professional Honor Society International. [https://www.csi-net.org/page/webinars\\_scheduled](https://www.csi-net.org/page/webinars_scheduled)

## REGIONAL

Giordano, A. L., & **Schmit, M. K.** (2022, March). *The process of publishing in counseling journals* [Webinar]. Southern Association for Counselor Education & Supervision Writing Workshop.

## STATE

10. Schmit, E. L., & **Schmit, M. K.**, Croffie, A. (2020, February 27–28). *An introduction to the research process in the counseling field* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States.  
[https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)
9. Schmit, E. L., Burleson, C., Cade, R., **Schmit, M. K.**, Trepal, H. (2020, February 27–28). *Research roundtables: Research feedback from the pros* [Roundtable session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States.  
[Names placed in no particular order]  
[https://www.txca.org/docs/Conference\\_ProgramBook\\_Final\\_MidWinter2020.pdf](https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf)
8. **Schmit, M. K.** (2019, June). *Behavioral health/primary care integration application*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX.  
<https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-summer-19-training-tickets-62011015617>.
7. **Schmit, M. K.** (2019, March). *Integrated care treatment*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX. <https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-training-tickets-56597231844>
6. **Schmit, M. K.** (2019, February). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Houston Food Bank, Houston, TX.
5. **Schmit, M. K.** (2018, August). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Mesquite Metroplex Center, Mesquite, TX.
4. Giordano, A. L., Schmit, E. L., & **Schmit, M. K.** (2018, March). *Panel: Transition from doctoral program to academic career*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
3. **Schmit, M. K.**, & Schmit, E. L. (2018, March). *Using a mixed design analysis of variance model in counseling research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
2. Smith, J., Timm, N., Blalock, S., Lectora, I., Pow, A., Schmit, E. L., & **Schmit, M. K.** (2017, March). *Transition from Student to Counselor Educator Panel* [TACES graduate student day panel]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.  
[Author order determined alphabetically]
1. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Practical application of within-subjects research designs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

## LOCAL

15. **Schmit, M. K.** (2025, July). *CPCE/NCE study session: Week 6: Assessment and testing*. Epsilon Tau Chapter of Chi Sigma Iota, Department of Counseling at East Texas A&M University, Dallas, TX, United States.
14. **Schmit, M. K.** (2025, June). *CPCE/NCE study session: Week 3: Counseling and helping relationships*. Epsilon Tau Chapter of Chi Sigma Iota, Department of Counseling at East Texas A&M University, Dallas, TX, United States.
13. **Schmit, M. K.** (2024, June). *Motivational Interviewing: What It Is & What It Isn't*. Professional Development Group at the Hazelden Betty Ford Graduate School, Center City, MN, United States.
12. **Schmit, M. K.** (2024, February). *Resume and CV development*. Professional Development Group at the Hazelden Betty Ford Graduate School, Center City, MN, United States.
11. Doyle, K., Brown, L. T., & **Schmit, M. K.** (2023, May). *Graduate school overview and updates*. Hazelden Betty Ford Foundation's Momentum, Center City, MN, United States.
10. **Schmit, M. K.** (2022, November). *Examining the effectiveness of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment*. Board of Governors Meeting at the Hazelden Betty Ford Graduate School of Addiction Studies, Center City, MN, United States.
9. **Schmit, M. K.** (2022, November). *Integrated care for mental health and opioid use disorders: An overview of evidence-based practices* [Webinar]. Professional Development Group at the Hazelden Betty Ford Graduate School of Addiction Studies, Center City, MN, United States.
8. Arch, R., Rose, B., **Schmit, M. K.**, & Svihel, B. (2022, October). *Current trends and perspectives in addiction treatment* [Panel discussion]. Hamline University, Saint Paul, MN, United States. [Author order determined alphabetically]
7. Brown, L., **Schmit, M. K.**, Updike, A., Garcia, M., Franey, A., & Brooks, S. (2022, March). *Addiction Counseling* [Panel discussion]. Virtual presentation with University of Minnesota-Rochester.
6. Davis, D., Gonzalez, E., Hickman, D., Mathews, R., Mohdzain, Z., Schmit, E. L., & **Schmit, M. K.** (2020, March 21). *Faculty panel on professional identity* [Plenary session]. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX, United States. [Author order determined alphabetically; conference canceled due to COVID-19]
5. Gonzalez, E., & **Schmit, M. K.** (2020, February 8). *Understanding the role of a counselor educator*. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX.
- \*4. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, May). *Ethical Considerations for Counselor Practice*. Dallas Metro Counseling Association Conference, Dallas, TX.
3. **Schmit, M. K.** (2018, September). *Narrowing my research topic and choosing the appropriate analysis*. Doctoral Seminar, Texas A&M University-Commerce, Mesquite, TX.

2. **Schmit, M. K., & Schmit, E. L.** (2016, October). *Effectiveness of integrated care treatment for persons with serious mental illness*. Coastal Plains Community Center, Portland, Texas.
1. **Schmit, M. K.** (2014, January). *Empathy, hope, and a brighter future*. Texas Department of Corrections Youth Boot Camp, Corpus Christi, TX.

## **PUBLICITY/INTERVIEWS/MEDIA APPEARANCES**

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|-----------|--|
| Mar 2023  | <b>Article of Interest</b> , Silveus et al.'s (2023) Meta-analysis of culturally adapted cognitive behavioral therapy for anxiety and depression, by Samantha Moy-Gottfried, Hazelden Betty Ford Foundation's Today's News. [Newsletter article]   |
| Jan 2023  | <b>Java with Joe Featuring Special Guest Dr. Michael Schmit</b> ; by Joe Lee, CEO of Hazelden Betty Ford Foundation. [Video Interview] <ul style="list-style-type: none"> <li>• <a href="https://hazeldenbettyford.sharepoint.com/_layouts/15/search.aspx/siteall?p=2&amp;q=java%20with%20joe">https://hazeldenbettyford.sharepoint.com/_layouts/15/search.aspx/siteall?p=2&amp;q=java%20with%20joe</a></li> </ul>   |
| Nov 2021  | <b>Support Those in Recovery During the Holidays</b> , by Amanda L. Giordano, PhD, LPC; Psychology Today. [Online article] <ul style="list-style-type: none"> <li>• <a href="https://www.psychologytoday.com/us/blog/understanding-addiction/202111/supporting-those-in-recovery-during-the-holidays">https://www.psychologytoday.com/us/blog/understanding-addiction/202111/supporting-those-in-recovery-during-the-holidays</a></li> </ul>                 |
| Jan 2019  | <b>Honorees for MLK Awards Announced</b> , by R. Scott, Herald Banner. [Online newspaper article] <ul style="list-style-type: none"> <li>• <a href="https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html">https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html</a></li> </ul>  |
| Sept 2017 | <b>Counselors Receive Research Grant to Study Native Populations in New Mexico</b> , by R. Talamantes, <i>UNT College of Education</i> , University of North Texas College of Education. [Website article] <ul style="list-style-type: none"> <li>• <a href="https://www.coe.unt.edu/news/counselors-receive-research-grant-study-native-populations">https://www.coe.unt.edu/news/counselors-receive-research-grant-study-native-populations</a></li> </ul> |
| Feb 2015  | <b>University Students Win the American Counseling Association Graduate Students Ethics Competition Award</b> , by <i>TAMUCC News</i> , Texas A&M University-Corpus Christi. [Website article] <ul style="list-style-type: none"> <li>• <a href="http://tamucc.edu/news/2015/02/021815%20Ethics%20Competition.html#.Wb7Bd601Tq0">http://tamucc.edu/news/2015/02/021815%20Ethics%20Competition.html#.Wb7Bd601Tq0</a></li> </ul>                               |
| Aug 2014  | <b>Counselor Career Stories</b> , Interview by D. Irving. <i>Counseling Today</i> , American Counseling Association. [Magazine article]  |

## **PROFESSIONAL SERVICE ACTIVITIES**

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### **EDITORSHIP/EDITORIAL REVIEW BOARD (N = 9)**

July 2024– Present	<b>Reviewer, <i>Journal of Counseling &amp; Development</i></b>
July 2020– July 2023	<b>Associate Editor-Quantitative Research, <i>Journal of Counseling &amp; Development</i></b>
Dec 2019– Dec 2020	<b>Guest Editor, Special Issue, <i>Journal of Counseling &amp; Development</i></b> • Advancing the Counseling Profession Through Research and Publication
Oct 2018– Jan 2023	<b>Reviewer, <i>Journal of Professional Counseling; Practice, Theory, &amp; Research</i></b>
July 2018	<b>Ad Hoc Reviewer, <i>Journal of Addictions &amp; Offender Counseling</i></b>
July 2017– Sept 2020	<b>Associate Editor-Research, <i>Journal of College Counseling</i></b>
July 2016– May 2020	<b>Reviewer, <i>Journal of Counseling &amp; Development</i></b>
June 2014– May 2016	<b>Founding Co-Editor, Texas Association for Humanistic Counseling And Development, TAHEAD Newsletter, Texas A&amp;M University-Corpus Christ</b>
Aug 2013– May 2016	<b>Editorial Assistant, <i>Journal of Counseling &amp; Development</i>, Texas A&amp;M University-Corpus Christi</b>

#### **PROGRAM/GRANT PROPOSAL REVIEWER (N = 32)**

July 2025	<b>Program Proposal Reviewer, Clinical Mental Health Conference, Lockhaven Lock Haven University of Pennsylvania, Lock Haven, Pennsylvania.</b>
July 2025	<b>Program Proposal Reviewer, Texas Counseling Association, 69<sup>th</sup> Annual 2025 Professional Growth Conference in Houston, TX.</b>
Feb 2025– Mar 2025	<b>Program Proposal Lead–Research, Association for Counselor Education and Supervision, ACES 2025 National Conference in Philadelphia, PA.</b>
Feb 2025	<b>Program Proposal Reviewer, Association for Counselor Education and Supervision, ACES 2025 National Conference in Philadelphia, PA.</b>
Jan 2025	<b>Research and Practice Grant Reviewer, Funding Year 2024-2025, Southern Association for Counselor Education and Supervision.</b>
July 2024	<b>Program Proposal Reviewer, American Counseling Association, ACA 2025 Conference &amp; Expo in Orlando, FL.</b>
Mar 2024	<b>Program Proposal Reviewer, 2024 Southern Association for Counselor Education and Supervision Conference in Dallas, TX.</b>

July 2023	<b>Program Proposal Reviewer</b> , American Counseling Association, ACA 2024 Conference & Expo in New Orleans, LA.
May 2023	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 67 <sup>th</sup> Annual 2023 Professional Growth Conference in Houston, TX.
July 2022	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 66 <sup>th</sup> Annual 2022 Professional Growth Conference in Dallas, TX.
Feb 2022	<b>Program Proposal Reviewer</b> , 2022 Southern Association for Counselor Education and Supervision Conference in Baltimore, MD.
Jan 2022	<b>Program Proposal Reviewer</b> , 2022 Texas Association for Counselor Education and Supervision Mid-Winter Virtual Conference.
Aug 2021	<b>Program Proposal Reviewer</b> , American Counseling Association, ACA 2022 Conference & Expo in Atlanta, GA.
July 2021	<b>Program Proposal Reviewer</b> , Association for Assessment and Research in Counseling, 2021 National Assessment and Research Conference in Cincinnati, OH.
July 2021	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 65 <sup>th</sup> Annual 2021 Professional Growth Conference in Galveston, TX.
Mar 2021	<b>Program Proposal Reviewer</b> , Association for Counselor Education and Supervision, ACES 2021 National Conference in Atlanta, GA.
Jan 2021	<b>Program Proposal Reviewer</b> , 2021 Texas Association for Counselor Education and Supervision Mid-Winter Virtual Conference.
July 2020	<b>Program Proposal Reviewer</b> , Association for Assessment and Research in Counseling, 2020 National Assessment and Research Conference in Cincinnati, OH.
July 2020	<b>Program Proposal Reviewer</b> , American Counseling Association, ACA 2021 Conference & Expo in San Diego, CA.
June 2020	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 64 <sup>th</sup> Annual 2020 Professional Growth Conference in Dallas, TX.
Feb 2020	<b>Program Proposal Reviewer</b> , 2020 Southern Association for Counselor Education and Supervision Conference in Baltimore, MD.
Nov 2019	<b>Program Proposal Reviewer</b> , 2020 Texas Association for Counselor Education and Supervision Mid-Winter Conference in San Antonio, TX.
July 2019	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 63 <sup>rd</sup> Annual 2019 Professional Growth Conference in Fort Worth, TX.

June 2019	<b>Program Proposal Reviewer</b> , American Counseling Association, ACA 2020 Conference & Expo in San Diego, CA.
Oct 2019	<b>Program Proposal Reviewer</b> , Association for Counselor Education and Supervision, ACES 2019 National Conference in Seattle, WA.
May 2018	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 62 <sup>nd</sup> Annual 2018 Professional Growth Conference in Dallas, TX.
June 2017	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 61 <sup>st</sup> Annual 2017 Professional Growth Conference in Galveston, TX.
Oct 2017	<b>Program Proposal Reviewer</b> , Association for Counselor Education and Supervision, ACES 2017 National Conference in Chicago, IL.
May 2016	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 60 <sup>th</sup> Annual 2016 Professional Growth Conference in Corpus Christi, TX.
April 2016	<b>Program Proposal Reviewer</b> , Western Association for Counselor Education and Supervision, WACES 2016 Conference in Vancouver, BC, Canada.
May 2015	<b>Program Proposal Reviewer</b> , Texas Counseling Association, 59 <sup>th</sup> Annual 2015 Professional Growth Conference in Corpus Christi, TX.
Feb 2015	<b>Program Proposal Reviewer</b> , Association for Counselor Education and Supervision, ACES 2015 National Conference in Philadelphia, IL.

### **COUNSELING ASSOCIATION COMMITTEES (N = 3)**

Sept 2019– Sept 2020	<b>Member</b> , SACES Research Task Force Committee, Southern Association for Counselor Education and Supervision.
July 2017– July 2018	<b>Member</b> , Public Policy and Advocacy Committee, Association for Assessment and Research in Counseling.
Oct 2014– Sept 2015	<b>Member</b> , Conference Committee, Association for Assessment and Research in Counseling, Conference planning committee for the 2015 AARC conference in Memphis, TN.

### **OTHER PROFESSIONAL SERVICE ACTIVITIES (N = 3)**

Oct 2018– Dec 2018	<b>Faculty Member</b> , American Counseling Association's 2018-19 Graduate Student Ethics Competition (master's level), Texas A&M University-Commerce.
Sept 2017	<b>Faculty Member</b> , American Counseling Association's 2017-18 Graduate Student Ethics Competition (doctoral level), University of North Texas.
Sept 2017	<b>Faculty Member</b> , American Counseling Association's 2017-18 Graduate Student Ethics Competition (master's level), University of North Texas.

## EVALUATION OF TEACHING EFFECTIVENESS

### ETAMU (JUNE 2024–PRESENT)

#### Teaching Effectiveness Assessed Using the Course Evaluation Report

Likert Rating Scale: 5 = *Strongly Agree*, 4 = *Agree*, 3 = *Neutral*, 2 = *Disagree*, 1 = *Strongly Disagree*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Instructor	Dept	College	TAMUC
						$\mu^{1,2}$	$\mu^2$	$\mu^2$	$\mu^2$
2025	Summer	545 Lifespan Development	20			<i>To be determined</i>			
2025		512 Career Dev	21	9	45%	5.00	4.55	4.66	4.52
2025	Spring	613 Adv Stats	8	8	100%	4.88	4.53	4.52	4.54
2025	Win Mini	512 Career Dev	12	7	<i>Too few student responses: &lt;60%</i>				
2024	Fall	609 Intro to Stats	3	3	100%	<i>Too few students in course</i>			
2024	Summer	545 Lifespan Development	5	4	80%	<b>4.80</b>	4.56	4.50	4.44
2024		581 Addictions	13	13	100%	<b>4.61</b>	4.59	4.56	4.43

<sup>1</sup> **Bold font indicates score above COUN Program mean**

Regular font indicates EITHER score equal to COUN Program mean.

*Italics font indicates score below COUN Program mean.*

<sup>2</sup> Mean score from combined overall instructor, course, and QEP questions

<sup>3</sup> Course must enroll four or more students to yield an evaluation score

<sup>4</sup> COUN 640 course number replaced COUN 697

### HBFGS (JAN 2021–JUNE 2024)

#### Teaching Effectiveness Assessed Using the Semester Course Evaluation (Online)

Likert Rating Scale: 5 = *Excellent*, 4 = *Very Good*, 3 = *Good*, 2 = *Fair*, 1 = *Poor*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	<sup>1</sup> CPC/CF/IR-COD Course # & Title	Enr	Resp	%	Instructor
						$\mu$
2024	Spring	812 Evaluation Methodologies	15	10	67%	4.41
2024		606 Counseling Procedures & Skills	12	9	75%	4.81
2024		830 Practicum [200 hours]	4	4	100%	4.43
2024		520 Foundations of Addiction	15	13	87%	4.74
2023	Fall	812 Evaluation Methodologies	19	18	94.7%	4.39
2023		708 Group... Co-Occurring Dis	9	9	100%	4.76
2023	Summer	609 Etiology... Co-Occurring Dis	14	8	57.2%	4.8
2023		812 Evaluation Methodologies	14	10	71.4%	4.56
2023		815 Synthesis: Integrated Recovery	<i>Too few student responses: &lt;60%</i>			
2023		<sup>2</sup> Group Supervision	NA	NA	NA	NA
2023	Winter	708 Group... Co-Occurring Dis	11	9	81.8%	4.76
2023		812.2 Evaluation Methodologies	1	1	100%	5
2023		812.1 Evaluation Methodologies	14	10	71.4%	4.73
2023		<sup>2</sup> Group Supervision	NA	NA	NA	4.57
2022	Fall	708 Group... Co-Occurring Dis	11	9	81.8%	4.8
2022		812 Evaluation Methodologies	7	6	85.7%	4.9

2022		<sup>2</sup> Group Supervision	NA	NA	NA	4.5
2022	Summer	708 Group... Co-Occurring Dis	16	14	87.5	4.00
2022		812 Evaluation Methodologies	20	15	75%	4.74
2022		<sup>2</sup> Group Supervision	NA	NA	NA	4.64
2022	Winter	812.1 Evaluation Methodologies	16	13	81.3%	4.73
2022		812.3 Evaluation Methodologies	16	14	87.5%	4.41
2022		503 Research & Clinical Practice	14	12	85.7%	4.69
2022		<sup>2</sup> Group Supervision	NA	NA	NA	4.65
2021	Fall	503 Research & Clinical Practice	16	16	100%	4.54
2021		708 Group... Co-Occurring Dis	11	11	100%	4.89
2021		<sup>2</sup> Group Supervision	NA	NA	NA	4.60
2021	Summer	609 Etiology... Co-Occurring Dis	10	9	90%	4.78
2021		708 Group... Co-Occurring Dis	10	10	100%	4.90
2021		701 Ethics & Professionalism	18	179	4.44%	4.71
2021		<sup>2</sup> Group Supervision	<i>Too few student responses: &lt; 60%</i>			
2021	Winter	609 Etiology... Co-Occurring Dis	11	8	72.73%	4.75
2021		708 Group... Co-Occurring Dis	13	11	84.62%	4.88
2021		812 Evaluation Methodologies	19	14	73.68%	4.34
2021		<sup>2</sup> Group Supervision	NA	NA	NA	4.64

<sup>1</sup>CPC = Clinical Practice Course; CF = Counseling Foundation; IR-COD = Integrated Recovery for Co-Occurring Disorders

<sup>2</sup>Group supervision values/scores are a combination of all practicum/internship courses offered during a particular semester and not specific to any particular instructor

***Average Teaching Effectiveness Rating = 4.73***

## **TAMUC (AUG 2018–DEC 2020)**

### **Teaching Effectiveness Assessed Using the Course Evaluation Report**

Likert Rating Scale: 5 = *Strongly Agree*, 4 = *Agree*, 3 = *Neutral*, 2 = *Disagree*, 1 = *Strongly Disagree*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Instructor $\mu^{1,2}$	Dept $\mu^2$	College $\mu^2$	TAMUC $\mu^2$
2020	Fall	609 Intro to Stats	13	12	92.31%	<b>4.82</b>	4.59	4.49	4.36
2020		717 Ethics & Professional	9	9	100%	<b>4.84</b>	4.59	4.49	4.36
2020	Summer	640 <sup>4</sup> Adv Multivariate	5	4	80%	<b>4.80</b>	4.56	4.50	4.44
2020		595 Research Lit & Teach	13	13	100%	<b>4.61</b>	4.59	4.56	4.43
2020		595 Research Lit & Teach	22	22	100%	<b>4.70</b>	4.56	4.50	4.44
2020		516 Basic Skills	12	12	100%	4.47	4.56	4.50	4.44
2020	Spring	717 Ethics & Professional	9	<i>Evaluation canceled due COVID-19</i>					
2020		609 Intro to Stats	10	<i>Evaluation canceled due COVID-19</i>					
2019	Fall	551 Practicum	7	5	71%	<b>5.00</b>	4.62	4.43	4.33
2019		613 Adv Stat Tech	4	4	100%	<b>4.87</b>	4.62	4.43	4.33
2019		552 Internship <sup>3</sup>	3	--	--	--	--	--	--
2019	Summer	522 Diversity	8	6	75%	4.67	4.67	4.49	4.40
2019		516 Basic Skills	7	7	100%	<b>4.91</b>	4.67	4.49	4.40
2019		697 <sup>4</sup> Adv Multivariate	6	4	67%	<b>5.00</b>	4.67	4.49	4.40
2019		595 Research Lit & Tech	17	11	65%	<b>4.53</b>	4.40	4.49	4.39
2019	Spring	595 Research Lit & Tech	9	8	89%	<b>4.89</b>	4.60	4.51	4.35

2019		717 Ethics & Professional	11	10	91%	4.56	4.60	4.51	4.35
2018	Fall	613 Adv Stat Tech	6	6	100%	<b>4.81</b>	4.56	4.47	4.32
2018		595 Research Lit & Tech	11	11	100%	<b>4.68</b>	4.56	4.47	4.32

<sup>1</sup> **Bold font indicates score above COUN Program mean**

Regular font indicates EITHER score equal to COUN Program mean.

*Italics font indicates score below COUN Program mean.*

<sup>2</sup> Mean score from combined overall instructor, course, and QEP questions

<sup>3</sup> Course must enroll four or more students to yield an evaluation score

<sup>4</sup> COUN 640 course number replaced COUN 697

**Average Teaching Effectiveness Rating = 4.8 (2.33-years)**

## UNT (AUG 2016–AUG 2018)

### Teaching Effectiveness Assessed Using the Student Perception of Teaching (SPOT)

Likert Rating Scale: 0 = *Very Poor*, 1 = *Poor*, 2 = *Fair*, 3 = *Good*, 4 = *Very Good*, 5 = *Excellent*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Sum <sup>1,3</sup>	CEI <sup>4</sup>	Dept μ/SD <sup>5</sup>	College μ/SD	UNT μ/SD
2018	Summer	5610 Addictions	24	16	67%	3.9	5.0	4.2/.75	4.4/.65	4.4/.65
2018		5480 Diagnosis	16	12	75%	<b>4.6</b>	5.1	4.2/.75	4.4/.65	4.4/.65
2018	Spring	5660 Advanced Skills	9	9	100%	4.8	6.0	4.8/.05	4.4/.50	4.1/.71
2018		5710 Counseling Theories	32	32	100%	4.7	5.2	4.8/.05	4.4/.50	4.1/.71
2017	Fall	5660 Advanced Skills	13	12	92%	4.1	6.5	4.5/.53	4.1/.79	4.2/.74
2017		5710 Counseling Theories	19	19	100%	<b>4.8</b>	5.8	4.5/.17	4.1/.79	4.2/.74
2017	Summer	5290 Ethics in CMHC	21	21	100%	<b>4.6</b>	4.3	4.5/.49	4.5/.51	4.3/.61
2017		5480 Diagnosis	15	14	93%	<b>4.8</b>	5.6	4.5/.49	4.5/.51	4.3/.61
2017	Spring	5660 Advanced Skills	14	14	100%	<b>4.8</b>	5.3	4.3/.71	4.2/.76	4.4/.66
2016	Fall	5660 Advanced Skills	10	10	100%	3.4	6.1	4.4/.53	4.2/.61	4.4/.63
2016		5710 Counseling Theories	17	15	88%	<b>4.5</b>	5.4	4.4/.53	4.2/.61	4.4/.63

<sup>1</sup> **Bold font indicates score above COUN Program mean (or median when no mean)**

Regular font indicates EITHER score equal to COUN Program mean (or median when no mean)

OR no comparative data available.

*Italics font indicates score below COUN Program mean (or median when no mean).*

<sup>2</sup> SETE category: HE = Highly Effective, E = Effective; SE = Somewhat Effective

<sup>3</sup> Median of combined Summative scores (four global questions)

<sup>4</sup> Challenge and Engagement Index

<sup>5</sup> Mean and standard deviation of combined median Summative scores

**Average Teaching Effectiveness Rating = 4.5 out of 5 (2-years)**

## DOCTORAL/DISSERTATION COMMITTEE MEMBERSHIP

\* indicates a change in committee role to outside committee member

## TAMUC

### Dissertation Chair (N = 3)

- Fall 2019–  
Fall 2020      **Pearson, Kimberly**, ABD, Counseling, Degree Awarded in Fall 2021. [Departed from TAMUC in December 2020]
- Pearson, K. (2023). *The effectiveness of faith-based rational emotive behavior therapy for African Americans with PTSD*. (Order No. 28715012). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Spr 2020–  
Fall 2020      **Kaszynski, Erin**, PhD, Counseling, Degree Awarded in Fall 2021. [Departed from TAMUC December 2020]
- Kaszynski, E. (2021). *Predictors of preparedness in gatekeeping among doctoral counselor education and supervision students*. (Order No. 28715012). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2019–  
Fall 2020      **Basham, James**, PhD, Counseling, Degree Awarded in Fall 2020.
- Basham, J. (2020). *The impact of the influences, goals, and priorities school truancy intervention on students' motivation, commitment, and goal orientation*. (Order No. 28256263). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

**Committee Member (N = 9)**

- \*Spr 2020–  
Fall 2020      **Baig, Jovaria**, ABD, Counseling, Degree Awarded in Fall 2021. [Departed from TAMUC on December 2020]
- Baig, J. (2021). *The impact of religiosity, ethnicity, and age on the parenting styles of females in an intercultural marriage*. (Order No. 28866006). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- \*Spr 2021      **Brashear, Crystal**, PhD, Counseling, Degree Awarded in Spring 2021.
- Brashear, C. (2021). *The impact of creative online group supervision on counselors-in-training: A single-case research study*. (Order No. 28322669). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2020      **Matthews, Rebecca**, PhD, Counseling, Degree Awarded in Summer 2020.
- Matthews, R. (2020). *Values-based conflict inventory: Development & validation*. (Order No. 28086191). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2020      **Hickman, Donna**, PhD, Counseling, Degree Awarded in Summer 2020.
- Hickman, D. (2020). *The impact of role ambiguity, stress, and burnout on professional elementary school counselors*. (Order No. 28029586). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

- Sum 2020      **Pouncie, Erica**, PhD, Counseling, Degree Awarded in Summer 2020.
- Pouncie, E. (2020). *Interrelationship between homelessness and non-homeless Veterans: Predicting housing needs and support*. (Order No. 28030801). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2020      **Stephens, Desiree**, PhD, Counseling, Degree Awarded in Summer 2020.
- Stephens, D. (2020). *Factors that predict multicultural teaching competencies among counselor educators*. (Order No. 28024416). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2020      **Spiller, Jacqueline**, PhD, Counseling, Degree Awarded in Summer 2020.
- Spiller, J. A. (2020). *Factors within the experiential growth group contributing to CACREP-students' perceived importance of group work and perceived confidence in group skills*. (Order No. 28027244) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Fall 2019      **Thomas, Nancy**, PhD, Counseling, Degree Awarded in Fall 2019.
- Thomas, N. (2019). *The relationship between psychological resilience and help-seeking behavior in Indian Americans: A moderation analysis*. (Order No. 27542839). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Fall 2019      **Khosravi, Shirin**, PhD, Counseling, Degree Awarded in Fall 2019.
- Khosravi, S. (2019). *Factors that may predict a counselor's willingness towards working with sex offenders*. (Order No. 27662866) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

***Out-of-Department Committee Member (N = 5)***

- Spr 2023      **Payson, Jodi**, PhD, Counselor Education & Supervision, Degree Awarded Spring 2023.
- Payson, J., (2023). *Factors that may predict parental self-efficacy of setting screen time limits*. (Order No. 30313275) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2022      **Silveus, Sarah**, PhD, Counselor Education & Supervision, Degree Awarded in Summer 2022.
- Silveus, S. (2022). *The relationship between racial discrimination and imposter feelings: A moderation analysis*. (Order No. 29325665) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

- Fall 2023      **Mountain, Jennafer**, ABD, Counseling, Degree Awarded Fall 2023.
- Mountain, J. (2023). *The relationship between pelvic floor dysfunction, female sexual dysfunction, and a history of childhood sexual abuse*. (Order No. 30573939.) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- \*Spr 2021      **Brashear, Crystal**, PhD, Counseling, Degree Awarded Spring 2021.
- Brashear, C. (2021). *The impact of creative online group supervision on counselors-in-training: A single-case research study*. (Order No. 28322669). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- Sum 2021      **Pleasant, William**, PhD, Educational Psychology, Degree Awarded Summer 2021.
- Pleasant, W. (2021). *The effect of distinctive internal versus external facial features on eyewitness identification*. (Order No. 28644458) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

## UNT

### *Committee Member*

- Spr 2019      **Woehler, Elliott**, PhD, Counseling, Degree Awarded in Spring 2019.
- Woehler, E. (2019). *The client-counselor encounter: Assessing relational depth and motivation to change in substance use disorder treatment*. [Unpublished doctoral dissertation]. University of North Texas.

## FACULTY SERVICE ACTIVITIES

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### UNIVERSITY

#### **TAMUC (Formerly TAMUC; N = 2)**

- Apr 2025–  
May 2025      **Quality Enhancement Plan (QEP) Fellow**, East Texas A&M University.
- Apr 2025      **Faculty Judge**, Annual Research Symposium (ARS), East Texas A&M University.

#### **HBFGS (N = 14)**

- Oct 2023–  
June 2024      **Faculty Co-Advisor**, Counseling Research Team, Hazelden Betty Ford Graduate School Addiction Studies.
- Nov 2022–  
Dec 2023      **Chair**, Alternative Admissions Pathway Committee, Hazelden Betty Ford Graduate School of Addiction Studies.

Jan 2021– Dec 2023	<b>Member</b> , Graduate School Cabinet, Hazelden Betty Ford Graduate School of Addiction Studies.
Jan 2021– Dec 2023	<b>HLC Accreditation Liaison Officer</b> , Hazelden Betty Ford Graduate School of Addiction Studies.
Jan 2021– Dec 2023	<b>CACREP Accreditation Liaison</b> , Hazelden Betty Ford Graduate School of Addiction Studies.
Oct 2022– Dec 2022	<b>Member</b> , Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
May 2022– Dec 2023	<b>Member</b> , HLC Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Apr 2022	<b>Chair</b> , Peer Interview Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Jan 2022– May 2023	<b>Co-Advisor</b> , Professional Development Group, Hazelden Betty Ford Graduate School of Addiction Studies.
Nov 2021– Mar 2022	<b>Member</b> , Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Apr 2021– May 2021	<b>Member</b> , Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Dec 2020– June 2024	<b>Member</b> , CACREP Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Dec 2020– June 2024	<b>Member</b> , Admission Committee, Hazelden Betty Ford Graduate School of Addiction Studies.
Dec 2020– June 2024	<b>Member</b> , Academic Committee, Hazelden Betty Ford Graduate School of Addiction Studies.

***TAMUC (N = 3)***

Apr 2020	<b>Faculty Judge</b> , Annual Research Symposium (ARS), Texas A&M University-Commerce, (Conference canceled due to COVID-19).
Oct 2019– Dec 2020	<b>Graduate Faculty Representative</b> , Doctoral Advisory Committees and Dissertations, Texas A&M University-Commerce.
Apr 2019	<b>Faculty Judge</b> , Annual Research Symposium (ARS), Texas A&M University-Commerce.

***TAMUCC (N = 1)***

Oct 2014–	<b>Member</b> , Committee Member Representative for Counselor Education, Graduate
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May 2016      Student Advisory Committee, Dean of Graduate Studies, Texas A&M University-Corpus Christi, TX.

## COLLEGE

### *ETAMU (Formerly TAMUC; N = 2)*

July 2025–  
Present      **Member**, Ad Hoc Full Professor Committee for the Department of Educational Leadership

Feb 2025–  
Present      **Chair**, College of Science and Engineering Search for Department Head for Mathematics, East Texas A&M University.

### *UNT*

Mar 2017      **Member**, College of Education Scholarship Committee, University of North Texas.

## DEPARTMENT/PROGRAM

### *ETAMU (Formerly TAMUC; N = 3)*

Feb 2025–  
Present      **Member**, Department Representative on the COEHS Curriculum Committee, East Texas A&M University.

June 2024–  
Present      **CACREP Liaison**, Department of Counseling, Texas A&M University-Commerce.

### *TAMUC (N = 8)*

June 2019–  
Dec 2020      **Co-Chair**, Counselor Education Research Team (CERT), Department of Counseling, Texas A&M University-Commerce.

May 2019–  
Dec 2020      **Ad Hoc Member**, Review, Retention, and Dismissal Committee, Department of Counseling, Texas A&M University-Commerce.

Sum 2019–  
Spr 2020      **Proctor**, Doctoral Comprehensive Exams, Department of Counseling, Texas A&M University-Commerce.

Jan 2019–  
Dec 2020      **CACREP Liaison**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce.

Aug 2018–  
Dec 2018      **Member**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce.

Aug 2018–  
Dec 2020      **Member**, Scholarship/Excellence Fund Committee, Department of Counseling, Texas A&M University-Commerce.

Aug 2018–  
Sept 2019      **Member**, Doctoral Program Committee, Department of Counseling, Texas A&M University-Commerce.

Aug 2018–  
Dec 2020      **Member**, Master’s Admission Committee, Department of Counseling, Texas A&M University-Commerce.

**UNT (N = 9)**

Nov 2017      **Member**, Ad Hoc Appeal Committee, Counseling & Higher Education, University of North Texas.

Sept 2017–  
Aug 2018      **Member**, Clinical Experiences Committee, Counseling & Higher Education, University of North Texas.

Sept 2017–  
Aug 2018      **Internship Coordinator**, Counseling & Higher Education, University of North Texas.

Apr 2017–  
July 2017      **Member**, Counseling & Higher Education One-year Lecture Search Committee (Counseling), University of North Texas.

Sept 2016–  
Aug 2018      **Member**, Clinical Mental Health Program Development, University of North Texas.

Sept 2016–  
Aug 2018      **Member**, Assessment & Evaluation Committee, University of North Texas.

Sept 2016–  
Mar 2017      **Member**, Counseling & Higher Education Tenure-track Faculty Search Committee (Counseling), University of North Texas.

June 2014–  
Dec 2015      **Member**, Masters Admission Committee, Texas A&M University-Corpus Christi.

June 2014–  
Dec 2014      **Member**, Doctoral Admission Committee, Texas A&M University-Corpus Christi.

**PUBLIC SERVICE ACTIVITIES (N = 2)**

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Oct 2019–  
Dec 2020      **Member**, Advisory Committee, Counseling Department at the University of Louisiana at Monroe.

Nov 2016      **Co-host**, Unity Gathering, Denton, Texas.

- A non-political showing of support and compassion for all faculty and doctoral students within the department of counseling, especially those who may feel less safe or upset by recent national events.

**PROFESSIONAL DEVELOPMENT**

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**ETAMU (Formerly TAMUC; N = 9)**

July 2025	<b>TAMUS Academic Leaders' Symposium</b> , 4-day workshop (July 21–24, 2025), Texas A&M University System
Nov 2024	<b>Journey 2024: A&amp;M System Shared Services Conference</b> , 2-day workshop (November 13–14, 2024), Texas A&M University System
Nov 2024	<b>Export Control Workshop</b> by Lauren Schroede and Brian Ridenour, Texas A&M University System, Texas A&M University-Commerce
Aug 2024	<b>Nuventive Improvement Platform Training</b> , Institutional Effectives, Texas A&M University-Commerce
Aug 2024	<b>Making an Impact: Getting Your Research Noticed</b> by Sarah Northam, Library, Texas A&M University-Commerce
July 2024	<b>Department Head Training</b> , Texas A&M University-Commerce, 5-day training (July 22–26, 2024), Texas A&M University System
June 2024	<b>Banner XE Admin Training</b> , Texas A&M University-Commerce
June 2024	<b>Canopy Training</b> , Texas A&M University-Commerce
June 2024	<b>Concur Training</b> , Texas A&M University-Commerce
June 2024	<b>Essentials of myLeo Online—Powered by D2L Brightspace Training</b> , Texas A&M University-Commerce

#### **HBFGS (N = 7)**

Jan 2023– Dec 2023	Momentum Summit (formerly known as Leadership Development Institute), Hazelden Betty Ford Foundation, Monthly 2-hour leadership summits ( $n = 12$ ).
Sept 2022	Virtual Leadership Development Institute – <i>Dream Bigger, Reach Further</i> , 2-day Training (September 20–21, 2022), Hazelden Betty Ford Foundation.
May 2022	Virtual Leadership Development Institute – <i>Dream Bigger, Reach Further</i> , 2-day Training (May 11–12, 2022), Hazelden Betty Ford Foundation.
Apr 2022	How Vicarious Trauma Impacts Care Providers by Dr. Quyen Ngo, 1-hour Webinar, HBFF's Let's Talk: A Professional Development Webinar Series.
Apr 2022	Dual-Trauma Couples: Treatment Considerations by Dr. Jackie Braughton, HBFF's Let's Talk: A Professional Development Webinar Series.
June 2021	Treating Meth Addiction: Pharmacological Options by Kerry Hettinger, 1-hour Webinar, HBFF's Let's Talk: A Professional Development Webinar Series.

Jan 2021      Pathway to Licensure as a Substance Use Disorder Professional and Licensed Mental Health Counselor by Janys Murphy Rising and Greg Lamont, 1.5-hour Webinar, Hazelden Betty Ford Graduate School of Addiction Studies.

### **TAMUC (N = 10)**

Nov 2020      **Qualtrics Training - Advanced**, Graduate School, Texas A&M University-Commerce

Oct 2020      **Qualtrics Training - Basics**, Graduate School, Texas A&M University-Commerce

Oct 2020      **Scholarship Portal Training**, Texas A&M University-Commerce

Sept 2020      **What Truth Sounds Like Virtual Symposium**, Texas A&M University-Commerce

Sept 2020      **SAGE Research Methods for Graduate Faculty**, Texas A&M University-Commerce

Aug 2019      **Graduate Adviser Training**, Graduate School, Texas A&M University-Commerce

Sept 2019      **Professional Development Day**, Texas A&M University-Commerce

Mar 2019      **Annual Research Symposium**, Texas A&M University-Commerce

Sept 2018      **Professional Development Day**, Texas A&M University-Commerce

Sept 2018      **Essentials of myLeo Online—Powered by D2L Brightspace Training**, Texas A&M University-Commerce

### **UNT (N = 3)**

Mar 2017      **Search Committee Training**, University of North Texas

Feb 2017      **Faculty Information System Training**, University of North Texas

### **TAMUCC (N = 1)**

June 2014      **Leadership Training**, Texas Counseling Association Institute for Leadership

## **PROFESSIONAL AFFILIATIONS**

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July 2020–Present	American Counseling Association
Sept 2014–Present	Association for Counselor Education and Supervision
Sept 2014–Present	Association for Assessment and Research in Counseling
Nov 2016–Present	Southern Association for Counselor Education and Supervision
Apr2022–Mar 2025	North Central Association for Counselor Education and Supervision
Sept 2013–Dec 2023 & June 2025–Present	Texas Counseling Association
June 2014–Dec 2023	Texas Association for Humanistic Education and Development
Sept 2013–Dec 2023 &	Texas Association for Counselor Education and Supervision

June 2025–Present	
Sept 2013–Sept 2014	Counselor Education Research Consortium
Sept 2012–Aug 2015	Gulf Coastal Counseling Association ( <i>September 2012-August 2015</i> )
Jan 2024–Present	International Association of Addictions and Offender Counselors
Sept 2010–Jan 2015, Mar 2020–Mar 2021, & June 2025–Present	Chi Sigma Iota (Alpha Theta at ULM, Theta Alpha Mu at TAMUCC, Epsilon Tau at ETAMU)

## **PROFESSIONAL CONFERENCES ATTENDED**

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### **AMERICAN COUNSELING ASSOCIATION WORLD CONFERENCE**

Mar 2025	Orlando, Florida
Apr 2024	New Orleans, Louisiana
Apr 2022	Atlanta, Georgia
Apr 2021	Virtual Conference
Apr 2020	San Diego, California (canceled due to COVID-19)
Mar 2019	New Orleans, Louisiana
Apr 2018	Atlanta, Georgia
Mar 2017	San Francisco, California
Mar 2016	Montreal, Canada
Mar 2015	Orlando, Florida
Mar 2014	Honolulu, Hawaii

### **ASSOCIATION FOR ASSESSMENT IN RESEARCH AND COUNSELING NATIONAL CONFERENCE**

Sept 2022	St. Louis, Missouri
Sept 2020	Virtual Conference
Sept 2019	San Antonio, Texas
Sept 2018	Richmond, Virginia
Sept 2015	Memphis, Tennessee
Sept 2014	Moline, Illinois

### **ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION NATIONAL CONFERENCE**

Oct 2025	Philadelphia, Pennsylvania
Oct 2021	Atlanta, Georgia
Oct 2019	Seattle, Washington
Oct 2017	Chicago, Illinois
Oct 2015	Philadelphia, Pennsylvania

### **NORTH CENTRAL ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION CONFERENCE**

Sept 2022	Omaha, Nebraska
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### **SOUTHERN ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION CONFERENCE**

Nov 2024      Dallas, Texas

### **TEXAS COUNSELING ASSOCIATION PROFESSIONAL GROWTH CONFERENCE**

Nov 2025      *Houston, Texas*  
Nov 2024      Dallas, Texas  
Nov 2021      Galveston, Texas  
Nov 2020      Virtual Conference  
Nov 2019      Forth Worth, Texas  
Nov 2018      Dallas, Texas  
Nov 2016      Dallas, Texas  
Nov 2015      Corpus Christi, Texas  
Nov 2014      Dallas, Texas  
Nov 2013      San Antonio, Texas

### **TEXAS ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION MIDWINTER CONFERENCE**

2022      Arlington, Texas  
2021      Virtual Conference  
2020      San Antonio, Texas  
2019      Dallas, Texas  
2018      Austin, Texas  
2017      Austin, Texas  
2016      Austin, Texas  
2015      Austin, Texas  
2014      Austin, Texas  
2013      Austin, Texas

### **GULF COAST COUNSELING ASSOCIATION**

2014      Corpus Christi, Texas

### **OTHER TEACHING AND SUPERVISION EXPERIENCE**

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#### **INVITED GUEST LECTURE**

#### ***UNT (N = 2)***

July 2024      Group Counseling, COUN 5740: Group Counseling Theories and Procedures, Masters level.  
  
Feb 2024      Multivariate Analysis, COUN 6125: *Quantitative Research*, Doctoral level.

#### ***University of Mississippi (N = 2)***

Oct 2023      Profile Analysis, EDRS 705: *Advanced Quantitative Research Methods*, Doctoral level.

Nov 2022      Analysis of Variance, *EDRS 701: Educational Statistics II*, Doctoral level.

**TAMUC (N = 8)**

Jan 2021      Research Design, *COUN 625: Research Applications*, Doctoral level.

Sept 2017      Quantitative Research Designs, Sampling Methods, and Sample Size, *COUN 625: Research Applications*, Doctoral level.

Feb 2017      Research Design and Statistical Power, *COUN 625: Research Applications*, Doctoral level.

June 2016      Challenging Skills, *COUN 516: Basic Counseling Skills*, Masters level.

Feb 2016      Research Methods and Quantitative Statistics, *COUN 625: Research Applications*, Doctoral level.

Fall 2015      Practical Counselor Experiences in Community Mental Health Settings, *COUN 510: Introduction to Counseling Profession*, Masters level.

May 2014      Reporting and Presenting Research Findings, *PSY/SPED 605: Single Subject Designs*, Doctoral level.

May 2014      Reporting and Presenting Research Findings, *COUN 595: Research Literature and Techniques*, Masters level.

**TAMUCC (N = 1)**

June 2014      Mindfulness-Based Practices, *CNEP 5698: Counseling Internship*, Masters level.

**SUPERVISION**

**HBFGS (N = 1)**

Jan 2021–  
June 2024      **Faculty Group Supervisor**, Hazelden Betty Ford Graduate School of Addiction Studies. Provided weekly group supervision to 10-12 master's level students during the winter, spring and fall semesters.

**TAMUCC (N = 1)**

Jan 2014–  
Dec 2014      **Doctoral Student Supervisor**, Texas A&M University-Corpus Christi. Provided individual and triadic supervision to a total of nine (9) master's level students.

**RELATED PROFESSIONAL EMPLOYMENT EXPERIENCE**

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**CONSULTATION (N = 3)**

May 2024–      **CACREP/Program Review Consultant**, Southeastern Oklahoma State University.

Present	Reviewed self-study document, created a summary report, presented findings to the faculty and university Administrator., and meet via Zoom with Agency representatives.
Apr 2023	<b>Content Expert Consultant</b> , Hazelden Betty Ford Foundation's Consulting and Training Solutions on two topic areas: (a) Evidence-based Behavioral Therapies for the Treatment of Substance Use Disorder and (b) Understanding evidence-based Recovery support practices and the Recovery-Oriented Systems of Care (ROSC) model.
Aug 2015– Sept 2015	<b>Statistics Consultant</b> , BeneVie Consulting, LLC. Served as methodologist and developed survey instruments to assess and identify employee relations, work atmosphere, employee satisfaction, and employee productivity.

## CLINICAL/ADMINISTRATIVE (N = 8)

June 2023– Present	<b>Counselor</b> at betterhelp.com. Provided teletherapy services as a licensed professional counselor, working primarily with adults and couples addressing relationship, chemical and behavioral addictions, and mild to moderate forms of mental illness for 10 hours per week.
Dec 2015– May 2016	<b>Program Specialist II</b> , Coastal Plains Community Center (CPCC), <i>Security-Sensitive Position</i> . As an administrator, I provided oversight to two grant funded programs, Psychiatric Emergency Services Center (PESC) and Private Psychiatric Beds (PPB), and managed the department of continuity, ensuring staff compliance, assigning responsibilities, and providing supervision. Furthermore, I ensured compliance with CPCC's memorandum of understanding with outside partners through integrity reviews, frequent face-to-face contacts, and utilization management reviews. In this position, I managed five of the nine million dollars CPCC use to facilitate client care.
Sept 2013– Nov 2015	<b>Preadmission Screening and Residential Review Coordinator (PASRR)</b> , Coastal Plains Community Center (CPCC), <i>Security-Sensitive Position</i> . Program coordinator, administrator, clinician, and liaison between CPCC and nursing facilities for the gulf coast region. Coordinated services, future treatment, and client care. Maintained performance contract with the Texas Department of State Health Services.
July 2013– Nov 2015	<b>Continuity of Care Coordinator (COC)</b> , Coastal Plains Community Center (CPCC), <i>Security-Sensitive Position</i> . Program coordinator, administrator, clinician, and liaison between CPCC and local/state inpatient psychiatric hospitals. Coordinated hospitalization, discharge, and continued treatment; conduct daily administrative duties, provided training and consultation for the department of continuity. Managed an annual 3.5-million-dollar contract in accordance with the Texas Department of State Health Services.
Aug 2012– May 2013	<b>Case Manager II</b> , Coastal Plains Community Center (CPCC), <i>Security-Sensitive Position</i> . Provided aggressive interventions and frequent in-person contact with individuals and their families, by providing on-going rehabilitative and case management services for children and adults with mental health diagnoses of schizophrenia, bipolar, major depression, ADHD, ODD, and conduct disorder. Performed case management services, skills training, psychosocial rehabilitation, crisis intervention, community outreach, and psychoeducation.

July 2011– July 2012	<b>Intensive Home-Based Therapist</b> , The Center for Children and Families, Inc. Provided individual and family therapy within home setting; Intensive Home-Based Services (IHBS) is a placement prevention/reunification program for children subjected to parental abuse or neglect-issues such as family conflicts, domestic violence, child abuse and neglect, improper parenting and discipline strategies, substance use, and so forth.
Apr 2011– July 2011	<b>Safe Schools Therapist</b> , The Center for Children and Families, Inc. Provided individual and family therapy in the community and school setting; Safe Schools program is a prevention program for at-risk youth and adolescents. Issues addressed include behavioral issues at school/home, family conflicts, parenting and disciplining, substance use, and so forth.
Sept 2009– Mar 2011	<b>Counselor Intern</b> , Behavioral Medicine and Addictive Disorders, Inc. Provided IOP/OP group/individual therapy under the direct supervision of Dr. Mitchell Young; addressed substance abuse issues. Duties performed include group/individual therapy, case management, psychological education group, assisted with GED, developed and assisted with residential/halfway house, administered assessments, assisted with job placement, and so forth.

## PROGRAM DEVELOPMENT

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### ACADEMIC (N = 2)

Jan 2022– Sept 2023	<b>Alternative Admission Pathways</b> , Hazelden Betty Ford Graduate School of Addiction Studies. Developed an equity-based process that is aimed at expanding opportunities for those who seek to work, or are already working, in the treatment field—including many with a personal connection to addiction and recovery—and who are prepared for graduate school success despite not having a traditional four-year undergraduate degree. The Hazelden Betty Ford Graduate School of Addiction Studies launched the “Alternative Admission Pathways” Pilot Program in the Fall 2023 semester with a cohort of nine students.
Jan 2023– Sept 2023	<b>Prevention Certificate</b> , Hazelden Betty Ford Graduate School of Addiction Studies. Developed a prevention certificate, in partnership with Hazelden Betty Ford Foundation’s Consulting and Training Solutions and “GameChanger,” that will prepare students as a prevention specialist within youth-serving spaces and for other roles in which substance use prevention leadership, strategy and delivery are needed and valued. Student enrolled gain an enhanced understanding of substance use health promotion, use prevention and early intervention theory, as well as models and practical applications from a community-based, public health and integrated approach.

### CLINICAL (N = 2)

Sept 2014– Dec 2015	<b>Zero Suicide in Texas (ZEST) for Prevention of Self-Harm and Suicide</b> , Coastal Plains Community Center. Established a collaborative partnership with the Texas Department of State Health Services and the Texas Institute for Excellence in Mental Health, Center for Social Work Research, to develop a suicide prevention program in the gulf coast
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region. *Objective:* Provide training in assessment of suicidality, develop a suicide prevention and intervention program, and teach effective safety planning techniques to clinicians of Coastal Plains Community Center.

Sept 2013–  
Dec 2015      **Psychiatric Emergency Services Center Project**, Coastal Plains Community Center. Reduced overutilization of state psychiatric hospitals, the psychiatric emergency services center project was created to focus on providing rapid crisis stabilization for individuals who lacked a payee source. *Objective:* Ensuring that individual care is localized within the nine counties of Coastal Plains Community Center through the usage of local psychiatric hospitals, community resources, and improved continuity of care.

## ADVANCED CERTIFICATIONS AND TRAININGS

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### EDUCATION/TEACHING/LEADERSHIP (N = 5)

Aug 2025–  
Feb 2026      **Effective Online Teaching Practices**, 25-Week Course, Association of College and University Educators and East Texas A&M University. **Certificate in Effective College Instruction**, a teaching credential endorsed by the American Council on Education.

Apr 2023–  
July 2023      **Be of Service Onboarding Program (Leadership Institute)**, Hazelden Betty Ford Foundation

Mar 2023–  
May 2023      **Bench Strength Experience (Leadership Institute)**, Hazelden Betty Ford Foundation

Oct 2019      **CACREP Self-Study Training**, Council for the Accreditation of Counseling and Related Educational Programs

Dec 2015      **Certificate of Online Course Design and Development**, Texas A&M University-Corpus Christi

Dec 2015      **Certificate of Professional Development in Best Practices for Online Course Design**, Texas A&M University-Corpus Christi

### CLINICAL (N = 10)

July 2015      Collaborative Assessment and Management of Suicidality (CAMS) certified, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health

Feb 2015      Suicide Safety Plan Certified and Trainer, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health

Aug 2016–  
May 2016      Adult Needs and Strengths Assessment (ANSA) certified, Texas Department of State Health Services

Aug 2012–  
May 2016      Child-Adolescent Needs and Strengths (CANS) certified, Texas Department of State Health Services

May 2014	Dialectical Behavioral Therapy (DBT), six-hour training, Texas A&M University-Corpus Christi
June 2013	Applied Suicide Intervention Skills Training (ASIST) certified, Texas Department of State Health Services
June 2013	Illness Management & Recovery (IMR) certified, Texas Department of State Health Services
Aug 2012	Aggression Replacement Training (ART) certified, Texas Department of State Health Services
Aug 2012	Skillstreaming in Early Childhood and Adolescents certified, Texas Department of State Health Services
July 2011	Intensive Home-Based Services (IHBS) certified, Institute for Family Development