

HENRY H. ROSS

January, 2023

Instructor, Health and Human Performance, Texas A&M University-Commerce

Nursing and Health Sciences Building, Room #140
Commerce, Texas 75429

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PROFESSIONAL INTEREST

- To gain knowledge and expertise in teaching Health, Human Performance, and Sports-related courses through attendance and active participation as a member of Professional Organizations.
- To actively engage in quality research, writing, and presentation of health-related issues.
- To continue my association with the American Red Cross as a “Certified” Community first Aid and CPR Instructor.
- To engage in activities and dialogue on behalf of Texas A&M University-Commerce that will:
 - Bring about better student and teacher relationships,
 - Bring about better university and community relationships, and
 - Aid in better departmental relationships.
- To enhance student learning through the use of a variety of teaching materials and resources.
- To continue my relationship with elementary, junior high and high schools located within the service area of Texas A&M University-Commerce as a guest speaker (when asked).
- To continue to serve on university and departmental committees for which I have been assigned and/or volunteered.

EDUCATION

BS (Health and Physical Education) Kentucky State University (Frankfort, Kentucky) May 1978

MS (Physical Education) Southern Illinois University-Carbondale (Carbondale, Illinois) May 1981 ... ***Master's Thesis:*** The Extent of Social Interaction Between Black and White Male Varsity Athletes

Edd (Secondary and Higher Education/Curriculum and Instruction) Texas A&M University-Commerce (Commerce, Texas) December 2007 ... ***Doctoral Dissertation:*** Concerns of African American Faculty Employed at Predominantly White, Doctoral Extensive Universities

PROFESSIONAL LICENSES

K-12 Teaching Certification (Kentucky)

K-12 Teaching Certification (Ohio)

K-12 Teaching Certification (Alabama)

Certified First Aid and CPR Instructor, American Red Cross

EXPERIENCE

Administrative

Interim, Assistant Department Head, Counseling Department Texas A&M University-Commerce	January 2023-Present
Interim Department Head, Health and Human Performance, Texas A&M-Commerce	July 2008-July 2011
Interim Department Head, Health and Human Performance, Texas A&M-Commerce	August 2020-May 2021

Educational

Adjunct Instructor, Health and Human Performance, Texas A&M-Commerce	Fall, 2022-Present
Instructor, Health and Human Performance, Texas A&M-Commerce	2011-2021
Instructor, Health and Human Performance, Texas A&M-Commerce	1999-2008
Instructor/Asst. Football Coach, Health and Physical Education, Texas A&M-Commerce	1985-1999
Instructor/Asst. Football Coach, Health, Physical Education and Recreation, Kentucky State University	1981-1985
Graduate Assistant Instructor, Health and Physical Education, Southern Illinois University-Carbondale	1979-1981

Professionally Related Experience

NCAA Division-II, District Representative (9 th District)	1987 – 1999
Reader/Reviewer, Journal of Texas Association for Health, Physical Education, Recreation and Dance	2002-Present

PROFESSIONAL ASSOCIATIONS AND HONORARIES

Texas Association for Black Personnel in Higher Education	2013-Present
Texas Association for Health, Physical Education, Recreation and Dance,	1999-Present
National Association for Kinesiology in Higher Education	2013-2020
Society of Health and Physical Education	2012-2015
American Association for Health Education	1999-2006
National Association for Sport & Physical Education,	1999-2006
American Alliance for Health, Physical Education, Recreation and Dance	2000-2001
American Football Coaches Association,	1981-1999

COMMITTEE MEMBERSHIPS

National, District, State and Local

THECB/Kinesiology and Exercise FOS Advisory Committee	2018-2021
Parliamentarian (NAKHE)	2018-2019
Chair, Ad hoc Past President's Interviews (TAHPERD)	2017-2019
Editorial Board (TAHPERD)	2017-2019
Executive Director Search Committee (TAHPERD)	2017-2017
Chair, President-Elect Nominating Committee, TAHPERD	2017-2018
Member, College Committee, TAHPERD	2017-2018
Social Justice/Diversity Committee, NAKHE	2016-2021
Ethnic Minority Awards Committee, Southern District (SHAPE)	2015-2017
Board Member, First Choice Social Services, Dallas, Texas	2014-2021
Member, Commerce Community Cares Board of Directors (VP)	2014-Present
Texas Education Agency Coordinated School Health Program Reviewer	2013-2021
Journal Reviewer, TAHPRD	2013-2016

Past President, TAHPERD	2015-2016
President, TAHPERD	2014-2015
Executive Committee, TAHPERD	2013-2016
Texas Education Agency Coordinated School Health Materials Review Committee	2013-2014
President-Elect, TAHPERD	2013-2014
Member, Finance Committee, TAHPERD	2011-2015
Chair-Elect, Community Health Section, TAHPERD	2011-2012
Member, Awards Committee, TAHPERD	2011-2012
Member, Commerce Community Cares Board of Directors	2010-2014
Member, Health Education Committee, TAHPERD,	2001-Present
Member, Commerce Planning and Zoning Commission	2000-Present
Member, VP-Elect Nominating Committee, TAHPERD	2007-2010
Member, Board of Directors, TAHPERD,	2005-2008
Foundation Committee, TAHPERD,	2005-2007
Past Vice President, Health Division, TAHPERD	2006-2007
Vice President, Health Division, TAHPERD,	2005-2006
Vice President-Elect, Health Division, TAHPERD,	2004-2005
Member, Public Affairs Committee, TAHPERD,	2001-2003
Chair, Health Promotion Section, TAHPERD,	2001-2002
Chair-Elect, Health Promotion Section, TAHPERD,	2000-2001

Departmental

Ad Hoc Subcommittee for Alumni Reunion (Co-Chair)	2018-2021
College of Education and Human Services Scholarship Committee	2011-2021
Human Performance Committee	2011-2021
Strategic Planning Committee	2006-2021
Health Curriculum Committee	2004-2011
Physical Education Activities Program	2003-2011
Athletic Training Curriculum Committee	2003-2021
Faculty Evaluation Committee	2003-2011
TeXES Committee	2000-2011
Phi Pi Delta (Majors Club)	2000-2021
Academic Advisor	1999-2021
Departmental Recruiter (Undergraduate)	2007-2021
Chair, Search Committee to hire Assistant Athletic Trainer	2001

University

Manuscript Reviewer, College of Education and Human Services	Spring 2021-Present
Search Committee (VP for Inclusion)	Spring 2021
Athletic Council	Fall 2014-2021
Athletic Council (Compliance Sub-Committee)	Fall 2016-2021
Athletic Council (Academic Sub-Committee)	Fall 2014-2016
Diversity Sub-Committee	Fall 2014-2021
Faculty Handbook Committee	2014
Thesis/*Dissertation Committee	
*Rachael Calliccoat	Spring 2023-(In progress)
*Ruben Gomez	Spring 2023-(In progress)
*Shyulanda Randle-Filer	(Completed, Spring 2022)
*Litisha Haynes	(Completed, Spring 2022)

*Tobie Fuller	(Completed, Spring 2021)
*Maryanne Pina-Frodsham	Spring 2019 (In progress)
* Violet Dean	(Completed, Spring 2020)
*Jeff Harvey	(Completed, Fall 2018)
*Jeremiah Shipp	(Completed, Spring 2017)
*Meredith Clements	(Completed, Spring 2017)
Atsushi Yamaguchi	(Completed, Spring 2016)
Masoud Moghaddamm	(Completed, Spring 2016)
*Lydia Gonzales	(Completed, Spring 2016)
*Roosevelt Nivens	(Completed, Fall 2015)
*Kevin Phillips	(Completed, Fall 2015)
*Kenneth A. Masenda	(Completed, Fall 2015)
*Demetrius Hill	(Completed, Spring 2014)
*Rayna Y. Matthews	(Completed, Spring 2014)
*Edgar Reed	(Completed, Fall 2013)
Lisa Daniel	(Completed, Spring 2012)
Honor's Thesis Committee (1)	(Completed, Summer, 2016)
Honor's Thesis Committee, Chair (1)	(Completed, Spring 2014)
Honor's Thesis Committee (1)	(Completed, Fall 2012)
Honor's Thesis Committee (1)	(Completed, Spring 2012)
Honor's Thesis Committee (2)	(Completed, Fall 2010)
COEHS Scholarship Committee	2011-2021
Dean's Executive Council	2008-2011
Academic Appeals Committee	August 2006
Academic Appeals Committee	August 2004
Faculty Senate	2002-2004

HONORS, AWARDS, AND LISTINGS

Instructor Emeritus	2023
David K. Brace Award (TAHPERD)	2018
Honor Award (TAHPERD)	2017
Ethnic Minority Award (SHAPE) Southern District	2017
TAHPERD Trailblazer Award	2015
Health & Human Performance Lion Heart Award	2013-2014
Health & Human Performance Service Award	2011
Kentucky State University Athletic Hall of Fame	2010
TAHPERD (College/University) Health Educator of the Year	2008
Who's Who Among America's Teachers	2004
Lone Star Conference Champions (Football), A&M-Commerce	1990-1991
Outstanding Young Men of America	1983
America's Outstanding Names and Faces	1978
Who's Who Among Students in American Universities & Colleges	1977-1978
NAIA 2 nd Team All-American (Football), Kentucky State University	1977-1978
NAIA 2 nd Team All-American (Football), Kentucky State University	1976-1977
Academic Honor Student, Kentucky State University	1976-1978
Honorable Mention All-American (Football), Kentucky State University	1975-1976
Most Valuable Freshman (Football), Kentucky State University	1974-1975
Who's Who In National High School Athletics	1973-1974

Computer Skills

IBM Compatible computers; Operating system: Windows & XP Versions

Programs: Word, Excel and Power Point
 LCD projectors
 Student Information Systems: Banner
 FAMIS and CANOPY
 Degree Audit (Online Academic Advising)
 E-College (Online Delivery System)

Courses Taught:

Undergraduate Theory: Foundations of Kinesiology
 Concepts of Physical Activity
 First Aid and Safety
 Substance Use and Abuse
 Survey of Human Disease
 Biomechanics
 Sports Psychology
 Elementary School Materials in Health Education
 Secondary School Materials in Health Education
 Topics in Health and Exercise Science

Graduate: Critiquing and Conducting Research

Activity: Weight Lifting Physical Skills I Physical Skills II
 Bowling Tennis Racquetball Gymnastics

PUBLICATIONS

Edwards, Willie J. and Henry H. Ross (2018). What are they saying? Black Faculty at Predominantly White Institutions of Higher Education. *Journal of Human Behavior in the Social Environment*, 28:2, 142-161, DOI: 10.1080/10911359.2017.1391731

Ross, Henry H. and Willie J, Edwards (2015). African American Faculty Expressing Concerns: Breaking the Silence at Predominantly White Research Oriented Universities. *Journal of Race Ethnicity and Education*

Ross, H. H. (2010). Concerns of African American Faculty Employed at Predominantly White, Doctoral Extensive Universities. In S. Moore, A. Rudolph, Jr., & A.J. Lemelle, Jr. (Eds.), *Dilemmas of Black Faculty at U.S. Predominantly White Institutions: Issues of the Post-Multicultural Era* (pp. 339-364). Lewiston, NY: Edwin Mellen Press

Editor (2002). Faculty Handbook. Texas A&M University-Commerce.

Contributing Editor (2001). GRIDLOCK – Fetus Under Siege. *Health Education TEKS, A Guide for Teachers: Grades 9-12*. p. 26.

Submission: None

PRESENTATIONS

“STIs Among Drug Users”. Texas Department of License and Regulation (TDLR) Virtual Conference, June 14, 2021.

“STIs Among Drug Users”. Texas Department of License and Regulation (TDLR) Virtual Conference, November 10, 2020.

“STIs Among Drug Users”. Texas Department of License and Regulation (TDLR) Virtual Conference, August 10, 2020.

“STIs Among Drug Users”, with Mrs. Nora P. Ryan. Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Virtual Summer Conference, July 14, 2020.

“A Dream Deferred: A Dream Revisited”. Annual Martin Luther King Day speaker, Mt. Moriah Temple Baptist Church, Commerce, Texas; January 19, 2020

“Leadership YOU-niversity”. 36th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Leadership Conference, Granbury, Texas; January 18, 2020

“The Future of Health Education: New Pathways Towards Better Understanding”. 96th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Arlington, Texas; December 5, 2019

“STIs Among Drug Users”. Amistad Conference, The University of Texas at Dallas, Richardson, Texas; August, 12, 2019

Disaster Preparedness Class. School of Nursing, Texas A&M University-Commerce, Nursing Building, Commerce, Texas 75429; March, 2019

Disaster Preparedness Class. School of Nursing, Texas A&M University-Commerce; Nursing Building, Commerce, Texas 75429; March, 2018

Disaster Preparedness Class. School of Nursing, Texas A&M University-Commerce; Nursing Building, Commerce, Texas 75429; September 26, 2017

First Aid/CPR/Safety Question and Answer Session. Delta Tau Delta Fraternity’s Educational Week Road Program; 1803 Live Oak Street, Commerce, Texas; April 25, 2017

“It Does Not Matter Where You Come From, It’s Where You’re Going That Counts”. Delta Sigma Theta Sorority, Inc., Theta Nu Chapter Founder’s Week, Texas A&M University-Commerce, Commerce, Texas; April 18, 2017

“Transferability of Freshman Success into a Major Course”, with Dr. Quynh Dang. 2017 National Association for Kinesiology in Higher Education (NAKHE) Annual Conference, Orlando, Florida; January 2017

“Coach-Parent Relationships: Increasing Harmony and Minimizing Hassle”. 93rd Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; December 2, 2016

“Concerns of African American Faculty Employed at Predominately White Universities”. 93rd Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; December 2, 2016

Panelist, Race and Sport, Monday, October 24, 2016, Texas A&M University-Commerce, Commerce, Texas 75429

“Concerns of African American Faculty Employed at Predominately White Universities”. NAKHE Annual Conference, San Diego, California; January 8, 2016

Panelist, African American Male Mentorship Program, Tuesday, September 1, 2015, Texas A&M University-Commerce, Commerce, Texas 75429

KeyNote Speaker, National Association of Colored Women’s Club (NACWC) Annual Male Appreciation Program, Wednesday, February 11, 2015, Texas A&M University-Commerce, Commerce, Texas 75429

KeyNote Speaker, Houston Independent School District, Health and Physical Education Professional Development Winter Conference; Saturday, February 7, 2015, Forest Brook Middle School, 7525 Tidwell, Houston, Texas 77016

“Tips and Strategies for Maintaining a Healthy Weight”, with Dr. Lisa Alastuey. 90th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 6, 2013

“Get Back, Can’t Eat That: Rise In Food Allergies”, with **Ms. Amy Ketchum**. 89th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 30, 2012

“Personal and Family Preparedness: Planning for a Disaster”, with **Ms. Jennifer Wilkerson, FP-C**. 89th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 30, 2012
Guest Speaker, Converging Literacies Center (CLiC), Black History Month Speaker Series. February 21, 2012, Texas A&M University-Commerce, Business Administration 221.

“Physical Activity: Addressing Barriers and Implement Strategies”, with **Dr. Lisa Alastuey**. 88th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

“Spice Up Your Health Classes with Humor, Music, and Touch”, with **Dr. Lon Seiger**. 88th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

“Stress Management: Finding Calm Before the Storm”, with **Ms. Devon Herrman**. 88th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

CLiC Talk for Education: Panel Discussion. Texas A&M University-Commerce, Campus, November 28, 2011

“Sex Addiction: The Real Deal”, with **Dr. Tara Tietjen-Smith**. 87th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; December 3, 2010

“Conflict Resolution: It’s Never About Right or Wrong”. 86th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Arlington, Texas; December 3, 2009

“Reducing Sexual Assault: What Community Members Need to Know”, with **Mrs. Katrina Little**. 85th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Corpus Christi, Texas; December 5, 2008

“TAHPERD for Dummies”, with **Dr. Quynh Dang**. 85th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Corpus Christi, Texas; December 4, 2008

“Building the Health Curriculum”, 84th Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 29, 2007

“Coach-Parent Relationships: Increasing Harmony and Minimizing Hassle”, Texas A&M-Commerce 1st Annual Sports Conference, Commerce, Texas; February 23, 2007

“Managing Environmental Stress”, with **Dr. Quynh Dang**. 83rd Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Fort Worth, Texas; December 2006

“Stress and the College Student”, with **Dr. Tara Tietjen-Smith**. 83rd Annual TAHPERD Convention, Fort Worth; Texas, December 2006

“Sex and Seniors”, with **Dr. Quynh Dang**. 83rd Annual TAHPERD Convention, Fort Worth, Texas; December 2006

“Putting Burn-out on the Back Burner”, with **Dr. Lisa Alastuey**. 2005 P-16 Summer Instructional Excellence Demonstration Project, Gaylord Texan Grand Hotel and Convention Center, Grapevine, Texas; July 2005

“Eating Disorders and the Athlete.” 80th Annual TAHPERD Convention, Galveston, Texas; December 2003

“Death and Dying: Strategies for Coping with Grief.” 79th Annual TAHPERD Convention, Fort Worth, Texas; December 2002

“Sports and Social Interaction: What Do We Know?” 79th Annual TAHPERD Convention, Fort Worth, Texas; December 2002

“Health Instructional Strategies: Drop-In Center.” 78th Annual TAHPERD Convention, Corpus Christi, Texas; November 2001

“Kids in Crisis: Role of the Health Educator”, with **Dr. Sandy Weeks and Dr. Larry Chaloupka**. 78th Annual TAHPERD Convention, Corpus Christi, Texas; November 2001

“Social Interaction Between Black and White Male, Varsity Athletes”, Masters Thesis presented by Dr. Joel Thier. National Sports Sociology Convention, Dallas, Texas; 1981

COMMUNITY, UNIVERSITY, AND CIVIC ACTIVITIES

Board Member, First Choice Social Services, Dallas, Texas, 2014-Present

City of Commerce, Commerce Community Cares Board of Directors – June 2010-Present

Commerce Planning and Zoning Commission – 2001-Present

Omega Psi Phi Fraternity, INC. – May, 1993 – Present

Advisor, Student Veteran's Association, A&M-Commerce, 2012 - 2017

Invited Speaker for Lone Oak High School's Career/College Day – Spring 2007

Invited speaker for Delta Sigma Theta's "Founder's Week" Program – Spring 2006

Invited Speaker for Alpha Kappa Alpha's "Life After College" Forum – Spring 2005

Finance Committee, Mt. Olive Baptist Church – May 2005-Present

Invited Speaker for MLK Day Activities – January 2020

Invited Speaker for North Garland High School's "Rhythm Nation" Program – February 2004

Basileus, Delta Xi Chapter of Omega Psi Phi Fraternity, Greenville, Texas – October 2002-2007

Invited Speaker for Commerce I.S.D. Black History Month – February 2000-2004

Invited Speaker for Greenville I.S.D. Black History Month – February 1999-2004

Invited Speaker for Boles Home Graduation Exercises – May 1999

STUDY ABROAD EXPERIENCES

Counseling 497/597 **Costa Rica Study Abroad program – 2017-2018**

This has been a great learning experience for our students. Aside from hearing from professors at the University of Costa Rica, students learn from professionals in the field and are exposed to the latest treatments being used in Central America.

Counseling 497/597 **Costa Rica Study Abroad program – 2018-2019**

This has been a great learning experience for our students. Aside from hearing from professors at the University of Costa Rica, students learn from professionals in the field and are exposed to the latest treatments being used in Central America.

SERVICE ABROAD EXPERIENCES**Health Initiative Cambodia Service Abroad program – December, 2017**

For several years, students from the Health and Human Performance Department have engaged in a service-learning project with directors of orphanages in and around the city of Phnom Penh, Cambodia. Students used their skills and knowledge to teach games/activities, painting, design, and construction. Students also provided assistance on self- sustainability to children in orphanages and individuals living in a garbage dump community.

Health Initiative Cambodia Service Abroad program – December, 2018

For several years, students from the Health and Human Performance Department have engaged in a service-learning project with directors of orphanages in and around the city of Phnom Penh, Cambodia. Students used their skills and knowledge to teach games/activities, first aid and safety, painting, design, and construction. Students also provided assistance on self- sustainability to children in orphanages and individuals living in a garbage dump community.