

TAMITRA S. PANNELL

LCSW, LICSW, M.Ed

CONTACT



Tamitra.Panell@etamu.edu



EDUCATION

DOCTOR OF SOCIAL WORK

Tulane University

Aug 2024 - December 2026

(expected)

MASTER OF EDUCATION

Concordia University

2019-2021

MASTER OF SOCIAL WORK

University of Texas at Arlington

2002-2003

BACHELOR OF SOCIAL WORK

Grambling State University

1996-2001

TEACHING INTERESTS

- Trauma-Informed Practice
- School Social Work
- Clinical Social Work Practice
- Mental Health Assessment
- Evidence-Based Interventions
- Program Evaluation
- Child & Adolescent Mental Health

SUMMARY

Licensed Clinical Social Worker and doctoral student with extensive experience in trauma-informed mental health care, school-based behavioral health services, and clinical leadership. Passionate about preparing future social workers through evidence-based instruction, mentorship, and real-world clinical integration. Experienced in program evaluation, trauma-focused interventions, and interdisciplinary collaboration to improve outcomes for vulnerable populations.

CLINICAL AND LEADERSHIP EXPERIENCE

DIVINED HEALING PLLC

Clinical Director/Psychotherapist

2024 - Present

- Provide trauma-informed psychotherapy to adolescents and adults using evidence-based practices including EMDR and CBT
- Conduct comprehensive mental health assessments and develop individualized treatment plans
- Facilitate individual and group therapy sessions addressing trauma, anxiety, depression, and behavioral challenges
- Oversee clinical operations, documentation standards, and ethical compliance

AIDS HEALTHCARE FOUNDATION

Licensed Clinical Social Worker

2025 - Present

- Provide behavioral health counseling and crisis intervention services to individuals living with HIV/AIDS
- Collaborate with interdisciplinary healthcare teams to support holistic patient care
- Conduct psychosocial assessments and develop treatment plans addressing complex mental health needs



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LICENSURE

- LCSW- STATE OF TEXAS
- LCSW- STATE OF LOUISIANA
- LICSW- STATE OF NEW HAMPSHIRE

CERTIFICATIONS

- CERTIFIED EMDR THERAPIST
- CERTIFIED SEX THERAPY INFORMED PROFESSIONAL
- RESTORATIVE PRACTICES COORDINATOR

PROFESSIONAL AFFILIATIONS

- EMDR INTERNATIONAL ASSOCIATION
- CLINICAL SOCIAL WORK ASSOCIATION
- NATIONAL ASSOCIATION OF BLACK SOCIAL WORKERS

RESEARCH INTERESTS

- TRAUMA-INFORMED EDUCATIONAL PRACTICES
- EDUCATOR IMPLEMENTATION OF MENTAL HEALTH INTERVENTIONS
- SCHOOL-BASED BEHAVIORAL HEALTH SERVICES
- STUDENT-TEACHER RELATIONSHIPS AND TRAUMA

PROFESSIONAL EXPERIENCE

FORT WORTH INDEPENDENT SCHOOL DISTRICT

Specialist - Student Support Services

2019-2025

- Provided behavioral and mental health support to students and families within the school system
- Collaborated with educators and administrators to address academic and behavioral challenges
- Implemented trauma-informed strategies to improve student engagement and classroom outcomes

FORT WORTH INDEPENDENT SCHOOL DISTRICT

Social Worker II

2008-2019

- Provided counseling and case management for pregnant and parenting adolescents.
- Delivered crisis intervention and trauma-informed support services