

Rebecca Monroe

LCSW-Supervisor

Highly motivated and experienced clinician with 15 years of experience in the social work field. Doctor of Social Work student possessing a strong commitment to student learning and demonstrated expertise in the social work field. A committed field instructor and clinical supervisor, both local and virtual learning platforms. Seeking to contribute practical knowledge and academic insights as an Adjunct Faculty member at East Texas A&M.

EDUCATION

Doctor of Social Work

University of Kentucky College of Social Work
01/2025-Present Lexington, KY

Master of Social Work

University of Southern California
08/2013-05/2015 Los Angeles, CA

BA Psychology

Georgetown College
08/2004-05/2008 Georgetown, KY

WORK EXPERIENCE

Senior Director of Adult MH & Crisis Services

Texoma Community Center
10/2018-Present Sherman, TX
Contact: Sylvia Cave 903-267-9616

Owner/Executive Director

RM Clinical Services
08/2023-Present Sherman, TX

Facility Administrator

Grayson County Juvenile Services
06/2017-09/2018 Denison, TX
Contact: Susan Hricko 903-814-1603

Managed Care & Training Specialist

Texoma Community Center
06/2012-08/2014 Sherman, TX

Adult MH Case Manager

MHMR Services of Texoma
04/2011-06/2012 Sherman, TX

Mental Health Technician

Eastern State Bluegrass Regional Care Home
2010-2011 Lexington, KY

Mental Health Technician

Ridge Behavioral Health Care
2008-2010 Lexington, KY

Long-Term Care Liaison

Park View Psychiatric Services
2009-2010 Jeffersonville, IN

CERTIFICATIONS/SPECIALTIES

Cognitive Behavioral Therapy
Adult Needs and Strengths Assessment (ANSA) Super User
Prevention and Management of Aggressive Behavior (PMAB)
Illness Management Recovery (IMR)
Seeking Safety
Cognitive Adaptation Training
Mental Health First Aid
CPR/First Aid

TRAINING OR TEACHING EXPERIENCE

Field Practicums & Internships
Post-Graduate Clinical Supervision
Family Roles & Dynamics
Motivational Interviewing
Verbal De-Escalation
Crisis-Intervention & Risk Assessment
Human Behavior & the Social Environment
Leadership
Psychopathology & Mental Health

FIELD INSTRUCTOR EXPERIENCE

East Texas A&M	University of Oklahoma
Capella	Antioch Christian
UT Arlington	Austin College
Antioch University, NE	University of Louisville
Liberty	Amberton University
Southern New Hampshire University	

VIRTUAL PLATFORM EXPERIENCE:

Sonia
TK20
Tevera
Core
Canvas
In-Place
Blackboard
SupervisionAssist

SKILLS

Clinical & Behavioral Health

- Clinical assessment & diagnosis
- Crisis intervention & risk assessment
- Psychosocial rehabilitation & skills training
- Trauma-Informed Care (TIC)
- Cognitive Behavioral Therapy (CBT)
- Mental health counseling (individual, group, family)
- Substance use screening and treatment coordination
- Wraparound facilitation and supervision
- Utilization management and fidelity oversight

Clinical Supervision

- Delivering clinical oversight and case consultation
- Providing board-approved competency-based supervision hours
- Coaching interns and early-career clinicians towards licensure
- Supporting individual learning and professional development goals

Training & Teaching

- Curriculum design & development for patients
- Developing and delivering trainings on clinical models, documentation, and evidenced-based practices
- Public speaking and presentation skills
- Assessing learning and modifying content based on feedback & performance
- Identifying gaps in knowledge/practice and developing appropriate plans

Leadership & Support

- Multidisciplinary team collaboration
- Providing feedback and growth-oriented support
- Ethical and legal compliance
- Strategic program development
- Policy development and compliance

Community & Cross System Collaboration

- Justice system and law enforcement collaboration
- Inter-agency coordination (jails, hospitals, long-term care facilities)
- Veteran peer support services

Technical Proficiency

- Electronic Health Records (EHRs)
- Medicaid/insurance billing platforms
- Microsoft Office Suite
- Google Office
- Data tracking and outcome reporting tools
- Online education portals including: TK20, Canvas, Blackboard, etc.

References available upon request