

Dr. Carrie L. Jones, Ph.D., M.Ed., LPC

Licensed Professional Counselor

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ACADEMIC PROFILE

Counselor educator, author, site supervisor, and Licensed Professional Counselor with over 25 years of experience in counseling, education, and mental health services. Holds a terminal degree in Marriage and Family Therapy with extensive clinical mental health experience, university-level teaching preparation, curriculum development expertise, scholarly contributions, and supervision of counseling practicum students. Committed to student-centered, trauma-informed, and culturally responsive instruction in counselor education.

EDUCATION

Texas Wesleyan University, Fort Worth, TX (2018–2022)

Doctor of Philosophy (Ph.D.), Marriage and Family Therapy

Dissertation: A Solution-Focused Narrative Therapy Approach to Improve the Quality of Marriage in African American Women Who Have Experienced Childhood Sexual Trauma

Chair: Dr. Linda Metcalf

Dallas Baptist University, Dallas, TX (1998–2000)

Master of Education (M.Ed.), School Counseling

University of North Texas, Denton, TX (1988–1990)

Bachelor of Science (B.S.), Emergency Administration and Planning

Minor: Public Address and Communication

LICENSURE & CREDENTIALS

Licensed Professional Counselor (LPC), State of Texas – Active

Educational Leadership & Administration Certification

AREAS OF TEACHING & SUPERVISION COMPETENCE

Introduction to Counseling

Mental Health Foundations

Marriage and Family Therapy

Trauma-Informed Counseling

Multicultural Counseling

Ethics in Counseling

Human Development

Crisis Intervention

Group Counseling

Grief & Loss Counseling

Practicum & Internship Supervision

PUBLICATIONS & SCHOLARLY CONTRIBUTIONS

Jones, C. L. (2025). She Was Afraid to Tell. Amazon KDP.

Children's book addressing childhood sexual abuse awareness, trauma, and disclosure; utilized as an educational and therapeutic resource.

Jones, C. L. (Co-Author). Social Justice Chapter.

In L. Metcalf (Ed.), Marriage and Family Therapy: Theory and Practice (3rd ed.).

Contribution focused on social justice, cultural responsiveness, and ethical considerations in marriage and family therapy.

ACADEMIC, CLINICAL & SUPERVISION EXPERIENCE

Owner & Licensed Professional Counselor

Renewed Mind Marriage & Family Counseling, PLLC | Texas | 2020–Present

- Provide clinical mental health services to individuals, couples, families, and groups
- Serve as site supervisor for counseling practicum and internship students from East Texas A&M University–Commerce and other universities
- Provide individual and group supervision aligned with university, CACREP, and state licensure requirements
- Evaluate student clinical performance and complete supervision documentation and evaluations
- Integrate counseling theory, ethics, and professional identity development into supervision
- Supervise and mentor emerging counseling professionals
- Develop treatment plans, case notes, and clinical documentation
- Deliver psychoeducational workshops and presentations on mental health

Grief Group Facilitator

Lighthouse for New Hope Grief and Loss Center | Texas

- Facilitated grief and loss support groups for individuals coping with bereavement
- Provided psychoeducation on the stages of grief, coping strategies, and emotional regulation
- Created a safe, supportive group environment promoting healing and peer support
- Utilized trauma-informed and culturally responsive group facilitation practices

Domestic Violence Hotline & Safe House Counselor

The Family Place | Dallas, TX | 2002–2007

- Provided crisis counseling and safety planning for women and children impacted by domestic violence

- Responded to hotline calls involving acute trauma, risk assessment, and crisis intervention
- Supported residents in a safe house setting through emotional stabilization, advocacy, and resource coordination
- Collaborated with multidisciplinary teams to ensure ethical, trauma-informed care
- Maintained confidentiality and documentation in compliance with agency and legal standards

Counselor & Leadership Team Professional

Mesquite Independent School District – Berry Middle School | 2002–2019

- Designed and implemented comprehensive guidance curriculum for 1,100+ students
- Delivered classroom instruction in social-emotional learning and mental health topics
- Collaborated with faculty on trauma-informed educational practices
- Led parent education and professional development sessions

School Counselor & Classroom Teacher

Dallas Independent School District | 1994–2002

- Taught and counseled diverse student populations using student-centered instruction
- Developed lesson plans, curriculum materials, and assessments
- Supported academic and emotional development of students

COMMUNITY EDUCATION & PROGRAM DEVELOPMENT

Event Coordinator & Program Developer – Marriage & Family Education

Various Community & Nonprofit Organizations | Texas

- Designed and facilitated marriage and relationship enrichment seminars for adults
- Developed curriculum-based programming addressing communication, conflict resolution, emotional regulation, and relational wellness
- Collaborated with community leaders to implement sustainable marriage and family education initiatives

- Delivered psychoeducational content grounded in counseling theory and mental health best practices
- Facilitated group discussions supporting healthy relationships and family systems

Community Mental Health Education & Workshops

- Facilitated community-based educational workshops on grief, depression, and anxiety
- Delivered psychoeducation on coping strategies, emotional regulation, and mental wellness
- Integrated evidence-based mental health concepts into accessible learning formats
- Engaged diverse adult audiences through interactive discussion and reflective activities
- Promoted mental health awareness, stigma reduction, and help-seeking behaviors

SAMPLE COURSES & MATERIALS (AVAILABLE UPON REQUEST)

- Introduction to Counseling – Sample syllabus available
- Mental Health Foundations – Sample syllabus available

TEACHING & SUPERVISION SKILLS

Syllabus and curriculum development

Lecture design and facilitation

Online, hybrid, and face-to-face instruction

Practicum and internship supervision

Student assessment and evaluation

Blackboard and virtual learning platforms

Academic mentoring and professional gatekeeping

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy (AAMFT)

Texas Association for Marriage and Family Therapy (TAMFT)

Delta Sigma Theta Sorority, Inc.