

Dr. Carrie L. Jones, Ph.D., M.Ed., LPC

Licensed Professional Counselor

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## ACADEMIC PROFILE

Counselor educator, author, site supervisor, and Licensed Professional Counselor with over 25 years of experience in counseling, education, and mental health services. Holds a terminal degree in Marriage and Family Therapy with extensive clinical mental health experience, university-level teaching preparation, curriculum development expertise, scholarly contributions, and supervision of counseling practicum students. Committed to student-centered, trauma-informed, and culturally responsive instruction in counselor education.

## EDUCATION

Texas Wesleyan University, Fort Worth, TX (2018–2022)

Doctor of Philosophy (Ph.D.), Marriage and Family Therapy

Dissertation: A Solution-Focused Narrative Therapy Approach to Improve the Quality of Marriage in African American Women Who Have Experienced Childhood Sexual Trauma

Chair: Dr. Linda Metcalf

Dallas Baptist University, Dallas, TX (1998–2000)

Master of Education (M.Ed.), School Counseling

University of North Texas, Denton, TX (1988–1990)

Bachelor of Science (B.S.), Emergency Administration and Planning

Minor: Public Address and Communication

## LICENSURE & CREDENTIALS

Licensed Professional Counselor (LPC), State of Texas – Active  
Educational Leadership & Administration Certification

## AREAS OF TEACHING & SUPERVISION COMPETENCE

Introduction to Counseling

Mental Health Foundations

Marriage and Family Therapy

Trauma-Informed Counseling

Multicultural Counseling

Ethics in Counseling

Human Development

Crisis Intervention

Group Counseling

Grief & Loss Counseling

Practicum & Internship Supervision

## PUBLICATIONS & SCHOLARLY CONTRIBUTIONS

Jones, C. L. (2025). *She Was Afraid to Tell*. Amazon KDP.

Children's book addressing childhood sexual abuse awareness, trauma, and disclosure; utilized as an educational and therapeutic resource.

Jones, C. L. (Co-Author). Social Justice Chapter.

In L. Metcalf (Ed.), *Marriage and Family Therapy: Theory and Practice* (3rd ed.).

Contribution focused on social justice, cultural responsiveness, and ethical considerations in marriage and family therapy.

## ACADEMIC, CLINICAL & SUPERVISION EXPERIENCE

### Owner & Licensed Professional Counselor

Renewed Mind Marriage & Family Counseling, PLLC | Texas | 2020–Present

- Provide clinical mental health services to individuals, couples, families, and groups
- Serve as site supervisor for counseling practicum and internship students from East Texas A&M University–Commerce and other universities
- Provide individual and group supervision aligned with university, CACREP, and state licensure requirements
- Evaluate student clinical performance and complete supervision documentation and evaluations
- Integrate counseling theory, ethics, and professional identity development into supervision
- Supervise and mentor emerging counseling professionals
- Develop treatment plans, case notes, and clinical documentation
- Deliver psychoeducational workshops and presentations on mental health

### Grief Group Facilitator

Lighthouse for New Hope Grief and Loss Center | Texas

- Facilitated grief and loss support groups for individuals coping with bereavement
- Provided psychoeducation on the stages of grief, coping strategies, and emotional regulation
- Created a safe, supportive group environment promoting healing and peer support
- Utilized trauma-informed and culturally responsive group facilitation practices

### Domestic Violence Hotline & Safe House Counselor

The Family Place | Dallas, TX | 2002–2007

- Provided crisis counseling and safety planning for women and children impacted by domestic violence

- Responded to hotline calls involving acute trauma, risk assessment, and crisis intervention
- Supported residents in a safe house setting through emotional stabilization, advocacy, and resource coordination
- Collaborated with multidisciplinary teams to ensure ethical, trauma-informed care
- Maintained confidentiality and documentation in compliance with agency and legal standards

#### Counselor & Leadership Team Professional

Mesquite Independent School District – Berry Middle School | 2002–2019

- Designed and implemented comprehensive guidance curriculum for 1,100+ students
- Delivered classroom instruction in social-emotional learning and mental health topics
- Collaborated with faculty on trauma-informed educational practices
- Led parent education and professional development sessions

#### School Counselor & Classroom Teacher

Dallas Independent School District | 1994–2002

- Taught and counseled diverse student populations using student-centered instruction
- Developed lesson plans, curriculum materials, and assessments
- Supported academic and emotional development of students

#### COMMUNITY EDUCATION & PROGRAM DEVELOPMENT

Event Coordinator & Program Developer – Marriage & Family Education

Various Community & Nonprofit Organizations | Texas

- Designed and facilitated marriage and relationship enrichment seminars for adults
- Developed curriculum-based programming addressing communication, conflict resolution, emotional regulation, and relational wellness
- Collaborated with community leaders to implement sustainable marriage and family education initiatives

- Delivered psychoeducational content grounded in counseling theory and mental health best practices
- Facilitated group discussions supporting healthy relationships and family systems

#### Community Mental Health Education & Workshops

- Facilitated community-based educational workshops on grief, depression, and anxiety
- Delivered psychoeducation on coping strategies, emotional regulation, and mental wellness
- Integrated evidence-based mental health concepts into accessible learning formats
- Engaged diverse adult audiences through interactive discussion and reflective activities
- Promoted mental health awareness, stigma reduction, and help-seeking behaviors

#### SAMPLE COURSES & MATERIALS (AVAILABLE UPON REQUEST)

- Introduction to Counseling – Sample syllabus available
- Mental Health Foundations – Sample syllabus available

#### TEACHING & SUPERVISION SKILLS

Syllabus and curriculum development

Lecture design and facilitation

Online, hybrid, and face-to-face instruction

Practicum and internship supervision

Student assessment and evaluation

Blackboard and virtual learning platforms

Academic mentoring and professional gatekeeping

#### PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy (AAMFT)

Texas Association for Marriage and Family Therapy (TAMFT)

Delta Sigma Theta Sorority, Inc.