



August 2026

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Academic Department: Health and Human Performance

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EDUCATION

DrPH	2025	University of Alabama, Birmingham <i>Track:</i> Maternal and Child Health & Policy
MPH/MA	2018	University of California, Los Angeles <i>Tracks:</i> Community Health Sciences / African Studies <i>Graduate Certificates:</i> Global Health, Food Studies
BA	2014	University of Massachusetts, Boston <i>Majors:</i> Psychology, History

TEACHING EXPERIENCE

Department of Health and Human Promotion, East Texas A&M University

Instructor, Undergraduate Courses – Public Health Concentration

- **HHPH 385:** Current Issues in Health, Fall 2026 (online)

School of Public Health, University of Alabama at Birmingham

Primary Instructor, Undergraduate Courses – Global Health Concentration

- **PUH 202:** Introduction to Global Health, Summer 2022 (online), Summer 2023 (online).
- **PUH 432:** Global Health Cases, Spring 2022 (online), Spring 2023 (online).

Teaching Assistant, Undergraduate Courses – Global Health Concentration

- **PUH 202:** Introduction to Global Health, Spring 2024 (in-person).
- **PUH 432:** Global Health Cases, Fall 2022 (In-person).

Teaching Assistant, Graduate Courses

- **GHS 601:** Global Health Partnerships and Development, Fall 2021 (online).
- **HPO 628:** Qualitative and Mixed Methods Research in Public Health, Fall 2023 (online/in-person).
- **HPO 632:** Leadership in Maternal Child Health, Fall 2023 (online).

College of Arts and Sciences, University of California Los Angeles

Teaching Assistant, Undergraduate Courses

- **INTL DV 110:** Economic Development & Culture Change, Summer 2016 Session A (in-person), Summer 2016 Session C (in-person).
- **PS 139:** Civil Wars & Ethnic Conflicts of the Middle East, Spring 2016 (in-person).

INVITED LECTURES & PRESENTATIONS

06/2026	<i>Panelist</i> , “The Invisible Weight: Maternal Mental Health, Community Support & the Village That Heals.” The Heart Next Door . Virtual presentation. Delivered 05/26/2026.
11/2025	<i>Guest Lecturer</i> , “Postpartum African-Born Women Perceptions, Experiences, and Recommendations For Culturally Informed Perinatal Mental Health Support in the United States.” Geisinger Commonwealth School of Medicine . Virtual Presentation. 11/24/25.
08/2025	<i>Presenter/Panelist</i> , “Exploring Current Research in Local & Global Maternal and Child Health.” MCH Student Association at the University of Alabama at Birmingham Virtual presentation. Delivered 8/2/2025.
3/2025	<i>Judge</i> , “2025 Global Health Case Competition: Prevention of Road Traffic Injuries in High and Low-Capacity States of India.” Sparkman Center of Global Health, University of Alabama at Birmingham . In-person. Attended 3/8/25.
02/2025	<i>Presenter</i> , “Predictor Determinants and Outcomes of Perinatal Depression Among Black Foreign-Born Women of Reproductive Age in the United States” (Abstract ID# 832) Consortium of Universities for Global Health 2025 , Poster Presentation. Delivered 2/21/25.
04/2024	<i>Presenter</i> , “Female Genital Cutting: A Global and Reproductive Health Issue.” In-person Lecture. School of Public Health, University of Alabama at Birmingham . Delivered 4/4/2024.

- 03/2024** *Presenter*, “A 5-step process for recruitment of participants in social media interventions: Lessons learned from a pilot digital campaign in West Africa” (Abstract ID# 253) **Consortium of Universities for Global Health 2024**, Poster Presentation. Delivered 3/8/24.
- 02/2024** *Panelist*, “Black Maternal Health Panel” Hosted by Black Undergraduate Medical Association and Minority Association of Pre-Health Students at **University of Alabama at Birmingham**. Delivered 2/28/24.
- 11/2023** *Presenter*, “Push and pull factors affecting medical doctor brain drain from Nigeria to the United States,” (Abstract ID# 524523) **American Public Health Association 2023**, Oral Presentation. Delivered 11/15/23.
- 07/2023** *Guest Lecturer*, “Teamwork and Partnerships in Global Health Practice,” GH 100: Global Health and Development. Undergraduate. **School of Public Health, University of California, Los Angeles**, Virtual Presentation. Delivered 7/19/23.
- 11/2022** *Presenter*, “California Pathways into Public Health Mentorship Program: A model for sustaining a diverse public health workforce,” **American Public Health Association 2022**, Delivered 11/8/22. Poster Presentation.
- 01/2022** *Co-Presenter*, “Keen Eyes: Trachoma Prevention Program for Maasai Community,” **University of Alabama Birmingham Global Case Competition**, Virtual Presentation. Delivered 1/29/22.
- 08/2021 – 08/2021** *Presenter*, 10 Essential Public Health Services, **CDPH California Pathways into Public Health Initiative (Cal-PPH)**. Orientation, Delivered 8/27/21.
- 04/2021 – 08/2022** *Facilitator*, Vaccine Communication, **California Virtual Training Academy +**
- 03/2021 – 12/2021** *Facilitator*, Presenter. School Specialist, **California Virtual Training Academy +**
- 03/2021 – 08/2022** *Facilitator*, Cultural Humility, **California Virtual Training Academy**
- 02/2021 – 08/2022** *Facilitator*, Case Investigation and Contact Tracing, **California Virtual Training Academy +**

02/2021 – 03/2021 *Facilitator, Risk Communication. California Virtual Training Academy +*

PROFESSIONAL DEVELOPMENT & ADDITIONAL CERTIFICATIONS

Instructor Trainings, Center for Teaching and Learning, University of Alabama at Birmingham

10/2022 – 04/2023

Teaching Writing: Providing Writing Feedback to Non-Native Speakers of English

Teaching Effectiveness: Using Zoom in Face-to-face Classes

Teaching Effectiveness: How Students Learn

Teaching Effectiveness: Using Video in Your Classes

Teaching Effectiveness: Using Discussions in Face-to-face Classes

Teaching Effectiveness: Asking Questions

Teaching Effectiveness: Engaging Presentations for Face-to-face Classes

Accessibility: Creating Documents and Presentations

Global Awareness: Exploring UAB International Student Backgrounds

Global Awareness: Unconscious Bias

Global Awareness: Supporting the Development of Critical Thinking Skills

Global Awareness: Managing Group Work with Cross-cultural Savvy

Global Awareness: Safe Zone

Public Health Law Trainings, CDC TRAIN Learning Network, CDC/Public Health Law Fellowship

09/2023 – 12/2023 *Public Health Law: Past and Present*

Preemption and Public Health

Introduction to Legal Epidemiology

Introduction to Legal Mapping

Mental Health Advocate, UAB Student Counseling Services, University of Alabama at Birmingham

11/2021 *Question, Persuade, Refer (QPR) Suicide Prevention*

HONORS & AWARDS

03/2023 *Recipient, Global Health Foreign Travel Award, Sparkman Center for Global Health, UAB*

05/2017 *Recipient, Conrad N. Hilton Global Summer Scholars, UCLA*

05/2017 *Recipient, Drabkin-Neumann Internship in Global Health, UCLA*

PROFESSIONAL AFFILIATIONS

Consortium of Universities for Global Health (2024 – Present)

American Public Health Association (2022 – Present)

African Studies Association (2015 – Present)
Golden Key International Honour Society (2014 – Present)

LANGUAGES

English (Native).

French (Intermediate).