

FACULTY VITA

Dr. Christian A. Henry, LPC, NCC

Assistant Professor (Tenure Track)

(Updated 07/21/2025)

East Texas A&M University (ETA&M)

Department of Counseling

AREA OF EXPERTISE

*Grief and Loss	*Counselor Wellness
*Sports/Athlete Mental Health	*Geriatric Mental Health and Aging
*Adolescent/Young Adult Transitions	*Domestic Violence Trauma
*Identity/Purpose Exploration	*Self-Esteem/Motivation
*Multicultural/Social Justice Issues	*Substance Use

I. EDUCATION

<u>Year</u>	<u>Degree</u>	<u>Major</u>	<u>Institution</u>
2023	Ph.D.	Counselor Education and Supervision	Texas A&M University-Commerce (Formally Known as East Texas A&M University)
Dissertation: Henry, C. (2023). <i>The Mental Health Challenges associated with Educated Middle Class African American Males' Perceptions of Potential Police Brutality: A Qualitative Inquiry</i>			
2019	M.S.	Counseling	Texas A&M University-Commerce (Formally Known as East Texas A&M University)
2016	B.S.	Psychology	Texas A&M University-Commerce (Formally Known as East Texas A&M University)
2014	A.S	Psychology	Paris Junior College

II. PROFESSIONAL EXPERIENCE

A. Teaching

<u>Begin/End Year</u>	<u>Place of Employment</u>	<u>Rank/Job Title</u>
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08/2025- Present	East Texas A&M University Department of Counseling Commerce, TX	Assistant Professor (Tenure Track)
08/2024 – 08/2025	East Texas A&M University Department of Counseling Commerce, TX	Adjunct Interim Instructor
06/2024-08/2024	East Texas A&M University Department of Counseling Commerce, TX	Adjunct Instructor
08/2022	East Texas A&M University Department of Counseling Commerce, TX	Graduate Teacher Assistant
01/2022	East Texas A&M University Department of Counseling Commerce, TX	Graduate Teacher Assistant
06/2021	East Texas A&M University Department of Counseling Commerce, TX	Graduate Teacher Assistant

B. Mental Health

08/2024-Present	M.O.S.H. Counseling Services Virtual	Licensed Professional Counselor/Owner
01/2022-08/2024	New Horizons Center for Healing McKinney, TX	Licensed Professional Counselor
06/2020-01/2022	The Mental Health Clinic of Greenville Greenville, TX	Licensed Professional Counselor
06/2020-01/2021	Mesquite ISD Counseling Center Virtual	Doctoral Student Intern
06/2020-08/2020	Harold Murphy Clinic Virtual	Doctoral Student Intern
08/2018-08/2019	Hunt Regional Outpatient Behavioral Health	Master Student

Commerce, TX

Intern

III. SCHOLARLY PUBLICATION RECORD

A. *Published Peer-Reviewed Articles:*

1. Love, M., Hendricks, L. **Henry, C.**, & Smith, D., (2025) African American Females' Perceptions of Barriers Related to the Utilization of University Mental Health Services. *Journal of Texas Association of Black Personnel in Higher Education*, 2 (2) ISSN 3065-4084.
2. **Henry, C.** & Hendricks, L. (2024). The Mental Health Challenges Associated with Educated Middle Class African American Males' Perceptions of Potential Police Brutality: A Qualitative Inquiry. *Journal of Wisdom Within Quarterly*, 1 (1). ISSN: 3065-4084
3. Barner, F., Roland, L., Hendricks, L., **Henry, C.**, Smith D., & Smith, M. (2024). Deadly Fentanyl: Knowledge and Impact on African Americans Living in Rural East Texas. *Journal of Wisdom Within Quarterly*, 1 (1) ISSN 3065-4084.

B. *Peer-Reviewed Articles under review:*

1. Hendricks, L., & **Henry, C.** (2024). The Racial Identity Development of African American Greek Organizations at Predominately White Institutions compared to Historically Black College/Universities.
2. **Henry, C.**, Hendricks, L., & Smith, D. (2024). "My Black Son Matters": Black Mothers' Mental Health Concerns when their Black Sons are Potentially Exposed to Police Brutality.
3. **Henry, C.**, Hendricks, L., & Smith, D. (2024). Views from the Black Baby Boomer Era: Older Black Males' Perception of Police Violence Exposure and the Impact on their Mental Health.

C. *Books/Book Chapters:*

1. *Completed Books*
 - i.
2. *Books in Progress*
 - i. **Henry, C.**, Hendricks, L., & Smith, D. (2024). Grieving while Black in America: Understanding the Process of Grieving and Multiple forms of Losses in the Black Community
3. *Completed Book Chapters*
 - i.
4. *Book Chapters in Progress*

D. *Newsletters:*

1. **Henry, C.** & Mitchell, K. (2024). How Identity-Based Bullying and Microaggressions Impact the Identity Development among Black Middle Schoolers in Texas. Association for Child and Adolescent Counseling.

IV. PRESENTATIONS

A. *International*

1. **Henry, C. & Hendricks, L. (2025)** “Collegiate Black Males’ Traumatic Experiences with Police Shooting” 6th Cohen Peace Conference. Ball State University.
2. Hendricks, L. & **Henry, C.,** Love, M. (2021). Racial Microaggressions and Inequities Faced by Black Professors’ Tenure Process. Presented at the 2021 North American Community: Uniting for Equity Seminar.

B. National

1. **Henry, C. & Hendricks, L. (2025).** Blacks increased levels of anxiety associated with police shootings of African American males. Association for Counselor Education and Supervision, Philadelphia, Pennsylvania.
2. **Henry, C. (2025).** Vaping in the shadows: how social media and parental gaps fuel middle school addiction. TDLR. Invited to present to mental health professionals regarding substance abuse.
3. **Henry, C.,** Hendricks, L., & Love, M. (2025) "I just want to make it out" a Black man's mental health dilemma when pursuing an education while being exposed to police brutality on campus [Virtual conference presentation]. Chi Sigma Iota: Counseling Academic and Professional Honor Society International Omega Chapter.
4. Hendricks, L., Smith, D., **Henry, C.,** Stewart, D., Schmit, M. (2025). “Deadly Fentanyl: Knowledge and Impact on Rural East Texas,” American Counseling Association, Orlando, FL.
5. **Henry, C.,** Hendricks, L., & Love, M. (2025). “I just want to make it out”: A Black man’s mental health dilemma when pursuing an education while being exposed to police brutality on campus. Presented virtually for the Chi Sigma Iota chapter at Antioch University Seattle.
6. **Henry, C.,** Hendricks, L., & Love, M. (2025). Collegiate Black males’ traumatic experiences with police shootings. Presented virtually at the Benjamin V. Cohen Peace Conference: Cultivating Paths to Sustainable Peace.
7. **Henry, C. (2024, 2023, 2022, 2021).** Grief and Loss Associated with Substance and Alcohol Use. TDLR. Invited to present to mental health professionals regarding substance abuse.

C. State

1. **Henry, C.,** Harris, A., Hendricks, L., Hudson, E., Love, M., & Smith, D.(2025). "I Just Want to be Successful": The Traumatic Impact of Racial Microaggressions resulting from Potential Police Brutality Exposure During a Black Man's Journey to an Equal Education at a Predominately White Institution (PWI). Texas Association of Black Personnel in Higher Education (TABPHE) Annual Conference.
2. **Henry, C.,** Hendricks, L., (2024). The Use of Adlerian Concepts in Evaluating African American Males' Traumatic Experiences with Police Shootings: the Lens of a Counselor Educator, Supervisor, Researcher, Advocate, and Counselor. Texas Counseling Association Annual Conference.

3. **Henry, C.**, Hendricks, L., Hudson, E., & Mitchell, K. (2024). Alcohol and Drug Use Among African Americans. Invited to present to Sante Institute for Professional Education and Research (SIPER) on substance use and addictions.
4. Camargo, E., Fuentes, F., **Henry, C.**, & Johnson, R. (2024). Being a Person of Color in Academia: Navigating Conversations around BIPOC Professional Burnout and Well-Being. Invited to join a panel discussing diversity in the workplace.
5. **Henry, C.** (2024). The Importance of Mental Health Awareness amongst African Americans when Pursuing high Success in Careers. Invited to speak on mental health in the African American community for the Black Achievers Professional Network of Dallas, Texas.

D. University

1. **Henry, C.** (2025). “My cup is empty”: pouring into a dissertation while managing life’s demands. East Texas A&M Counseling Department.
2. **Henry, C.** (2025). Silent Struggles: navigating grief, loss, and workplace challenges while having disabilities. University of North Texas (UNT Wise).
3. **Henry, C.**, Hudson, E. (2024). Career Track Differences: School Counselor vs Licensed Professional Counselor. East Texas A&M Counseling Department.
4. **Henry, C.** (2023). Dissertation Galore: A Peer Overview of Effective Ways to Actively Prepare for your Dissertation as a Mental Health Professional. East Texas A&M Counseling Department.
5. **Henry, C.** (2021). 2021 Recovery Month Celebration. Invited to introduce speaker to East Texas A&M students about the importance of substance and alcohol recovery.

E. Community

1. **Henry, C.** (2025). 3rd Annual Miss Juneteenth Texas, USA Pageant “Beauty in Black”. Invited by Karrie Hargrave to be a key note speaker on mental health correlated with beauty pageants and the impact on youth success. Texas City, Texas.
2. Collins, K., Dent, L., **Henry, C.**, Mills, R., & Oriji, N. (2024). 2024 Spring NAACP Garland Education Forum addressing Bullying: Problems and Solutions.
3. Higgs, L., **Henry, C.**, Lockett, C., Petteway, T., & Wilson, S. (2024). Stigmas associated with African Americans and Mental Health. 2024 Community Mental Health Fair invited by the Chi Zeta Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated.
4. **Henry, C.**, Hendricks, L., Howard, E. (2024). Mental Health Challenges of African Americans in the Workplace Panel. 2024 Community Mental Health Fair invited by the Chi Zeta Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated.
5. **Henry, C.** (2024). 2024 MLK Award Ceremony. Invited to introduce the keynote speaker of the Hunt County MLK Award Ceremony acknowledging humanitarians within the community.

6. **Henry, C.** (2023). 3rd Annual Janet Peek and Ann Champion Women of Distinction and Honor. Selected as the keynote speaker to recognize women of distinction within the community of Commerce, Texas.

V. PROFESSIONAL SERVICE

A. NATIONAL

1. Editorial Reviewer

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| i. 2025 | Bloomfield Journal | Proposal Reviewer |
| ii. 2024 | Journal of Wisdom | Associate Editor |
| iii. 2021 | Journal of Interdisciplinary Education | 1 Ad-hoc review |

B. UNIVERSITY

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| i. 2025 | ETA&M | Alumni Ambassador transporting Professor |
| ii. 2025 | ETA&M | Springfest Tailgate |
| iii. 2025 | ETA&M | PRIDE Event: Counseling Table |
| iv. 2024 | TCA | Worked booth for ETA&M Counseling |
| v. 2024 | ETA&M | Doctoral COMPS Reviewer |
| vi. 2024 | ETA&M | CACREP University Editorial Service |
| vii. 2024 | ETA&M | Counseling Department Rep – Doc Day |
| viii. 2024 | ETA&M | Counseling Department Rep – Grad Fair |
| ix. 2024 | ETA&M | Web/Marketing/Alum Committee |
| x. 2024 | ETA&M | Recruitment Committee |
| xi. 2024 | ETA&M | Doctoral Level Committee |
| xii. 2020 | ETA&M | Conducted Master Level Interviews |

VI. LEADERSHIP

A. State

1. 2021/2022 TX Counselors for Social Justice Board of Directors, Elected Treasurer

B. University

1. 2021-2022 Counselors for Social Justice – East Texas A&M Founder/Appointed President

C. Local

1. 2025 North East Texas (NETCA) chapter of Texas Counselors Association, Elected Parliamentarian
2. 2024 Elected Official Candidate for Commerce ISD School Board Place 2

VII. SUPERVISION

A. University

1. Fall 2022 Supervised Master Level Practicum Students, East Texas A&M
2. Spring 2022 Supervised Master Level Practicum Students, East Texas A&M
3. Fall 2021 Supervised Master Level Practicum Students, East Texas A&M

VIII. HONORS AND AWARDS

A. International/National

B. State

- 2024 100 Most Influential African Americans of East Texas
 2021 Texas Counseling Association Outstanding TCA Division Award

C. Community

- 2023 3rd Annual Janet Peek and Ann Champion Women of Distinction and Honor
 2023 MLK Humanitarian and Social Justice Award
 2022 Ruth Ann White Endowment
 2022 2nd Annual Janet Peek and Ann Champion Women of Distinction and Honor
 2021 Ruth Ann White Endowment
 2021 H.M. Lafferty Graduate Scholarship Endowment
 2020 Ivory Moore Scholarship Endowment
 2019 Harold Drake Family Scholarship
 2019 Homer Tate Initiative Scholarship
 2019 2019 MLK Humanitarian and Social Justice Award

IX. MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Association of Black Counselors

American Counseling Association

Texas Association of Black Personnel in Higher Education (TABPHE)

Texas Counseling Association

Texas Association for Counselor Education and Supervision

Texas Counselor's for Social Justice

National Association for the Advancement of Colored People (NAACP)

Alpha Kappa Alpha Sorority, Incorporated.

X. CREDENTIALS

11/2020-Present	Licensed Professional Counselor	Texas State Board of Examiners of Counselors
	License #83576	
03/2021-Present	National Certified Counselor	National Board of Certified Counselors
	Certification #1401859	

XI. TAUGHT COURSES

<u>Semester/Year</u>	<u>Course</u>	<u>University</u>	<u>Position</u>
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Summer 2025	Advanced Theories and Techniques	ETA&MU	Adjunct Instructor
Summer 2025	Basic Counseling Skills	ETA&MU	Adjunct Instructor
Spring 2025	Diagnosis and Treatment Planning	ETA&MU	Ad-Interim Instructor
Spring 2025	Counseling Theory and Techniques	ETA&MU	Ad-Interim Instructor
Spring 2025	Intro to Counseling Profession	ETA&MU	Ad-Interim Instructor
Spring 2025	Advanced Counseling Skills	ETA&MU	Ad-Interim Instructor
Winter 2024	Diagnosis and Treatment Planning	ETA&MU	Ad-Interim Instructor
Fall 2024	Basic Counseling Skills	ETA&MU	Ad-Interim Instructor
Fall 2024	Intro to Group Dynamics & Procedures	ETA&MU	Ad-Interim Instructor
Fall 2024	Diagnosis and Treatment Planning	ETA&MU	Ad-Interim Instructor
Fall 2024	Ethics & Professional Development	ETA&MU	Ad-Interim Instructor
Summer 2024	Research Applications	ETA&MU	Adjunct Instructor
Fall 2023	Multicultural Counseling	Loyola State	Guest Lecturer
Fall 2022	Intro to the Counseling Profession	ETA&MU	Guest Lecturer
Fall 2022	Communication in Marriage	ETA&MU	Graduate Assistant
Spring 2022	Group Counseling	ETA&MU	Graduate Assistant
Summer 2021	Advanced Counseling Skills	ETA&MU	Graduate Assistant
Summer 2021	Theories & Techniques of Counseling	ETA&MU	Guest Lecturer

XII. PROFESSIONAL TRAININGS

2025 Grant Writing Workshop by Dr. Kelvin Chu and Eleanor Bowling At East Texas A&M

2025 Texas Association of Black Personnel in Higher Education Conference

2024 Texas Counseling Association Annual Conference

2024 Texas Association of Counselor Educators and Supervisors (TACES) Annual Conference

2024 Texas Association of Black Personnel in Higher Education (TABPHE) Annual Conference

2023 Texas Ethical Issues when Working with High Conflict and Court – Involved

2023 Play Therapy Clients and Families, Plano, TX, Presented by Jerry Gomez

2022 Texas Counseling Association's Professional Growth Conference, virtual

2022 “How to Effectively Navigate the Dissertation Process”, virtually present by Dr. Devlin at TAMU-Commerce

2021 “Creative Pedagogy when Working with Master Level Students”, virtually presented by Dr. Klassen at East Texas A&M University

2020 Love and Logic Parenting Seminar, Greenville, TX, Presented by Dr. Whitely

2020 Texas Counseling Association’s Professional Growth Conference, virtual

2020 “Understanding the Role of a Counselor Educator”, Doctoral Seminar, McKinney, TX, Presented by Dr. Michael and Erika Schmit at East Texas A&M University

2019 What Truth Sounds Like, Doctoral Seminar, virtual

XIII. THESIS/DISSERTATION COMMITTEE

Semester	Student	My Position	Student Status	Thesis or Dissertation
Fall 2024	Janine N.	Outside Committee member	Final Defense Defended	Thesis
Summer 2024	Madiha A.	Committee Member	Proposal Defended	Dissertation

XIV. OTHER RELEVANT PROFESSIONAL/ACADEMIC INFORMATION

2022 Cultural Enrichment Program: Civil Rights Tour of Alabama, History of the Civil Rights movement including the role of Dr. Martin Luther King Jr. and violent attacks on African Americans.

2022 Cultural Enrichment Program: Civil Rights Tour of Memphis, Tennessee and Mississippi, Lorraine Motel

2022 MLK Social Justice Award Ceremony, Commerce, Texas, sponsored event and served as the representative of East Texas A&M’s Presided of Counselors for Social Justice by recognizing recipients.

2021 East Texas A&M Civility Walk, Commerce, Texas, invited as a guest speaker to educate East Texas A&M students of the importance of civility and equality from a mental health perspective

2021 Cultural Enrichment Program: Civil Rights Tour of Tulsa, Oklahoma, Black Wall Street.