

CIRRICULUM VITAE

Joshua Hawkins, PhD
LPC-S (TX), LPC (CO), LPC (UT), RPT-S,
Certified CCPT-S & CPRT-S, CHST
Josh.Hawkins@tamuc.edu

EDUCATION

Texas A&M University-Commerce Graduation
Ph.D. Counseling Education and Supervision Dec. 2023

Southern Methodist University Aug. 2009
M.S. Counseling
▪ Minor in Dispute Resolution

Southern Methodist University Dec. 2005
B.S. Sociology
▪ Minor in Psychology

WORK HISTORY

Bright Spot Counseling Center Sept. 2019-present
Founder/Owner/Therapist,
Provide counseling services for children, pre-adolescents, adolescents, adults, families, and couples

- Provide counseling services for children, pre-adolescents, adolescents, adults, families, and couples
- Manage running of office
- Manage client load of 25+
- Exhibit timely and organized completion of paperwork

- Supervision of post graduate level licensed professional counselor interns/associates
- Consultation for licensed mental health professionals
- Assessment, diagnoses and treatment using a variety of treatment modalities to clients, including children, adolescents, adults, families, couples, and groups
- Facilitate and co-facilitate filial groups, including child and pre-adolescent filial
- Client screening, scheduling, billing, and referring clients to outside sources
- Marketing of personal and private practice services
- Hiring of new staff

Therapy on the Square

Oct. 2015-Dec. 2019

Licensed Professional Counselor

Provide counseling services for children, pre-adolescents, adolescents, adults, families, and couples

- Manage client load of 15+
- Exhibit timely and organized completion of paperwork
- Help clean and organize playrooms and office
- Assessment, diagnoses and treatment using a variety of treatment modalities to clients, including children, adolescents, adults, families, couples, and groups
- Facilitate and co-facilitate filial groups, including child and pre-adolescent filial

Texas A&M University-Commerce

Sept. 2018-Dec. 2018

Student Research Assistant for Dr. Michael Schmit

Counseling Department

- Assist in research on a meta-analysis communicating with lead researcher and performing duties instructed
- Gathering articles on couples therapy and substance abuse for meta-analysis
- Coding data in excel to create data for meta-analysis
- Create graphs to depict results of the data
- Writing and editing meta-analysis findings into a manuscript

Therapy on the Square

Mar. 2013-Oct. 2015

Licensed Professional Counselor-Intern

Under the Supervision of Dr. Brandy Schumann, PhD, LPS-S, RPT-S, NCC

- Provide counseling services for children, pre-adolescents, adolescents, adults, families, and couples
- Manage client load of 15+
- Exhibit timely and organized completion of paperwork
- Help clean and organize playrooms and office

The Resource Center of Dallas

Jan.-Aug. 2009

Counseling Internship

Under the Supervision of Sabine Rakos

- Counseled groups and individuals in the GLBTQ community
- Managed a caseload including paperwork and filing

Village Fair Alternative School Dallas

Jan.-Aug. 2009

Counseling Intern

Under the Supervision of Dr. Paul Snodgrass

- Counseled groups including anger group, grief group, and teen pregnancy group
- Counseled ages between middle school and high school
- Managed a caseload including paperwork and filing

Southern Methodist University Plano Family Counseling Center

Jan-Aug. 2009

Counseling Intern

Under the Supervision of Dr. Brandy Schumann and Dr. Gay McAlister

- Counseled groups and individuals
- Counseled children, pre-adolescents, adolescents, and adults
- Managed a caseload including paperwork and filing

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor Supervisor (TX) #70423 October 2015-Present

Licensed Professional Counselor (CO) # 0016422 August 2020-Present

Licensed Professional Counselor (UT) # 119652652-6004 September 2020-Present

Registered Play Therapist Supervisor

Certified Humanistic Sandtray Therapist

Child-Centered Play Therapist Supervisor

Child-Parent Relationship Therapist Supervisor

Certified AutPlay Therapy Provider

SPEAKING/SUPERVISING/VOLUNTEER

- Presenter at 2024 TAPT (Texas Association for Play Therapy) 120-minute discussion session on The Importance of Group Play Therapy with Neurodivergent Clients
- Presenter at 2021 Center for Play Therapy Fall 2021 Multicultural Webinar Series 120-minute content session on Using Play Therapy to Support Children with Disabilities
- Presenter at 2021 TAPT (Texas Association for Play Therapy) 120-minute content session on Disabilities Do Not Define the Hero: Serving Children with Disabilities in Play Therapy
- Presenter at 2020 APT Educational Series (Association for Play Therapy), National Conference, 3 hour content session on Disabilities Do Not Define the Hero: Serving Children with Disabilities in Play Therapy
- Presentation accepted for 2020 TAPT (Texas Association for Play Therapy) conference for a 60-minute presentation on Essential Knowledge for Play Therapy with Clients Who have Impairments (Cancelled due to COVID-19)

- Presentation accepted at TAMUC Spring Workshop 2020, 50-minute presentation on Need to Know Information About Being a Student in a Masters and Doctoral Counseling Program (Cancelled due to COVID-19)
- Presenter at AARC 2019 National Conference, 60-minute poster presentation on Meta-Analysis of Behavioral Couples Therapy for Decreasing Substance Use and Improving Relationship Satisfaction
- Presenter at ACAC 2019 National Conference, 60-minute content session on Unmaking of Screenagers: Explaining Screen Time to Parents in Play Therapy
- Presenter at TAMUC 2019 Research Symposium, 90-minute poster presentation on Meta-Analysis of Behavioral Couples Therapy for Decreasing Substance Use and Improving Relationship Satisfaction
- Presenter at TACES 2019 Mid-Winter Conference, 60-minute roundtable on Essential Awareness and Knowledge for Children with Disabilities in Play Therapy
- Presenter at TAMUC Winter Workshop 2019, 50-minute presentation on Essentials of Working with Adolescents
- Presenter at TCA 2018, a 1 hour 30-minute session on Sandtray in the Middle School Setting
- Presenter at SACES 2018, National Conference, Poster presentation on Essential Awareness and Knowledge for Children with Disabilities in Play Therapy
- Presenter by invitation to Texas A&M University-Commerce to discuss play therapy 9/17 to undergraduate students in an introduction to counseling class
- Coordinated and was in charge of the vendors at the Texas Association for Play Therapy conference 2016
- Presenter by invitation to PAMOM answering questions regarding development and interaction to “Moms of Multiples” meeting 1/15
- Presenter by invitation to Frisco ISD teacher in-service presenting about group activity therapy 10/14
- Presenter by invitation to Frisco ISD teacher in-service presenting about group

activity therapy 6/14

- Presenter by invitation to University of North Texas Dallas to discuss filial therapy 4/14
- Supervised by invitation Southern Methodist University Masters Level Counseling students in mock-activity therapy and mock-play therapy sessions on around 14 different occasions 1/13 - 12/14
- Volunteered at Camp Sol (Grief Camp for families that had a child die) as a facilitator/helper 10/14 and 10/15
- Volunteered at the 4/26/14 TAPT (Texas Association for Play Therapy) conference doing registration
- Presenter by invitation to University of North Texas Denton to discuss play therapy 11/13
- Presenter by invitation to McKinney Church to present Adler's animal personalities 7/13
- Presenter by invitation to Frisco ISD teacher in-service presenting about group activity therapy 6/13

COLLEGE TEACHING

- Supervised masters Practicum students at Texas A&M-Commerce for Dr. Stephen Armstrong Spring 2021
- Co-Taught and supervised masters and doctoral students in Advanced Play Therapy at Texas A&M-Commerce with Dr. Stephen Armstrong Summer 2018
- Co-Taught and supervised masters and doctoral students in Introduction to Play Therapy at Texas A&M-Commerce with Dr. Stephen Armstrong Spring 2018

PUBLISHED WORKS

Schmit, M. K., Schmit, E. L., Lenz, S. A., Hawkins, J., Silveus, S. A., & Chuyou-Campbell, C. (2020). Meta-analysis of behavioral couples therapy for increasing

abstinence from substance use and relationship adjustment. *Counseling Outcome Research and Evaluation*, DOI: 10.1080/21501378.2020.1796481.

Hawkins, J., & Schumann, B. (2017). Family First Resolutions. Lovejoy Preschool PTA Newsletter: The Paw Print, 7(5).

Hawkins, J., & Schumann, B. (2014) Handshake Activity.
In K. Fineran, B. Hooultberg, A. Nitza, j. McCoy, & S. Roberts (Eds.), *Group work experts share their favorite activities: A guide to choosing, planning, conducting, and processing Volume 2 (pp. 93)*. Alexandria, VA

SUBMITTED WORKS FOR PUBLICATION

RESEARCH

Dissertation

The impact of child-parent relationship therapy on parent self-esteem and parenting stress on homeless parents.

Student Research Assistant

Meta-analysis of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment

PROFESSIONAL MEMBERSHIP

Texas Counseling Association, Member

American Counseling Association, Member

Association for Play Therapy, Member

Texas Association for Play Therapy, Member

North Texas Association for Play Therapy, Member

Association for Counselor Education and Supervision, Member

Association for Child and Adolescent Counseling, Member

Association for Assessment and Research in Counseling, Member

AWARDS AND HONORS

2017 Outstanding Student in Counseling Program at Texas A&M University-Commerce

Mom Approved Doctor, *Dallas Magazine*, 2020, 2021, 2022, 2023