

Pamela Fisher

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EDUCATION

Capella University Minneapolis, Minnesota

Candidate for Doctorate of Social Work (degree not obtained and in dissertation process)

Rutgers, The State University of New Jersey New Brunswick, New Jersey

Master of Social Work, May 2002

Farleigh Dickinson University Teaneck, New Jersey

Bachelor and Masters of Arts, February/May 2000

Bergen County Community College, Paramus, New Jersey

Associates Degree in Liberal Arts, 1997

CERTIFICATIONS

Cognitive Processing Therapy: certification obtained 2011

Anger Resolution Therapist obtained 2011

Cognitive Behavioral Therapy for Depression: obtained 2012

Cognitive Behavioral Therapy for Insomnia: Obtained 2012

Dialectical Behavioral Therapy: obtained 2015

LICENSURE:

Texas licensed Clinical Social Worker, Board approved Supervisor Tx#39411

Licensed social worker since 2003 to current

EXPERIENCE

Fisher Institute of Trauma Recovery October Gilmer Texas

Psychotherapist/ Sole proprietor October2015- current

- Plan, organize and lead structured sessions of counseling
- Modify treatment activities and approaches as needed in order to comply with changes in clients' status.
- Discuss with individual patients their plans for life during therapy and after leaving therapy
- Encourage clients to express their feelings and discuss what is happening in their lives, and help them to develop insight into themselves and their relationships
- Refer patients, clients, or family members to community resources or to specialists as necessary.
- Gather information about community mental health needs and resources that could be used in conjunction with therapy.
- Counsel family members to assist them in understanding, dealing with, and supporting clients or patients.
- Evaluate the effectiveness of counseling programs and clients' progress in resolving identified problems and moving towards defined objectives.
- Collect information about clients through interviews, observation, and questionnaire/tests.
- Act as client advocate in order to coordinate required services or to resolve emergency problems in crisis situations.
- Develop and implement treatment plans based on clinical experience and knowledge
- Maintain confidentiality of records relating to clients' treatment.
- Code and bill third party entities

Longview VA-CBOC- Parent location Shreveport LA

Senior Mental Health Social Worker- LCSW December 19, 2010 - current

- Assess and treat individuals with mental illness and social problems. Such services include individual, family and group therapy, outreach, crisis intervention, social rehabilitation, and teaching skills needed for everyday living.
- Provide diagnostic, preventive and treatment services of a psycho social nature pertaining to personality, mental, and emotional disorders with a goal of promoting mental health.
- Assess and treat individuals with mental illness and social problems. Utilizing specialized evidence-based interventions/treatment for particular diagnoses. For example, CPT for PTSD, CBT for depression and insomnia.
- Provide services to assist family members of those who suffer mental health issues. Utilize a variety of therapeutic techniques used to address issues such as depression, anxiety, PTSD, substance abuse, suicidal impulses, stress, trauma, low self-esteem, and grief.
- Involved in community outreach, advocacy for veteran's connection to community services as well as referral within VA system.
- Work closely with other health and mental health specialists, such as primary care physicians and psychiatrists.
- Work at an independent level with limited supervision.
- Implement treatment plans and manage crisis screens in rural health clinic.
- Establish and implement policies, objectives, and procedures for social work department.
- Perform data gathering, assessment, planning and contracting, using various generalist methodologies, and evaluation of social work practice.
- Demonstrates initiative and provides leadership in developing services that respond to patient care demands.
- Identifies opportunities for and utilizes continuous quality improvement.
- Assists with and/or supervises social work students (both potential LCSW and LMSW) and staff.

Good Shepherd Medical Center- Linden Parent location Longview, Texas

Director of Social Work and Clinical Worker April 1, 2010 – December 19,2010

- Assess and treat individuals with mental illness and social problems. Such services include individual, family and group therapy, outreach, crisis intervention, social rehabilitation, and teaching skills needed for everyday living.
- Provide diagnostic, preventive and treatment services of a psycho social nature pertaining to personality, mental, and emotional disorders with a goal of promoting mental health.
- Assist and plan for supportive services to ease clients' return to the community after leaving in-patient facilities.
- Provide services to assist family members of those who suffer mental health issues. Utilize a variety of therapeutic techniques used to address issues such as depression, anxiety, addiction and substance abuse, suicidal impulses, stress, trauma, low self-esteem, and grief.
- Involved in community outreach, advocacy, and mediation activities.
- Work closely with other health and mental health specialists, such as primary care physicians and psychiatrists.
- Establish and implement policies, objectives, and procedures for social work departments in CAH and RHC.
- Evaluate personnel and work quality; develop reports and budgets; and coordinate activities with other managers.
- Perform data gathering, assessment, planning and contracting, using various generalist interventive methodologies, and evaluation of social work practice.
- Identify social problems and suggest possible community-based solutions. Demonstrates initiative and provides leadership in developing services that respond to patient care demands.
- Identifies opportunities for and utilizes continuous quality improvement.

Legacy Hospice Gilmer, Texas

Medical Social Worker October 2008 – December 2010

- Provide social services to the patient and family experiencing emotional, social or economic conflict
- Assess patient/family social and emotional factors in order to estimate their capacity to cope with the terminal illness.
- Assist with the initiation and completion of advance directive forms as requested by the patient.
- Assist with supportive counseling and education with death and dying process.

Good Shepherd Medical Center Longview Longview, Texas

Medical Social Worker January 2003 – March 2010

- Identifies patients requiring social work intervention through established case finding mechanisms.
- Performs social work assessments with patient and/or family involvement.
- Develops plan responsive to patient/family concerns, health care status, available resources, age-specific problems and clinical impressions.
- Addresses patient and/or family understanding of and adjustment to the illness, to maximize benefits of intervention and enhance patient and/or family functioning.
- Develops working relationship with patient and/or family (engagement, collaboration, advocacy, problem solving).
- Communicates with patients, families, and community providers regarding patient status and progress.
- Provides liaison and referral service to hospital resources and community agencies.
- Maintains confidentiality and complies with professional ethics according to professional and departmental standards.

Prospect Heights Hackensack, New Jersey

Director of Social Work June 2002-December 2002

- Establish and implement policies, objectives, and procedures for social work department.
- Addresses patient and/or family understanding of and adjustment to the illness, to maximize benefits of intervention and enhance patient and/or family functioning
- Provide liaison and referral service to hospital resources and community agencies.
- Identify social problems and suggest possible community-based solutions. Demonstrates initiative and provides leadership in developing services that respond to patient care demands.