

Misty Pearl Ely, LCSW
Clinical Director, V.A.L.O.R.
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WORK EXPERIENCE

11/2018-Present V.A.L.O.R. Clinical Director TX

- Responsible for all clinical programming for the participants while in the program, this includes: trauma groups, psychoeducation, journaling activities, ArtHEALS groups, individual treatment utilizing evidenced based treatment protocols for Veterans per the Department of Veterans Affairs guidelines for PTSD.
- Oversees and evaluates psychological activities to include reviews and implementation of research projects and program evaluations. Conducts research and disseminates findings.
- Performs assessments and interprets results for the VALOR staff.
- Maintains reporting tool for program evaluation per grant requirements.
- Conducts individual and group sessions. Evaluates and oversees individualized program plans.
- Interviews clients, recommends treatment, and prepares reports. Maintains clients' treatment plans and progress records and modifies treatment plans accordingly via web-based record keeping software.
- Responsible for volunteers and staffing requirements for the VALOR program. Interviews and schedules all training for new incoming staff that will be working with the participants.
- Responsible for conducting all Military Informed Care for oncoming staff that will be working in any capacity for the VALOR program. *It is mandatory that they receive this training prior to being allowed to work in the unit.
- Responsible for developing the curriculum for the treatment groups based on current evident based treatment protocols; utilizing research and providing these tools to others as needed.
- Conducts community education and outreach for local and state agencies concerning VALOR Programming, Justice Involved Programming for Veterans, and current incarcerated trends.
- Responsible for creating the VALOR program guidelines for replication and the VALOR participant handbook.
- Responsible for staying current on the best practices and evidenced based treatment protocols for this population, by research, community collaboration, and training attendance.
- Oversees the treatment facility, including the supervision of the case managers, interns, and clinicians working in the VALOR program.

03/2015-6/2019 Samaritan Center Lead Field Clinician TX

- Provided short term counseling for Veterans and family members in the Dallas Fort Worth area.
- Conducted intake interviews and assessments for substance use, depression, and post-traumatic stress disorder (PTSD), among others. Provides individual sessions either in person or via a secure tele-mental health platform to veterans and service members across the state.
- Supervised Field Clinician clinical team; reviewing notes, treatment plans and other records for team.
- Ensured monthly contract reporting is completed as outlined in contract with TVC.
- Balanced and maintained budget with Finance Director to ensure spending remains on target for goals.
- Facilitated weekly Seeking Safety groups, PTSD groups, and others as needed within the community.
- Assessed veterans for other areas of need that are negativity impacting their quality of life.
- Provides comprehensive clinical assistance, such as dealing with crisis, or boundaries and ethical issues to other staff and volunteers working within the Military Veteran Peer Network.
- Provides military informed care (MIC) training, Military Sexual Trauma (MST) training, and suicide prevention training to providers in local region.

Misty P. Ely, LCSW

- Provided appropriate referrals and linkages to community and mental health resources.
- Conducts interviews and assessments for justice involved veterans in local state prisons for transfer consideration to the Travis State Veterans Dorm in Austin Texas. Provides counseling services to justice involved veterans in the Veterans Treatment Courts for the local counties as needed or directed.

05/2013-08/2014 Promise Place MSW Intern New Bern, NC

- Direct client contact with 10-13 clients a week (Intern) undertaking individual counseling sessions with clients ranging in ages from 4-51.
- Provided individual, family and veteran counseling for victims of domestic violence and sexual assault.
- Diagnosed clients per the DSM-V, created services, plans, administered assessments, wrote progress notes, completed activities with clients, and tracked their progress through pre-posttest assessment scores.
- Recorded pre/post therapy results by graphing Excel spreadsheets to discuss with clients/supervisors.
- Used Play Therapy methods/Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) with child clients.
- Developed Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Solution-Focused Therapy and a Strengths Based Perspective depending on clients' needs and diagnosis with all adult clients.
- Explored grant research, writing and participated in community outreach programs.
- Aided in establishing a new Standard Operating Procedures (SOP) Manual and developed safety plans.
- Generated ideas to expand the agency to receive more grant funding and develop new training ideas.
- Shaped and led training for staff and local community on sexual assault/domestic violence in the military.

09/2010-07/2011 Substance Abuse Specialist MCCA Counseling Dept. Iwakuni, Japan

- Functioned as the Alcohol Abuse Prevention Specialist, Drug Demand Reduction Coordinator, Risk Reduction Specialist, and the Suicide Prevention/Education Coordinator for MCAS Iwakuni Japan.
- Sustained Marine Corps alcohol abuse and illegal drug prevention through activities, awareness education, timely identification, health promotions, prevention education, and community outreach.
- Served as the subject matter expert providing training and guidance in developing and administering an installation-wide Substance Abuse Program, Managed budget for all assigned training programs.
- Independently conducted onsite reviews of program operations to develop and revise guidelines and training materials for use by agency officials.
- Analyzed statistical data concerning high-risk behavior of all personnel and made recommendations to the individual commands to increase unit readiness and decrease incidents of alcohol and drug usage.

12/2006-04/2009 Federal Bureau of Prisons Captains Secretary/Correctional Officer Ft. Worth, TX

- Managed requests, files, and maintained logs to validate custody of all statistical administrative data.
- Responsible for the preparation of monthly payroll, transcribed notes, prepared distribution of appropriate memos, reports, and notices; and maintained all materials for the Correctional Services operations on file.
- Responsible for generating reports on major and minor incidents to the regional and Central Office.
- Submitted timely/accurate financial reports, budget status reports, accounting data and cost center reports.

Misty P. Ely, LCSW

- As a correctional officer, was responsible for the custody and supervision of inmates, responding to emergencies and institution disturbances, participating in fog and escape patrols, and assuming correctional officer posts when necessary.

07/2006-12/2006 Johnson County Community Supervision Officer Cleburne, TX

- Managed a case load of over two-hundred personnel providing individual counseling focused on helping individual offenders understand their circumstances and assist in developing new adjustment techniques.
- Demonstrated sophistication and extensive knowledge of community social problems, treatment facilities and programs including drug and alcohol aftercare, counseling, and family services.
- Prepared reports for interpreting and evaluating factual information and reflecting developmental/circumstantial factors.
- Assigned full responsibility for all cases and exercised considerable independent professional judgment in evaluating the resources of an individual and availability within the community.

08/1997-05/2006 United States Marine Corps/Administrative Chief Worldwide

- As a Staff Non-Commissioned Officer, mentored over 130 Marines, provided guidance, counseled, recommended appropriate resources and ensured progression was attainable at all times.
- Provided resident knowledge and experience with practices and policies concerning ethics, law, and personality assessments.
- Coordinated work schedules, travel arrangements, and other duties for the Commanding Officer (Colonel).
- Supervised the submittal and processing of the awards and decorations program for 9 operational units accounting for the delivery of over 1,000 personal awards.
- Developed initiative to analyze database shortcomings, track separation packages and determine recommended continuous process improvements to increase effectiveness on personnel records.
- As a Classified Material Control Custodian, ensured sensitive material was handled appropriately.
- Expanded experience in administering eligibility and psychosocial assessments as the basis for individual treatment planning (6 months).
- Conducted group therapy and individual counseling that revolved around drug abuse treatment and developed individual treatment plans from interviews, to construct, to planning for release.
- Performed a variety of administrative support duties, such as, maintaining rosters, logs, transcribing meeting minutes, copy and filing documents, and appropriate disposal of sensitive documents.

EDUCATION

Liberty University	Doctor of Education	Currently Enrolled (92% complete)
	Community Care & Counseling:	GPA: 3.81 of a maximum 4.0
	Traumatology	
University of Southern California	Master's Degree 08/2014	GPA: 4.0 of a maximum 4.0
	Major: Social Work	

Misty P. Ely, LCSW

Minor: Mental Health & Military Concentration

North Central University

Master's Degree 11/2007 GPA: 3.88 of a maximum 4.0
Major: Behavioral Medicine/Health Psychology

Park University

Bachelor's Degree 05/2005 GPA: 3.96 of a maximum 4.0
Major: Social Psychology
Honors: Summa cum Laude

SPECIALIZED TRAINING

LCSW Exam (Texas, License #60119, Expiration Date 1/31/2022)
LCSW Supervisor Training (June 2020)
Moral Reconciliation Therapy (Dec 2019)
Prolonged Exposure Therapy (October 2019)
Cognitive Processing Therapy for Insomnia (September 2018)
Crisis Response Planner (Suicide Intervention) (October 2018)
Psychological First Aid (October 2018)
Trauma & Resilience in Children (October 2018)
Eye Movement Desensitization and Reprocessing Trained (August 2017)
Cognitive Processing Therapy Trained (September 2016)
Solution-Focused Therapy (July 2015)
Jurisprudence Exam (Texas, March 2017)
Problem Solving Therapy (February 2014)
Trauma-Focused Cognitive Behavioral Therapy (September 2014)
Motivational Interviewing (August 2013)
Children of Trauma (September 2013)
Structured Sensory Interventions (September 2013)
Complete list of CEUs are attached