



EAST TEXAS A&M
UNIVERSITY

School of Nursing and Health Sciences

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Allyn.Collins@tamuc.edu

Allyn Collins

Doctor of Nursing Practice

Current online student at Abilene Christian University

Psychiatric-Mental Health Nursing

35+ years of experience

Guest lecturer: Human Trafficking

Incivility Among Nurses

Trauma-informed Care

Experience

September 2021-December 2023

Noble Health

Missouri

Regional Director of Behavioral Health Services

- Contract position in Fulton and Mexico, Missouri
- Responsible for the management of Noble Health Behavioral Health Units
- Addressed and resolved deficiencies identified by CMS survey
- Reopened two Geriatric Psych Units
- Developed extensive educational materials for staff development
- Provided a two-day educational workshop for all behavioral health staff
- Updated policies and procedures for Behavioral Health Units
- Implemented strategies for improved communication
- Completed audits and reviews for insurance reimbursement
- Provided direct patient care as needed including medication management, de-escalation, treatment planning, milieu therapy, admissions, and discharges.

April 2020-October 2020

Brattleboro Retreat

Brattleboro, VT

Travel Nurse

- Provided direct patient care to adults and adolescents with psychiatric diagnoses
- Provided direct patient care to adult forensic patients
- Provided direct patient care to patients on the LGBT unit
- Assessed and managed medical needs of the various patient populations
- Initiated and updated multidisciplinary treatment plans
- Participated in multidisciplinary treatment team meetings
- Served as Charge Nurse when needed.



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Feb 2015-November 2019

Parkland Health and
Hospital System

Dallas, TX

Clinical Educator for Psychiatric Services

- Orientation/On boarding of all nurses, psych techs, unit clerks, social workers, NPs, and PAs, hired to work in Psychiatric Services.
- Development and presentation of a 2-day Psych Orientation for all new staff.
- Implementation of continuing education projects for the Psychiatric Emergency Department, Inpatient Psychiatric Unit, and the Psych Clinic.
- Provision of 'as needed' education for all Psychiatric Services areas when requested by staff and/or providers, development of Single Point Lessons.
- Content expert for Corporate Integrity Agreement (CIA) training related to behavioral/mental health.
- Creation of all hospital-wide Abuse and Neglect education/training materials.
- Responsible for tracking compliance with all psychiatric regulatory education requirements and resolution of any discrepancies.
- Initiation, maintenance, and completion of records verifying compliance, competency, and professional practice standards.
- Instructor for hospital wide education (i.e.: Destination Education, CPR, Skills).
- Sole facilitator for Recovery to Practice; over three hundred employees from multiple departments attended this program.
- Assistance with new hire applicant interviews.
- Passionate advocate for people with psychiatric illnesses; identifying and addressing needed changes to improve their care.
- Resource for other departments within the Parkland Health & Hospital System, particularly regarding education related to mental illness.
- Active participation in process improvement for competency assessments, preceptor training, regulatory education, and Interdisciplinary Treatment Plan
- Committee member for Behavioral Alerts, Professional Development Council, and Behavior Emergency Response Team.
- Lecturer for multiple programs such as Foundations of Precepting, Medical-Surgical Nurse Residency Program, and Charge Nurse Class.
- Effective educator; consistently received the highest ratings from participants for presentations given; students enjoy presentations and retain information given.
- Requested speaker for Radiology Services and Language Services on topics related to psychiatry.
- Liaison between Labor and Delivery Triage and Psychiatric Services.
- Community presentations as a Member of Parkland's Speakers Bureau.

Sept 2014-Oct 2014

Next Medical Staffing

Brownwood, TX

Travel Nurse



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- Assisted in opening a new psych unit in an existing medical center
- Intake assessments for Geri-Psych Unit
- Ongoing care of geriatric patients with primary diagnosis of mental illness

June 2012-March 2014 West Coast University Dallas, TX

Assistant Professor of Nursing

- Theory and Clinical Instructor for Psychiatric-Mental Health Nursing
- Theory and Skills Lab Instructor for Fundamentals (first semester students)
- Physical Assessment Instructor

January 2009-June 2012 Tarrant County College Fort Worth, TX

Assistant Professor of Nursing

- Theory and Clinical Instructor for Psychiatric-Mental Health Nursing
- Theory and Clinical Instructor for Foundations (first semester students)

Nov 2006- March 2008 Children's Medical Center Dallas, TX

Travel/Staff Nurse

- Provided direct patient care to children and adolescents with medical and psychiatric diagnoses
- Served as Charge Nurse when needed
- Facilitated weekend groups and parent education classes.

Nov 2005-Nov 2006 Amedisys Home Health Arlington, TX

Case Manager

- Home health visits in Arlington, Fort Worth, and HEB.
- Case management of home health patients with primarily psychiatric diagnosis, many of whom also had medical/surgical diagnoses.

April 2005-Oct 2005 Kahi Mohala Hospital Ewa Beach, HI

Travel Nurse

- Management of sixteen bed psychiatric residential treatment unit for adolescents.
- Charge nurse on children's unit, acute adult unit, and forensic adult unit.

Education

1972-1974 Wesley School of Nursing Wichita, KS

- **Nursing Diploma**

1977-1979 Central State University Edmond, OK

- **Bachelor of Science in Nursing**

1983-1989 Texas Woman's University Denton, TX

- **Master of Science in Nursing**



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2021-Present Abilene Christian University Abilene, TX (online)

- **Doctor of Nursing Practice Program**

Anticipated graduation: Spring 2025

Accomplishments

Clinical Nurse Specialist in Psychiatric-Mental Health Nursing

Previously: Licensed Marriage and Family Therapist*

Previously: Licensed Chemical Dependency Counselor*

*Did not renew when became an Advanced Practice Nurse

References

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