



Michelle D. Blake

Doctor of Philosophy in Counselor Education and Supervision Doctoral Candidate
Texas A&M University-Commerce
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Curriculum Vita last updated: June 16, 2023

Education

PhD in Counselor Education and Supervision, Texas A&M University-Commerce,
Expected Graduation May 2025. CACREP Accredited.

MS in Mental Health Counseling, Texas A&M University-Commerce, December
2018. CACREP Accredited.

BS in Biological Science, Texas A&M University-Commerce, Minor in Interdisciplinary
Studies, December 2011.

Professional Licensure

Licensed Professional Counselor
Texas
License Number: 82408

Teaching Experience

Arms of Hope-Boles Campus, *Counselor, August 2017-August 2019*
Psychoeducation counseling groups for Together Program single moms.

Topics:

Codependency in Relationships, Healthy Boundaries, Positive Self-talk, and Powers of
Perspective

Texas A&M University – Commerce, *Doctoral Teaching Assistant*
Advanced Counseling Skills – *Online, Fall 2020*
Practicum Masters-level Course – *Hybrid, Fall 2020*

Introduction to Group Dynamics & Procedures – *Online (Group Facilitator), Spring 2021*
Practicum Masters-level Course – *Online, Spring 2021*

Texas A&M University – Commerce, Counseling Department Graduate Assistant Teacher

Home and Family Living – *Online, Fall 2021*

Introduction to Student Services – *Online, Fall 2021*

Introduction to Bullying and Social Aggression – *Online, Spring 2022*

Parent and Family Dynamics – *Face-to-Face, Spring 2022*

Texas A&M University – Commerce, Counseling Department Graduate Assistant Researcher

Dr. LaVelle Hendricks – *Fall, 2022 to Current*

Supervision Experience

Texas A&M University – Commerce, Master Student Supervisor; Fall 2020, Spring 2021

Clinical Mental Health and School Counseling Masters-level Practicum Students

Counseling Experience

Michelle Blake Counseling, Counselor, Scurry, Texas (November 2021-Current)

Provides counseling services to adolescents, adults and geriatric clients in private practice setting; provides crisis and trauma based counseling services to families in need; provides EMDR therapy; provides pre-marital, marriage and divorce counseling services; provides individual and family counseling services; provides counseling to first responders and families of first responders; provides support and team building through interactive activities, provides assistance in suicidal ideations education and prevention, provides educational expertise for clients interested or currently attending college or technical school; provides resources for mental health advocacy; expert in client notes, scheduling, billing insurance

Mesquite ISD Family Support Center, Counseling Care Facilitator, Mesquite, Texas (June 2019-Current)

Provides counseling services to children, adolescents, teenagers and adults in school resource program setting; provides crisis and trauma based counseling services to families in need; provides individual and family counseling services; provides support and team building through interactive activities and play therapy, provides assistance in suicidal ideations education and prevention, provides educational expertise for clients interested in attending college or technical school; works in a team with counselors, social workers, program director, scheduler, and Mesquite ISD staff; expert in client notes

Authentic Balance Counseling, Counselor, McKinney, Texas (November 2020-December 2022)

Provides counseling services to children, adolescents, adults and geriatric clients in Private practice setting; provides crisis and trauma based counseling services to families in need; provides pre-marital, marriage and divorce counseling services; provides individual and family counseling services; provides counseling to first responders and families of first responders; provides support and team building through interactive activities and play therapy, provides assistance in suicidal ideations education and prevention, provides educational expertise for clients interested or currently attending college or technical school; provides resources for mental health advocacy; works in a team with counselors, speech pathologist, attorneys, physicians, and certified life coach; expert in client notes, scheduling, billing insurance

Arms of Hope-Boles Campus, Counselor, Boles, Texas (August 2017-August 2019)

Provided counseling services to children, adolescents, teenagers, and adults in Christian children's home and single mom restart program setting; provided crisis and trauma based counseling services; utilized Trust-Based Relational Intervention (TBRI); provided individual and group counseling services; provided psychosocial assessments; provided support and team building through ropes course activities, provided assistance in arranging rides with case workers to My Health My Resources (MHMR) for psychological and developmental disability assessments and continued treatment appointments, and provided educational expertise for clients interested in attending college or technical school; worked in a team with counselors, case managers, social workers, program directors, psychiatrist, Boles ISD staff, and CPS; expert in client notes

Honor and Awards

Scholarships

Tejas Club Scholarship, Awarded \$2000.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2019-2020.

Barbara Fisher Memorial Scholarship, Awarded \$400.00 to support enrollment in Masters Education, Texas A&M University - Commerce, 2018-2019.

Gold Blazer Endowment Scholarship, Awarded \$1000.00 to support enrollment in Masters Education, Texas A&M University - Commerce, 2018-2019.

Distinguished Alumni Scholarship, Awarded \$1100.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2020-2021.

H.M. Lafferty Graduate Scholarship, Awarded \$3000.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2021-2022.

Distinguished Alumni Scholarship, Awarded \$1090.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2021-2022.

Gold Blazer Endowment Scholarship, Awarded \$1009.75 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2021-2022.

Distinguished Alumni Scholarship, Awarded \$1012.82 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2022-2023.

Grants

Texas Public Education Grant Program, Awarded \$1000.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2019-2020.

Texas Public Education Tuition Set Aside Summer Graduate, Awarded \$500.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2018-2019

Tuition Set Aside Grad Grant, Awarded \$1500.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2020-2021.

Tuition Set Aside Grad Grant, Awarded \$1500.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2021-2022.

Tuition Set Aside Grad Grant, Awarded \$750.00 to support enrollment in Doctorate Education, Texas A&M University - Commerce, 2022-2023.

Awards

Counselor of the Year Nomination 2022-2023, Mesquite ISD, May 2023.

National Engaged Leader Award (NELA), National Society of Leadership and Success Texas A&M University-Commerce Chapter, December 2016.

Research and Scholarship

Research Interest:

To determine changes in self-stigma about mental health treatment following the application of a non-stigmatized counseling program for law enforcement first responders and their families.

Service Activities

Presentations

Educational Presenter, Together Program, Boles, Texas, October 20, 2017. Purpose: An event hosted by Arms of Hope directors and case managers to provide education on various topics to single, first time moms to aid in their confidence and ability to keep their children safe, provide a healthy lifestyle for their family, and be aware of the possible dangers that may be encountered on an everyday basis and how to resolve them. Topic presented: Allergy awareness-signs, symptoms, prevention, treatment, and emergency guide.

Professional Service

Student Committee Member, Department of Counseling at Texas A&M University-Commerce CACREP committee for 2016 self-study, 2020

Current Professional Associations

Licensed Professional Counselor – Associate (TX)

American Counseling Association (ACA)

Texas Counseling Association (TCA)

Texas Association for Counselor Education and Supervision (TACES)

Professional Meetings Attended

Texas Association for Counselor Education and Supervision

2020 San Antonio, Texas

American Counseling Association

2021 Virtual Conference

2022 Virtual Conference

*****Professional references available upon request.***

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