Lindsay Elizabeth Ann Ballinger

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LICENSING

Licensed by the Texas State Board of Examiners of Professional Counselors as LPC-S, #63183

EDUCATION

PhD in Clinical Psychology

Expected 2017

Walden University, Minneapolis, Minnesota

Dissertation Topic: The relationship between personality traits, FB usage, socialization efficacy, and loneliness Dissertation Advisors: Dr. Arcella Trimble and Dr. Matt Fearrington

M.S. in Applied Psychology

2015

Walden University, Minneapolis, Minnesota

M.A. in Professional Counseling

2007

Texas Wesleyan University, Fort Worth, Texas

B.A. in Psychology with a minor in Criminal Justice

2004

University of Texas at Dallas, Richardson, Texas

CLINICAL EXPERIENCE

Behavioral Health Care Coordinator

February 2016- Current

Blue Cross Blue Shield, Richardson, Texas

- Manage member cases for inpatient, partial, residential, and intensive outpatient levels of care
- Maintain all appropriate documentation regarding member cases
- Refer cases to case management for additional supports for members

Behavioral Health Clinical Supervisor

May 2015- February 2016

Caseworker III

December 2013-May 2015

LifePath Systems, McKinney, Texas

- Supervise LPC-Interns and other behavioral health staff
- Provide psychotherapy for a range of clients in compliance of stage guidelines
- Create all paperwork and maintain all files for clients mandated by state guidelines
- Collaborate with community services to help provide additional services for clients
- Write in professional and research based format

Director of Outpatient Services

January 2013 – December 2013

Four Rivers Outreach, Sherman, Texas

- Build and design grant based on requirements set by Texoma Heath Foundation
- Create all paperwork and maintain all files for clients mandated by state guidelines
- Complete all therapy sessions by the guidelines of the state
- Collaborate with community services to help provide additional services for clients
- Collaborate with colleague to help employ clients who have been stabilized their mental illness
- Write in professional and research based format
- Assess client capabilities for employment and help stabilize them to maintain employment

Clinical Therapist 2012-2013

Child and Family Guidance of Texoma, Sherman, Texas

- Conduct all intakes assigned
- Complete family and individual sessions
- Cognitive-Behavioral Therapy theoretical orientation

• Documentation compliance

Glen Oaks Hospital, Greenville, Texas Administer client assessment to determine patient discharge plan Provide group and family counseling for inpatients Documentation compliance Training in Utilization Review as well as Admissions Counselor Dr. Corey Allan Private Practice, Allen, Texas Individual and Family counseling Adolescent and adult populations Documentation compliance Counselor Avenues Counseling Center, McKinney, Texas Individual, Group, and Family counseling Adolescent and adult populations Individual, Group, and Family counseling Adolescent addiction counseling Documentation compliance TEACHING EXPERIENCE Adjunct Professor Texas A&M Commerce, Commerce, Texas Lead and structure contracted courses to meet university requirements Provide above and beyond assistance to students Build lectures, texts, papers, and course assignments/projects Outstanding student course evaluations every semester Implement and assess work by students ADDITIONAL EXPERIENCE ADDITIONAL EXPERIENCE CURRICULUM TRAININGS CBT certification through Beck Institute Trauma-Focused CBT Quid Skillstreaming (In Early Childhood, The Elementary School Child, The Adolescent) Skillstreaming (In Early Childhood, The Elementary School Child, The Adolescent) Barkley's Defiant Teen Seeking Safety Preparing Adolescents for Young Adulthood Kids Hurt Too 2013 COMPLITER SKILLS	PRN Clinical Therapist	2011-2012
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Microsoft PsychAdvantage

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COMMUNITY INVOLVEMENT

Grayson County Mental Health Coalition 2013
The Samaritan Inn 2013-2015

PROFESSIONAL AFFILIATIONS

Psi Chi Honors Society 2015