

STEPHEN A. ARMSTRONG
Professor
Department of Counseling
Texas A&M University-Commerce
steve.armstrong@tamuc.edu
Curriculum Vita last updated: December 2021

EDUCATION

PhD. Counselor Education, University of North Texas, August 2002
M.Ed. Counseling, University of North Texas, 1977
B.S. Guidance, University of North Texas, 1974

PROFESSIONAL INTERESTS

Sandtray Therapy, Supervision, Play Therapy

PROFESSIONAL LICENSES/CERTIFICATES

Licensed Professional Counselor-1983-Present, *Board Approved Supervisor*
Certified School Counselor-1977-Present
Certified Child-Centered Play Therapist-Supervisor (CCPT-S)-March 2017-Present
Certified Child Parent Relationship Therapy- Supervisor (CPRT-S) -March 2017-Present

EXPERIENCE

Educational

Professor, Counseling, 2002-Present, Texas A&M University-Commerce
Doctoral Program Coordinator 2008-2012; Fall 2017-Summer 2019
Interim Department Head 2010-2011 Texas A&M University-Commerce
Counseling Program Coordinator- Fall 2011
Assistant Department Head 2008-2010 Texas A&M University-Commerce
Professional School Counselor, 1977-1988, Richardson ISD

Professionally Related

Chair of scholarship committee 2020-2021 academic year
Serve on retention/dismissal committee- Fall 2018- Present
Coordinator of Teaching Fall 2019-Spring 2020
Serve on editorial board of the journal for The World Association for and Therapy Professionals 2020- Present
Editorial Board of *Journal of Child and Adolescent Counseling*- Summer 2014-Present
Chaired three search faculty search committees in spring and fall 2020
Developed recruiting strategies for doctoral program that included increased doctoral student participation in conference and extensive follow up with prospective applicants- Fall 2018-Fall 2019
Served as chair of faculty search committee- Fall 2018
Served on National Consulting Committee that created the *CCPT* and *CPRT* Credential Spring 2017
Editor *International Journal of Play Therapy*- 2007
Editorial Board of *International Journal of Play Therapy*-2004-2006
Editorial Board of *Journal of Professional Counseling*-2003-2006
CACREP Liaison Fall 2010-Spring 2012
School Counselor Certification Coordinator-2003-2009, Fall 2012
Clinical Coordinator-2003-2005
Bi-lingual/immersion Program Coordinator 2005-Spring 2007
Initiated and Coordinated Commerce ISD Alternative and Elementary School Counseling Program
Initiated and Coordinated Interfaith Housing Coalition Play Therapy Program to Provide Therapy for Homeless Children 2007-2008
Initiated partnership with McKinney ISD to open Harold Murphy Counseling Center 2010-2011
Served on Departmental IRB Committee
Advisor for doctoral and masters students
Served on Texas Counseling Association ethics and research committees-2003-2006
Coordinated School Counselor Site Supervisor Training-Fall 2005 & Spring 2005
Organized and Coordinated Best Practices Conference-Fall 2005
Organized and coordinated Department of Counseling Golf Tournament-Fall 2006

PROFESSIONAL ASSOCIATIONS

National/Regional

American Counseling Association
Association for Child and Adolescent Counseling
Association for Humanistic Counseling

State

Texas Counseling Association
Texas Association for Counselor Education and Supervision

COMMITTEE MEMBERSHIPS

International and National

Editorial Board, *Journal of Child and Adolescent Counseling*- Summer 2014-Present
Editorial board of the journal for The World Association for and Therapy Professionals 2020- Present
Research Committee, Association for Play Therapy-2006-2009
Chair of Editorial Board, Association for Play Therapy-2007
Editorial Board, *International Journal of Play Therapy*-2004-2006

State and Local

Research Award Committee, Texas Association for Play Therapy, 2008-2016
Secretary and Executive Board Member, Texas Association for Play Therapy, August 2009- July 2010
Ethics Committee, Texas Counseling Association-2003-2004
Research Committee, Texas Counseling Association-2005-2006
Editorial Board, *Journal of Professional Counseling* 2004-2006

University

Doctoral Graduate Assistant and Adjunct Teaching Coordinator, Fall 2019
Doctoral Program Coordinator- 2008-2012; Fall 2017-Summer 2019
Chair of Faculty Search Committee- Fall 2018-Spring 2019
CACREP Liaison Fall 2010-Spring 2012
Doctoral Committee Member Fall 2013- 2017
University Task Force on Reorganization of Colleges 2010-2011
Faculty Development Committee-2005-Spring 2014
College of Education and Human Services Task Force for Implementation of Restructuring, 2005
Chair of Masters Admission Committee-Fall 2006-2008
Departmental IRB Committee- Fall 2005- Spring 2012
Clinical Committee Fall 2005- 2012, Fall 2018
Chair of Retention/Dismissal Committee- Fall 2007-Summer 2008
Chair of ad hoc Retention/Dismissal Procedures Committee- Fall 2007
Chair of Faculty Search Committee-Spring 2013
Chair of Faculty Search Committee-Spring 2006
Faculty Search Committee-Spring 2005
Chair of Clinical Committee-2003-2006
Admissions Task Force-Fall 2004
Ad hoc appeal committee for College of Education Spring 2004
DEAC committee in Summer 2004
Masters Orals Committee Summer 2003
Retention/dismissal Committee Fall 2002-Spring 2003, Fall 2018-Present
Fund Raising Committee 2005-2006
Doctoral Recruitment Committee-Fall 2004-Spring 2006
Subcommittee chair of Child and Adolescent Cognate for Doctoral Comps-Spring 2006-2009

Subcommittee chair of Supervision for Doctoral Comps- Fall 2006-Present
Subcommittee chair of Research for Doctoral Comps Fall 2008-2009

PUBLICATIONS

Journals (refereed)

Brown, T., Armstrong, S. A., Bore, S., & Simpson, C. (2017). Using an ethical decision-making model to address ethical dilemmas in school counseling. *Journal of School Counseling, 15* (13). Retrieved from <http://jsc.montana.edu/articles/v15n13.pdf>

Foster, R. D., & Armstrong, S. A. (2017). On the intersection of spiritual and social – emotional development in children and adolescents. *Journal of Child and Adolescent Counseling 3*, 1-14, DOI: 10.1080/23727810.2017.1341800

Davis, J. S., Armstrong, S. A., & Foster, R. D. (2016). Counselor perception of competence in addressing spiritual and religious dimensions in therapy: Implications for counselor training. *Journal of Applied Christian Counseling 2*(1), 6-11.

Armstrong, S. A., Brown, T., & Foster, R. D. (2015). Humanistic sandtray therapy with preadolescents. *Journal of Child and Adolescent Counseling, 1*(1), 17-26, DOI: 10.1080/23727810.2015.1023167

Ray, D. C., Armstrong, S. A., Balkin, R. S., & Jayne, K. M. (2014). Child centered play therapy in the schools: Review and meta-analysis. *Psychology in the Schools, 52*(2), 107-123, DOI: 10.1002/pits.21798

Shokouhi, A., Limberg, D., & Armstrong, S. A. (2014). Counseling preadolescents: Utilizing developmental cues to guide therapeutic approaches. *International Journal of Play Therapy, 23*(4), 217-230, DOI: 10.1037/a0038146

Gilliam, T. H., & Armstrong, S. A. (2012). Spirituality and counseling supervision: Current practices of board approved supervisors. *The Clinical Supervisor, 31*, 25-41.

Even, T. A., & Armstrong, S. A. (2011). Sandtray for early recollections with children (SERCh) in Adlerian Play Therapy. *Journal of Individual Psychology, 67*, 391-407.

Simpson, C., Armstrong, S. A., Couch, L. & Bore, S. K. (2010). Understanding non-suicidal self-injury: Perceptions of school counselors. *Journal of School Counseling, 8*(37). Retrieved from <http://www.jsc.montana.edu/articles/v8n37.pdf>

Bore, S. K., Armstrong, S. A., & Womack, A. (2010). School counselors' experiential training in group work. *Journal of School Counseling, 8*(26). Retrieved from <http://www.jsc.montana.edu/articles/v8n26.pdf>

Armstrong, S. A., MacDonald, J. H., & Stillo, S. (2010). School counselors and principals: Different perceptions of relationship, leadership, and training. *Journal of School Counseling, 8*(15). Retrieved from <http://www.jsc.montana.edu/articles/v8n15.pdf>

MacDonald, J.H., Armstrong, S. A. & Henson, R. K. (2008). Strengthening the Campus Leadership Team through Effective Principal and Counselor Relationships: Implications for Training. *School Leadership Review, (3)*, 82-103.

Simpson, C., Armstrong, S. A., & Johnson, Q. (2008). An interview with Robert C. Berg: A retrospective look at the career of a group counseling teacher and facilitator. *Journal of Professional Counseling: Practice, Theory, & Research, 36*, 1-16.

Shen, Y., & Armstrong, S. A. (2008). Impact of group sandtray therapy on the self-esteem of young adolescent girls. *Journal for Specialists in Group Work, 33*, 118-137.

Shen, Y. P., & Armstrong, S. (2008). 人本取向團體沙箱治療對美國七年級青少年自尊的影響 [Impact of Humanistic Group Sandtray Therapy on the Self-Esteem of Seventh-Grade Adolescent Girls in America]. *Chinese Journal of Psychology, 50*, 147-165.

Armstrong, S. A., Balkin, R. S., Long, R., & Caldwell, C. (2006, September 5). Mentoring programs for first-year elementary school counselors: An exploratory study. *Journal of School Counseling, 4*(19). Retrieved 12-26-07, from <http://www.jsc.montana.edu/articles/v4n19.pdf>

Shen, Y. P. & Armstrong, S. A. (2005). 沙箱治療：有效應用於多元個案群之治療方法(下) [Sandtray therapy: An effective approach with diverse populations, Part III]. *輔導與諮商月刊* 236, 46-50.

Shen, Y. P. & Armstrong, S. A. (2005). 沙箱治療：有效應用於多元個案群之治療方法(中) [Sandtray therapy: An effective approach with diverse populations, Part II]. *輔導與諮商月刊* 235, 41-44.

Armstrong, S. A., & Henson, R. K. (2005). Statistical practices of *IJPT* researchers: A review from 1993-2003. *International Journal of Play Therapy, 14*(1), 7-26.

Shen, Y. P., & Armstrong, S. A. (2005). 沙箱治療：有效應用於多元個案群之治療方法(上) [Sandtray therapy: An effective approach with diverse populations]. *諮商與輔導* 234, 47-50.

Armstrong, S. A., & Berg, R. C. (2005). Demonstrating group process using 12 Angry Men. *Journal for Specialists in Group Work, 30*(2), 135-144.

Ray, D. C., Armstrong, S. A., Warren, E. S., & Balkin, R. S. (2005). Play therapy practices among elementary school counselors. *Professional School Counseling, 8*(4), 360-365.

Armstrong, S. A., & Henson, R. K. (2004). Statistical and practical significance in the *IJPT*: A research review from 1993-2003. *International Journal of Play Therapy*, 13(2), 9-30.

Armstrong, S. A., & Simpson, C. S. (2002). Expressive arts in family therapy: Including young children in the process. *Texas Counseling Association Journal*, 30(2), 2-10.

Professional Paper (refereed)

Armstrong, S.A., & Henson, R. K. (2002, February). *Current uses (and misuses) of ANCOVA in counseling research*. Paper presented at the annual meeting of the Southwest Educational Research Association, Austin, TX. (ERIC Document Reproduction Service No. ED 467 379).

Book and Book Chapters

Armstrong, S. A., Foster, R. D., & Hickman, D. L. (2022). Humanistic sandtray with preadolescent groups. In C. Mellenthin, J. Stone & R.J.Grant (Eds.). *Implementing play therapy with groups: Contemporary issues in practice*. New York: Routledge.

Armstrong, S. A., Foster, R. D., & Brown, T. (2017). Humanistic sandtray therapy. In B. Turner (Ed.), *Routledge international handbook of sandplay therapy* (pp. 305-316). Abington, UK: Taylor & Francis.

Armstrong, S. A., Foster, R. D., Brown, T., & Davis, J. (2016). Humanistic sandtray therapy with children and adults. In E. Leggett & J. Boswell (Eds.), *Directive play therapy: Theories and techniques*. New York, NY: Springer.

Armstrong, S. A. (2008). *Sandtray therapy: A humanistic approach*. Dallas, TX: Ludic Press.

Coy, D.R., Simpson, C., & Armstrong, S. (2004). Career development from a multicultural perspective. In S. M. Wakefield (Ed.), *Unfocused kids: Innovative practices to help students with their plans after high school*. Greensboro, NC: CAPS Press.

PRESENTATIONS

International and National

Foster, R., & Armstrong, S. A. (October 10, 2015). *Humanistic sandtray in supervision: Creatively expressing and processing countertransference to promote reflective practice*. ACES Annual Conference, Philadelphia, PA.

Homeyer, L. & Armstrong, S. A. (October 11, 2014). *Sandtray session with adults: Humanistic approach*. 31st Annual Association for Play Therapy International Conference, Houston, TX.

Armstrong, S. A. (February 5-11, 2014). *Humanistic sandtray therapy for Korean counselors: Intermediate and advanced processing*. University of California-Riverside, Riverside, CA.

Armstrong, S. A., & Wesley, V. (July 13, 2013). *Play therapy is not just for kids: Sandtray with clients of all ages*. International Center for Play Therapy Summer Institute, Denton, TX.

Foster, R. D., Blanco, P. J., & Armstrong, S. A. (October 29, 2011). *How to Develop a Counseling Training Clinic in the Community: A Panel Discussion*. Association for Counselor Education and Supervision. Nashville, TN.

Ray, D: Chair, Armstrong, S. A. Discussant, Blanco, P. J., Carlson, S. (September 22, 2011). *Child centered play therapy in the schools: The evidence base*. 16th Annual Conference on Advancing School Mental Health, Charleston, SC.

Armstrong, S. A. (April 13, 2011). *Assessing emotional development*. Association for Taiwan Play Therapy, Taipei, Taiwan.

Armstrong, S. A. (April 13, 2011). *Understanding the meaning of the child's play: Identifying themes*. Association for Taiwan Play Therapy, Taipei, Taiwan.

Armstrong, S. A. (April 13, 2011). *Assessing play behaviors of sexually abused children*. Association for Taiwan Play Therapy, Taipei, Taiwan.

Armstrong, S. A. (April 14, 2011). *The importance of the counseling relationship in therapeutic change: A meta-analytic review*. International Counseling Conference, National Chiayi University, Chiayi, Taiwan.

Armstrong, S. A. (April 15, 2011). *The core conditions in counseling*. International Counseling Conference, National Chiayi University, Chiayi, Taiwan.

Armstrong, S. A. (April 15, 2011). *The importance of the relationship with children and parents*. International Counseling Conference, National Chiayi University, Chiayi, Taiwan.

Armstrong, S. A. (April 16-17, 2011). *Humanistic sandtray therapy with children, adolescents and adults*. National Chiayi University, Chiayi, Taiwan.

Armstrong, S. A. (October 14, 2009). *Statistical and practical significance in counseling research*. ACES Inform, Association for Counselor Education and Supervision National Conference. San Diego, CA.

Bore, S., & Armstrong, S. A. (September 20, 2008). *The era of accountability: Are school counselors prepared to adopt group work as the treatment of choice?* 2008 AACE National Assessment Conference, Dallas, TX.

Simpson, C., & Armstrong, S. A. (September 20, 2008). *Self-injurious behavior in the secondary school setting: Surveying secondary school counselors about perceptions of SIB*. 2008 AACE National Assessment Conference, Dallas, TX.

Abrahams, S., Francis, P., & Armstrong, S. A. (March 25, 2007). *Post-graduate supervisee ethical behavior: Implications for practice and education*. Annual Convention of the American Counseling Association, Detroit, MI.

MacDonald, J. H., & Armstrong, S. A. (February 23, 2007). *Strengthening the campus leadership team through effective principal and counselor relationships*. National Council of Professors of Educational Administration. Las Vegas, Nevada.

MacDonald, J. H., & Armstrong, S. A. (April 7, 2006). *Significant issues in principal/counselor relationships: A national study*. Annual Meeting of the American Educational Research Association, San Francisco, CA.

Armstrong, S. A., & Balkin, R. S. (October 22, 2005). *Supervising and mentoring beginning school counselors: Research findings and recommendations*. Association for Counselor Education and Supervision National Conference. Pittsburgh, PA.

MacDonald, J. H., & Armstrong, S. A. (July 27, 2005). *Principals and counselors: A national study on mutual trust*. Annual Meeting of the National Council of Professors of Educational Administration. Washington, DC.

Armstrong, S. A. (May 24, 2005). *Sandtray therapy: A humanistic approach*. Play Therapy-Northern Territory, Melbourne, Victoria, Australia.

Armstrong, S. A. (May 18-19, 2005). *Filial therapy: Basic skills training*. Australia Play Therapy, Brisbane, Queensland, Australia.

Armstrong, S. A., & Martin, J. (November 30, 2004). *Filial therapy training*. Melbourne Play Therapy, Melbourne, Victoria, Australia.

Ray, D., & Armstrong, S. A. (October 9, 2004). *Barriers to play therapy in the schools*. Association for Play Therapy International Conference, Denver, Colorado.

Ray, D., & Armstrong, S.A. (June 29, 2004). *Play therapy practices among elementary school counselors*. American School Counselor Association 2004 Annual Conference, Reno, Nevada.

Armstrong, S. A. (May 13, 2004). *Effective use of play therapy interventions*. Melbourne Play Therapy, Melbourne, Victoria, Australia.

Armstrong, S. A. (November 5, 2003). *The meaning of play: An introduction to play therapy*. Melbourne Play Therapy, Melbourne, Victoria, Australia.

Armstrong, S. A., & Simpson, C. S. (October 17, 2002). *Using expressive art activities with supervisees: Enhancing self-awareness and building cohesion in group supervision*. Association for Counselor Education and Supervision National Conference, Park City, UT.

Regional Presentations

Armstrong, S. A. (September 25-26, 2021). Intensive (two-day) advanced humanistic sandtray therapy training (invited presentation), Tarleton State University, Fort Worth, TX.

Armstrong, S. A. (September 11-12, 2021). Intensive (two-day) Level I humanistic sandtray therapy training (invited presentation), Tarleton State University, Fort Worth, TX.

Armstrong, S. A., & Foster, R. D. (January 25-26, 2020). *Intensive Humanistic Sandtray Therapy*, Sandtray Therapy Institute, Dallas, TX.

Armstrong, S. A. (November 13-14, 2015). *Humanistic sandtray therapy across the lifespan*. Idaho Initiative for Play Therapy Annual Conference, Boise, ID.

Armstrong, S. A. (October 4-5, 2014). *Humanistic Sandtray Therapy: Advanced Training*. Prosperity Eating Disorders and Wellness Center, Herndon, VA.

Armstrong, S. A. (July 26-27, 2014). *Humanistic sandtray therapy*. Prosperity Eating Disorders and Wellness Center, Herndon, VA.

Armstrong, S. A. (April 25-26, 2014). *Humanistic sandtray therapy processing: Practical applications and interventions*. Samaritan Center, Manasquan, NJ.

Armstrong, S. A. (July 13, 2009). *Play therapy is not just for kids: Sandtray for adolescents and adults*. Summer Institute 2009, Center for Play Therapy, Denton, TX.

MacDonald, J. H., & Armstrong, S. A. (February 8, 2007). *Strengthening the campus leadership team through effective principal and counselor relationships*. Annual Meeting of the Southwest Educational Research Association, San Antonio, TX.

MacDonald, J. H., & Armstrong, S. A. (February 10, 2005). *Principals and counselors: Levels of mutual trust and collegial sharing in public school settings*. Annual Meeting of the Southwest Educational Research Association, New Orleans, LA.

Armstrong, S.A., & Henson, R. K. (February 14, 2002). *Current uses (and misuses) of ANCOVA in counseling research*. Annual Meeting of the Southwest Educational Research Association, Austin, TX.

Armstrong, S. A., & Simpson, C. S. (2001). *Current teaching practices of group counseling instructors*. Rocky Mountain Association for Counselor Education and Supervision 2001 Annual Conference, Breckenridge, CO.

State and Local Presentations

Armstrong, S. A. & Linder, T. (March, 2019). Addressing challenges of LPC supervision: Skills and knowledge for ethical practice. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.

Armstrong, S. A., Hawkins, J., Hickman, D., Brashear, C. (November 15, 2018). Sandtray in the schools: Effective interventions with children and teens. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Holliman, R., Blanco, P. J., & Armstrong, S. A. (March, 2018). *How to ensure your color chart stays on green: Ethics for school-based play therapists*. Texas Association for Play Therapy Annual Conference, Austin, TX.

Brown, T. & Armstrong, S. A. (November 4, 2016). *How to deal with a principal demanding you break confidentiality and other ethical dilemmas*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Armstrong, S. A. & Brown, T. (June 23, 2015). *Sandtray in a school setting*. Faculty development workshop. Frisco ISD, Frisco, TX.

Armstrong, S. A. (November 15-16, 2014). *Advanced Humanistic Sandtray Therapy*. Sam Houston State University Counseling Group, Montgomery, TX.

Armstrong, S. A. & Brown, T. (November 13, 2014). *Sandtray interventions with students in grades 4-12*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Armstrong, S. A. (October 23, 2014). *Humanistic sandtray therapy with preadolescents and adults*. Facing Family Violence Conference, Spring Creek Campus, Collin College, Plano, TX.

Armstrong, S. A. (September 19, 2014). *Humanistic sandtray therapy with children and adults*. C.A.L.M., Addison, TX.

Vivona, G., & Armstrong, S. A. (November 22, 2013). *Children transforming grief through sandtray*. Texas Counseling Association Professional Growth Conference, San Antonio, TX.

Armstrong, S. A. & Wesley, V. (November 21, 2013). *Making a difference with students using sandtray*. Texas Counseling Association Professional Growth Conference, San Antonio, TX.

Armstrong, S. A. (November 2-3, 2013). *Advanced Humanistic Sandtray Therapy*. The Resolution Group. Phoenix, AZ.

Armstrong, S. A. (June 15-16, 2013). *Humanistic Sandtray Therapy*. The Resolution Group. Phoenix, AZ.

Armstrong, S. A. (November 14, 2012). *Sandtray in the schools: Structured and unstructured interventions*. Texas Counseling Association Professional Growth Conference, Galveston, TX.

Armstrong, S. A., Jacobs, R., Couch, L. (November 13, 2012). *Basic play therapy skills for school counselors*. Texas Counseling Association Professional Growth Conference, Galveston, TX.

Armstrong, S. A. (July 14-15, 2012). *Advanced humanistic sandtray therapy*. Evergreen Psychological Services, Houston, TX.

Armstrong, S. A. (May 4-5, 2012). *Humanistic sandtray therapy skills training*. Renewing Hope, Houston TX.

Armstrong, S. A. (March 24-25, 2012). *Humanistic sandtray therapy skills training*. Newman Clinical, Houston, TX.

Armstrong, S. A. (February 13, 2012). *Sandtray in the schools: A developmentally appropriate intervention*. Texas School Counselor Conference, Galveston, TX.

Armstrong, S. A. (January 28, 2012). *Humanistic sandtray therapy: An effective play therapy modality for children and adults*. Sam Houston Association for Play Therapy Winter Workshop, Houston, TX.

Armstrong, S. A. (November 10, 2011). *Humanistic therapy in Taiwan: Experiences and reflections*. TAHEAD/TexAMCD Luncheon, Texas Counseling Association Professional Growth Conference, Fort Worth, TX.

Armstrong, S. A. (October 7, 2011). *Using humanistic sandtray therapy effectively with clients of all ages*. 12th Annual Family Matters Conference, Medical City, Dallas, TX.

Armstrong, S. A. (September 1, 2011). *Group sandtray therapy*. Salesmanship Club Therapeutic After School Program, Dallas, TX.

Armstrong, S. A. (June 25, 2011). *Humanistic sandtray therapy: A play therapy application for clients of all ages*. Alamo Chapter- Texas Association for Play Therapy Summer Conference, San Antonio, TX.

Armstrong, S. A., & Simpson, C. S. (April 2, 2011). *Sandtray therapy with bereaved clients of all ages*. Texas Association for Play Therapy 18th Annual Conference, Corpus Christi, TX.

Armstrong, S. A., & Wesley, V. (November 11, 2010). *Sandtray interventions with children, adolescents and adults*. Texas Counseling Association Professional Growth Conference, Austin, TX.

Armstrong, S. A., Jacobs, R., & Couch, L. (November 10, 2010). *Basic skills in play therapy*. Texas Counseling Association Professional Growth Conference, Austin, TX.

Armstrong, S. A. (October 23-24, 2010). *Humanistic sandtray therapy: Advanced Certification Training*. Sandtray Therapy Institute, Dallas, TX.

Armstrong, S. A. (May 21-23, 2010). *Humanistic sandtray therapist training: An intensive three-day experience*. Sandtray Therapy Institute, Dallas, TX.

Armstrong, S. A., & Wesley, V. (March 27, 2010). *Sandtray therapy with children, adolescents and adults*. Texas Association for Play Therapy 17th Annual Conference, Houston, TX.

Bore, S. & Armstrong, S. A. (February 15, 2010). *Group work in schools: The intervention of choice*. 2010 Elementary and Secondary School Counselors Conference, Galveston, TX.

Armstrong, S. A. (December 4, 2009). *Sandtray with Children and Adolescents*. McKinney ISD School Counselor Professional Growth Workshop, McKinney, TX.

Armstrong, S. A., & Wesley, V. (November 12, 2009). *Sandtray therapy for children and adults*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Armstrong, S. A., & Wise, S. (November 12, 2009). *Surviving the adolescent years: Support groups for divorced parents*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Jacobs, B., & Armstrong, S. A. (November 13, 2009). *Play therapy*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

Armstrong, S. A. (August 21, 2009). *Using the sandtray modality to more effectively process with clients of all ages*. Crossroads Child & Family Counseling, Frisco, TX.

Armstrong, S. A. (April 5, 2009). *Using sandtray to facilitate play therapy supervisees' awareness of process and self*. Post Conference Supervision Workshop, Texas Association for Play Therapy 16th Annual Conference, San Antonio, TX.

Armstrong, S. A. (April 4, 2009). *Humanistic sandtray therapy processing*. Texas Association for Play Therapy 16th Annual Conference, San Antonio, TX.

Armstrong, S. A. (February 6, 2009). *Sandtray Therapy*. Pastoral Counseling Center, Dallas, TX.

Armstrong, S. A. (November 21, 2008). *Sandtray therapy: Experiencing the process*. Crossroads Child & Family Counseling, Frisco, TX.

Armstrong, S. A. (November 14, 2008). *Using sandtray effectively for all ages*. Family Support Services, Amarillo, TX.

Armstrong, S. A. (November 7, 2008). *Sandtray therapy: Staying in the Moment*. Texas Counseling Association Professional Growth Conference, Houston, TX.

Jacobs, B., & Armstrong, S. A. (November 7, 2008). *Joining the child in play*. Texas Counseling Association Professional Growth Conference, Houston, TX.

Armstrong, S. A. (August 19, 2008). *School refusal behavior: Issues and Solutions*. Highland Park ISD Counselor In-Service, Dallas, TX

Armstrong, S. A. (August 4, 2008). *Humanistic sandtray therapy*. Child and Family Resource Clinic, Denton, TX.

Armstrong, S. A. (July 19, 2008). *Beyond the basics*. Coastal Bend Play Therapy Association Summer Workshop, Corpus Christi, TX.

Armstrong, S. A., & Lyman, S. (April 12, 2008). *Sandtray processing: Facilitating the moment*. Texas Association for Play Therapy 15th Annual Play Therapy Conference, Dallas, TX.

Armstrong, S. A. (March 29, 2008). *Sandtray processing*. Solt Supervision Group, Frisco, TX.

Armstrong, S. A., & Lyman, S. (November 8, 2007). *Critical moments in sandtray therapy*. Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.

Armstrong, S. A. (September 19, 2007). *Understanding your personality type using the Myers-Briggs Type Indicator (MBTI)*. University of North Texas, Denton, TX.

Simpson, C. S., Armstrong, S. A., & Willis, S. (November 30, 2006). *A grief camp experience for children: Practical therapeutic activities for working with grieving children*. Texas Counseling Association Professional Growth Conference, San Antonio, TX.

Shen, Y. P., & Armstrong, S. A. (November 4, 2005). *Sandtray therapy processing: A step-by-step guide*. Texas Counseling Association Professional Growth Conference, El Paso, TX.

Armstrong, S. A., & MacDonald, J. H. (November 3, 2005). *Improving principal/counselor relationships: Significant issues and helpful strategies*. Texas Counseling Association Professional Growth Conference, El Paso, TX.

Armstrong, S. A. (October 15, 2005). *Sandtray processing: A humanistic approach*. Solt Supervision Group, Frisco, TX.

Armstrong, S. A. (October 6, 2005). *Important issues in site supervision of school counseling interns*. Center for Community Cooperation, Dallas, TX.

Ray, D., & Armstrong, S. A. (August 8, 2005) *Understanding and valuing personality differences in the workplace*. Collin County Special Education Cooperative, McKinney, TX.

Armstrong, S. A. (July 9, 2005). *Sandtray training*. Vickery Park, Dallas, TX.

Armstrong, S. A. (January 22, 2005). *Filial group therapy training*. Vickery Park, Dallas, TX.

Armstrong, S. A., & Ray, D. (November 4, 2004). *Implementing play therapy in the schools*. Texas Counseling Association Professional Growth Conference, Ft. Worth, TX.

Hudnall-Dethlefsen, L., Casey, J. A., Lopez, S., Hall, M. J., Engels, D., & Armstrong, S. A. (November 3, 2004). *How to employ, engage, and retain quality counselors*. Directors of Guidance & Student Services Conference, Fort Worth, TX.

Armstrong, S. A. (October 5, 2004). *Effective use of the Myers-Briggs Type Indicator (MBTI)*. Child and Family Resource Clinic, University of North Texas, Denton, TX.

Armstrong, S. A. (September 28, 2004). *Research in counseling*. Bi-lingual Counseling Program, Dallas Independent School District, Dallas, TX.

Armstrong, S. A. (June 25-26, 2004). *Play therapy training and supervision*. Vickery Park, Dallas, TX.

Ray, D., & Armstrong, S.A. (April 17, 2004). *Play therapy practices among elementary school counselors* (three hour presentation). Texas Association for Play Therapy, Corpus Christi, TX.

Armstrong, S. A. (March 5, 2004). *Using expressive art activities in elementary school counseling*. Garland Independent School District, Garland, TX.

Armstrong, S. A. & Francis, P. C. (February 20, 2004). *School counselor supervisor training*. Dallas Independent School District, Dallas, TX.

Armstrong, S. A. (October 22, 2003). *Sandtray training for activity therapists*. University of North Texas, Denton, TX.

Armstrong, S. A., & Joiner, K. (April 14, 2003). *Activity-based group counseling* (modified for middle school age). Texas Education Agency Annual Conference for Middle School Counselors, Austin, TX.

Armstrong, S. A. (March, 2003). *Using play therapy in elementary schools*. Dallas Independent School District Elementary School Counselors Meeting, Dallas, TX.

Armstrong, S. A., & Strutton, J. (February 10, 2003). *Activity-based group counseling*. Texas Education Agency Annual Conference for Elementary School Counselors, Austin, TX.

Armstrong, S.A., & Henson, R. K. (February 8, 2002). *Current uses (and misuses) of ANCOVA in counseling research*. Second Annual Educational Research Exchange, Denton, TX.

Recent Professional Development Conferences Attended

Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX (February, 2019).

Texas Counseling Association Professional Growth Conference, Dallas, TX (November, 2018).

Association for Spiritual, Ethical, and Religious Values in Counseling Annual Conference, Dallas, TX (July, 2018).

Texas Association for Play Therapy Annual Conference, Austin, TX (March, 2018).

Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX (March, 2018).

Recent Dissertation Projects Chaired and Completed

Tennille Brownrigg (School Counselors' Perceptions of Preparedness to Address Student Spirituality). Graduated December, 2018

Lisa Couch (A Phenomenological Examination of the Lived Experience for Women After Bariatric Surgery for Morbid Obesity: Implications for Counseling). Graduated May, 2018

Tim Brown (Analysis of the Factors Influencing School-Counselor Ethical Decision-Making). Graduated December, 2017

Jordan Davis (Perceptions of Masculinity and Ambition in Young Adult Males: Implications for Counselors). Graduated August, 2015

COMMUNITY AND CIVIC ACTIVITIES

Pro bono play therapist in McKinney ISD at Lawson Early Childhood Center in Spring 2013

Initiated play therapy program in McKinney ISD at Lawson Early Childhood Center in September 2012- this program provided counseling to economically-disadvantaged preschool children

In summer 2010, initiated a partnership with McKinney ISD to open Harold Murphy Counseling Center in McKinney

The clinic is currently serving children, families and teachers in MISD and allowing MISD to serve children and families that were unable to receive counseling services.

Service Learning Project:

Beginning in the fall semester of 2021, I chair and supervise a doctoral student's dissertation that provides parenting training to homeless parents at Dallas Life. The student will teach parents developmentally appropriate strategies to enhance parent-child relationships.

One of the parenting groups was at the Interfaith Housing Coalition (IHC) with parents who had been recently homeless. Another group helped mothers recovering from substance abuse to rebuild their relationships with their children. My role in this project was to train and supervise students as they led their parenting groups.

In summer and fall 2007, initiated, supervised, and coordinated joint venture with Interfaith Housing Coalition to provide play therapy for children from homeless families.

In fall 2006, developed and initiated joint venture with Commerce ISD that included counseling for high risk students in alternative program, high school and primary grades.

Coordinator of alumni golf tournament September 2006 that included sponsorships from community businesses and raised over \$1000 for the department

Attended Red Cross orientation for mental health disaster relief providers after Hurricane Katrina September 2005

Served on Grant Advisory Committee for the Elementary School Counselor Connection Program in Dallas ISD Fall 2003-Fall 2005

Pro bono play therapist in Community Counseling Clinic in 2003-2004