

Michael K. Schmit, PhD, LPC

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Professor & Interim Department Head
Core Faculty
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Texas A&M University-Commerce
Department of Counseling
Binnion Hall 206
2200 Campbell Street
Commerce, TX 75428

EDUCATION

PhD in Counselor Education, Texas A&M University-Corpus Christi, May 2016. CACREP Accredited.

Dissertation: *Integrated Behavioral and Primary Healthcare: Comparing the Effectiveness of Treatment Modalities on Holistic Client Functioning.*

Chair: Dr. Joshua C. Watson

MA in Substance Abuse Counseling, University of Louisiana at Monroe, December 2011. CACREP Accredited through the MA in Community Counseling program.

BS in Biology, University of Texas at San Antonio, May 2008

Minor: Psychology

Graduating Honor: Summa Cum Laude

AREAS OF EXPERTISE

Research Methods and Quantitative Statistics
Counseling Outcome Research
Integrated Care Treatment
Addictions

PROFESSIONAL LICENSURE

Licensed Professional Counselor (LPC), State of Texas, License # 70104 (September 2015–present)

Licensed Professional Counselor (LPC), State of Mississippi, License # 3018 (September 2023–present)

ACADEMIC & ADMINISTRATIVE APPOINTMENTS

Professor (Tenured) & Interim Department Head, Texas A&M University-Commerce, June 2024 to present.

*Since summer 2024 (June 1, 2024), I have taught one or more sections of the following courses:

Doctoral level courses taught: COUN 640: Advanced Multivariate Statistics

Master's level courses taught: COUN 545: Developmental Issues and Strategies in Counseling;
COUN 581: Assessment and Treatment of Chemical Dependency

Faculty Coordinator & Chief Academic Officer, Hazelden Betty Ford Graduate School of Addiction Studies, December 2021 to December 2023. [Two-year term]

- Provide leadership of daily operations of the school and oversees academic affairs
- Serve as Accreditation Liaison for the Higher Learning Commission (HLC) and for the Council for Accreditation of Counseling and Related Educational Programs (CACREP)
- Assess and evaluate institution, programs, and student learning outcomes and the development and implementation of data-driven institutional/programmatic changes
- Establish teaching schedule semesterly and facilitates curriculum (re)development annually
- Spearhead growth initiatives and program/certificate development
- Serve as coordinator of full-time and adjunct faculty
- Assist with creating the institution's budget
- Chair of the school's advisory panel

Associate Professor, Core Faculty, Hazelden Betty Ford Graduate School of Addiction Studies, November 2021 to present. [Promoted from assistant professor]

Assistant Professor, Core Faculty, Hazelden Betty Ford Graduate School of Addiction Studies, December 2020 to November 2021.

*Since winter 2021 (January 11, 2021), I have taught one or more sections of the following courses:

Master's level courses taught: COUN 520: Foundations of Addiction and Alcohol and Drug Counseling; COUN 606: Counseling Procedures and Skills; IR-609: Etiology, Screening and Assessment of Co-Occurring Disorders; IR-708: Group Counseling for Co-Occurring Disorders; CF-812: Evaluation Methodologies for the Clinician and Treatment Administrator; CPC-701: Ethics and Professionalism; CF-503: Research and Clinical Practice; IR-815: Synthesis: Integrated Recovery; IR-521: Contemporary Issues in Counseling; Group Supervision of Practicum/Internship (i.e., CPC-804: Practicum [180 Hours], CPC-805: Internship 1 [300 Hours], IR-825A-D: Clinical Internship [300 Hours], CPC-830: Practicum [200 Hours], CPC-831: Internship 1 [300 Hours], CPC-832: Internship 2 [400 Hours], CPC-833A: Internship 3 [100-300 Hours])

*Course prefixes of "IR," "CF," and "CPC" have been converted to "COUN" starting Fall 2023 semester.

Assistant Professor (Tenure-Track; awarded two [2] years toward tenure), Texas A&M University-Commerce, August 2018 to December 2020.

* Between fall 2018 and fall 2021, I have taught one or more sections of the following COUN courses:

Doctoral level courses taught: COUN 609: Introduction to Statistics for Counseling and Human Service Research, COUN 613: Advanced Statistical Techniques, COUN 697: Advanced Multivariate Statistics, COUN 717: Ethics & Professional Development, COUN 718: Dissertation, COUN 689: Independent Studies (Teaching Diversity in a Pluralistic Society; Multicultural Counseling Efficacy: A Meta-Analytic Approach; Leadership, Advocacy, & Multiculturalism in Counselor Education)

Master's level courses taught: COUN 522: Counseling Diverse Populations, COUN 595: Research Literature and Techniques, COUN 516: Basic Counseling Skills, COUN 551: Practicum, COUN 552: Internship, COUN 597: Integrated Care Treatment in Clinical Mental Health Counseling

Assistant Professor (Tenure-Track), University of North Texas, August 2016 to August 2018.

*Between fall 2016 and summer 2018, I have taught one or more sections of the following COUN courses:

Master's level courses taught: COUN 5480: Diagnosis and Treatment Planning in Counseling, COUN 5610: Addictions, COUN 5710: Counseling Theories, COUN 5660: Advanced Counseling Skills, COUN 5900: Special Problems (Internship), COUN 5290: Ethical, Legal, & Professional Issues in Clinical Mental Health Counseling

Adjunct Professor, University of Mississippi, Spring 2023

Doctoral level courses taught: EDRS 705, Advanced Quantitative Research Methods

Adjunct Professor; Texas A&M University-Commerce; June 2016 to July 2016 and June 2018 to August 2018

Master's level courses taught: COUN 552: Internship, COUN 528: Group Process: Practice and Procedures

HONORS, AWARDS, AND RECOGNITIONS

NATIONAL

10. **IAAOC Outstanding Program Award**, International Association of Addictions and Offender Counselors, January 2024.
 - <https://www.hazeldenbettyford.org/press-release/school-recognized-iaaoc>
9. Nominated for the **Exemplary Research Practice Award: Professional**, Association for Assessment and Research in Counseling, July 2023. [Not received]

8. Nominated for the **Locke-Paisley Outstanding Mentor Award**, Association for Counselor Education and Supervision. [Not received]
7. Nominated for the **Exemplary Research Practice Award: Professional**, Association for Assessment and Research in Counseling, July 2022. [Not received]
6. Nominated for the **ACA Research Award**, American Counseling Association, March 2021. [Not received]
5. **ACA Best Practice Research, Faculty Award**, American Counseling Association, 2018.
 - <https://www.counseling.org/about-us/awards/national-awards/2018-honorees>
 - <https://www.counseling.org/membership/awards/national-awards/best-practices-research-faculty-award>
4. **AARC Emerging Leader**, Association for Assessment and Research in Counseling, July 2017 to July 2018.
 - <http://aarc-counseling.org/awards>
3. **Glen E. Hubele National Graduate Student Award**, American Counseling Association, 2016.
 - <http://www.counseling.org/about-us/awards/national-awards/2016-honorees/michael-k-schmit/>
2. **CACREP Research Initiative Graduate Student (CRIGS) Research Fellow**, Council for Accreditation of Counseling and Related Educational Programs (CACREP), January 2016 to December 2016.
 - <http://www.cacrep.org/2016-crigs-research-fellows/>
1. **1st Place ACA Graduate Student Ethics Team Competition**, Doctoral level, American Counseling Association, February 2015.
 - <https://www.counseling.org/knowledge-center/ethics/aca-graduate-student-ethics-competition/ethics-competition-results>

REGIONAL

- Outstanding Pre-Tenure Counselor Educator Award**, Southern Association for Counselor Education and Supervision, October 2020.
- <https://animoto.com/play/T72y6dfpV1iNnZRQJYvZiQ>
 - http://saces.wildapricot.org/awards_recipients

STATE/LOCAL

20. **Shared Purpose Award**, Hazelden Betty Ford Graduate School [Name change], January 10, 2024.
19. **Faculty of the Year**, Hazelden Betty Ford Graduate School of Addiction Studies, April 22, 2023.
18. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, March 28, 2023.
17. **Bench Strength Growth Experience**, Hazelden Betty Ford Foundation, February 27, 2023

16. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, January 17, 2023.
15. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, September 6, 2022.
14. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, February 22, 2022.
13. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, December 14, 2021.
12. **Research Award**, Texas Counseling Association, September 21, 2021.
11. **Shared Purpose Award**, Hazelden Betty Ford Graduate School of Addiction Studies, March 30, 2021.
10. **Outstanding Counselor Educator Award**, Texas Association for Counselor Education and Supervision, February 2021.
9. **Presidential Buyout Initiative Recipient**, Office of Sponsored Programs, Texas A&M University-Commerce, Spring 2020 and Fall 2020.
 - Awarded for role as Guest Editor of the 2021 Special Issue, *Journal of Counseling & Development*
8. **Global Fellow**, Texas A&M University-Commerce, May 29, 2020.
7. **Collegiate Leading And Students Succeeding Award (CLASS)**, College of Education and Human Services, Texas A&M University-Commerce, March 2020.
6. **Nominee for 2018-2019 Professional Excellence Teaching – Classroom Award**, Faculty Senate Awards, Texas A&M University-Commerce. [Not received]
5. **Valued Faculty Member Recognition**, Department of Counseling and Higher Education, University of North Texas, Fall 2016–Spring 2018
4. **MLK Social Justice Award**, Hunt County African American Leadership Conference, January 2019.
 - This award honors members of Commerce/Hunt County communities who have demonstrated their compassion, perseverance, courage, and leadership by engaging in the difficult work of fostering human dignity and our common humanity through their projects, programs, and visions
 - https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html
3. **College of Graduate Studies Scholarship**, Awarded \$1200 to support enrollment in Instructional Design & Educational Technology 6370, Texas A&M University-Corpus Christi, August 2015.
2. **TAHEAD Emerging Leader**, Texas Association of Humanistic Counseling and Development, Texas A&M University-Corpus Christi, June 2014 to June 2015.

1. **College of Education Graduate Scholarship**, \$500 dollars per semester, Texas A&M University-Corpus Christi, Fall 2013 to Summer 2014.

RESEARCH GRANTS AND SPONSORED PROJECTS

EXTERNAL

5. Giordano, A. L., Prosek, E. A., & **Schmit, M. K.** (2017). *Increasing Native American cultural sensitivity in counselor education*. Grant proposal submitted to the Association for Counselor Education and Supervision. (Funded at \$2,266.27)
4. **Schmit, M. K.**, Giordano, A. L., & Schmit, E. L. (2017). *Examining the Effectiveness of Integrated Care Treatment*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$4000)
3. Schmit, E. L., Mountain, J., **Schmit, M. K.**, & Zapata, A., E. (2016). *The Effect of Trauma Informed Yoga Therapy on PTSD Symptoms, Adaptive Behaviors, and Physiological Symptoms*. Grant proposal submitted to the Association for Assessment and Research in Counseling. (Funded at \$3000)
2. **Schmit, M. K.**, & Trejo, L. B. (2015). *Psychiatric Inpatient Capacity in Community Hospitals*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$1,003,000 for 1 year)
1. **Schmit, M. K.**, & Trejo, L. B. (2015). *FY16 Psychiatric Emergency Services Center: Rapid Crisis Stabilization*, Coastal Plains Community Center. Grant proposal submitted to the Texas Department of State Health Services. (Funded at \$400,000 for 1 year)

INTERNAL

5. **Schmit, M. K.** (Fall 2019). *The Impact of Program Accreditation on Counselor's Level of Professional Engagement*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce. (Funded at \$700)
4. **Schmit, M. K.** (Spring 2019). *Addressing the Research-to-Practice Gap for Professional Counselors*. Faculty Development Grant proposal submitted to the Office of the Provost, Texas A&M University-Commerce. (Amount requested \$700; not funded)
3. **Schmit, M. K.** (2017). *Examining the Effectiveness of Integrated Care Treatment for Person Diagnosed With Schizophrenia*. Granted proposal submitted to the University of North Texas' Department of Counseling and Higher Education. (Funded at \$500)
2. Giordano, A. L., & **Schmit, M. K.** (2017). *Cultivating Community Connections Among Counseling Faculty With an Interest in Addictions Treatment*. Granted proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$3667.50; not funded)

1. Giordano, A. L., **Schmit, M. K.**, Prosek, E. A., & Wilson, A. D. (2016). *Counseling Program Pre-Tenured Faculty Statistical Team*. Grant proposal submitted to the University of North Texas' Office for Faculty Success. (Amount requested \$5000; not funded)

SCHOLARLY PUBLICATIONS

(CIF = Calculated Impact Factor; IF = Journal's Reported Impact Factor, and IF5 = Journal's Reported 5-year Impact factor; JIF = Journal Citation Report's Journal Impact Factor, JIF5 = Journal Citation Report's 5-year Journal Impact Factor, and JIF %ile = Journal Citation Report's Average Journal Impact Factor Percentile Rank; SJR = Scimago Journal Rank, and SJQ = Scimago Journal Quartile Rank; AR = Cabells or editor-reported acceptance rate)

* denotes top-tier ACA journal

+ student collaboration

BOOK

- Watson, J. C., & **Schmit, M. K.** (2019). *Introduction to clinical mental health counseling: Contemporary issues*. Sage Publications.
- <https://us.sagepub.com/en-us/nam/introduction-to-clinical-mental-health-counseling/book248167>

REFERRED ARTICLES

- *+23. Silveus, S. A., **Schmit, M. K.**, Teles Oliveira, J., & Hughes, L. (2023). Meta-analysis of culturally adapted cognitive behavioral therapy for anxiety and depression. *Journal of Counseling & Development*. Advanced online publication. <https://doi.org/10.1002/jcad.12463>
- JIF = 2.3 (Clarivate Analytics, 2023); AR = 14%
 - Flagship journal of the American Counseling Association
- *22. Giordano, A. L., Prosek, E. A., Schmit, E. L., & **Schmit, M. K.** (2022). Examining coping and nonsuicidal self-injury among adolescents: A profile Analysis. *Journal of Counseling & Development*. Advanced online publication. <https://doi.org/10.1002/jcad.12459>
- JIF = 2.455 (Clarivate Analytics, 2021); AR = 14%
 - Flagship journal of the American Counseling Association
- *+21. Giordano, A. L., **Schmit, M. K.**, & McCall, J. (2022). Exploring adolescent social media and internet gaming addiction: The role of emotion regulation. *Journal of Addictions & Offenders Counseling*. 1-12. <https://doi.org/10.1002/jaoc.12116>
- A top-cited article and author between 1st January 2022 – 31st December 2023.
 - JIF = 1.6 (Clarivate Analytics, 2022)
- +20. Giordano, A. L., **Schmit, M. K.**, Clement, K., Potts, E. E., & Graham, A. R. (2022). Pornography use and sexting trends among American adolescents: Data to inform school counseling programming and practice. *Professional School Counseling*, 26(1). <https://doi.org/10.1177/2156759X221137287>

19. Karaman, M. A., **Schmit, M. K.**, & Can, N. (2022). "I Fight, I Don't Give Up Hope": Resilience and life satisfaction among Syrian refugee university students in Turkey. *Journal of Immigrant & Refugee Studies*, 1–16. <https://doi.org/10.1080/15562948.2022.2064029>
- JIF = 3.547 (Clarivate Analytics, 2020); SJR = .845, SJQ = 1st (Scimago, 2020)
- +18. Tucker, S., **Schmit, M. K.**, & Giordano, A. L. (2021). Perceptions of poverty: Counseling students' preferences for working with clients in poverty. *Journal of Counselor Preparation and Supervision*, 14(4). <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/1>
- AR = 34.6% (Western Connecticut State University, 2017–2019)
17. Giordano, A. L., Lundeen, L. A., Wester, K. L., Lee, J., Vickers, S., **Schmit, M. K.**, & Kim, I. K. (2021). Nonsuicidal Self-Injury on Instagram: Examining hashtag trends. *International Journal for the Advancement of Counseling*, 1–16. <https://doi.org/10.1007/s10447-021-09451-z>
- CIF = 1.04 (Resurchiefy, 2021); SJR = .339, SJQ = 3rd (Scimago, 2020)
- *16. **Schmit, M. K.**, & Giordano, A. L. (2021). Introduction to the special issue: Advancing the counseling profession through research and publication. *Journal of Counseling & Development*, 99(2), 119–122. <https://doi.org/10.1002/jcad.12359>
- JIF = 2.063 (Clarivate Analytics, 2021); AR = 14%
 - Flagship journal of the American Counseling Association
- *+15. Wood, A. W., Dorais, S., Gutierrez, D., Moore, C. M., & **Schmit, M. K.** (2021). Advancing the counseling profession through contemporary quantitative approaches. *Journal of Counseling & Development*, 99(2), 156–166. <https://doi.org/10.1002/jcad.12363>
- JIF = 2.063 (Clarivate Analytics, 2021); AR = 14%
 - Flagship journal of the American Counseling Association
- *14. Giordano, A. L., **Schmit, M. K.**, & Schmit, E. L. (2021). Best practice guidelines for publishing rigorous research in counseling. *Journal of Counseling & Development*, 99(2), 123–133. <https://doi.org/10.1002/jcad.12360>
- JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
 - Flagship journal of the American Counseling Association
 - Lead article in 99(2)
 - Featured article for April 2021 issue: <https://www.counseling.org/publications/counseling-journals/jcd>
 - Top downloaded article, March 30, 2023
- *+13. **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., Hawkins, J., Silveus, S. A., & Chuyou-Campbell, C. (2020). Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship adjustment. *Counseling Outcome Research & Evaluation*. Advanced Online Publication. <https://doi.org/10.1080/21501378.2020.1796481>
- SJR = .478, SJQ = 2nd (Scimago, 2019); AR = 28% (A. S. Lenz [Editor], personal communication, August 28, 2020); Cite Score = 1.09
- *12. Giordano, A. L., Prosek, E. A., **Schmit, M. K.**, & Wester, K. (2020). "We Are Still Here": Increasing Native American cultural sensitivity in counselor education. *Journal of Counseling & Development*, 98(2), 159–171. <https://doi.org/10.1002/jcad.12310>

- JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
 - Flagship journal of the American Counseling Association
- *11. Giordano, A. L., Prosek, E. A., Bain, C., Malacara, A., Turner, J., Schunemann, K., & **Schmit, M. K.** (2020). Withdrawal symptoms among American collegiate Internet gamers. *Journal of Mental Health Counseling*, 42(1), 63–77. <https://doi.org/10.17744/mehc.42.1.05>
- AR = 28% for 2019 (I. Weigold [Editor], personal communication, September 1, 2020)
- *10. **Schmit, M. K.**, Oller, M. L., Tapia, J. L. Jr., & Schmit, E. L. (2020). A holistic client functioning profile comparison of persons with serious mental illness. *Journal of Counseling & Development*, 98(1), 3–16. <https://doi.org/10.1002/jcad.12295>
- JIF = 1.402 (Clarivate Analytics, 2019); AR = 14%
 - Flagship journal of the American Counseling Association
 - Lead article in 98(1)
- *9. Holden, J. M., St. Germain-Sehr, N., Reyes, A., Loseu, S., **Schmit, M. K.**, Laird, A., Weintraub, L., St. Germain-Sehr, A., Price, E., Blalock, S., Bevely, C., Lankford, C., & Mandalise, J. (2019). Effect of induced after-death communication on grief. *Grief Matters: The Australian Journal of Grief and Bereavement*, 22(1), 4–9.
- *8. Schmit, E. L., & **Schmit, M. K.**, Reilly, R., & Fish, M. (2019). Gender differences of client evaluation of the working alliance in an acute care, inpatient treatment setting. *Journal of Professional Counseling: Practice, Theory & Research*, 46(1–2), 64–76. <https://doi.org/10.1080/15566382.2019.1673650>
- AR = 10% (K. M. Hollenbaugh [Editor], personal communication, November 15, 2019)
- *7. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2019). Using profile analysis in counseling outcome research. *Counseling Outcome Research and Evaluation*, 10(2), 94–105. <https://doi.org/10.1080/21501378.2018.1443006>
- SJR = .106, SJQ = 4th (Scimago, 2016); AR = 36% (A. S. Lenz [Editor], personal communication, August 1, 2018)
 - Identified as one of the most read articles in CORE between June 25th 2011 and June 26th 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>
6. Karaman, M. A., **Schmit, M. K.**, Oliver, M., & Ulus, C. I. (2018). International graduate students' perceptions of counseling ethics. *Journal of International Students*, 8(2), 677–695. <https://doi.org/10.5281/zenodo.1250370>
- IF = .86 (Scopus, 2016); SJR = .197, SJQ = 3rd (Scimago, 2016); AR = 35% (Cabells, 2017)
- *5. **Schmit, M. K.**, Watson, J. C., & Fernandez, M. A. (2018). Examining the effectiveness of integrated behavioral and primary healthcare treatment. *Journal of Counseling & Development*, 96(1), 3–14. <https://doi.org/10.1002/jcad.12173>
- JIF = 1.356 (Clarivate Analytics, 2017); AR = 14% (Cabells, 2017)
 - Flagship journal of the American Counseling Association
 - Lead article in 96(1)
 - A top cited article from 2017-2019 available in the Top Cited Virtual Issue developed by Richard Balkin and Matthew Lemberger-Truelove

- 1 of 5 JCD articles identify for the Joint Virtual Issue on Counselling in Challenging Times and Sociocultural Contexts. [https://onlinelibrary.wiley.com/doi/toc/10.1002/\(ISSN\)9999-0009.counselling-in-challenging-times](https://onlinelibrary.wiley.com/doi/toc/10.1002/(ISSN)9999-0009.counselling-in-challenging-times)

- *4. Watson, J. C., Lenz, A. S., **Schmit, M. K.**, & Schmit, E. L. (2016). Calculating and reporting estimates of effect size in counseling outcome research. *Counseling Outcome Research and Evaluation*, 7(2), 111–123. <https://doi.org/10.1177/2150137816660584>
- SJR = .106, SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)
 - Identified as one of the most cited articles in CORE between June 2017 and June 2020. See <https://www.tandfonline.com/action/showMostCitedArticles?journalCode=uore20>
 - Identified as one of the most read articles in CORE between June 25th 2011 and June 26th 2020. See <https://www.tandfonline.com/action/showMostReadArticles?journalCode=uore20>
- *3. Schmit, E. L., **Schmit, M. K.**, & Lenz, A. S. (2016). Meta-analysis of solution-focused brief therapy for treating symptoms of internalizing disorders. *Counseling Outcome Research and Evaluation*, 7(1), 21–39. <https://doi.org/10.1177/2150137815623836>
- SJR = .106, SJQ = 4th (Scimago, 2016); AR = 35% (R. Newgent [Editor], personal communication, October 27, 2016)
 - Identified as one of the most read articles in CORE between October 2015 thru September 2016. See <http://cor.sagepub.com/reports/most-read>
2. **Schmit, M. K.**, Schmit, E. L., Henesy, R., Klassen, S., & Oliver, M. (2015). Constructing an integrated model of ethical decision making in counselor education and supervision: A case conceptualization. *VISTAS Online*. <http://www.counseling.org/knowledge-center/vistas>
- AR = 64% (J. Joncas [Managing Editor], personal communication, November 7, 2016)
 - Publication was a byproduct of winning 1st place in the 2014-15 ACA graduate student ethics team competition
- *1. Hott, B. L., Limberg, D., Ohrt, J. H., & **Schmit, M. K.** (2015). Reporting results of single-case studies. *Journal of Counseling & Development*, 93(4), 412–417. <https://doi.org/10.1002/jcad.12039>
- JIF = .588 (Wiley Online Library, 2015); JIF5 = .961; JIF %ile = 19.620 (JCR, 2015); AR = 14% (Cabells, 2015)
 - Flagship journal of the American Counseling Association

MANUSCRIPTS IN PREPARATION

- *+Silveus, S. A., **Schmit, M. K.**, Teles Oliveira, J., Teles Oliveira, J., Jurczak, T., & Yager, T. Meta-analysis of culturally adapted cognitive behavioral therapy for reducing posttraumatic stress disorder. Target journal: *Journal of Counseling & Development*

BOOK CHAPTERS

- Silveus, S. A., & **Schmit, M. K.** (under contract). Foundations of behavioral and process addictions. In D. Sheperis and C. Sheperis (Eds.), *Foundations of substance use and addiction counseling: Principles and applied practice*. (pp.345–359). Cognella.

ENCYCLOPEDIA ENTRIES

3. Silveus, S. A., & **Schmit, M. K.** (2023). Diversity and Oppression Scale. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy* (1st ed., pp xx-xx). Sage.
2. Silveus, S. A., & **Schmit, M. K.** (2023). Invisible versus visible minorities. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy* (1st ed., pp xx-xx). Sage.
1. Silveus, S. A., & **Schmit, M. K.** (2023). Biracial and multiracial identity. In S. Dermer and J. Abdullah (Eds.), *Encyclopedia of Multicultural Counseling, Social Justice, and Advocacy* (1st ed., pp xx-xx). Sage.

MAGAZINE

- Giordano, A. L., & **Schmit, M. K.** (2023). Understanding coping profiles among youth with and without a history of NSSI. *Counseling Today: Research in Action*, 65(12), 19–21.
<https://www.counseling.org/docs/default-source/counseling-today-archives/ct-june2023>

NEWSLETTERS

3. **Schmit, M. K.** (2018). Summary of article “Examining the effectiveness of integrated behavioral and primary healthcare treatment.” *ACA Interest Network for Integrated Care Newsletter*, 1(1), 3–4.
2. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015). Out of sight, out of mind: A call to action of mental health professionals working with unaccompanied immigrant children. *The Juncture Newsletter*, Spring/Summer, 10–12. Retrieved from <https://www.txca.org/images/Divisions/TACES/JunctureSpring2015.pdf>
1. Schmit, E. L., & **Schmit, M. K.** (2014). A humanistic approach in an inpatient setting. *Texas Association for Humanistic Education And Development Newsletter*, 1(1), 7.

SOLICITED BLOG POST

- Schmit, M. K.** (2018, April 26). *Examining the effectiveness of integrated behavioral and primary healthcare treatment: A brief summary* [Blog post]. Retrieved from <https://tcomconversations.org/2018/04/26/examining-the-effectiveness-of-integrated-behavioral-and-primary-healthcare-treatment-a-brief-summary/>

DISSERTATION

- Schmit, M. K.** (2016). *Integrated behavioral and primary healthcare: Comparing the effectiveness of treatment modalities on holistic client functioning* (doctoral dissertation). Available from ProQuest Dissertations and Theses database. (Accession Order No. 10104371)

CURRENT RESEARCH ACTIVITY

+ student collaboration

+Silveus, S. A., **Schmit, M. K.**, Schutte, M., Siebert, S., Mansergh-Johnson, J, Kane, M., & Nier, K. Meta-analysis of integrated co-occurring substance use and mental health treatment for improving health outcomes. [Data collection]

PEER-REVIEWED PRESENTATIONS

+ student collaboration

* proposal accepted to be presented

INTERNATIONAL & NATIONAL

+31. **Schmit, M. K.**, Silveus, S. A., Brunke, P., & Mansergh-Johnson, J. (2025, March 27–29). *Navigating contemporary ethical dilemmas within substance use treatment* [Conference session]. American Counseling Association 2025 Virtual Conference & Expo, Orlando, FL, United States.

+30. Silveus, S. A., **Schmit, M. K.**, Mansergh-Johnson, J., & Brunke, P. (2025, March 27–29). *The art of self-disclosure (or not) in substance use counseling* [Conference session]. American Counseling Association 2025 Virtual Conference & Expo, Orlando, FL, United States.

+29. Silveus, S. A., Gonzalez, E., **Schmit, M. K.**, & Schmit, E. L. (2023). *Navigating self-disclosure in a multicultural classroom* [Conference session canceled]. 2023 National Association for Counselor Education and Supervision Conference, Denver, CO, United States.

28. **Schmit, M. K.**, Prosek, E. A., Giordano, A. L., & Schmit, E. L. (2022). *A guide to becoming a skillful journal reviewer* [Conference session]. Association for Assessment and Research in Counseling 2022 Annual Conference, St. Louis, MO, United States.

+27. Giordano, A. L., **Schmit, M. K.**, & Hale, K. (2021). *Researching behavioral addictions: What we know and what we need to know* [Conference session]. Association for Assessment and Research in Counseling 2021 Annual Conference, Cincinnati, OH, United States.

26. Schmit, E. L., **Schmit, M. K.**, Giordano, A. L., & Prosek, E. A. (2021). *Innovative ways to disseminate research to clinicians and the general public* [Conference session]. Association for Assessment and Research in Counseling 2021 Annual Conference, Cincinnati, OH, United States.

+25. Giordano, A. L., & **Schmit, M. K.**, McCall, J., & McGarrh, D. (2021). *Teaching about addictions with cultural humility in counselor education courses* [Conference session]. 2021 National Association for Counselor Education and Supervision Conference, Atlanta, GA, United States.

24. Giordano, A. L., Prosek, E. A., Schmit, E. L., & **Schmit, M. K.** (2021). *Publish and flourish: Trends and suggestions for meaningful research agendas* [Panel discussion]. 2021 National Association for Counselor Education and Supervision Conference, Atlanta, GA, United States.

23. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2021, April 5–30). *Equipping counselors to effectively address internet gaming disorder among diverse clientele* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
- +22. **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2021, April 5–30). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2021 Virtual Conference & Expo.
21. Giordano, A. L., Schmit, E. L., **Schmit, M. K.**, & Prosek, E. A. (2020, September 11–12). *How to conduct research in the counseling field from start to finish* [Conference session]. Association for Assessment and Research in Counseling, 2020 National Assessment and Research Virtual Conference.
20. Giordano, A. L., Chung, J., Prosek, E. A., & **Schmit, M. K.** (2020, April 16–19). *Equipping counselors to effectively address internet gaming disorder among diverse clientele* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/ffectively-ddressing-nternet-aming-isorder-mong-iverse-lients> (Conference canceled due to COVID-19)
- +19. **Schmit, M. K.**, Hickman, D., Silveus, S. A., & Schmit, E. L. (2020, April 16–19). *Communication and Collaboration: The inner workings of integrated care treatment* [Conference session]. American Counseling Association 2020 Conference & Expo, San Diego, CA, United States. <https://www.counseling.org/conference/san-diego-2020/program/program/detail/ommunication-and-ollaboration-he-nner-orkings-of-ntegrated-are-reatment> (Conference canceled due to COVID-19)
- +18. Hawkins, J., **Schmit, M. K.**, Schmit, E. L., Lenz, A. S., & Chuyou-Campbell, C. (2019, September). *Meta-analysis of behavioral couples therapy for decreasing substance use and improving relationship satisfaction*. Association for Assessment and Research in Counseling, AARC 2019 Assessment and Research Conference: People. Programs. Policies., San Antonio, TX.
17. **Schmit, M. K.**, & Dash, G. (2019, October). *The Impact of Program Accreditation on Counselors' Professional Engagement*. Association for Counselor Education and Supervision Conference, Seattle, WA.
- +16. **Schmit, M. K.**, Hickman, D., Watson, J. C., Schmit, E. L., & Silveus, S. A. (2019, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Seattle, WA.
15. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2019, October). *Increasing Native American cultural competence in counselor education*. Association for Counselor Education and Supervision Conference, Seattle, WA.
14. Prosek, E. A., Watson, J. C., Giordano, A. L., & **Schmit, M. K.** (2019, March). *What counselors need to know about social media addiction among adolescents*. American Counseling Association 2019 Conference & Expo, New Orleans, LA.

13. Schmit, E. L., Balkin, R. S., Hollenbaugh, K. M., & **Schmit, M. K.** (2018, November). *Linear and nonlinear examinations of therapeutic goal attainment and the working alliance for adolescents in crisis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
12. **Schmit, M. K.**, Giordano, A. L., Schmit, E. L., & Prosek, E. (2018, November). *Mastering the Mixed ANOVA approach: When and how to use the analysis*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
11. Giordano, A. L., Prosek, E., & **Schmit, M. K.** (2018, November). *Utilizing consensual qualitative research (CQR) methodology: A step-by-step primer*. Association for Assessment and Research in Counseling, 2018 National Assessments and Research Conference, Richmond, VA.
- *10. Giordano, A. L., Reyes, A. G., & **Schmit, M. K.** (2018, April). *Addressing client religion and spirituality in an ethical and culturally competent way*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
9. **Schmit, M. K.**, Schmit, E. L., & Callender, K. A. (2018, April). *Bridging the research-to-practice gap using research methods and statistics: A counseling researcher perspective*. American Counseling Association 2018 Conference & Expo, Atlanta, GA.
8. **Schmit, M. K.**, Watson, J. C., & Schmit, E. L. (2017, October). *Using profile analysis in counseling outcome research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
7. Watson, J. C., & **Schmit, M. K.** (2017, October). *Introduction to hierarchical linear modeling: Applications for counseling research*. Association for Counselor Education and Supervision Conference, Chicago, IL.
6. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Crisis in the classroom: Counselor educators' responsibilities to their students*. American Counseling Association 2017 Conference & Expo, San Francisco, CA.
5. **Schmit, M. K.** (2016, April). *Integrated behavioral and primary health care: Comparing the effectiveness of treatment modalities on holistic client functioning*. American Counseling Association 2016 Conference & Expo, Montréal, QC, Canada.
4. **Schmit, M. K.**, Schmit, E. L., & Hollenbaugh, K. M. H. (2015, September). *Knowing how and when to transform: A practical approach to data transformation*. Association for Assessment and Research in Counseling, 2015 National Assessments and Research Conference, Memphis, TN.
3. Armstrong, S., Mendez, E. A., & **Schmit, M. K.** (2015, October). *Teaching not presenting: Enhancing experiential learning theory and learning styles*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.
2. Watson, J. C., Schmit, E. L., & **Schmit, M. K.** (2015, October). *Reach them all, teach them all: A multiple intelligence-based approach toward counselor training*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.

1. **Schmit, M. K.**, Schmit, E. L., & Balkin, R. S. (2014, September). *Evaluation of Career Components in Global Assessments*. Association for Assessment and Research in Counseling, 2014 National Assessments and Research Conference, Moline, IL, United States.

REGIONAL

- *2. Silveus, S. A., **Schmit, M. K.**, & Mansergh-Johnson, J. (2024, October). *Reconceptualizing addiction through intergenerational shame* [Conference session]. Southern Association for Counselor Education and Supervision Conference, Dallas, TX, United States.
1. Hansen, Z., & **Schmit, M. K.** (2022, September). *Video game addiction: What counselors need to know* [Conference session]. North Central Association for Counselor Education and Supervision Conference, Omaha, NE, United States.

STATE

- +27. Silveus, S. A., **Schmit, M. K.**, & Teles Oliveira, J. (2021, November). *Culturally-adapted CBT: What we can learn from international CBT approaches* [Conference session]. Texas Counseling Association's 65th Professional Growth Conference, Galveston, TX, United States.
- +26. Kaszynski, E., & **Schmit, M. K.** (2020, February 27–28). *Supervision through a new lens: Integrating a trauma informed approach to your supervisory practice* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf
25. Schmit, E. L., & **Schmit, M. K.** (2019, November). *Research to practice gap: Engaging professional counselors in the research process*. Texas Counseling Association's 63rd Professional Growth Conference, Fort Worth, TX.
- +24. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, November). *Remembering the basic principles of counseling when treatment persons with addictions*. Texas Counseling Association's 63rd Professional Growth Conference, Fort Worth, TX.
- +23. Schmit, E. L., & **Schmit, M. K.**, Thomas, N., & Silveus, S. A. (2019, February). *Mentorship: The future of our profession*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
22. Cade, R., Schmit, E. L., & **Schmit, M. K.** (2019, February). *Counselor educators and institutional review boards (IRBs): Challenges and opportunities for ethical research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +21. **Schmit, M. K.**, & Silveus, S. A. (2019, February). *Mastering the mixed ANOVA approach*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +20. **Schmit, M. K.**, Schmit, E. L., Silveus, S., & Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Advanced strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.

- +19. **Schmit, M. K.**, Schmit, E. L., Silveus, S., Hickman, D. (2019, February). *Mastering the statistical package for the social sciences software: Basic strategies*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Dallas, TX.
- +18. Schmit, E. L., Knox, N. M., **Schmit, M. K.**, & Jambon, M. M. (2018, November). *Developing the working alliance in inpatient settings*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
- +17. Allen, N., **Schmit, M. K.**, & Schmit, E. L. (2018, November). *Experiences of intersectionality among counselor educators and supervisors*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
- +16. **Schmit, M. K.**, Silveus, S. A., Schmit, E. L., Oller, M., & Garcia, M. (2018, November). *What does it all mean?: Making sense of research findings for counselors in practice*. Texas Counseling Association's 62nd Professional Growth Conference, Dallas, TX.
- +15. Schmit, E. L., **Schmit, M. K.**, Fish, M., & Jones, N. (2018, March). *Closing the research-to-practice gap in the classroom: Creative approaches to teaching research and assessment*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +14. Silveus, S. A., **Schmit, M. K.**, & Hughes, L. (2018, March). *Connecting the personal with theoretical: A self-reflective approach to teaching counseling theories*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
- +13. Conner, C., & **Schmit, M. K.** (2018, March). *Movement and creative strategies for teaching theories in counseling programs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
12. Schmit, E. L., **Schmit, M. K.**, Klassen, S. L. (2016, November). *An Integrated approach to ethical decision-making in counselor education*. Texas Counseling Association's 60th Professional Growth Conference, Dallas, TX.
11. Schmit, E. L., **Schmit, M. K.**, & Callender, K. A. (2016, November). *Thwarting the disconnect between research and practice: Implications for counselors and counseling researchers*. Texas Counseling Association's 60th Professional Growth Conference, Dallas, TX.
10. Snow, K., Schmit, E. L., & **Schmit, M. K.** (2016, January). *Navigating the faculty job search and networking: A roundtable discussion for counseling doctoral students*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
9. **Schmit, M. K.**, Challender, K. A., Abdulkadir, H., & Schmit, E. L. (2016, January). *Five practical methods to bridging the researcher-practitioner divide*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
8. Karaman, M. A., Fernandez, M. A., **Schmit, M. K.**, & Mendez, E. A. (2015, November). *TAHEAD presents: A humanitarian crisis: Unaccompanied asylum-seeking children and counseling services*. Texas Counseling Association's 59th Professional Growth Conference, Corpus Christi, TX.

7. **Schmit, M. K.**, & Schmit, E. L. (2015, November). *The big 3 in mental health: Treating individuals with major depression, bipolar, and schizophrenia from an integrated behavioral and primary health care approach*. Texas Counseling Association's 59th Professional Growth Conference, Corpus Christi, TX.
6. Mendez, E. A., **Schmit, M. K.**, & Karaman, M. A. (2015, January). *Promoting professional advocacy for mental health professionals who work with unaccompanied immigrant children*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
5. **Schmit, M. K.**, Schmit, E. L., & Harris, N. (2014, November). *Let's talk about the 5%: Inpatient psychiatric care*. Texas Counseling Association's 58th Professional Growth Conference, Dallas, TX.
4. Karaman, M. A., Oliver, M., **Schmit, M. K.**, & Ulus, I. C. (2014, November). *International graduate students' perceptions of counseling ethics*. Texas Counseling Association's Professional Growth Conference, Dallas, TX.
3. Hott, B., **Schmit, M. K.**, Balkin, R. S., Williams, G., & Armstrong, S. (2014, September). *Evidenced-Based Practice: What is available for counselors serving students with emotional and learning disabilities?* Texas A&M University System Chancellor's Summit, Austin, TX.
2. Karaman, M. A., & **Schmit, M. K.** (2014, January). *Substance abuse treatment and risk factors with diverse populations*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
1. **Schmit, M. K.**, & Schmit, E. L. (2013, September). *Inside vantage point: Understanding the addicted person*. Texas Counseling Association's 57th Professional Growth Conference, San Antonio, TX.

LOCAL

- +4. Silveus, S. A., & **Schmit, M. K.** (2020, April 7). *The importance of assessing social validity in single case designs* [Conference session]. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX. <https://www.tamuc.edu/research/ResearchSymposium/tamuc-annual-research-symposium/default.aspx> (Conference Canceled due to COVID-19)
3. Schmit, E. L., **Schmit, M. K.**, Wachira, E., & Lauderdale, S. (2019, September). *Mental health among college students*. Professional Developmental Day, Texas A&M University-Commerce, Commerce, TX.
- +2. Hawkins, J., & **Schmit, M. K.** (2019, April 9). *Meta-analysis of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment*. Annual Research Symposium, Texas A&M University-Commerce, Commerce, TX.
1. Schmit, E. L., **Schmit, M. K.**, Karaman, M. A., & Gonzalez, J. (2014, April). *The big three in mental health: Exploring major depression, bipolar, and schizophrenia in the gulf coast region*. Gulf Coast Counseling Association, Corpus Christi, TX.

INVITED PRESENTATIONS, TRAININGS, WEBINARS, & WORKSHOPS

+ student collaboration

* accepted to be presented

NATIONAL

5. Giordano, A. L., & **Schmit, M. K.** (2022, September). *Self-injury among teens and how it shows up in social media* [Webinar]. Hazelden Betty Ford Foundation's *Let's Talk* WEBINAR.
4. **Schmit, M. K.**, & Giordano, A. L. (2022, March). *Demystifying the promotion and tenure process* [Webinar]. Association for Counselor Education & Supervision New Faculty Interest Network.
3. **Schmit, M. K.** (2021, November). *Integrated care treatment for co-occurring and comorbid disorders* [Conference session]. University of Central Florida's Integrated Care and Opioid Use Disorder Treatment Symposium.
2. Giordano, A. L., & **Schmit, M. K.** (2021, October). *Establishing a research agenda* [Roundtable]. Association for Counselor Education & Supervision Virtual Conference – Roundtable Bonus.
1. **Schmit, M. K.** (2020, April 29). *Integrated Care: A Coordinated Approach to Healthcare Treatment* [Webinar]. Chi Sigma Iota Counseling Academic & Professional Honor Society International. https://www.csi-net.org/page/webinars_scheduled

REGIONAL

Giordano, A. L., & **Schmit, M. K.** (2022, March). *The process of publishing in counseling journals* [Webinar]. Southern Association for Counselor Education & Supervision Writing Workshop.

STATE

10. Schmit, E. L., & **Schmit, M. K.**, Croffie, A. (2020, February 27–28). *An introduction to the research process in the counseling field* [Conference session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf
9. Schmit, E. L., Burlison, C., Cade, R., **Schmit, M. K.**, Trepal, H. (2020, February 27–28). *Research roundtables: Research feedback from the pros* [Roundtable session]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, San Antonio, TX, United States. [Names placed in no particular order] https://www.txca.org/docs/Conference_ProgramBook_Final_MidWinter2020.pdf
8. **Schmit, M. K.** (2019, June). *Behavioral health/primary care integration application*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX. <https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-summer-19-training-tickets-62011015617>.

7. **Schmit, M. K.** (2019, March). *Integrated care treatment*. University of North Texas Integrated Care Behavioral Health (UNT ICBH) Project, Frisco, TX. <https://www.eventbrite.com/e/unt-icbh-project-presents-integrated-health-care-multicultural-training-tickets-56597231844>
6. **Schmit, M. K.** (2019, February). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Houston Food Bank, Houston, TX.
5. **Schmit, M. K.** (2018, August). *Treatment for addictive disorders*. Texas Department of License and Regulation In-service Program, Mesquite Metroplex Center, Mesquite, TX.
4. Giordano, A. L., Schmit, E. L., & **Schmit, M. K.** (2018, March). *Panel: Transition from doctoral program to academic career*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
3. **Schmit, M. K.**, & Schmit, E. L. (2018, March). *Using a mixed design analysis of variance model in counseling research*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.
2. Smith, J., Timm, N., Blalock, S., Lectora, I., Pow, A., Schmit, E. L., & **Schmit, M. K.** (2017, March). *Transition from Student to Counselor Educator Panel* [TACES graduate student day panel]. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX. [Author order determined alphabetically]
1. **Schmit, M. K.**, & Schmit, E. L. (2017, March). *Practical application of within-subjects research designs*. Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX.

LOCAL

13. **Schmit, M. K.** (2024, June). *Motivational Interviewing: What It Is & What It Isn't*. Professional Development Group at the Hazelden Betty Ford Graduate School, Center City, MN, United States.
12. **Schmit, M. K.** (2024, February). *Resume and CV development*. Professional Development Group at the Hazelden Betty Ford Graduate School, Center City, MN, United States.
11. Doyle, K., Brown, L. T., & **Schmit, M. K.** (2023, May). *Graduate school overview and updates*. Hazelden Betty Ford Foundation's Momentum, Center City, MN, United States.
10. **Schmit, M. K.** (2022, November). *Examining the effectiveness of behavioral couples therapy for increasing abstinence from substance use and relationship adjustment*. Board of Governors Meeting at the Hazelden Betty Ford Graduate School of Addiction Studies, Center City, MN, United States.
9. **Schmit, M. K.** (2022, November). *Integrated care for mental health and opioid use disorders: An overview of evidence-based practices* [Webinar]. Professional Development Group at the Hazelden Betty Ford Graduate School of Addiction Studies, Center City, MN, United States.

8. Arch, R., Rose, B., **Schmit, M. K.**, & Svihel, B. (2022, October). *Current trends and perspectives in addiction treatment* [Panel discussion]. Hamline University, Saint Paul, MN, United States. [Author order determined alphabetically]
7. Brown, L., **Schmit, M. K.**, Updike, A., Garcia, M., Franey, A., & Brooks, S. (2022, March). *Addiction Counseling* [Panel discussion]. Virtual presentation with University of Minnesota-Rochester.
6. Davis, D., Gonzalez, E., Hickman, D., Mathews, R., Mohdzain, Z., Schmit, E. L., & **Schmit, M. K.** (2020, March 21). *Faculty panel on professional identity* [Plenary session]. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX, United States. [Author order determined alphabetically; conference canceled due to COVID-19]
5. Gonzalez, E., & **Schmit, M. K.** (2020, February 8). *Understanding the role of a counselor educator*. Doctoral Seminar, Texas A&M University-Commerce, McKinney, TX.
- *4. **Schmit, M. K.**, Silveus, S. A., & Hickman, D. (2019, May). *Ethical Considerations for Counselor Practice*. Dallas Metro Counseling Association Conference, Dallas, TX.
3. **Schmit, M. K.** (2018, September). *Narrowing my research topic and choosing the appropriate analysis*. Doctoral Seminar, Texas A&M University-Commerce, Mesquite, TX.
2. **Schmit, M. K.**, & Schmit, E. L. (2016, October). *Effectiveness of integrated care treatment for persons with serious mental illness*. Coastal Plains Community Center, Portland, Texas.
1. **Schmit, M. K.** (2014, January). *Empathy, hope, and a brighter future*. Texas Department of Corrections Youth Boot Camp, Corpus Christi, TX.

PUBLICITY/INTERVIEWS/MEDIA APPEARANCES

7. **Article of Interest**, Silveus et al.'s (2023) Meta-analysis of culturally adapted cognitive behavioral therapy for anxiety and depression, by Samantha Moy-Gottfried, Hazelden Betty Ford Foundation's Today's News, March 15, 2023 [Newsletter article]
6. **Java with Joe Featuring Special Guest Dr. Michael Schmit**; by Joe Lee, CEO of Hazelden Betty Ford Foundation; January 30, 2023 [Video Interview]
 - https://hazeldenbettyford.sharepoint.com/_layouts/15/search.aspx/siteall?p=2&q=java%20with%20joe
5. **Support Those in Recovery During the Holidays**, by Amanda L. Giordano, PhD, LPC; Psychology Today; November 25, 2021. [Online article]
 - <https://www.psychologytoday.com/us/blog/understanding-addiction/202111/supporting-those-in-recovery-during-the-holidays>
4. **Honorees for MLK Awards Announced**, by R. Scott, Herald Banner, January 2019. [Online newspaper article]

- https://www.heraldbanner.com/news/honorees-for-mlk-awards-announced/article_fdb07a92-193b-11e9-8ffe-bf5987386104.html
3. **Counselors Receive Research Grant to Study Native Populations in New Mexico**, by R. Talamantes, *UNT College of Education*, University of North Texas College of Education, September 2017. [Website article]
 - <https://www.coe.unt.edu/news/counselors-receive-research-grant-study-native-populations>
 2. **University Students Win the American Counseling Association Graduate Students Ethics Competition Award**, by *TAMUCC News*, Texas A&M University-Corpus Christi, February 2015. [Website article]
 - <http://tamucc.edu/news/2015/02/021815%20Ethics%20Competition.html#.Wb7Bd601Tq0>
 1. **Counselor Career Stories**, Interview by D. Irving. *Counseling Today*, American Counseling Association, August 2014. [Magazine article]

PROFESSIONAL SERVICE ACTIVITIES

EDITORSHIP/EDITORIAL REVIEW BOARD

9. **Reviewer**, *Journal of Counseling & Development*, July 2024 to present.
8. **Associate Editor-Quantitative Research**, *Journal of Counseling & Development*, July 2020 to July 2023.
7. **Guest Editor, Special Issue**, *Journal of Counseling & Development*, December 2019 to December 2020.
 - Advancing the Counseling Profession Through Research and Publication
6. **Reviewer**, *Journal of Professional Counseling; Practice, Theory, & Research*, October 2018 to January 2023.
5. **Ad Hoc Reviewer**, *Journal of Addictions & Offender Counseling*, July 2018.
4. **Associate Editor-Research**, *Journal of College Counseling*, July 2017 to September 2020.
3. **Reviewer**, *Journal of Counseling & Development*, July 2016 to May 2020.
2. **Founding Co-Editor**, Texas Association for Humanistic Counseling And Development, TAHEAD Newsletter, Texas A&M University-Corpus Christi, June 2014 to May 2016.
1. **Editorial Assistant**, *Journal of Counseling & Development*, Texas A&M University-Corpus Christi, August 2013 to May 2016.

PROGRAM PROPOSAL REVIEWER

27. **Program Proposal Reviewer**, American Counseling Association, ACA 2025 Conference & Expo in Orlando, FL, July 2024.
26. **Program Proposal Reviewer**, 2024 Southern Association for Counselor Education and Supervision Conference in Dallas, TX, March 2024.
25. **Program Proposal Reviewer**, American Counseling Association, ACA 2024 Conference & Expo in New Orleans, LA, July 2023.
24. **Program Proposal Reviewer**, Texas Counseling Association, 67th Annual 2023 Professional Growth Conference in Houston, TX, May 2023.
23. **Program Proposal Reviewer**, Texas Counseling Association, 66th Annual 2022 Professional Growth Conference in Dallas, TX, July 2022.
22. **Program Proposal Reviewer**, 2022 Southern Association for Counselor Education and Supervision Conference in Baltimore, MD, February 2022.
21. **Program Proposal Reviewer**, 2022 Texas Association for Counselor Education and Supervision Mid-Winter Virtual Conference, January 2022.
20. **Program Proposal Reviewer**, American Counseling Association, ACA 2022 Conference & Expo in Atlanta, GA, August 2021.
19. **Program Proposal Reviewer**, Association for Assessment and Research in Counseling, 2021 National Assessment and Research Conference in Cincinnati, OH, July 2021.
18. **Program Proposal Reviewer**, Texas Counseling Association, 65th Annual 2021 Professional Growth Conference in Galveston, TX, July 2021.
17. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2021 National Conference in Atlanta, GA, March 2021.
16. **Program Proposal Reviewer**, 2021 Texas Association for Counselor Education and Supervision Mid-Winter Virtual Conference, January 2021.
15. **Program Proposal Reviewer**, Association for Assessment and Research in Counseling, 2020 National Assessment and Research Conference in Cincinnati, OH, July 2020.
14. **Program Proposal Reviewer**, American Counseling Association, ACA 2021 Conference & Expo in San Diego, CA, July 2020.
13. **Program Proposal Reviewer**, Texas Counseling Association, 64th Annual 2020 Professional Growth Conference in Dallas, TX, June 2020.
12. **Program Proposal Reviewer**, 2020 Southern Association for Counselor Education and Supervision Conference in Baltimore, MD, February 2020.

11. **Program Proposal Reviewer**, 2020 Texas Association for Counselor Education and Supervision Mid-Winter Conference in San Antonio, TX, November 2019.
10. **Program Proposal Reviewer**, Texas Counseling Association, 63rd Annual 2019 Professional Growth Conference in Fort Worth, TX, July 2019.
9. **Program Proposal Reviewer**, American Counseling Association, ACA 2020 Conference & Expo in San Diego, CA, June 2019.
8. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2019 National Conference in Seattle, WA, October 2019.
7. **Program Proposal Reviewer**, Texas Counseling Association, 62nd Annual 2018 Professional Growth Conference in Dallas, TX, May 2018.
6. **Program Proposal Reviewer**, Texas Counseling Association, 61st Annual 2017 Professional Growth Conference in Galveston, TX, June 2017.
5. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2017 National Conference in Chicago, IL, October 2017.
4. **Program Proposal Reviewer**, Texas Counseling Association, 60th Annual 2016 Professional Growth Conference in Corpus Christi, TX, May 2016.
3. **Program Proposal Reviewer**, Western Association for Counselor Education and Supervision, WACES 2016 Conference in Vancouver, BC, Canada, April 2016.
2. **Program Proposal Reviewer**, Texas Counseling Association, 59th Annual 2015 Professional Growth Conference in Corpus Christi, TX, May 2015.
1. **Program Proposal Reviewer**, Association for Counselor Education and Supervision, ACES 2015 National Conference in Philadelphia, IL, February 2015.

COUNSELING ASSOCIATION COMMITTEES

3. **Member**, SACES Research Task Force Committee, Southern Association for Counselor Education and Supervision, September 2019 to September 2020.
2. **Member**, Public Policy and Advocacy Committee, Association for Assessment and Research in Counseling, July 2017 to July 2018.
1. **Member**, Conference Committee, Association for Assessment and Research in Counseling, Conference planning committee for the 2015 AARC conference in Memphis, TN, October 2014 to September 2015.

OTHER PROFESSIONAL SERVICE ACTIVITIES

3. **Faculty Member**, American Counseling Association’s 2018-19 Graduate Student Ethics Competition (master’s level), Texas A&M University-Commerce, October 2018 to December 2018.
2. **Faculty Member**, American Counseling Association’s 2017-18 Graduate Student Ethics Competition (doctoral level), University of North Texas, September 2017.
1. **Faculty Member**, American Counseling Association’s 2017-18 Graduate Student Ethics Competition (master’s level), University of North Texas, September 2017.

EVALUATION OF TEACHING EFFECTIVENESS

HBFGSAS

Teaching Effectiveness Assessed Using the Semester Course Evaluation (Online)

Likert Rating Scale: 5 = *Excellent*, 4 = *Very Good*, 3 = *Good*, 2 = *Fair*, 1 = *Poor*; scores closer to “5” indicated greater teaching effectiveness

Year	Sem	¹ CPC/CF/IR-COD Course # & Title	Enr	Resp	%	Instructor
						μ
2024	Spring	812 Evaluation Methodologies	15	10	67%	4.41
2024		606 Counseling Procedures & Skills	12	9	75%	4.81
2024		830 Practicum [200 hours]	4	4	100%	4.43
2024		520 Foundations of Addiction	15	13	87%	4.74
2023	Fall	812 Evaluation Methodologies	19	18	94.7%	4.39
2023		708 Group... Co-Occurring Dis	9	9	100%	4.76
2023	Summer	609 Etiology... Co-Occurring Dis	14	8	57.2%	4.8
2023		812 Evaluation Methodologies	14	10	71.4%	4.56
2023		815 Synthesis: Integrated Recovery	<i>Too few student responses: <60%</i>			
2023		² Group Supervision	NA	NA	NA	NA
2023	Winter	708 Group... Co-Occurring Dis	11	9	81.8%	4.76
2023		812.2 Evaluation Methodologies	1	1	100%	5
2023		812.1 Evaluation Methodologies	14	10	71.4%	4.73
2023		² Group Supervision	NA	NA	NA	4.57
2022	Fall	708 Group... Co-Occurring Dis	11	9	81.8%	4.8
2022		812 Evaluation Methodologies	7	6	85.7%	4.9
2022		² Group Supervision	NA	NA	NA	4.5
2022	Summer	708 Group... Co-Occurring Dis	16	14	87.5	4.00
2022		812 Evaluation Methodologies	20	15	75%	4.74
2022		² Group Supervision	NA	NA	NA	4.64
2022	Winter	812.1 Evaluation Methodologies	16	13	81.3%	4.73
2022		812.3 Evaluation Methodologies	16	14	87.5%	4.41
2022		503 Research & Clinical Practice	14	12	85.7%	4.69
2022		² Group Supervision	NA	NA	NA	4.65
2021	Fall	503 Research & Clinical Practice	16	16	100%	4.54
2021		708 Group... Co-Occurring Dis	11	11	100%	4.89
2021		² Group Supervision	NA	NA	NA	4.60
2021	Summer	609 Etiology... Co-Occurring Dis	10	9	90%	4.78
2021		708 Group... Co-Occurring Dis	10	10	100%	4.90

2021		701 Ethics & Professionalism	18	179	4.44%	4.71
2021		² Group Supervision	<i>Too few student responses: < 60%</i>			
2021	Winter	609 Etiology... Co-Occurring Dis	11	8	72.73%	4.75
2021		708 Group... Co-Occurring Dis	13	11	84.62%	4.88
2021		812 Evaluation Methodologies	19	14	73.68%	4.34
2021		² Group Supervision	NA	NA	NA	4.64

¹CPC = Clinical Practice Course; CF = Counseling Foundation; IR-COD = Integrated Recovery for Co-Occurring Disorders

²Group supervision values/scores are a combination of all practicum/internship courses offered during a particular semester and not specific to any particular instructor

Average Teaching Effectiveness Rating = 4.73

TAMUC

Teaching Effectiveness Assessed Using the Course Evaluation Report

Likert Rating Scale: 5 = *Strongly Agree*, 4 = *Agree*, 3 = *Neutral*, 2 = *Disagree*, 1 = *Strongly Disagree*; scores closer to "5" indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Instructor	Dept	College	TAMUC
						$\mu^{1,2}$	μ^2	μ^2	μ^2
2020	Fall	609 Intro to Stats	13	12	92.31%	4.82	4.59	4.49	4.36
2020		717 Ethics & Professional	9	9	100%	4.84	4.59	4.49	4.36
2020	Summer	640 ⁴ Adv Multivariate	5	4	80%	4.80	4.56	4.50	4.44
2020		595 Research Lit & Teach	13	13	100%	4.61	4.59	4.56	4.43
2020		595 Research Lit & Teach	22	22	100%	4.70	4.56	4.50	4.44
2020		516 Basic Skills	12	12	100%	4.47	4.56	4.50	4.44
2020	Spring	717 Ethics & Professional	9	<i>Evaluation canceled due COVID-19</i>					
2020		609 Intro to Stats	10	<i>Evaluation canceled due COVID-19</i>					
2019	Fall	551 Practicum	7	5	71%	5.00	4.62	4.43	4.33
2019		613 Adv Stat Tech	4	4	100%	4.87	4.62	4.43	4.33
2019		552 Internship ³	3	--	--	--	--	--	--
2019	Summer	522 Diversity	8	6	75%	4.67	4.67	4.49	4.40
2019		516 Basic Skills	7	7	100%	4.91	4.67	4.49	4.40
2019		697 ⁴ Adv Multivariate	6	4	67%	5.00	4.67	4.49	4.40
2019		595 Research Lit & Tech	17	11	65%	4.53	4.40	4.49	4.39
2019	Spring	595 Research Lit & Tech	9	8	89%	4.89	4.60	4.51	4.35
2019		717 Ethics & Professional	11	10	91%	4.56	4.60	4.51	4.35
2018	Fall	613 Adv Stat Tech	6	6	100%	4.81	4.56	4.47	4.32
2018		595 Research Lit & Tech	11	11	100%	4.68	4.56	4.47	4.32

¹ **Bold font indicates score above COUN Program mean**

Regular font indicates EITHER score equal to COUN Program mean.

Italics font indicates score below COUN Program mean.

² Mean score from combined overall instructor, course, and QEP questions

³ Course must enroll four or more students to yield an evaluation score

⁴ COUN 640 course number replaced COUN 697

Average Teaching Effectiveness Rating = 4.8 (2.33-years)

UNT

Teaching Effectiveness Assessed Using the Student Perception of Teaching (SPOT)

Likert Rating Scale: 0 = *Very Poor*, 1 = *Poor*, 2 = *Fair*, 3 = *Good*, 4 = *Very Good*, 5 = *Excellent*; scores closer to "5" indicated greater teaching effectiveness

Year	Sem	COUN Course # and Title	Enr	Resp	%	Sum ^{1,3}	CEI ⁴	Dept μ/SD ⁵	College μ/SD	UNT μ/SD
2018	Summer	5610 Addictions	24	16	67%	3.9	5.0	4.2/.75	4.4/.65	4.4/.65
2018		5480 Diagnosis	16	12	75%	4.6	5.1	4.2/.75	4.4/.65	4.4/.65
2018	Spring	5660 Advanced Skills	9	9	100%	4.8	6.0	4.8/.05	4.4/.50	4.1/.71
2018		5710 Counseling Theories	32	32	100%	4.7	5.2	4.8/.05	4.4/.50	4.1/.71
2017	Fall	5660 Advanced Skills	13	12	92%	4.1	6.5	4.5/.53	4.1/.79	4.2/.74
2017		5710 Counseling Theories	19	19	100%	4.8	5.8	4.5/.17	4.1/.79	4.2/.74
2017	Summer	5290 Ethics in CMHC	21	21	100%	4.6	4.3	4.5/.49	4.5/.51	4.3/.61
2017		5480 Diagnosis	15	14	93%	4.8	5.6	4.5/.49	4.5/.51	4.3/.61
2017	Spring	5660 Advanced Skills	14	14	100%	4.8	5.3	4.3/.71	4.2/.76	4.4/.66
2016	Fall	5660 Advanced Skills	10	10	100%	3.4	6.1	4.4/.53	4.2/.61	4.4/.63
2016		5710 Counseling Theories	17	15	88%	4.5	5.4	4.4/.53	4.2/.61	4.4/.63

¹ **Bold font indicates score above COUN Program mean (or median when no mean)**

Regular font indicates EITHER score equal to COUN Program mean (or median when no mean)
OR no comparative data available.

Italics font indicates score below COUN Program mean (or median when no mean).

² SETE category: HE = Highly Effective, E = Effective; SE = Somewhat Effective

³ Median of combined Summative scores (four global questions)

⁴ Challenge and Engagement Index

⁵ Mean and standard deviation of combined median Summative scores

Average Teaching Effectiveness Rating = 4.5 out of 5 (2-years)

DOCTORAL/DISSERTATION COMMITTEE MEMBERSHIP

* indicates a change in committee role to outside committee member

TAMUC

Dissertation Chair (Texas A&M University-Commerce)

3. **Pearson, Kimberly**, ABD, Counseling, Fall 2019 – Fall 2020. [Departed from TAMUC in December 2020]
Pearson, K. *Effectiveness of an adaptive version of REBT using faith-based concepts for African American males who are experiencing symptoms of PTSD.*
2. **Kaszynski, Erin**, PhD, Counseling, Spring 2020 – Fall 2020. [Departed from TAMUC in December 2020]
Kaszynski, E. (2021). *Predictors of preparedness in gatekeeping among doctoral counselor education and supervision students.* (Order No. 28715012). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

1. **Basham, James**, PhD, Counseling, Degree Awarded in Fall 2020.
Basham, J. (2020). *The impact of the influences, goals, and priorities school truancy intervention on students' motivation, commitment, and goal orientation*. (Order No. 28256263). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

Committee Member (Texas A&M University-Commerce)

9. **Baig, Jovaria**, ABD, Counseling, Spring 2020 – Fall 2020. [Departed from TAMUC on December 2020]
Baig, J. (2021). *The impact of religiosity, ethnicity, and age on the parenting styles of females in an intercultural marriage*. (Order No. 28866006). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- *8. **Brashear, Crystal**, PhD, Counseling, Degree Awarded in Spring 2021.
Brashear, C. (2021). *The impact of creative online group supervision on counselors-in-training: A single-case research study*. (Order No. 28322669). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
7. **Matthews, Rebecca**, PhD, Counseling, Degree Awarded in Summer 2020.
Matthews, R. (2020). *Values-based conflict inventory: Development & validation*. (Order No. 28086191). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
6. **Hickman, Donna**, PhD, Counseling, Degree Awarded in Summer 2020.
Hickman, D. (2020). *The impact of role ambiguity, stress, and burnout on professional elementary school counselors*. (Order No. 28029586). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
5. **Pounce, Erica**, PhD, Counseling, Degree Awarded in Summer 2020.
Pounce, E. (2020). *Interrelationship between homelessness and non-homeless Veterans: Predicting housing needs and support*. (Order No. 28030801). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
4. **Stephens, Desiree**, PhD, Counseling, Degree Awarded in Summer 2020.
Stephens, D. (2020). *Factors that predict multicultural teaching competencies among counselor educators*. (Order No. 28024416). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
3. **Spiller, Jacqueline**, PhD, Counseling, Degree Awarded in Summer 2020.
Spiller, J. A. (2020). *Factors within the experiential growth group contributing to CACREP-students' perceived importance of group work and perceived confidence in group skills*. (Order No. 28027244) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
2. **Thomas, Nancy**, PhD, Counseling, Degree Awarded in Fall 2019.
Thomas, N. (2019). *The relationship between psychological resilience and help-seeking behavior in Indian Americans: A moderation analysis*. (Order No. 27542839). [Doctoral

dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

1. **Khosravi, Shirin**, PhD, Counseling, Degree Awarded in Fall 2019.
Khosravi, S. (2019). *Factors that may predict a counselor's willingness towards working with sex offenders*. (Order No. 27662866) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

Out-of-Department Committee Member (Texas A&M University-Commerce)

5. **Payson, Jodi**, PhD, Counselor Education & Supervision, Degree Awarded Spring 2023.
Payson, J., (2023). *Factors that may predict parental self-efficacy of setting screen time limits*. (Order No. 30313275) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
4. **Silveus, Sarah**, PhD, Counselor Education & Supervision, Degree Awarded in Summer 2022.
Silveus, S. (2022). *The relationship between racial discrimination and imposter feelings: A moderation analysis*. (Order No. 29325665) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
3. **Mountain, Jennafer**, ABD, Counseling, Spring 2021 – present.
Mountain, J. (2023). *The relationship between pelvic floor dysfunction, female sexual dysfunction, and a history of childhood sexual abuse*. (Order No. 30573939.) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
- *2. **Brashear, Crystal**, PhD, Counseling, Degree Awarded Spring 2021.
Brashear, C. (2021). *The impact of creative online group supervision on counselors-in-training: A single-case research study*. (Order No. 28322669). [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.
1. **Pleasant, William**, PhD, Educational Psychology, Degree Awarded Summer 2021.
Pleasant, W. (2021). *The effect of distinctive internal versus external facial features on eyewitness identification*. (Order No. 28644458) [Doctoral dissertation, Texas A&M University-Commerce]. ProQuest Dissertations and Theses Global.

UNT

Committee Member (University of North Texas)

- Woehler, Elliott**, PhD, Counseling, Degree Awarded in Spring 2019.
Woehler, E. (2019). *The client-counselor encounter: Assessing relational depth and motivation to change in substance use disorder treatment*. [Unpublished doctoral dissertation]. University of North Texas.

FACULTY SERVICE ACTIVITIES

UNIVERSITY

HBFGSAS

14. **Faculty Co-Advisor**, Counseling Research Team, Hazelden Betty Ford Graduate School of Addiction Studies, October 2023 to present.
13. **Chair**, Alternative Admissions Pathway Committee, Hazelden Betty Ford Graduate School of Addiction Studies, November 2022 to December 2023.
12. **Member**, Graduate School Cabinet, Hazelden Betty Ford Graduate School of Addiction Studies, January 2021 to December 2023.
11. **HLC Accreditation Liaison Officer**, Hazelden Betty Ford Graduate School of Addiction Studies, January 2021 to December 2023.
10. **CACREP Accreditation Liaison**, Hazelden Betty Ford Graduate School of Addiction Studies, January 2021 to December 2023.
9. **Member**, Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies, October 2022 to December 2022.
8. **Member**, HLC Committee, Hazelden Betty Ford Graduate School of Addiction Studies, May 2022 to December 2023.
7. **Chair**, Peer Interview Committee, Hazelden Betty Ford Graduate School of Addiction Studies, April 25, 2022.
6. **Co-Advisor**, Professional Development Group, Hazelden Betty Ford Graduate School of Addiction Studies, January 2022 to May 2023.
5. **Member**, Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies, November 2021 to March 2022.
4. **Member**, Faculty Search Committee, Hazelden Betty Ford Graduate School of Addiction Studies, April 2021 to May 2021.
3. **Member**, CACREP Committee, Hazelden Betty Ford Graduate School of Addiction Studies, December 2020 to present.
2. **Member**, Admission Committee, Hazelden Betty Ford Graduate School of Addiction Studies, December 2020 to present.
1. **Member**, Academic Committee, Hazelden Betty Ford Graduate School of Addiction Studies, December 2020 to present.

TAMUC

4. **Faculty Judge**, Annual Research Symposium (ARS), Texas A&M University-Commerce, April 2020 (Conference canceled due to COVID-19).
3. **Graduate Faculty Representative**, Doctoral Advisory Committees and Dissertations, Texas A&M University-Commerce, October 2019 to present.
2. **Faculty Judge**, Annual Research Symposium (ARS), Texas A&M University-Commerce, April 2019.

TAMUCC

1. **Member**, Committee Member Representative for Counselor Education, Graduate Student Advisory Committee, Dean of Graduate Studies, Texas A&M University-Corpus Christi, TX, October 2014 to May 2016.

COLLEGE

UNT

- Member**, College of Education Scholarship Committee, University of North Texas, March 2017 to July 2018.

DEPARTMENT/PROGRAM

TAMUC

8. **Co-Chair**, Counselor Education Research Team (CERT), Department of Counseling, Texas A&M University-Commerce, June 2019 to December 2020.
7. **Ad Hoc Member**, Review, Retention, and Dismissal Committee, Department of Counseling, Texas A&M University-Commerce, May 2019 to December 2020.
6. **Proctor**, Doctoral Comprehensive Exams, Department of Counseling, Texas A&M University-Commerce, Spring 2019, Summer 2019, and Spring 2020.
5. **CACREP Liaison**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce, January 2019 to December 2020.
4. **Member**, CACREP Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to December 2018.
3. **Member**, Scholarship/Excellence Fund Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to December 2020.
2. **Member**, Doctoral Program Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to September 2019.

1. **Member**, Master's Admission Committee, Department of Counseling, Texas A&M University-Commerce, August 2018 to December 2020.

UNT

9. **Member**, Ad Hoc Appeal Committee, Counseling & Higher Education, University of North Texas, November 2017.
8. **Member**, Clinical Experiences Committee, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.
7. **Internship Coordinator**, Counseling & Higher Education, University of North Texas, September 2017 to August 2018.
6. **Member**, Counseling & Higher Education One-year Lecture Search Committee (Counseling), University of North Texas, April 2017 to July 2017.
5. **Member**, Clinical Mental Health Program Development, University of North Texas, September 2016 to August 2018.
4. **Member**, Assessment & Evaluation Committee, University of North Texas, September 2016 to August 2018.
3. **Member**, Counseling & Higher Education Tenure-track Faculty Search Committee (Counseling), University of North Texas, September 2016 to March 2017.
2. **Member**, Masters Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2015.
1. **Member**, Doctoral Admission Committee, Texas A&M University-Corpus Christi, June 2014 to December 2014.

PUBLIC SERVICE ACTIVITIES

2. **Member**, Advisory Committee, Counseling Department at the University of Louisiana at Monroe, October 2019 to December 2020.
1. **Co-host**, Unity Gathering, Denton, Texas, November 14th, 2016.

Purpose: A non-political showing of support and compassion for all faculty and doctoral students within the department of counseling, especially those who may feel less safe or upset by recent national events.

PROFESSIONAL DEVELOPMENT

HBFGSAS

7. Momentum Summit (formerly known as Leadership Development Institute), Hazelden Betty Ford Foundation, Monthly 2-hour leadership summits ($n = 12$) from January 2023 to December 2023.
6. Virtual Leadership Development Institute – *Dream Bigger, Reach Further*, 2-days Training, Hazelden Betty Ford Foundation, September 20-21, 2022.
5. Virtual Leadership Development Institute – *Dream Bigger, Reach Further*, 2-days Training, Hazelden Betty Ford Foundation, May 11-12, 2022.
4. How Vicarious Trauma Impacts Care Providers by Dr. Quyen Ngo, 1-hour Webinar, HBFF's Let's Talk: A Professional Development Webinar Series, April 27, 2022.
3. Dual-Trauma Couples: Treatment Considerations by Dr. Jackie Braughton, HBFF's Let's Talk: A Professional Development Webinar Series, April 14, 2022.
2. Treating Meth Addiction: Pharmacological Options by Kerry Hettinger, 1-hour Webinar, HBFF's Let's Talk: A Professional Development Webinar Series, June 9, 2021.
1. Pathway to Licensure as a Substance Use Disorder Professional and Licensed Mental Health Counselor by Janyrs Murphy Rising and Greg Lamont, 1.5-hour Webinar, HBFGSAS, January 26, 2021.

TAMUC

10. **Qualtrics Training - Advanced**, Graduate School, Texas A&M University-Commerce, November 2020
9. **Qualtrics Training - Basics**, Graduate School, Texas A&M University-Commerce, October 2020
8. **Scholarship Portal Training**, Texas A&M University-Commerce, October 2020
7. **What Truth Sounds Like Virtual Symposium**, Texas A&M University-Commerce, September 2020
6. **SAGE Research Methods for Graduate Faculty**, Texas A&M University-Commerce, 2020
5. **Graduate Adviser Training**, Graduate School, Texas A&M University-Commerce, 2019
4. **Professional Development Day**, Texas A&M University-Commerce, 2019
3. **Annual Research Symposium**, Texas A&M University-Commerce, 2019
2. **Professional Development Day**, Texas A&M University-Commerce, 2018
1. **Essentials of myLeo Online—Powered by D2L Brightspace Training**, Texas A&M University-Commerce, 2018

UNT

3. **Search Committee Training**, University of North Texas, 2017
2. **Faculty Information System Training**, University of North Texas, 2017
1. **Leadership Training**, Texas Counseling Association Institute for Leadership, 2014

PROFESSIONAL AFFILIATIONS

American Counseling Association (*July 2010-present*)

Association for Counselor Education and Supervision (*September 2014-present*)

Association for Assessment and Research in Counseling (*September 2014-present*)

Southern Association for Counselor Education and Supervision (*November 2016-present*)

North Central Association for Counselor Education and Supervision (*April 2022-present*)

Texas Counseling Association (*September 2013-December 2023*)

Texas Association for Humanistic Education and Development (*June 2014-December 2023*)

Texas Association for Counselor Education and Supervision (*September 2013-December 2023*)
Counselor Education Research Consortium (*September 2013-September 2014*)
Gulf Coastal Counseling Association (*September 2012-August 2015*)
Chi Sigma Iota (*September 2010-January 2015; March 2020-March 2021*)

PROFESSIONAL CONFERENCES ATTENDED

AMERICAN COUNSELING ASSOCIATION WORLD CONFERENCE

2024 New Orleans, Louisiana
2022 Atlanta, Georgia
2021 Virtual Conference
2020 San Diego, California (canceled due to COVID-19)
2019 New Orleans, Louisiana
2018 Atlanta, Georgia
2017 San Francisco, California
2016 Montreal, Canada
2015 Orlando, Florida
2014 Honolulu, Hawaii

ASSOCIATION FOR ASSESSMENT IN RESEARCH AND COUNSELING NATIONAL CONFERENCE

2022 St. Louis, Missouri
2020 Virtual Conference
2019 San Antonio, Texas
2018 Richmond, Virginia
2015 Memphis, Tennessee
2014 Moline, Illinois

ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION NATIONAL CONFERENCE

2021 Atlanta, Georgia
2019 Seattle, Washington
2017 Chicago, Illinois
2015 Philadelphia, Pennsylvania

NORTH CENTRAL ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION CONFERENCE

2022 Omaha, Nebraska

TEXAS COUNSELING ASSOCIATION PROFESSIONAL GROWTH CONFERENCE

2021 Galveston, Texas
2020 Virtual Conference
2019 Fort Worth, Texas

2018 Dallas, Texas
2016 Dallas, Texas
2015 Corpus Christi, Texas
2014 Dallas, Texas
2013 San Antonio, Texas

TEXAS ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION MIDWINTER CONFERENCE

2022 Arlington, Texas
2021 Virtual Conference
2020 San Antonio, Texas
2019 Dallas, Texas
2018 Austin, Texas
2017 Austin, Texas
2016 Austin, Texas
2015 Austin, Texas
2014 Austin, Texas
2013 Austin, Texas

GULF COAST COUNSELING ASSOCIATION

2014 Corpus Christi, Texas

OTHER TEACHING AND SUPERVISION EXPERIENCE

INVITED GUEST LECTURE

UNT

2. Group Counseling, *COUN 5740: Group Counseling Theories and Procedures*, Masters level, July 2024.
1. Multivariate Analysis, *COUN 6125: Quantitative Research*, Doctoral level, February 2024.

University of Mississippi

2. Profile Analysis, *EDRS 705: Advanced Quantitative Research Methods*, Doctoral level, October 2023.
1. ANOVA, *EDRS 701: Educational Statistics II*, Doctoral level, November 2022.

TAMUC

8. Research Design, *COUN 625: Research Applications*, Doctoral level, March 2021.
7. Quantitative Research Designs, Sampling Methods, and Sample Size, *COUN 625: Research Applications*, Doctoral level, Fall 2017.
6. Research Design and Statistical Power, *COUN 625: Research Applications*, Doctoral level, Spring 2017
5. Challenging Skills, *COUN 516: Basic Counseling Skills*, Masters level, Summer II 2016

4. Research Methods and Quantitative Statistics, *COUN 625: Research Applications*, Doctoral level, Spring 2016.
3. Practical Counselor Experiences in Community Mental Health Settings, *COUN 510: Introduction to Counseling Profession*, Masters level, Fall 2015.
2. Reporting and Presenting Research Findings, *PSY/SPED 605: Single Subject Designs*, Doctoral level, Summer 2014.
1. Reporting and Presenting Research Findings, *COUN 595: Research Literature and Techniques*, Masters level, Summer I 2014.

TAMUCC

Mindfulness-Based Practices, *CNEP 5698: Counseling Internship*, Masters level, Summer I 2014.

SUPERVISION

HBFGSAS

Faculty Group Supervisor, Hazelden Betty Ford Graduate School of Addiction Studies, January 2021 to present. Provided weekly group supervision to 10-12 master's level students during the winter, spring and fall semesters.

TAMUC

Doctoral Student Supervisor, Texas A&M University-Corpus Christi, January 2014 to December 2014. Provided individual and triadic supervision to a total of nine (9) master's level students.

RELATED PROFESSIONAL EMPLOYMENT EXPERIENCE

CONSULTATION

3. **CACREP/Program Review Consultant**, May 3, 2024 to present. Responsibilities include reviewing the Self Study Report, provide written feedback to the Agency on the Self Study Report, and meet via Zoom with Agency representatives via Zoom.
2. **Content Expert Consultant**, April 7, 2023 to April 27, 2023. Reviewed two topics, *Evidence-based Behavioral Therapies for the Treatment of Substance Use Disorder and Understanding evidence-based Recovery support practices and the Recovery-Oriented Systems of Care (ROSC) model*, for Hazelden Betty Ford Foundation's Consulting and Training Solutions.
1. **Statistics Consultant**, August 2015-September 2015. Served as methodologist and statistics consultant to BeneVie Consulting, LLC; constructed survey instruments to assess and identify employee relations, work atmosphere, employee satisfaction, and employee productivity.

CLINICAL/ADMINISTRATIVE

8. **Counselor**, June 2023 to present. Provide teletherapy services on betterhelp.com as a licensed professional counselor, working primarily with adults and couples addressing relationship, chemical and behavioral addictions, and mild to moderate forms of mental illness for 10 hours per week.
7. **Program Specialist II**, December 2015 to May 2016. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. As an administrator, I provided oversight to two grant funded programs, Psychiatric Emergency Services Center (PESC) and Private Psychiatric Beds (PPB), and managed the department of continuity, ensuring staff compliance, assigning responsibilities, and providing supervision. Furthermore, I ensured compliance with CPCC's memorandum of understanding with outside partners through integrity reviews, frequent face-to-face contacts, and utilization management reviews. In this position, I managed five of the nine million dollars CPCC use to facilitate client care.
6. **Preadmission Screening and Residential Review Coordinator (PASRR)**, September 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and nursing facilities for the gulf coast region. Coordinated services, future treatment, and client care. Maintained performance contract with the Texas Department of State Health Services.
5. **Continuity of Care Coordinator (COC)**, July 2013 to November 2015. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Program coordinator, administrator, clinician, and liaison between CPCC and local/state inpatient psychiatric hospitals. Coordinated hospitalization, discharge, and continued treatment; conduct daily administrative duties, provided training and consultation for the department of continuity. Managed an annual 3.5-million-dollar contract in accordance with the Texas Department of State Health Services.
4. **Case Manager II**, August 2012 to May 2013. Coastal Plains Community Center (CPCC), *Security-Sensitive Position*. Provided aggressive interventions and frequent in-person contact with individuals and their families, by providing on-going rehabilitative and case management services for children and adults with mental health diagnoses of schizophrenia, bipolar, major depression, ADHD, ODD, and conduct disorder. Performed case management services, skills training, psychosocial rehabilitation, crisis intervention, community outreach, and psychoeducation.
3. **Intensive Home-Based Therapist**, July 2011 to July 2012. The Center for Children and Families, Inc. Provided individual and family therapy within home setting; Intensive Home-Based Services (IHBS) is a placement prevention/reunification program for children subjected to parental abuse or neglect-issues such as family conflicts, domestic violence, child abuse and neglect, improper parenting and discipline strategies, substance use, and so forth.
2. **Safe Schools Therapist**, April 2011 to July 2011. The Center for Children and Families, Inc. Provided individual and family therapy in the community and school setting; Safe Schools program is a prevention program for at-risk youth and adolescents. Issues addressed include behavioral issues at school/home, family conflicts, parenting and disciplining, substance use, and so forth.
1. **Counselor Intern**, September 2009 to March 2011. Behavioral Medicine and Addictive Disorders, Inc. Provided IOP/OP group/individual therapy under the direct supervision of Dr. Mitchell Young; addressed substance abuse issues. Duties performed include group/individual therapy, case

management, psychological education group, assisted with GED, developed and assisted with residential/halfway house, administered assessments, assisted with job placement, and so forth.

PROGRAM DEVELOPMENT

ACADEMIC

4. **Alternative Admission Pathways**, Hazelden Betty Ford Graduate School of Addiction Studies, January 2022 to September 2023.

Established an equity-based process that is aimed at expanding opportunities for those who seek to work, or are already working, in the treatment field—including many with a personal connection to addiction and recovery—and who are prepared for graduate school success despite not having a traditional four-year undergraduate degree. The Hazelden Betty Ford Graduate School of Addiction Studies launched the “Alternative Admission Pathways” Pilot Program in the Fall 2023 semester with a cohort of nine students.

3. **Prevention Certificate**, Hazelden Betty Ford Graduate School of Addiction Studies, January 2023 to September 2023.

Developed a prevention certificate, in partnership with Hazelden Betty Ford Foundation’s Consulting and Training Solutions and “GameChanger,” that will prepare students as a prevention specialist within youth-serving spaces and for other roles in which substance use prevention leadership, strategy and delivery are needed and valued. Student enrolled gain an enhanced understanding of substance use health promotion, use prevention and early intervention theory, as well as models and practical applications from a community-based, public health and integrated approach.

CLINICAL

2. **Zero Suicide in Texas (ZEST) for Prevention of Self-Harm and Suicide**, Coastal Plains Community Center, September 2014 to December 2015.

Established a collaborative partnership with the Texas Department of State Health Services and the Texas Institute for Excellence in Mental Health, Center for Social Work Research, in order to develop a suicide prevention program in the gulf coast region. *Objective:* Provide training in assessment of suicidality, develop a suicide prevention and intervention program, and teach effective safety planning techniques to clinicians of Coastal Plains Community Center.

1. **Psychiatric Emergency Services Center Project**, Coastal Plains Community Center, September 2013 to December 2015.

To reduce overutilization of state psychiatric hospitals, the psychiatric emergency services center project was created to focus on providing rapid crisis stabilization for individuals who lacked a payee source. *Objective:* Ensuring that individual care is localized within the nine counties of Coastal Plains Community Center through the usage of local psychiatric hospitals, community resources, and improved continuity of care.

ADVANCED CERTIFICATIONS AND TRAININGS

EDUCATION/TEACHING/LEADERSHIP

5. **Be of Service Onboarding Program (Leadership Institute)**, Hazelden Betty Ford Foundation, April to July 2023
4. **Bench Strength Experience (Leadership Institute)**, Hazelden Betty Ford Foundation, March to May 2023
3. **CACREP Self-Study Training**, Council for the Accreditation of Counseling and Related Educational Programs, October 2019
2. **Certificate of Online Course Design and Development**, Texas A&M University-Corpus Christi, December 2015
1. **Certificate of Professional Development in Best Practices for Online Course Design**, TAMUCC, December 2015

CLINICAL

10. Collaborative Assessment and Management of Suicidality (CAMS) certified, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, July 2015
9. Suicide Safety Plan certified and trainer, Texas Department of State Health Services and Texas Institute for Excellence in Mental Health, February 2015
8. Adult Needs and Strengths Assessment (ANSA) certified, Texas Department of State Health Services, August 2012 to May 2016
7. Child-Adolescent Needs and Strengths (CANS) certified, Texas Department of State Health Services, August 2012 to May 2016
6. Dialectical Behavioral Therapy (DBT), six-hour training, Texas A&M University-Corpus Christi, May 2014
5. Applied Suicide Intervention Skills Training (ASIST) certified, Texas Department of State Health Services, June 2013
4. Illness Management & Recovery (IMR) certified, Texas Department of State Health Services, June 2013
3. Aggression Replacement Training (ART) certified, Texas Department of State Health Services, August 2012
2. Skillstreaming in Early Childhood and Adolescents certified, Texas Department of State Health Services, August 2012
1. Intensive Home-Based Services (IHBS) certified, Institute for Family Development, July 2011