

# Kimberly L. Pearson, Ph.D., LPC-S

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Curriculum Vita last updated: July 11, 2024

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## EDUCATION

**Ph.D. Counseling Education & Supervision**  
Texas A&M-Commerce  
CACREP accredited  
May 2023

**M.Ed Counseling,**  
University of North Texas - Dallas  
CACREP accredited  
2011-2014

**BA Music Theory and Composition,**  
East Texas State University at Commerce  
1984-1990

## LICENSURE

Licensed Professional Counselor - Supervisor (LPC-S), #73002

CITI Training in Social & Behavioral Research – Basic/Refresher – Expiration Date: 04/07/2027

CITI Training in Humanities Responsible Conduct of Research Course 1 – Expiration Date: 04/07/2027

CITI Training in Social and Behavioral Responsible Conduct of Research – Expiration Date: 04/07/2027

## TEACHING EXPERIENCE

### Ad Interim Assistant Professor - Department of Counseling

Texas A&M – Commerce, Commerce, Tx

Fall 2023

- Intro to the Counseling Profession
- Counseling Theories and Techniques
- Intro To Group Dynamics and Procedures
- Basic Counseling Skills
- Career Development

Spring 2024

- Practicum
- Basic Counseling Skills
- Doctoral Field Experience
- Diagnosis & Treatment Planning

### Graduate Assistant

Texas A&M - Commerce, Commerce, TX, 8/2018-12/2018

Assisted with online instruction on counseling theory and technique for graduate students.

### Guest Lecture

Texas A&M – Commerce, Texas 2/26/2019

Guest lectured on Experimental Design Statistical Methods for the Master's level Research Literature and Techniques Course.

## PROFESSIONAL SERVICE

2023-2024 -Masters Committee - Texas A&M at Commerce

2023-2024 – CACREP Self-Study Committee - Texas A&M at Commerce

## PUBLICATION

Pearson, K. (2023). *Reset Intervention, a Faith-Based Rational Emotive Behavior Therapy for Post Traumatic Stress Disorder*. Self-Published. [ISBN-10:1477123456]

## RESEARCH

Pearson, K. (2023). The Effectiveness of *Faith-Base Rational Emotive Behavior Therapy for African Americans with PTSD*. (Doctoral dissertation, Texas A&M at Commerce). Retrieved from ProQuest Dissertations and Theses.

Pearson, K. , Kaszynski, E. , Chapple, J., (2024). *The Effectiveness of Faith-based Rational Emotive Behavior Therapy for Special Needs Offenders with Post Traumatic Stress Symptoms*, Unpublished research project under IRB approval, ACER Clinical Research at Metrocare Dallas.

## PRESENTATION

- Pearson, K. (04/15/2024) Accepted Proposal for Recorded Session: “*The Efficacy Of An Adaptive Version of Rational Emotive Behavioral Therapy with Faith-Based Concepts for African Americans with PTSD.*”
- Pearson, K. (August 2023) *Grief and Loss as a Caretaker*, Senior Source of Dallas, Dallas, Texas
- Pearson, K. (August 2023) *Tools for Dealing with Depression and Anxiety*, Senior Source of Dallas, Dallas, Texas
- Pearson, K. (August 2023) *Dealing With Caretaker Burnout*, Senior Source of Dallas, Dallas, Texas
- Pearson, K. (October 2021) *Self-Care and Professional Burnout*, Headstart of Greater Dallas, Dallas, Texas

- Kasynski, E., Pearson, K., (January 5, 2021) *How Racism Shapes our Children: The Lived Experience of Trauma among Children of Color*, Region 10 Education Service Center, Richardson, TX.
- Pearson, K., Kasynski, E. (November 13, 2020), *Impact of Untreated Post Traumatic Stress Disorder on Community Trauma*, Texas Counseling Association Professional Growth Conference, Dallas, TX.
- Pearson, K., Hickman, D., & Matthews, R., (March 1, 2019). *Bridging the Gap: Preparing LPC-Supervisors to Effectively Supervise School Counselor Interns*. Texas Association for Counselor Educator, Dallas, TX
- Kimberly Pearson. (November 15, 2018). *Helping Families Living in Shelters or Transitional Housing Experience Post Traumatic Growth*. Texas Counseling Association Professional Growth Conference, Dallas, TX.

## COUNSELING EXPERIENCE

Loving Yourself Well Counseling, Dallas, TX	April 2018 to present
The Center for Integrative Counseling and Psychology, Dallas, TX	Nov 2018 to 2021
Interfaith Family Services, Dallas, TX	Oct 2016 to Sept 2018
Koinonia Church, Dallas, TX	Oct 2014 to May 2017
Oak Cliff Bible Fellowship, Dallas, TX	Oct 2014 to Oct 2016
University of North Texas at Dallas, Dallas, TX	Aug 2013 to Oct 2014

## SUPERVISION EXPERIENCE

### Doctoral Supervisor

*Texas A&M University-Commerce, 8/2017 – 5/2018*

Supervised Master's level clinicians in school and community mental health sites. Completed graduate coursework (three credit hours) in counselor supervision. Supervisor: Steven Armstrong, Ph.D.

### Clinical Supervision

*Loving Yourself Well Counseling – May 2022 to present*

Provide LPC supervision to LPC associates and Internship Students to help them accumulate the mandated supervision hours prescribed by the Texas Licensing Board and University program(s).

## COMMUNITY-BASED PARTNERSHIPS

Interfaith Family Services Transitional Housing Program. Dallas Texas	2023-Present
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*Designed and implemented the Reset Intervention Outpatient Program, an evidence-based intervention that includes psychotherapy and psych education for residents of the transitional housing program.*

## MEMBERSHIPS & ASSOCIATIONS

Texas Counselors Association