

# Lorry Royal, PhD, LPC, NCC, CSC

---

## EDUCATION

- **Doctor of Philosophy (Ph.D.) in Counselor Education and Supervision (CACREP Accredited)**  
Texas A&M University-Commerce, December 2020  
Dissertation topic: *“Rural School Counselor Professional Learning Community: Perceptions and Perceived Impact on Professional Identity”*
  - **Master of Science (M.S.) in Counseling (CACREP Accredited)**  
Texas A&M University-Commerce, May 1998
  - **Bachelor of Science (B.S.) in Interdisciplinary Studies, Minor in Early Childhood Ed.**  
East Texas State University- Commerce, December 1992
- 

## LICENSURES/CERTIFICATIONS

- Licensed Professional Counselor (Texas License # 74594)
  - National Board-Certified Counselor (Certification # 1079849)
  - Equine Assisted Growth and Learning Association (Level I, March 2016; Level II, May 2016)
  - Gottman Couples Therapy Clinical Training (Level I, April, 2016, Level II, July 2016)
  - Humanistic Sandtray Therapy Clinical Training (Level I, Sept. 2015; Level II, Feb. 2016)
- 

## TEXAS EDUCATOR CERTIFICATIONS

- Professional School Counselor Certification (Lifetime)
  - Elementary Self-Contained (1<sup>st</sup>-6<sup>th</sup>) (Lifetime)
  - Early Childhood Education (Pre-K thru Kindergarten) (Lifetime)
  - Generic Special Education (Pre-K through 12<sup>th</sup>) (Lifetime)
- 

## ACADEMIC TEACHING EXPERIENCE

### **Adjunct Instructor**

Texas A&M University-Commerce

(January 2021-August 2021; August 2022-Present)

Courses taught:

- Intro. to Group Dynamics and Procedure (COUN 528)
- Intro. to Marriage & Family Therapy (COUN 611)
- Career Development (COUN 512)
- Counseling Children & Adolescents (COUN 534)
- Program Evaluation & Consultation (COUN 621)

- Intro. to Counseling Profession (COUN 501)
- Intro. to Counseling Theory (COUN 510)
- Clinical Mental Health (COUN 530)

**Assistant Professor**

Texas A&M University-Commerce  
(August 2021-August 2022)

- Taught graduate-level course in Counseling, focusing on learner-centered and competency-based education models.
- Mentored and supervised aspiring both mental health and school counselors, guiding through their practicum and internship experiences.
- Collaborated with faculty across departments to promote a positive, student-focused educational environment.
- Professorial duties included graduate level teaching and advising with a focus on both mental health and school counseling; research and other scholarly activity; and service to the department, college, university, the community, and the counseling profession.

Courses taught:

- Intro. to the Counseling Profession (COUN 501)
- Intro to Group Dynamics and Procedure (COUN 528)
- Basic Skills in Counseling (COUN 516)
- Intro. to Play Therapy (COUN 539)
- Practicum in Counseling (COUN 551)
- Internship I & II (COUN 552)
- Career Development (COUN 512)
- Counseling Theories and Techniques (COUN 510)
- Counseling Children and Adolescents (COUN 534)

**Co-Taught Course Instructor**

Texas A&M University-Commerce  
(January 2016-August 2016)

Courses taught:

- Intro. to Group Dynamics and Procedure Counseling (COUN 528)
- Intro to Marriage & Family Therapy (611)

---

**SUPERVISION EXPERIENCES**

**Doctoral Counseling Graduate Research Assistant**

Texas A&M University-Commerce, Commerce, Texas  
(June 2016-June 2017)

- Managed the application process for master's level practicum and internship students, including organizing field placements and ensuring alignment with program requirements.
- Conducted thorough verification of field sites by liaising with site supervisors to ensure appropriate placement and quality supervision for students.
- Created and delivered an online training presentation for field site supervisors, providing essential resources and guidance to enhance the supervision experience.
- Delivered a research presentation at the Graduate Research Assistant Symposium, analyzing trends in practicum and internship placements in community mental health and school counseling.
- Streamlined the field placement process by developing resources and tools that improved efficiency and accuracy in matching students with appropriate sites.
- Assisted in the placement and supervision of students, contributing to their professional growth and successful completion of practicum and internship requirements.

### **Counseling Supervisor Intern**

Texas A&M University-Commerce, Commerce, Texas  
(January 2016-August 2016)

- Provided oversight and mentorship to master's level counseling interns, ensuring the development of their clinical skills and professional growth.
- Led individual and group supervision sessions, offering guidance on client cases and supporting interns in their reflective practice and counselor development.
- Reviewed recorded counseling sessions, discussing client issues, therapeutic techniques, and individual counselor progress to foster continual improvement.
- Co-led psycho-educational group counseling sessions, providing students with hands-on experience in group dynamics, facilitation, and client engagement.
- Supported the delivery of a master's level course in marriage and family counseling, contributing to course content, student instruction, and evaluation.
- Guided interns through the integration of theory and practice, enhancing their competence in counseling interventions and ethical practice.

### **Counseling Doctoral Student Intern**

Community Counseling Center -Texas A&M University-Commerce  
(June 2014-May 2015)

- Provided individual and family counseling services in a private practice setting, addressing a wide range of emotional, behavioral, and relational issues.
- Conducted play therapy and filial therapy sessions, utilizing child-centered therapeutic techniques to foster communication and emotional expression in young clients.
- Created personalized treatment plans and organized case management strategies, ensuring the alignment of therapeutic goals with client needs.
- Presented detailed case reports during weekly clinical staffing meetings with senior clinical staff, contributing to collaborative decision-making and treatment planning.
- Diligently maintained client progress notes, ensuring comprehensive documentation for intensive review and continuity of care in therapeutic services.
- Prepared for therapy sessions by consulting with family members, parents, and other professionals, ensuring a holistic and coordinated approach to client care.

---

## **EMPLOYMENT**

### **School Counselor**

David Crockett Elementary School (K-5<sup>th</sup>), Marshall, Texas  
(July 2022-June 2023)

- Executed a comprehensive counseling program for an elementary school serving over 900 students and 85 faculty members.
- Responsibilities included providing individualized and group support to students to address academic, emotional, and social challenges.
- Fostered a positive school culture by promoting core values and creating initiatives to reinforce these values.
- Lead initiatives to implement learner-centered programs that enhance student engagement support plans, improving overall student outcomes.
- Worked with district counselors to execute programs to prevent and address bullying incidents effectively.
- Responded to and managed crisis situations with appropriate interventions and support.
- Facilitated workshops and training sessions for faculty on best practices in student support and competency-based education.
- Engaged with the community and parents to foster collaboration and support for student success.
- Oversaw the campus Section 504 program to ensure compliance and support for students with disabilities.
- Coordinated and monitored student assessments and state testing procedures.
- Participated in ARD meetings to support the development of Individualized Education Programs (IEPs) for students with special needs.

### **School Counselor**

Wolfe City High School (9<sup>th</sup>-12<sup>th</sup>) Wolfe City, Texas

(July 2019-July 2021)

- Provided student-centered counseling services for personal, social, and emotional issues, along with college/career and academic planning and coaching through individual assessments, career and college fairs, interest and ability inventories, portfolio building, resume writing, enrichment, and extracurricular engagement
- Fostered student success through drop-out prevention that included collecting, analyzing, and interpreting accountability and effectiveness data.
- Implemented state graduation requirements and coordinated dual college credit and AP programs.
- Coordinated and facilitated dating violence prevention/intervention programs, as well as crisis/suicide prevention and intervention programming.
- Successfully integrated virtual instructional platforms and student management systems into the counseling process, enhancing accessibility and effectiveness of student support.
- Conducted needs assessments for students, faculty, and parents to address personal, social, and emotional support needs.
- Guided students in transition planning from high school to the workforce, technical school, military, or college.
- Created and implemented a Comprehensive School Counseling Program for WCISD.

### **Counselor/Therapist**

Mental Health Clinic of Greenville, Greenville, Texas

(July 2018-May 2021)

- Provided comprehensive counseling services to a diverse client base, utilizing evidence-based therapeutic approaches.
- Specialized in Child-Centered Play Therapy to support children in their expression of emotions, developing problem-solving skills, and improve social interactions. Offered couples counseling to support relationship improvement, conflict resolution, and communication enhancement.
- Conducted individual counseling sessions addressing a range of issues, including anxiety, depression, trauma, and personal growth.
- Implemented equine-assisted psychotherapy, integrating therapeutic interactions with horses to promote emotional healing and personal development.
- Utilized Humanistic Sandtray Therapy, enabling clients to explore and resolve deep-seated issues through creative expression.
- Developed and maintained individualized treatment plans, regularly assessing client progress and adjusting interventions as needed.
- Collaborated with clients to set and achieve therapeutic goals, fostering a

supportive and empowering counseling environment.

- Conducted intake assessments, maintained detailed session notes, and ensured compliance with ethical standards and confidentiality regulations.
- Participated in ongoing professional development to stay current with advancements in therapeutic techniques and counseling practices.
- Provided contracted services weekly with area mental health hospital through group counseling activities.

### **School Counselor**

Campbell I.S.D.(Pre-k-12<sup>th</sup>), Campbell, Texas

(August 1998-June 2006; August 2016-June 2018)

- Designed and implemented a comprehensive counseling program tailored to the needs of students from pre-kindergarten through 12th grade, addressing academic, emotional, and social development for the school district, encompassing approximately 375 students and 30 faculty members.
- Provided individualized and group counseling sessions to support students' academic and personal growth, helping them navigate various challenges.
- Promoted and reinforced core school values through targeted programs and initiatives to enhance the overall school environment.
- Developed and managed programs aimed at maintaining a safe and drug-free learning environment.
- Created and executed strategies to prevent and address bullying, ensuring a safe and supportive school climate.
- Facilitated character education programs to cultivate positive behavior and moral development among students.
- Responded to and managed crisis situations with effective interventions, providing immediate support to students in need.
- Coordinated and delivered professional development workshops for staff on counseling-related topics and best practices.
- Fostered strong relationships with the community and parents to enhance student support and involvement.
- Acted as the Section 504 Coordinator, ensuring compliance and providing support for students with disabilities.
- Oversaw student assessments and state testing procedures to monitor academic progress and ensure compliance with regulations.
- Contributed to ARD meetings, assisting in the development of Individualized Education Programs (IEPs) for students with special needs.
- Guided students through academic planning, college exploration, and career readiness, supporting their long-term educational and professional goals.

### **School Counselor/Dean of Students**

Lone Oak High School (9-12<sup>TH</sup>), Lone Oak, Texas

(July 2015-June 2016)

- Developed and maintained partnerships with colleges, universities, trade schools, and military organizations to facilitate higher education and career development opportunities for students.
- Strengthened collaborations with community and governmental agencies to address drug and alcohol abuse, homelessness, mental health initiatives, and other social issues.
- Served as Coordinator and Transition Specialist for the Residential Treatment Facility state foster student program, ensuring smooth transitions and support for foster students.
- Worked closely with faculty to address and resolve student-related academic and social issues.
- Provided comprehensive educational and vocational materials, resources, and information to students and parents, offering additional support as needed.
- Acted as the Campus State Assessment and ESL Program Coordinator, managing and overseeing related activities and programs.

### **School Counselor**

Tom Bean High School (9-12<sup>th</sup>), Tom Bean, Texas

(August 2006-June 2015)

- Led the successful execution of state graduation policies, addressing new graduation requirements through personal graduation planning.
- Coordinated school-wide programs such as dating violence prevention and crisis/suicide prevention and intervention.
- Provided individualized counseling services encompassing personal, college, and career planning, utilizing assessments, career and college fairs, interest and ability inventories, and resume writing to prepare students for post-secondary transitions.
- Acted as the dual credit and student college assessment coordinator, collaborating with area colleges to streamline college placement and transition planning for high school students.
- Conducted comprehensive needs assessments for students, faculty, and parents, ensuring the alignment of counseling services with the specific needs of the school community.
- Guided students through the transition from high school to various post-secondary pathways, including workforce entry, technical school, or college, by facilitating portfolio building, enrichment activities, and extracurricular engagement.
- Organized and managed career and college fairs, providing students with valuable resources and opportunities to explore their future career and educational paths.
- Played a key role in curriculum implementation, ensuring programs and services met the needs of the students.

---

## PRESENTATIONS

Texas Counseling Association Conference (November 2019)

- EAGALA Model/Horses as Helpers (live demonstrations)

Texas Counseling Association Conference Presentation (November 2017)

- Deploying Advocates of Change: Navigating 504, SPED, and ADA Modifications in Collegiate-HS, 2 and 4-Year College Settings

Glen Oaks Hospital, Greenville, Texas (April 2016)

- “In Our Own Back Yard” Coordinate program with Hunt County Law Enforcement agencies and Glen Oaks Hospital regarding current drug and alcohol trends. Program education geared towards area Hunt County school district administrators, school counselors, educators, Texas A&M University-Commerce Faculty, along with various other outreach agencies.

Commerce City Hall, Commerce, Texas (July 2014)

- “How to Get Along Better with Your Kids” Education/training using positive interactions and communication skills for parents. Community based educational program.

---

## PUBLICATIONS

Royal, L. (2024). Promoting Positive Mental Health in Changing Times. In L. Wines, J. Nelson, & N. Fikac (Eds.), *Administrative Leaders and School Counselors: Building on Theories, Standards, and Experiences for Optimal Mental Health Collaboration* (1<sup>st</sup> ed., pp. 31-44) Routledge.

Cotton-Royal, L. (2020). *Rural School Counselor Professional Learning Community: Perceptions and Perceived Impact on Professional Identity* (Order No. 28260292). Available from Dissertations & Theses @ Texas A&M System; ProQuest One Academic. (2505334381).

---

## PROFESSIONAL AFFILIATIONS

- American Counseling Association
- American School Counselor Association
- Equine Assisted Growth and Learning Association
- Lone Star State School Counselor Association
- Northeast Texas Counseling Association
- Northeast Texas Association for Counselor Education and Supervision
- Northeast Texas Professional Rural School Counselor Network – *Founding Member & Facilitator*



- Southern Association for Counselor Education and Supervision
- Texas Association for Counselor Education and Supervision
- Texas Counseling Association
- Texas School Counseling Association

---

**PROFESSIONAL CONFERENCES ATTENDED**

- Adolescent Symposium of Texas (February 2018 & 2019)
- Equine Assisted Growth and Learning Association Network Conference (October 2015-Present)
- Lone Star State School Counseling Conference (November 2017-November 2019)
- Region 10 Counselor's Symposium (October 2009-2019)
- Texas Counseling Association (November 1998-Present)
- Texas School Counseling Association (February 1999-2020)