

# Lorry Royal, PhD, LPC, NCC, CSC

---

## EDUCATION

### **Doctor of Philosophy (Ph.D.) in Counselor Education and Supervision (CACREP Accredited)**

Texas A&M University-Commerce, December 2020

Dissertation topic: *“Rural School Counselor Professional Learning Community: Perceptions and Perceived Impact on Professional Identity”*

### **Master of Science (M.S.) in Counseling (CACREP Accredited)**

Texas A&M University-Commerce, May 1998

### **Bachelor of Science (B.S.) in Interdisciplinary Studies, Minor in Early Childhood Ed.**

East Texas State University- Commerce, December 1992

## LICENSURES/CERTIFICATIONS

- Licensed Professional Counselor (Texas License # 74594)
- National Board-Certified Counselor (Certification # 1079849)
- Equine Assisted Growth and Learning Association (Level I, March 2016; Level II, May 2016)
- Gottman Couples Therapy Clinical Training (Level I, April 2016, Level II, July 2016)
- Humanistic Sandtray Therapy Clinical Training (Level I, Sept. 2015; Level II, Feb. 2016)

## TEXAS EDUCATOR CERTIFICATIONS

- Professional School Counselor Certification (Lifetime)
- Elementary Self-Contained (1<sup>st</sup>-6<sup>th</sup>) (Lifetime)
- Early Childhood Education (Pre-K thru Kindergarten) (Lifetime)
- Generic Special Education (Pre-K through 12<sup>th</sup>) (Lifetime)

## ACADEMIC TEACHING EXPERIENCE

### **Assistant Professor**

Texas A&M University-Commerce (August 2021-August 2022)

Professorial duties included graduate level teaching and advising with a focus on both mental health and school counseling; research and other scholarly activity; and service to the department, college, university, the community, and the counseling profession.

#### Courses taught:

- Intro. to the Counseling Profession (COUN 501)
- Intro to Group Dynamics and Procedure (COUN 528)
- Basic Skills in Counseling (COUN 516)
- Intro. to Play Therapy (COUN 539)
- Practicum in Counseling (COUN 551)
- Internship I & II (COUN 552)
- Career Development (COUN 512)
- Counseling Theories and Techniques (COUN 510)

### **Adjunct Instructor**

Texas A&M University-Commerce (January 2021-August 2021; August 2022-Present)

#### Courses taught:

- Intro. to Group Dynamics and Procedure (COUN 528)
- Intro. to Marriage & Family Therapy (COUN 611)

- Career Development (COUN 512)
- Counseling Children & Adolescents (COUN 534)
- Program Evaluation & Consultation (COUN 621)
- Intro. to Counseling Profession (COUN 501)
- Intro. to Counseling Theory (COUN 510)
- Clinical Mental Health (COUN 530)

### **Co-Taught Course Instructor**

Texas A&M University-Commerce (January 2016-August 2016)

Courses taught:

- Intro. to Group Dynamics and Procedure Counseling (COUN 528)
- Intro to Marriage & Family Therapy (611)

### **SUPERVISION EXPERIENCES**

#### **Doctoral Counseling Graduate Research Assistant**

Texas A&M University-Commerce, Commerce, Texas (June 2016-June 2017)

- Assisted with and organized master's level practicum and internship student applications including field placement
- Contacted field site supervisors for field site verification
- Created online site supervisor training presentation and resources
- Presented research project during the Graduate Research Assistant Symposium regarding trends in the numbers of practicum/internship students in the fields of community mental health and school counseling

#### **Counseling Supervisor Interns**

Texas A&M University-Commerce, Commerce, Texas (January 2016-August 2016)

- Supervised master's level counseling interns
- Facilitated individual and didactic supervision sessions
- Reviewed tapes, discussed client issues and individual counselor's growth
- Co-facilitated psycho-educational group counseling course/sessions
- Assisted with marriage and family master's level counseling course

#### **Counseling Doctoral Student Intern**

Community Counseling Center -Texas A&M University-Commerce, (June 2014-May 2015)

- Provided counseling services in a private practice setting for individuals and families
- Facilitated play and filial therapy sessions
- Developed treatment plans and organized case management
- Presented cases in weekly clinical staffing to senior clinical staff
- Maintained client progress notes for intensive review and continuity of therapeutic services
- Prepared for therapy sessions and consultation with family members/parents/professionals

### **EMPLOYMENT**

**SCHOOL COUNSELOR.** David Crockett Elementary School (K-5<sup>th</sup>), Marshall, Texas (July 2022-June 2023) Developed and executed a comprehensive counseling program for an elementary school serving around 600 students and 85 faculty members. Responsibilities included providing individualized and group support to students to address academic, emotional, and social challenges. Fostered a positive

school culture by promoting core values and creating initiatives to reinforce these values. Implemented strategies and programs to ensure a safe, drug-free environment. Worked with district counselors to execute programs to prevent and address bullying incidents effectively. Responded to and managed crisis situations with appropriate interventions and support. Coordinated and delivered professional development for faculty on counseling-related topics. Engaged with the community and parents to foster collaboration and support for student success. Oversaw the campus Section 504 program to ensure compliance and support for students with disabilities. Coordinated and monitored student assessments and state testing procedures. Participated in ARD meetings to support the development of Individualized Education Programs (IEPs) for students with special needs. Provided guidance and resources to assist students in academic achievement and future career planning.

SCHOOL COUNSELOR. Wolfe City High School (9<sup>th</sup>-12<sup>th</sup>) Wolfe City, Texas (July 2019-July 2021) Specialized in drop-out prevention by collecting, analyzing, and interpreting accountability and effectiveness data. Implemented HB5 and coordinated dual college credit programs. Developed and managed personal graduation plans for students. Coordinated and facilitated dating violence prevention/intervention programs, as well as crisis/suicide prevention and intervention programming. Conducted needs assessments for students, faculty, and parents to address personal, social, and emotional support needs. Provided individual counseling for personal, social, and emotional issues, along with college/career and academic planning through individual assessments, career and college fairs, interest and ability inventories, portfolio building, resume writing, enrichment, and extracurricular engagement. Guided students in transition planning from high school to the workforce, technical school, military, or college. Created and implemented a Comprehensive School Counseling Program for WCISD.

COUNSELOR/THERAPIST. Mental Health Clinic of Greenville, Greenville, Texas (July 1, 2018-May 2021). Provided comprehensive counseling services to a diverse client base, utilizing evidence-based therapeutic approaches. Specialized in Child-Centered Play Therapy to help children express emotions, develop problem-solving skills, and improve social interactions. Offered couples counseling to support relationship improvement, conflict resolution, and communication enhancement. Conducted individual counseling sessions addressing a range of issues, including anxiety, depression, trauma, and personal growth. Implemented equine-assisted psychotherapy, integrating therapeutic interactions with horses to promote emotional healing and personal development. Utilized Humanistic Sandtray Therapy, enabling clients to explore and resolve deep-seated issues through creative expression. Developed and maintained individualized treatment plans, regularly assessing client progress and adjusting interventions as needed. Collaborated with clients to set and achieve therapeutic goals, fostering a supportive and empowering counseling environment. Conducted intake assessments, maintained detailed session notes, and ensured compliance with ethical standards and confidentiality regulations. Participated in ongoing professional development to stay current with advancements in therapeutic techniques and counseling practices. Provided contracted services weekly, with area mental health hospital, through group counseling activities.

SCHOOL COUNSELOR. Campbell I.S.D.(Pre-k-12<sup>th</sup>), Campbell, Texas (August 1998-June 2006; August 2016-June 2018) Designed and implemented a comprehensive counseling program tailored to the needs of students from pre-kindergarten through 12th grade, addressing academic, emotional, and social development for the school district, encompassing approximately 375 students and 30 faculty members. Provided individualized and group counseling sessions to support students' academic and personal growth, helping them navigate various challenges. Promoted and reinforced core school values through targeted programs and initiatives to enhance the overall school environment. Developed and managed programs aimed at maintaining a safe and drug-free learning environment. Created and executed

strategies to prevent and address bullying, ensuring a safe and supportive school climate. Facilitated character education programs to cultivate positive behavior and moral development among students. Responded to and managed crisis situations with effective interventions, providing immediate support to students in need. Coordinated and delivered professional development workshops for staff on counseling-related topics and best practices. Fostered strong relationships with the community and parents to enhance student support and involvement. Acted as the Section 504 Coordinator, ensuring compliance and providing support for students with disabilities. Oversaw student assessments and state testing procedures to monitor academic progress and ensure compliance with regulations. Contributed to ARD meetings, assisting in the development of Individualized Education Programs (IEPs) for students with special needs. Guided students through academic planning, college exploration, and career readiness, supporting their long-term educational and professional goals.

SCHOOL COUNSELOR/DEAN OF STUDENTS. Lone Oak High School (9-12<sup>TH</sup>), Lone Oak, Texas (August 2015-June 2016) Developed and maintained partnerships with colleges, universities, trade schools, and military organizations to facilitate higher education and career development opportunities for students. Strengthened collaborations with community and governmental agencies to address drug and alcohol abuse, homelessness, mental health initiatives, and other social issues. Served as Coordinator and Transition Specialist for the Residential Treatment Facility state foster student program, ensuring smooth transitions and support for foster students. Worked closely with faculty to address and resolve student-related academic and social issues. Provided comprehensive educational and vocational materials, resources, and information to students and parents, offering additional support as needed. Acted as the Campus State Assessment and ESL Program Coordinator, managing and overseeing related activities and programs.

SCHOOL COUNSELOR, Tom Bean High School (9-12<sup>th</sup>), Tom Bean, Texas (August 2006-June 2015) Implemented HB5 addressing new graduation requirements, personal graduation planning, coordinate dating violence prevention school wide program, crisis/suicide prevention and intervention, student/faculty/parent needs assessments, provided individual counseling needs including personal, college and career planning through individual assessments, career and college fairs, interest and ability inventories, portfolio building, resume writing, enrichment and extracurricular engagement, and transition planning from high school to the workforce, technical school, or college. Acted as dual credit college and student college assessment coordinator, working with area colleges and students regarding college placement and transition planning.

SPECIAL EDUCATION/LIFE SKILLS EDUCATOR, Wolfe City Elementary School (Pre-k-5<sup>th</sup>)  
Wolfe City, Texas (December 1996-May 1998)

EDUCATOR, A.C. Williams Elementary School (4-5<sup>th</sup>), Commerce, Texas (August 1993-November 1995)

## **STATE AND LOCAL PRESENTATIONS**

Texas Counseling Association Conference (November 2019)

- EAGALA Model/Horses as Helpers (live demonstrations)

Texas Counseling Association Conference Presentation (November 2017)

- Deploying Advocates of Change: Navigating 504, SPED, and ADA Modifications in Collegiate-HS, 2 and 4-Year College Settings

Glen Oaks Hospital, Greenville, Texas (April 2016)

- “In Our Own Back Yard” Coordinate program with Hunt County Law Enforcement agencies and Glen Oaks Hospital regarding current drug and alcohol trends. Program education geared towards area Hunt County school district administrators, school counselors, educators, Texas A&M University-Commerce Faculty, along with various other outreach agencies.

Commerce City Hall, Commerce, Texas (July 2014)

- “How to Get Along Better with Your Kids” Education/training using positive interactions and communication skills for parents. Community based educational program.

## **PUBLICATIONS**

Royal, L. (2024). Promoting Positive Mental Health in Changing Times. In L. Wines, J. Nelson, & N. Fikac (Eds.), *Administrative Leaders and School Counselors: Building on Theories, Standards, and Experiences for Optimal Mental Health Collaboration* (1<sup>st</sup> ed., pp. 31-44) Routledge.

Cotton-Royal, L. (2020). *Rural School Counselor Professional Learning Community: Perceptions and Perceived Impact on Professional Identity* (Order No. 28260292). Available from Dissertations & Theses @ Texas A&M System; ProQuest One Academic. (2505334381).

## **PROFESSIONAL ASSOCIATIONS**

- American Counseling Association
- American School Counselor Association
- Equine Assisted Growth and Learning Association
- Lone Star State School Counselor Association
- Northeast Texas Counseling Association
- Northeast Texas Professional Rural School Counselor Network – *Founding Member & Facilitator*
- Southern Association for Counselor Education and Supervision
- Texas Association for Counselor Education and Supervision
- Texas Counseling Association
- Texas School Counseling Association

## **PROFESSIONAL CONFERENCES ATTENDED**

- Adolescent Symposium of Texas (February 2018 & 2019)
- Equine Assisted Growth and Learning Association Network Conference (October 2015-Present)
- Lone Star State School Counseling Conference (November 2017-November 2019)
- Region 10 Counselor’s Symposium (October 2009-2019)
- Texas Counseling Association (November 1998-Present)
- Texas School Counseling Association (February 1999-2020)