



EAST TEXAS A&M

PSY 316.02W

Abnormal Psychology

COURSE SYLLABUS: Fall 2026

Online

INSTRUCTOR INFORMATION

Instructor: Dr. DeMarquis Hayes, Professor

Office Location: N/A

Office Hours: [Zoom office hours] W/F: 10:00 am to 12:00 pm

<https://etamu-edu.zoom.us/j/98077788787?pwd=bqDWzn0SPInSACD7XTw6ICsPu3kIpi.1>

Meeting ID: 980 7778 8787

Passcode: 092885

***Zoom meetings by appointment

Changes to office hours announced on D2L

Email Address: demarquis.hayes@etamu.edu

Preferred Form of Communication: Email

Communication Response Time: 48 hours on weekdays

Note. Emails not sent from LEOMAIL will **NOT** be responded to.

COURSE INFORMATION

Textbook(s) Required:

Fundamentals of Psychological Disorders, 4th edition Bridley, A. & Daffin L.W.

Jr. <https://opentext.wsu.edu/abnormal-psych/>

*** You do NOT need to purchase Powell's book. This book is available free online through the link listed above.

Course Description

Emphasis is placed first on a study of the fundamental principles of understanding and appreciating mental disorders. Secondary emphasis is placed upon the types of disorders, with regard for incidence, etiology (i.e., cause of), symptom presentation,

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therapeutic intervention(s), and prognosis (i.e., course of disease/disorder, recovery track expectation(s)).

Objectively, this course will serve as an introduction to the cognitive, behavioral, affective, and physiological symptomatology associated with psychological disorders. Students will have the opportunity to learn and discuss the historical foundations of abnormal psychology, assessment strategies, characterizations of current diagnostic systems, and contemporary psychological and psychiatric treatment procedures and approaches. Discussions and presentations will be guided through utilization of varying frameworks, with emphasis on the biological, social, and psychological determinants of psychopathology/psychological disorders; through analysis of psychopathology frameworks, students will actively interpret considerations for dynamic interplay between multiple causal and maintaining variables to pathological expression.

Student Learning Outcomes

1. Identification of commonly used standards for identification of abnormal/pathological behaviors.
2. Identification of issues that may propose complications in abnormal behavior/symptom expression identification.
3. Discussion of the evolution surrounding historical trends in shaping identification and treatment of mental disease/disorder.
4. Description of current broad theoretical frameworks utilized in characterizing the etiology and maintenance of abnormal behaviors/symptoms.
5. Brief discussion of the nature of research surrounding the abnormal psychology concentration and emphasis put upon evidence-supported treatment approaches.
6. Identification of strengths and limitations of current diagnostic system(s) utilized in the United States.
7. Description of commonly used assessment methods, as well as associated strengths and weaknesses of assessment strategies for abnormal behaviors.
8. Discussion on general affective, cognitive, physiological, and behavioral symptoms associated with varying psychological disorders.
9. Identification of current etiological theories, assessments, and treatment strategies for psychological disorders.

COURSE REQUIREMENTS

Research Participation:

A goal of this class is to help you become familiar with psychological research. One way to obtain this goal is to have you participate in research studies. Participating in research studies contributes to students and faculty at East Texas A&M, your understanding of how research is conducted, and human knowledge in general. All students in this class will be **required** to participate in the psychology department's

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participant pool or complete alternative assignments (see me for more information on alternative assignments).

Students must complete a total of 6 experiment credits. However, if you complete your first 4 experiment credits without any “no-shows” you will receive 2 free *punctual participant credits*. **In other words, if you show up to your experiments on time you will only need to complete 4 experiment credits.** When you first sign into the experiment management system (EMS) you will be asked to take a prescreen. The prescreen takes about 20 minutes to complete. If you complete the prescreen in the first two weeks of the semester you will receive ½ free experiment credit. This can be combined with later experiments that are worth ½ credit.

If you fail to complete this portion of the class your grade will be lowered by one full grade. In effect, if you have an ‘A’ in the class but fail to complete your research participation (either through participating in research studies, alternative assignments, or a mixture of both) your final grade in the class will be a ‘B.’ More information about participating in research, such as how to log in to the EMS, is provided on D2L.

The Instructions for completing the alternative research will be posted in D2L.

Minimal Technical Skills Needed

Be able to use

- the learning management system
- Microsoft Word, Excel, and PowerPoint
- Windows system or Mac system.

Instructional Methods

This is an online course, which is not to be interpreted as self-paced. Rather, you are required to log on regularly (minimum 3 days a week or 3 – 5 hours a week) to succeed. You may consume the material at a more rapid pace than set by the below schedule, but all discussions and quizzes will still take place according to the schedule. All assignments quizzes and discussions will be **open for 4 days (Thursday – Sunday)**. If you are unable to complete any assignments in the given time frame, you must contact me ahead of time to reschedule. **You must have an approved excused absence to have your time rescheduled. Request made after the due date will be denied, thus plan accordingly and stay in contact with me about all assignments.** Selected discussions include brief practice-based tasks with feedback in D2L.

Student Responsibilities or Tips for Success in the Course

Read the text: Read the chapter we are covering when it is assigned. This prepares you to complete the assigned work.

Ask questions: If there is something you do not understand, ask questions. You may email me directly! Ask questions as early as you can!

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*Please feel free to contact me any time you have questions. I make a rule for myself, and I would like for you to follow it. If I spend an hour on something, and really **give it my all, but I still can't get it, it's time to ask for help.** Don't be afraid to ask for help! Don't just sit there getting frustrated!*

Take notes: Take GOOD notes while you read. It is a good study habit to go over your notes at the end of each week, filling in the blanks from the supplemental video(s) and assignment. It is also a good idea to make friends in the course and get the phone numbers of a couple of people who you can clarify notes with.

Utilize D2L: All instructions, due dates, and submission of graded material are to be completed in D2L. **Email submission will not be accepted.** Please take some time to familiarize yourself with the system and contact me or IT with questions in advance.

GRADING

Final grades in this course will be based on the following scale: 400 total points

A = 90%-100% (432 – 480 pts)

B = 80%-89% (384 – 431 pts)

C = 70%-79% (336 – 383 pts)

D = 60%-69% (288 – 335 pts)

F = 59% or Below (< 288 pts)

Assessments

Discussions	(6 x 10pts)	60 points
Quizzes	(16 x 20pts)	320 points
Power Point Presentation		60 points
<u>Feedback on power point presentations</u>	<u>(4 x 10pts)</u>	<u>40 points</u>
Total points possible		480 points

1.) Discussions (6 discussions, total 60 points): Each discussion is worth 10 points and is designed to encourage participation, reading, and to ensure that you engage in content thoroughly with peers. Discussions serve as formative assessment: you will receive feedback in D2L to clarify misconceptions and strengthen your application of course concepts to instructional decision-making. The initial post should be a substantial (minimum 2 paragraphs of 5-6 sentences per paragraph) discussion on the topic. At least two peer responses are needed for the full credit (3-5 sentences). (6 pts for your post, and 2 pts each for two peer responses) There are **no make-up opportunities for missed or late submissions for discussions and peer responses**. All discussions will be due **by 11:59 pm on Sunday.**

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2.) Quizzes (16 quizzes, total 320 points): Each quiz is timed and worth 20 points, consisting of 20 multiple choice questions. Quizzes function as summative checks of chapter mastery. Quiz results are used to guide review and targeted support for key concepts in subsequent modules. There are **no make-up opportunities for missed or late submissions for missed quizzes**. All exams will be due **by 11:59 pm on Sunday (some exams will have accommodated times if university is closed, see syllabus schedule)**.

Again, make-up quizzes will only be given in the case of verifiable medical or legal emergencies. Verifiable means that written documentation is provided (e.g., signed doctors' notes, court appearance tickets, newspaper obituaries). The final decision concerning make-up quizzes rests with me, the instructor. If no valid excuse is presented your quiz grade is a zero.

You are responsible for all lecture/supplemental videos and reading materials. The quizzes must be taken individually but you are permitted to use your notes or textbook.

3.) Power Point Presentation (60 points) Students are required to do a power point presentation that explore a specific topic related to abnormal behavior, such as diagnosis, stigma, treatment approaches, or symptom presentation, and connect outside research to concepts covered in class. You must incorporate **at least 3 peer-reviewed journal articles** to support your reflections or to illustrate a specific issue related to your chosen topic. These sources should go beyond course materials to demonstrate your ability to integrate and apply outside scholarship. Wikipedia and similar non-scholarly sources are not acceptable. If you are unsure about your paper topic or would like help refining your focus, please reach out to me. Be sure to include an APA formatted Reference page as your last power point slide. Students will be randomly assigned by the professor as to the final date in which your presentations is due. **You cannot change this date.**

4.) Feedback on Power Point Presentations (4 feedback, total 40 points): Students are required to respond to 4 separate power point presentations throughout the semester (do not respond to any one student more than once). You will provide a constructive critique of the power presentation:

- a. What was the main core message of the presentation, and explain how the argument was or was not supported by the evidence provided in the presentation?
- b. How organized and clear were the slides? Did the slides support the presentation?
- c. What is one specific strength of this presentation, and what is one concrete change that would make it even stronger?
- d. What is your overall take away from this presentation.

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TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, an East Texas A&M campus open computer lab, etc.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your instructor.

The syllabus/schedule are subject to change.

Interaction with Instructor Statement

I am here to support you. My office hours are listed on the top of the syllabus. If you would like to set up a Zoom meeting, please email me to schedule a time. Office hours are subject to change, and I will inform students via D2L if there are any changes. My normal email response time is 24 hours but may take up to 48 hours. If you do not hear back from me within 2 business days, please email me again in case I did not receive your message. Your assignments will be graded and returned to you within one week.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

EMAIL POLICY

If you would like to schedule an appointment, the best way is to email. We can then set up a time to chat when it is convenient for both of us. If you email me and do not receive an email response within 48 hours during the weekday, most likely, your email was not received.

EMAIL GUIDELINES

In an attempt to provide a framework for professional communication, emails must contain the following:

- **Subject Line: Course and section # (e.g. PSY 316-02W);** additional information if desired (e.g. Anxiety Disorders)
- Address the Reader: Open with “Dr. Hayes...”
- Use good grammar and avoid acronyms (i.e., do not write like you text)
- Ask good questions; a good question is specific and show me the effort you’ve made.
 - If asking for assistance with an issue, please list how you have attempted to remediate the issue prior to contacting me (these should probably include looking at the syllabus/ course rubrics/ D2L, contacting a colleague, and checking your textbook, etc.)
- Close with your name and CWID.
- Please send emails from your University Leomail account only.
- The instructor will NOT discuss grades over email. If you would like to discuss your grade, please make an appointment during office hours.

If you are reading this, join me on Zoom to say hello on the 1st day of classes (Thursday August 20th). If you do, you will receive 5 extra credit points. There will be 2 opportunities to say hello (9:00am – 9:30am & 3:00pm - 3:30pm). Use the following Zoom link: <https://etamu-edu.zoom.us/j/93334920820?pwd=ZYYL8brkleCOLGb0hbZsbEaJeo28ix.1>
 Meeting ID: 933 3492 0820
 Passcode: 237355

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If you are reading this, email me a photo of your pet (or favorite animal) based on the above email guidelines for 5 extra credit points (available up till the end of the first week (Sunday August 23rd 11:59 pm).

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Plagiarism: East Texas A&M University views plagiarism as a serious offense. Plagiarism occurs when individuals take ideas and/or words from another source and claim these ideas as their own without giving credit to the original author(s). This can include copying words from an Internet website, reading an article and taking the authors ideas without giving them credit, or writing work that is remarkably similar to other written work (e.g., Changing words to synonyms is still plagiarism). If any written work contains ideas that are not your own, you need to give credit to the author(s) by including citations. Instructors are obligated to report instances of plagiarism to university officials. Please refer to the American Psychology Association (APA) manual for instructions on citing materials. When in doubt, ask me. Ignorance will not be tolerated as an excuse for plagiarism. Acts of plagiarism on any written assignment, including discussion postings, will result in severe consequences, including the possibility of receiving a zero in the course. Acts of plagiarism will be reported to the department head.

Scholarly Expectations: All works submitted for credit must be original works created by the scholar uniquely for the class. It is considered inappropriate and unethical to make duplicate submissions of a single work for credit in multiple classes, unless specifically requested by the instructor. Duplication may result in a zero on an assignment.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as students' progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct can be found at <https://www.tamuc.edu/student-code-of-conduct/>.

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If you believe someone has engaged in behaviors that do not align with the Code of Student Conduct or you have other concerns, please visit the File a Report page at <https://www.tamuc.edu/office-of-student-rights-and-responsibilities/concerns-incident-reporting/>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate student academic dishonesty policy
[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

Undergraduate student academic dishonesty policy
[Undergraduate Student Academic Dishonesty Form](#)

Graduate student academic dishonesty policy:
<https://inside.tamuc.edu/aboutus/policiesproceduresstandardsstatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

Graduate student academic dishonesty form:
<https://inside.tamuc.edu/academics/graduateSchool/faculty/GraduateStudentAcademicDishonestyForm.pdf>

East Texas A&M Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage.

Artificial Intelligence

East Texas A&M acknowledges that there are legitimate uses of Artificial Intelligence, Chatbots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

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In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Services
Velma K. Waters Library- Room 162

Phone (903) 886-5150

Fax (903) 468-8148

Email: StudentDisabilityServices@etamu.edu

Website: <https://www.etamu.edu/student-disability-services/>

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



East Texas A&M Supports Students' Mental Health

The Counseling Center at East Texas A&M, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit <https://www.etamu.edu/counseling-center/>

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Nondiscrimination Notice

East Texas A&M will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

COURSE OUTLINE / CALENDAR

Week	Date	Topic	Discussion	Quiz	Power Point
1	8/20 - 8/22	Syllabus and Intro Module 1 What is Abnormal Psychology?	Discussion 1 Due 8-23 at 11:59 pm	Quiz 1 Due 8-23 at 11:59 pm	
2	8/23 - 8/29	Module 2 Models of Abnormal Psychology		Quiz 2 Due 8-30 at 11:59 pm	
3	8/30 - 9/5	Module 3 Clinical Assessment, Diagnosis, and Treatment	Discussion 2 Due 9-8 at 11:59 pm	Quiz 3 Due 9-8 at 11:59 pm	
4	9/6 - 9/12	Module 15 Contemporary Issues in Psychopathology		Quiz 4 Due 9-13 at 11:59 pm	1st Power Point Due 9-13 at 11:59 pm
		LABOR DAY (No Class 9/7)			
5	9/13 - 9/19	Module 16 Disorders of Childhood Overview		Quiz 5 Due 9-20 at 11:59 pm	Feedback 1 Due 9-20 at 11:59 pm
6	9/20 - 9/26	Module 12 Schizophrenia Spectrum and Other Psychotic Disorders	Discussion 3 Due 9-27 at 11:59 pm	Quiz 6 Due 9-27 at 11:59 pm	
7	9/27 - 10/3	Module 4 Mood Disorders		Quiz 7 Due 10-4 at 11:59 pm	2nd Power Point Due 10-4 at 11:59 pm
8	10/4 - 10/10	Module 7 Anxiety Disorders		Quiz 8 Due 10-12 at 11:59 pm	Feedback 2 Due 10-12 at 11:59 pm
		FALL BREAK (No Class 10/8 – 10/11)			
9	10/11 - 10/17	Module 9 Obsessive-Compulsive and Related Disorders	Discussion 4 Due 10-18 at 11:59 pm	Quiz 9 Due 10-18 at 11:59 pm	

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10	10/18 - 10/24	Module 5 Trauma- and Stressor-Related Disorders		Quiz 10 Due 10-25 at 11:59 pm	3 rd Power Point Due 10-25 at 11:59 pm
11	10/25 - 10/31	Module 6 Dissociative Disorders		Quiz 11 Due 11-1 at 11:59 pm	Feedback 3 Due 11-1 at 11:59 pm
12	11/1 - 11/7	Module 8 Somatic Symptom and Related Disorders	Discussion 5 Due 11-8 at 11:59 pm	Quiz 12 Due 11-8 at 11:59 pm	
13	11/8 - 11/14	Module 10 Feeding and Eating Disorders		Quiz 13 Due 11-15 at 11:59 pm	4 th Power Point Due 11-15 at 11:59 pm
14	11/15 - 11/21	Module 11 Substance-Related and Addictive Disorders		Quiz 14 Due 11-22 at 11:59 pm	Feedback 4 Due 11-22 at 11:59 pm
15	11/22 - 11/28	THANKSGIVING BREAK (No Class Entire Week)			
16	11/29 - 12/5	Module 14 Neurocognitive Disorders	Discussion 6 Due 12-6 at 11:59 pm	Quiz 15 Due 12-6 at 11:59 pm	
17	12/6 - 12/12	Module 13 Personality Disorders		Quiz 16 Due 12-11 at 11:59 pm	

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