



EAST TEXAS A&M

UNIVERSITY

CID 2300.01E: Learn and Lead

COURSE SYLLABUS

Term:	Fall	Year:	2026
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INSTRUCTOR INFORMATION

Instructor Name:	Lauren Meyers
Office Phone:	903-886-5710
East Texas A&M Email Address:	Lauren.Meyers@etamu.edu
Instructor Notes:	

Office Location: Waters Library, 2nd Floor- Suite 231

Office Hours: Tuesday: 2-4pm; Wednesday: 2-3pm; Thursday: 9-11am

Preferred Form of Communication: Email

Communication Response Time: Monday-Friday 8am-5pm, typically within 24 hours of receipt of message.

COURSE INFORMATION

CRN: 82506

Day/Time: Mondays 3:45-5:00pm

Location: EDS 129

Course Materials

Supplemental Instructor/Mentor Position Structure

The mentors enrolled in this course have done so as part of their student employee position as a peer mentor with Student Transition and Support (STS) and the CID 1300 course in which they assist with. The department of Student Transition and Support includes the following aspects of which peer mentors can expect to participate:

- *CID 1300: The Student and The University* course: Peer Mentors will participate as a Peer Mentor within an assigned CID 1300 course. They can be expected to participate in class lectures, grade assignments, discuss topics or otherwise assist instructors in any manner deemed fit for the nature of that specific course.

- *Peer Mentor taught lessons:* These will be scheduled class lessons in which peer mentors will lead class in a designated lesson plan. Lesson plan materials will be covered in the class at least a week prior to the peer mentor led lesson to allow mentors to receive instruction on how to present this information and to practice and prepare materials for the class.
- *Mentoring meet-ups:* These are one-on-one meetings to be scheduled with students from a mentor's CID 1300 course. Mentors will meet face-to-face with each student three separate times throughout the semester to discuss any issues first-year students may be experiencing or celebrate any successes. Content will be supplied to peer mentors as needed, but mentors can use their discretion to discuss any aspect a student wishes as long as it meets one of the student learning outcomes.
- *Workshops:* Co-curricular events hosted by the STS department that covers a variety of important topics for first-year students. Peer mentors will be expected to encourage students to participate and attend these events to assist. These events will often be partnerships with other departments and will be open to all students on campus.

Textbook Required

No textbook required. Reading materials will be provided in class and online via D2L for mentor use.

Minimal Technical Skills Needed

- Working email requirement:
 - It is a course expectation that you have a working email address that you check daily. Every student has been assigned a LeoMail email address by the University – you should be checking it often. There may be times that I need to contact you with important information and email is often the speediest and easiest way of doing so. I will always contact you via your University LeoMail address first and foremost, so check it regularly.
- Word Processing (Microsoft Word) & access to a printer
- Access to assigned CID 1300 Desire2Learn (D2L) course page as a teaching assistant
- Access to EAB for scheduling student appointments and providing information to academic advisors. Training on EAB will be provided as part of this course.

Course Description

The purpose of this course is designed to provide valuable academic, social and leadership skills to ensure a successful leadership of the Student Transition and Support mentoring aspects. Concepts studied include communication, leadership skills, critical thinking skills, a sense of belonging and self-awareness, and creativity & innovation to inspire others. As such, the course focuses not only on significance of leadership and their applicability to you being a leader on campus but also includes learning of the curriculum being taught in CID 1300 course throughout the semester, discussion around topics of first-year student success and ways to support first-year students including access to resources.

Student Learning Outcomes

- Apply knowledge of curriculum to Peer taught lessons within the CID 1300: The Student and The University course.
- Be exposed to leadership curriculum to become effective peer student leaders and inspire others in their leadership role through their service to the university in STS programs.
- Use critical thinking skills to determine needs of students throughout the semester in an effort to help first-time full-time freshman acclimate to their first year on campus.
- Demonstrate excellent oral and written communication skills in communication with students enrolled in CID 1300 classes.

STUDENT RESPONSIBILITIES FOR COURSE

Instructional Methods

Course will be delivered in person once a week at designated time. This class time is split between teaching curriculum for CID 1300 peer mentor lead classes and leadership materials. The course will include group activities with other peer mentors and potentially guest speakers.

Student Responsibilities or Tips for Success in the Course

Students are expected to attend class weekly at the assigned class times to ensure that they are prepared to instruct and support their CID 1300 class on a regular basis, take notes on how to implement curriculum into class and obtain materials needed for classes. **If you miss class, you must schedule time BEFORE missing class to make up the material with the instructor, then write a 250 word summary of what you missed within 24 hours of class that week.**

Class-related activities and events

Student success occurs inside and outside the classroom. Students are encouraged to utilize campus resources and co-curricular activities to not only improve their own abilities, but to be able to provide information on available resources and model how students can utilize the support systems in place for students at TAMUC.

As a peer mentor, you will be expected to also respond to emails from your students and faculty in a timely manner. The College of Innovation and Design and Student Transition and Support department standard is a response within 24 hours of the emails receipt during normal working hours- even if you don't yet know the answer or have a response, it is helpful to let the individual know that you received their email and are working on it.

CWID and Password

You will need your campus-wide ID (CWID) and password to log into the course within D2L. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Technology-Related Issues

Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, an ETAMU campus open computer lab, etc.

COURSE ASSESSMENTS

GRADING

This is a Satisfactory/Unsatisfactory course. An unsatisfactory is a grade of 370 points or lower. Students who score unsatisfactorily in the course will not be eligible to return as a Peer Mentor in future semesters or work within any other aspects of the STS department.

Attendance/Essays and Participation (13 @ 15 points each)	195 points
Office Hours (13 @ 15 points each)	195 points
Course Assessments:	
Class Narratives (7 @ 20 points each)	140 points
TOTAL	530 POINTS

ASSIGNMENT REQUIREMENTS

A brief description of each requirement is listed here.

Detailed information about each assignment is provided in class.

Attendance/Essays and Participation	195 points total (15 pts per course day)
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Each peer mentor is expected to attend every class as it provides an opportunity for you to become familiar with the curriculum and experience any activities that may be assigned for that week. You are expected to be present and engaged with the material and come to class prepared each week. If you will be absent from class, please see the attendance policy so that you can receive the information and receive credit for the class. There are 13 total classes throughout the semester.

Class Narratives	140 points total (20 pts each narrative)
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Peer Mentors are required to complete a class narrative assignments following the template that will be passed out and explained during your Peer Mentor training. These narratives are used to make further improvements on course curriculum, and should be completed as soon as class is over for the most accurate recollection. These narratives should be turned in to Sierra Jones each within 24 hours of the course, and should be true to your experiences within the classroom. Peer Mentors are expected to accurately reflect on the class material and class participation and are encouraged to discuss with Sierra Jones any issues that arise as they are discovered. There are 7 total Mentoring Fridays and therefore 7 total class narratives due.

Office Hours	195 points total (15 pts each week)
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Peer Mentors are expected to maintain predictable, scheduled office hours where they are available to meet with first-year students that are a part of their CID 1300 students and/or a first-year student looking for information. Peer Mentors will gain points for each week they are present during their office hours. There are 13 weeks of expected office hours.

TECHNOLOGY REQUIREMENTS AND SUPPORT

Minimal Technical Skills Needed

Students will need reliable computer and internet access for this course. Students must be able to effectively use myLeo email, myLeo Online D2L, and Microsoft Office.

Learning Management System (LMS) – D2L

All course sections offered by East Texas A&M University have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are the technical requirements:

- View the [Learning Management System Requirements Webpage](#).
- Learn more on the [LMS Browser Support Webpage](#).

Technical Support

If you are having technical difficulty with any part of Brightspace (D2L), please contact Brightspace Technical Support at **1-877-325-7778**. Other support options can be found on the [Brightspace Support Webpage](#).

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

It is a course expectation that you check your LeoMail email address daily, this is the prescribed communication method by the University. There may be times that I need to contact you with important information and email is often the fastest method to do so. You can expect a response to your email within one business day of its receipt- even if it is just acknowledgement that I received it.

All students are encouraged to contact the instructor for their CID 1300 and CID 2301 Leadership course any and all reasons whatsoever. The more we are kept in the loop with you and your environment, the better we can assist you when needed. **Beyond face to face classroom interactions, the best way to get in touch with me is via email, text and/or visiting me in my office.**

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail online in the [Student Guidebook](#).

This course meets face-to-face each week. We should aim to be respectful at all times during our class. Cell phones and all other electronic devices must be turned off and out of sight when we are in class- if you have an emergency situation where you need to have your phone on, please let me know at the start of the class or via email prior to class time.

Students should also consult the [Rules of Netiquette Webpage](#) for more information regarding how to interact with students in an online forum.

ETAMU Attendance

Attendance in this class is **required** for mentors that are part of the STS department and instructing as part of Peer Mentor lead class days with CID 1300 courses. You will need to be in the CID 2300 course weekly to ensure that you are ready to teach your class and are able to learn about campus resources, hone your own mentoring skills and make connections with others on campus who share similar goals to our programs. More than two unexcused absences will result in you being removed as a peer mentor in the program. Curriculum will be taught the Monday prior to a Peer Mentor lead course in most cases.

Excused absences: For students with excused absences, which include participation in a University sponsored event, illness accompanied by a doctor's note, death in the student's immediate family, a verifiable court appearance or any other similar circumstance in the view of the instructor, written documentation must be turned in to the instructor immediately upon return to class. If it is not given upon return to class, you will be counted unexcused. Students will be allotted two unexcused absences during the semester. **An excused absence does not mean that you do not have to receive the material from class. Peer mentors will need to arrange a time and day to receive the relevant instruction and materials by scheduling a meeting with Lauren Meyers. It is the Peer Mentor's responsibility to reach out to schedule this meeting.**

Submission of Late Work

The 24 hours following a peer mentor lead class, Peer Mentors are responsible for submitting information about their class(s) to the instructor and Sierra Jones via the course narratives in D2L. Failure to submit this material by the deadline will result in a point deduction within the course and possibly disciplinary action related to their position as a Peer Mentor. Peer mentors who earn an unsatisfactory point threshold will not be eligible to serve as a Peer Mentor in future semesters.

Assignment Submission

All assignments must be submitted in hard copy or via D2L to the instructor, unless otherwise stated. While you are welcome to email me any questions that you may have, please understand that under normal circumstances, I cannot accept emailed materials that count as a course grade at this time. If you do not own a printer, the STS department has access to a network printer that can be used to print materials relevant to your work as a peer mentor **ONLY**. Please plan accordingly as you will need staff support to be able to print to this computer.

Essay Formatting, Presentation Guidelines & Spelling / Grammar

We will use MLA formatting for all papers in this course. For detailed information regarding what MLA is, there are numerous resources online or in the library. There is also an on-campus resources called the Writing Center you can visit for assistance. General paper guidelines are:

- typed, doubled spaced, 1" margins, and 12-point font.

Professionals throughout your lifetime will critique you on spelling and grammar so use this class as an opportunity to begin practicing these skills. Sentence structure, spelling and grammar will be examined when determining a grade for any written assignment in this class.

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[East Texas A&M Academic Integrity Guide](#)

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Academic Integrity Reporting Form](#)

[Overview of Academic Misconduct Reporting Process](#)

CID Policy on Academic Integrity

Academic dishonesty includes cheating, complicity in cheating, multiple submissions (or substantial portions) of the same work for credit without authorization, submitting another's work, plagiarism, submitting algorithmically (AI) plagiarized work, and other acts that may reasonably be called academic dishonesty.

- Students who commit academic dishonesty will receive a grade of 0 for the assignment in the course and be issued a Written Warning that is reported to the CID Assistant Dean's office and listed in a database.
- If the student has a Written Warning of academic dishonesty reported in CID courses, the student may NOT resubmit the assignment, and the instructor will follow the procedure detailed in [Policy 13.99.99.R0.03](#) for Undergraduate Academic Dishonesty and report the incident to the Provost Office.

Submitting Past Work

The resubmission of work submitted in a past course is self-plagiarism. Also, the resubmission of substantial parts of work submitted in a past course is self-plagiarism. **If a student would like to resubmit past work or substantial parts of past work, the student must gain permission from the instructor prior to submission and cite the work properly.** If the student does not gain permission and cite the work, then the submission will be flagged for self-plagiarism and result in actions detailed in the CID Policy on Academic Integrity.

Use of Artificial Intelligence

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided, the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: [Office of Student Disability Resources and Services](#)

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information, or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and ETAMU Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult with your event organizer.

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M University campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

East Texas A&M Supports Students' Mental Health – Counseling Services

The Counseling Center at East Texas A&M University, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit **their website:** <https://www.etamu.edu/counseling-center/>

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. For more information on accessing the app and to explore the resources available to you for guidance and support, please visit their website: <https://www.etamu.edu/telus/>

IMPORTANT DATES & REMINDERS:

- Drop due to non-payment: September 10, 2026
- Last day to drop: October 29, 2026
- Last day to withdraw: November 17, 2026

CID 2300 Course and Program Calendar

Table Key:

Peer Mentor Taught Lessons: Peer Mentor taught classes occurring on specific days during regular CID 1300 course meeting time.
Mentoring meet-up: Mandatory office hour visits from students within the Peer Mentors group.
Monday Trainings: Weekly trainings where Peer Mentors learn the upcoming lesson plan for CID 1300 or engage in other training topics ranging from professional development, leaderships, classroom management, etc.

Date	Topic	Assignment
8/24	Classroom Management/Mentoring Communication	
8/24-9/25 Mentoring Meet Up: Round 1 • Discussions on engagement and class/attendance • Check in on how students are transitioning • Help students identify any hidden curriculum that may be present for student • Help students identify their goals and priorities • Encourage involvement in co-curricular activities • Ask I like, I wish, I wonder feedback for their college experience so far		
8/28	Teaching Keys to Success	Class Narrative
8/31	Learning Assessing Your Life Balance	
9/7	Labor Day – No Class	
9/9	Teaching Assessing Your Life Balance	Class Narrative
9/14	Learning Study Skills: How to Study	
9/18	Teaching Study Skills: How to Study	Class Narrative
9/21	Learning Dear Future Me Presentation	
9/28	Teaching Dear Future Me	Class Narrative
9/28	Learning Overcoming Failure	
9/28-10/30 Mentoring Meet Up: Round 2 • Discuss with students their time organization and first weeks of classes/academic performance • Accountability groups set up to provide connection and networking opportunities • Discussions around prototypes continued from class		
10/5	Learn Odyssey Plan Part 1	
10/12	Teach Overcoming Failure	Class Narrative
10/12	Distressed Student Training	
10/16	Teach Odyssey Plan Part 1	Class Narrative
10/19	Training	
10/26	Peer Mentor Team LS Lesson Plan Work Day	
11/2	OneSearch Training with Library	
11/2-12/4 Mentoring Meet Up: Round 3 • Discussion shifts to focus on preparation for future semesters • Promotion of advising, career development and other events/departments around exploration of options or preparation of future semesters		

• Work with students to identify successes or positives they experienced this semester • Check in on accountability wishes for students		
11/4	Teach Team Lesson Plan	Class Narrative
11/9	Training	
11/16	Jet Fighter	
11/23	Training	
11/30	Debrief Day	
12/7	Finals Week – No Class	
12/9	FALL LEARNING SHOWCASE – MANDATORY	