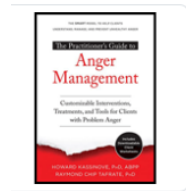




COUN 482, 01W, Anger Management COURSE SYLLABUS: Summer II 2026 INSTRUCTOR INFORMATION

Instructor:	Rusty Fox, Ph.D.
Office Location:	Henderson 323c
Office Hours:	ZOOM, phone, or in person by appointment
Office Phone:	903.886.5637
University Email Address:	Rusty.Fox@etamu.edu
Preferred Form of Communication:	Email preferred. Please always list course number in Subject Field. COUN 482
Communication Response Time:	Within 24-36 hours during the work week



Required

PRACTITIONER'S GUIDE TO ANGER MGMT.

Author: KASSINOVE
Edition: 19
Published Date: 2019
ISBN: 9781684032860
Publisher: N HARBINGR

Specific Software Required – N/A
Optional Texts and/or Materials – N/A

Course Description

Student Learning Outcomes (Should be measurable; observable; use action verbs)

1. Demonstration of understanding of key theory and concepts.
2. Evidence of ability to apply newly acquired skills.
3. Skillful and appropriate use of discipline-specific vocabulary.
4. Demonstration of professionalism, and understanding of ethics and legal components of this academic field.
5. Practice of college-level academic writing, and ability to integrate content learned of this professional field of study with general content knowledge of Human Services.

The syllabus/schedule are subject to change.

COURSE REQUIREMENTS

Instructional Methods

This course requires active participation. Lively discussion, interesting case studies, practical group projects, real life application, and earnest exploration of content and informed opinions, are all part of the format for learning here. Outlining and reading the chapters before class discussions, as well as regular attendance, either in person or via D2L log-in in an on-line format, will be necessary and required. Content and assignments missed due to unexcused absences cannot be made up. Please be certain to read the University's policy regarding documentation required for excused absences. Again, please note that attendance and participation are essential to success in this course.

Student Responsibilities or Tips for Success in the Course

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

Weights of the assessments in the calculation of the final letter grade.

Assignments 35% due before midnight, Sunday each week

Discussions 20% initial discussion due before midnight, Wednesday of each week,
2 responses to peers, before midnight, Sunday.

Exam 1 15%

Exam 2 15%

Exam 3 15%

TOTAL 100%

Academic Integrity

Academic Integrity is paramount! Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. **Be certain you are familiar with University policy and procedures regarding academic integrity. It is a core value of higher education, and failure to comply can result in consequences from a failing grade on an assignment, to failure of a course, to dismissal from the institution.** Be certain to ask questions and seek help from the Writing Center on proper citation and quoting on all submitted assignments. For more details and the definition of academic dishonesty, see the following procedures:

The syllabus/schedule are subject to change.

Undergraduate Students Academic Integrity Policy and Form

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

[Undergraduate Student Academic Dishonesty Form](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

Graduate Students Academic Integrity Policy and Form

[Graduate Student Academic Dishonesty](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation or have questions, please contact:

Office of Student Disability Services
Velma K. Waters Library- Room 162

Phone (903) 886-5930

Fax (903) 468-8148

Email: StudentDisabilityServices@tamuc.edu

Website: <https://www.tamuc.edu/student-disability-services/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

The syllabus/schedule are subject to change.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

Counseling Center Services

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

COURSE OUTLINE / CALENDAR

The syllabus/schedule are subject to change.

Calendar and course outline will be based on the following. It is subject to change, with written notification coming from the instructor in D2L, email, or both. Due to the fast pace of this course, **no late work can be accepted.**

PLEASE NOTE: All submissions must be made in D2L, in WORD format.

COURSE SCHEDULE for COUN 482, Anger Management, Fox Summer II, 2025

WEEK	CONTENT	READING	ACTIVITIES
July 6 th through July 12 th	PART 1: Anger Treatment Basics PART 2: Case Formulation and Treatment Planning	Chapters 1 and 2 Chapter 3 and 4	Wednesday – Discussions Sunday - Assignments
July 13 th Through July 19 th	PART 3: Preparing Clients for Change PART 4: Interventions to Alter Anger Triggers	Chapters 5 and 6 Chapters 7, 8 and 9	EXAM 1 (posted mid-week, complete by Sunday) Wednesday – Discussions Sunday – Assignments
July 20 th through July 26 th	PART 5: Intervention to Change Thoughts: Accepting, Adapting, and Adjusting PART 6: Interventions to Alter-Internal Experiences and Urges	Chapters 10 and 11 Chapters 12 and 13	EXAM 2 (posted mid-week, complete by Sunday) Wednesday – Discussions Sunday – Assignments
July 27 th August 2 nd	PART 7: Interventions to Alter Anger Expression	Chapters 14 and 15	Wednesday – Discussions Sunday - Assignments
*August 3 rd through August 6 th	PART 8: Assertive Training: Awareness, Actions and Words	Chapters 16 and 17 Post by Wednesday, August 5 th	EXAM 3 (posted Monday, complete by noon Thursday)

*Short week, ending at 5p on Thursday, August 7th

Assignments are due before 11:59p each week, on **Sundays**. Please submit earlier whenever possible.

Discussions

Original Posts are due before 11:59p each week, on **Wednesdays**. Please submit earlier whenever possible.

Responses to two classmates are due before 11:59p each week, on **Sundays**. Please submit earlier whenever possible.

Quizzes will be posted in D2L before **Friday mornings**, and will be due back before 11:59p **Sundays**.

++ Please remember doing well is as easy as 1, 2, 3: *(This is true for assignments, discussions, and your studying)*

1. **Explain** and **explore** the topic you are writing about. **Do NOT simply define**. Your written responses should read as if you are explaining the concept(s) to me/the reader.
2. **Demonstrate understanding** through **application** of material. Reference back to new learning you are experiencing from the chapters or other cited sources.
3. **Provide examples**, stories, analogies, and comparisons which demonstrate your deeper understanding, and ability to apply your knowledge. You must use observations, assessments, opinions which are then supported by learned content from your reading and discussions.

- ✓ All work must be original, and without the assistance of **generative AI**.
- ✓ For Quizzes I will allow use of outlines, and notes you have created. I will consider open-book as well.
- ✓ Your grade will be determined by your comprehensive work on 3 quizzes, your assignments and your discussions.
- ✓ Late work cannot be considered because of the fast pace of summer classes.

If you have questions, comments, or simply need clarification, please feel encouraged to contact me at Rusty.Fox@etamu.edu I am also willing to schedule individual ZOOM meetings whenever useful to you.

The syllabus/schedule are subject to change.

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

