

HHPK 397 Integrated Adventure Education, Spring 2026

Instructor: Dr. Sandy Kimbrough
Office: NHS 140
Class Meeting Time: TBD
Email response time: within 1 business day
Preferred method of communication: email or face-to-face

E-mail: sandy.kimbrough@etamu.edu
Instagram: DrKimbrow
Class meeting place: N/A
Office hours: W 3-5; R 10-11, 1-2

Catalog description: Philosophy of outdoor education in a physical education program; designing and implementing outdoor adventure activities in an experiential and interdisciplinary manner for reinforcing the Texas Essential Knowledge and Skills.

Prerequisites: Instructor approval and 2.5 overall GPA.

Course objectives

Upon completion of the course, the student should be able to...

1. develop an interdisciplinary lesson using outdoor adventure activities, intentionally reinforcing the TEKS (Texas Essential Knowledge and Skills).
2. teach an interdisciplinary lesson to peers, working with a partner and teaching an interdisciplinary outdoor adventure lesson that intentionally supports TEKS.
3. examine outdoor clothing and be familiar with appropriate ways to dress for outdoor adventure activities.
4. apply backcountry Leave No Trace Principles.
5. write a definition for Outdoor Experiential Education.
6. discuss the theoretical basis of Outdoor Experiential Education and issues and trends in Outdoor Education.

Additionally, students will participate in at least 8 of the following adventure activities: paddling (canoe, kayak, stand-up paddleboard), archery, outdoor cooking, fishing, primitive skills, initiative games, compass/GPS skills, rock climbing, ropes course activities, trail biking, hiking/trekking, and others as possible.

Evaluation

TEKS work	20% (200 points)
Outdoor events and reflections	50% (500 points)
Written exam(s)	20% (200 points)
Lesson creation	10% (100 points)

Grading Scale Points

90– 100 %	1000	A	(exceptional, excellent, mastery)
80– 89%	800-899	B	(above average, good performance and learning)
70– 79%	700-799	C	(average)
60-69%	600-699	D	(below average)
0-59%	0-599	F	(failing)

Class Policies

1. Any student missing an exam or any other graded work without prior arrangement will receive a score of zero.
2. You **MUST** check your ETAMU email regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me.
3. **DUE DATES:** The due dates listed for assignments are the **LAST** chance to submit them. Please turn in your work early. I **DO NOT** accept late assignments.
4. If you have a question or concern, **TALK** to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.

5. Academic dishonesty is unacceptable conduct and will not be tolerated in any form at ETAMU. All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include losing points on an assignment, not receiving credit on an assignment, suspension from the class, or expulsion from the University.

Academic Integrity/PLAGIARISM

- Students at ETAMU are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the student catalog.
- The handouts used in this course are copyrighted. By "handouts," I mean all materials generated for this class, which include but are not limited to syllabi, quizzes, exams, lab problems, in-class materials, review sheets, and additional problem sets. Because these materials are copyrighted, you do not have the right to copy the handouts, unless I expressly grant permission.
- As commonly defined, plagiarism consists of passing off as one's own the ideas, words, writings, etc., which belong to another. In accordance with this definition, you are committing plagiarism if you copy the work of another person and turn it is as your own, even if you should have the permission of that person. Plagiarism is one of the worst academic sins, for the plagiarist destroys the trust among colleagues without which research cannot be safely communicated.
- If you have any questions regarding plagiarism, please consult me. If you plagiarize in my class, you will automatically receive a grade of "F" and disciplinary action will be sought.
- ETAMU acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course. Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed. In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources. (13.99.99.R0.03 Undergraduate Academic Dishonesty)

CRUCIAL INFORMATION:

- CHECK YOUR EMAIL for critical updates from me about any changes to our schedule.
- BEFORE you come to class each day, I HIGHLY recommend that you have prepared for class by reviewing information already covered and looking ahead at any information/videos/handouts that have been provided. as well.

Statement on Student Behavior

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student's Guide Handbook). I have zero tolerance for disrespect for the learning environment or other human beings, present or not. Included in disrespect for others is the use of any tobacco product, any type of cigarette, or distracting use of cell phones in class. If you do any of the items listed above, I will ask you to leave class.

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#). Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

ETAMU, Velma K. Waters Library Rm 162
Phone (903) 886-5150 or (903) 886-5835
Email: studentdisabilityservices@etamu.edu

Fax (903) 468-8148
Website: <https://www.etamu.edu/student-disability-services/>

Nondiscrimination Notice

ETAMU will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in ETAMU buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and ETAMU Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations. Pursuant to PC 46.035, the open carrying of handguns is prohibited on all ETAMU campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

ETAMU Supports Students' Mental Health

The Counseling Center at ETAMU, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.etamu.edu/counsel

AI

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13.99.99.R0.03 Undergraduate Academic Dishonesty
13.99.99.R0.10 Graduate Student Academic Dishonesty
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Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

