



SWK 505: Advanced Generalist Practice with Individuals

COURSE SYLLABUS

Spring 2026

INSTRUCTOR INFORMATION

Instructor: Randi Wright, LCSW-S

Office Location: Virtual

Office Hours: By Appt.

Office Phone: 972-884-0372

Office Fax: N/A

University Email Address: Randi.Wright@etamu.edu

Preferred Form of Communication: **Email**

Communication Response Time: Within two Business Days

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to [TELUS Health](#), a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available for guidance and support whenever needed.



QR Code for TELUS

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

Coady, N. & Lehmann, P. (2022). *Theoretical perspectives for direct social work practice: A generalist-eclectic approach* (4th ed). Springer.

Publication manual of the American Psychological Association (2020). 7th ed.
American Psychological Association.

Software Required

Optional Texts and/or Materials

All MSW students need to purchase the following set of study materials to prepare for the Graduate Comprehensive Exam that they will take in their final semester. You must pass the exam to receive your degree. It is never too early to begin studying for the exam.

Comprehensive Study Guide (Masters, Clinical, Adv. Generalist) Version 9.0.
Social Work Examination Services. [www.https://swes.net/study-materials/comprehensive-study-guide-lmsw/](https://swes.net/study-materials/comprehensive-study-guide-lmsw/)

Course Description

This advanced practice course provides students with theories and skill development in working with individuals from an Advanced Generalist Perspective. Students will demonstrate critical thinking, integration of theory with practice, and knowledge, values, and skills appropriate for autonomous practice.

Prerequisites:

Students must have completed all MSW foundation curriculum requirements; been admitted to the MSW program; and be in good standing in the MSW program.

Relationship to Other Courses:

Student Learning Outcomes (Should be measurable; observable; use action verbs)

Council on Social Work Education (CSWE) requires a competency-based approach to identify and assess what students demonstrate in practice. In social work, this approach involves assessing students' ability to demonstrate the competencies identified in the educational policy. Listed below are the competencies and associated knowledge, skills, values and/or cognitive and affective processes that comprise the expected outcomes for this course.

	Activity/Assessment	Dimension
Competency 6: Engage with Individuals, Families, Groups and Organizations		
Apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks to engage with clients and constituencies across urban and rural settings and at the complex intersection of these two	Case Study Assignment Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Use empathy, reflection, and interpersonal skills at an advanced level to effectively engage diverse clients and constituencies across the rural/urban environment and at the intersection of the two ensuring informed consent.	Case Study Assignment Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Discern the most appropriate engagement strategy according to each practice context.	Case Study Assignment Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Competency 7: Assess Individuals, Families, Groups, Organizations and Communities		
Apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks	Case Study Assignment Theory Analysis Paper Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities

in the analysis of assessment data from both rural and urban clients and constituencies; and those who are at the intersection of the two environments		
Develop mutually agreed-on intervention goals and objectives based on the critical assessment of strengths, needs, and challenges within clients and constituencies reflective of their environment whether rural, urban or at the intersection of both.	Case Study Assignment Theory Analysis Paper Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Consider aspects intrinsic in rural and urban settings considering how the intersection of the two environments impacting assessment such as connections with church communities, neighbors, extended family, fictive kin, and other formal and/or informal resources.	Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Competency 8: Intervene with Individuals, Families, Groups, Organizations and Communities		

Critically choose and implement interventions to achieve practice goals and enhance capacities for clients and constituencies in both urban and rural environments and at the intersection of the two.	Group Presentation Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks in interventions with clients and constituencies in both urban and rural environments and at the intersection of the two	Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities
Use inter-professional collaboration as appropriate to achieve beneficial practice outcomes in both urban and rural environments and at the intersection of the two	Theory Analysis Paper Comprehensive Final Optional Discussion Posts	Knowledge, skills, values and cognitive affective processes Individuals, Families, Groups, Organizations and Communities

COURSE REQUIREMENTS

Minimal Technical Skills Needed

In this class you will utilize the Learning Management Systems (LMS) D2L for instructional and learning opportunities, submitting your assignments, participating in online synchronous and asynchronous discussions, accessing resources, and completing quizzes/tests. Additionally, knowledge and skills in using Microsoft Word PowerPoint and Outlook Email, if you have any issues with using the various systems or software, it is your responsibility to contact support services and to notify the instructor of the problem.

Instructional Methods

This course will be delivered via synchronous and asynchronous sessions via D2L and will consist of live class sessions, pre-recorded lectures, group engagement activities, various assignments with some including experiential learning and practical application of the content areas. In addition, small lectures, discussion activities and workshops may be utilized to provide instruction during this course.

Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible to engage in active learning and reaching out to the instructor if there are problems or challenges that is interfering in optimal learning. Communication is key when engaged in a fully online, virtual environment.

Expectations for success include:

1. Always demonstrate professional behavior, including demonstrating respect for instructor and peers; being open to feedback and guidance throughout this class and in the program.
2. Adhered to the School of Social Work and University student code of conduct, along with NASW Code of Ethics.
3. Begin reading the assigned text and supplemental readings as soon as possible, with a focus on completing all readings prior to engagement with instructor or peers.

4. Prepare to engage in live class sessions, discussions, and other activities so you can be a contributor as well as receiver of knowledge and skills.
5. Actively participate in engagement activities which will include live virtual class sessions, online discussions, and interactive learning opportunities -as this is vital for learning and success in both this course and the program.
6. Work ahead when possible, completing assignments ahead of due date so you are prepared to submit on the due date.
7. Sign into the D2L course multiple times during the week to access updated announcements or posted resources.
8. Check your university email daily. This is the official method of communication by the university, department, and instructor.
9. Be open and focused on the “process” and not the “product” as earning this degree requires time, effort, work and ultimately growth in knowledge, skills, abilities along with personal and professional attributes.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100% of total points

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

Case Study (50 Points)

Group Presentation (50 Points)

Theory Analysis Paper (100 Points)

Comprehensive Final (100 Points)

Total Points: 300 Points

Assessments

1. Case Study (50 Points)

Students will locate a case regarding a mental health issue in the media (newspaper, website, etc.). Students will list the mental health problems mentioned in the article and summarize how the problem is being addressed. Students will then identify the theory being used. Students will provide an opinion on whether the theory is 1) being applied correctly, 2) the positives of applying that particular theory to the problem, and 3) the challenges of applying that particular theory to the problem. A copy of the article must be attached to the paper. The paper should be 1-2 pages long and in APA format.

2. Group Presentation (50 Points):

Students will pair with another student to form a group of three (3) – a few of your groups will have more. Each group will be responsible for leading the class discussion for classes meeting as designated in the course schedule. The presentation must include the following: 1) a summary of the theory, 2) assessment of the theory for practice, 3) a case example utilizing the theory. Be sure to develop possible questions and/ or issues for discussion. Students should also rely on their own experiences and knowledge to help facilitate class discussion. You will be expected to defend your position on this theory concerning your experience and case example.

Full participation and cooperation all members of the group are expected. Theoretically, one grade will be assigned for each group presentation. It is possible, however, that individual grades may be reduced by a lack of effort or participation in the final product.

3. Theory Analysis Paper (100 Points):

Students will choose a theory (not the same one that you used in the class presentation) that attempts to explain human behavior. Students will then analyze the theory through some framework that explains if it is best used with groups or individuals. There should also be a section on application to practice, including a case study. The application section should utilize the professional literature and contain at least 5 professional references. Finally, a conclusion as to why this theory is the best theory to explain human behavior and interventions for client. The paper should be 6 pages in length and APA format.

4. Comprehensive Final (100 Points)

Exam will be composed of 50 questions covering all of the assigned chapters for the course.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

If you have any questions or are having difficulties with the course material, please contact your instructor via email. Instructor will respond to email queries within two business days

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx).
<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx) webpage and [Procedure 13.99.99.R0.01](http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx).
<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)
[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or

veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

A&M-Commerce Supports Students' Mental Health

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

School of Social Work and Council on Social Work Education Specific Policies

Course Engagement

Final Evaluation and Grade Depends on both Classroom attendance and Participation
Inadequate participation or lack of required time commitment in each class significantly affects students' grades. No matter the course venue, students must engage in a

comparable amount of time. Expectations of both Face-to-Face classes and those with Online components include time spent reading and studying course material. To earn a level of competency within a specific course, students must demonstrate both mastery of content and active engagement.

Mastery of content areas is evidenced by successful completion of course assignments such as written papers, group project deliverables, tests/quizzes and other tangible products designed by instructors to evaluate knowledge and skills.

Additionally, the Social Work Profession is built upon human interactions and building human relationships – which is defined as engagement. Engagement is defined as meaningful involvement in interactions with instructor, peers, outside stakeholders as appropriate (such as contacting a social worker to interview for a required assignment). Within the classroom setting, whether virtual or F2F, students must actively participate in 80% of engagement activities as outlined by individual instructors. These activities may include, but are not limited to participation in live, synchronous virtual classes, attending a Face-to-Face course when appropriate, interacting with peers in posted discussions and collaborating in group interactive projects.

Students must meet standards for content mastery on tangible assignments and meet the threshold of active engagement of the time set during a semester by the instructor.

Instructors are experts in each course content area and set the standards for students to meet for successful completion of the course.

Student Conduct

Students preparing to become professional social workers must adhere to the *University Code of Conduct*, *Department Code of Conduct* and *National Association of Social Workers' (NASW) Code of Ethics*.

Department Code of Conduct

"Faculty have the authority to request students who exhibit inappropriate behavior to leave the class/lab/internship practicum or to block access to online courses and may refer offenses to the [Academic and Professional Issues Committee (API)] or to the Department Head. More serious offences by be referred to the University Police Department and/or the Judicial Affairs Office for disciplinary action" (Student Guidebook p 35)

Social Work students conduct themselves in an ethical and professional manner.

Closely linked with professional recognition is the social worker's compliance with the

profession's ethical standards. It is imperative for professional social workers to be competent and ethical in practice if the profession is to maintain the public trust. It is essential that each social work student gain a thorough understanding of the ethical principles that guide practice and actively demonstrate in behavior, both in and out of the classroom. Student conduct is to reflect the tenets of *NASW Code of Ethics* (located at <https://www.socialworkers.org/pubs/code/code.asp>) on the NASW website: <https://www.socialworkers.org>

University Code of Conduct located in the *Student Guidebook* at <http://www.tamuc.edu/campuslife/documents/studentGuidebook.pdf> (pp 34- 66). On the University Website under Campus Life Documents
To become aware of university policies related to student academic and behavioral expectations for students refer to the Guidebook

Appendix A: Rubrics

Case Study Rubric

Criteria	Level 4	Level 3	Level 2	Level 1	Criterion Score /50
Choose a current events case study regarding a mental health issue	Case study is current and relevant to mental health issues	Case study is not current but is relevant to mental health issues	Case study is not relevant to mental health issues	Case study is neither current nor relevant to mental health issues	/20
Theory Identification and Application	Theory is correctly identified with discussion of application, and	Theory is correctly identified but there are minor mistakes in the discussion	Theory is correctly identified but there are missing elements in the discussion	Theory may be incorrectly identified and/or there are mistakes in the discussion	/20

	strengths and challenges	of application, and strengths and challenges	of application, and strengths and challenges	of application, and strengths and challenges	
APA Format: Title page, abstract, spelling and grammar, references	APA format has one or less minor mistake	APA format has minor mistakes	APA format has a major mistake	APA format has multiple mistakes	/10

Group Presentation Rubric

Criteria	Level 4	Level 3	Level 2	Level 1	Criterion Score /50
Summary of Theory	Excellent and complete summary of the theory	Adequate summary of the theory	Summary of the theory lacks components	Inadequate summary	/15
Assessment of Theory for Practice	Complete and thorough assessment of the theory for practice	Adequate assessment of the theory for practice	Assessment of the theory for practice lacks some components	Inadequate assessment of the theory for practice	/15
Case Example using the theory	Excellent case example that enables classmates to understand the theory by watching it in action and through the explanation the presenters give in relation to it	Adequate case example that enables classmates to understand the theory by watching it in action and through the explanation the presenters give in relation to it	The case example lacks components to enable classmates to understand the theory by watching it in action and through the explanation the presenters give in relation to it	Inadequate case example	/15
APA Format: Title page, abstract, spelling and grammar, references	APA format has one or less minor mistake	APA format has minor mistakes	APA format has a major mistake	APA format has multiple mistakes	/5

Theory Analysis Paper Rubric

Criteria	Level 4	Level 3	Level 2	Level 1	Criterion Score/100
Brief history of the theory with key components	Brief history of the theory with key components	Brief history of the theory but some key components are lacking	Brief history lacking or many key components are missing	Theory is named but history and/or components are missing	/10
Theory analysis including how the theory is used, which population this theory is designed for, and if the theory is better for groups or individuals	Strong theory analysis including all components	Good theory analysis but one component is missing	Good theory analysis but two components are missing	Analysis is not strong and/or many components are missing	/20
Application to practice including professional literature review (5 references) and case example using theory	Strong literature review with 5 references and a case study to demonstrate how theory is applied	Adequate literature review with 4 references and a case study to demonstrate how theory is applied	Adequate literature review with less than 4 references and a case study to demonstrate how theory is applied	Literature review has less than 4 references and/or case study is missing	/40
Conclusion	Strong conclusion that explains why this theory is the best theory to explain human behavior and interventions for client	Adequate conclusion that explains why this theory is the best theory to explain human behavior and interventions for client	Adequate conclusion but lacking one of the components	Conclusion is lacking both components	/10
APA Format: Title page, abstract, spelling and grammar, references	APA format has one or less minor mistake	APA format has minor mistakes	APA format has a major mistake	APA format has multiple mistakes	/20

COURSE OUTLINE / CALENDAR

WEEK	CLASS MEETING	TOPIC	ASSIGNMENTS
1 1/29	Online Zoom January 29 th 6-7pm	Introduction to Course; Review Syllabus; Course Expectations; Generalist-Eclectic Approach Theory: What is it? Is it Important? How to Assess and Analyze Theories, Assessment, Diagnosis, & Treatment Plans Utilizing Theories Problem-solving Model Ethical Issues in Dual Relationships & Individual and Family Development Theory Global Use of Theories	Chapter 1 & 2 Coady & Lehmann ASSIGN GROUP PRESENTATIONS
2 2/2	Online Zoom February 5 th 6-7pm	Ecological Systems Theory Holiday-Mental Health Issues Conscience Clause Issues in Practice	Chapter 3 Coady & Lehmann
3 2/9	Online D2L February 12 th	Strengths-based Social Work	Chapter 6 Coady & Lehmann
4 2/16	Online Zoom February 19 th 6-7pm	CBT & DBT	Chapters 8 & 10 Coady & Lehmann BEGIN GROUP PRESENTATIONS
5 2/23	Online Zoom February 26 th 6-7pm	Crisis Intervention Model & Trauma-Informed Care	Chapter 9 & 11 Coady & Lehmann Continue Group Presentations
6 3/2	Online Zoom March 5 th 6-7pm	Mindfulness	Chapter 21 Coady & Lehmann
7 3/9		SPRING BREAK	

WEEK	CLASS MEETING	TOPIC	ASSIGNMENTS
8 3/16	Online D2L March 19 th	EMDR	Chapter 22 Coady & Lehmann CASE STUDY DUE March 22nd BY MIDNIGHT
9 3/23	Online Zoom March 26th 6-7pm	Client-Centered Theory; Emotion-Focused Therapy	Chapter 12 & 13 Coady & Lehmann
10 3/30	Online Zoom April 2nd 6-7pm	Motivational Interviewing; Feminist Theories	Chapter 14 & 15 Coady & Lehmann
11 4/6	Online D2L April 9 th	THEORY ANALYSIS PAPER DUE	THEORY ANALYSIS PAPER DUE APRIL 12th BY MIDNIGHT
12 4/13	Online Zoom April 16th 6-7pm	Empowerment Theory & Narrative Therapies	Chapters 16 & 18
13 4/20	Last Zoom April 23rd 6-7pm	Solution-Focused Therapy	Chapter 20 Zoom Review for Final
14 4/27	Online D2L April 30 th	FINAL EXAM DUE May 7th BY MIDNIGHT	Last Day of Classes 5/1/26

**Zoom Link for all sessions will be posted in D2L
ODD Weeks, Thursdays 6-7pm**