



HHPK 302-01W, Adapted Physical Education
COURSE SYLLABUS: Spring 2026

PROFESSOR INFORMATION

Professor: Brad Fichtel M.Ed., M.S., Adjunct Professor, Health & Human Performance
Office Hours: By Appointment
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University Email Address: Brad.Fichtel@etamu.edu

Preferred Form of Communication: email*

*Include first and last name along with course you are enrolled in. Emails should be professionally written.

Communication Response Time: within 24 hours (weekdays)

COURSE INFORMATION

Materials – Textbook

1 Textbook(s) Required:

1) **(APE)** Winnick & Poretta (eds). “Adapted Physical Education & Sport” 7th Ed
Optional Texts and/or Materials: other readings will be posted in D2L

Course Description

A course designed to provide knowledge related to individuals with disabilities and the effects of these disabilities upon motor development and the performance of motor activities. Categories of disabilities include orthopedic difficulties, learning challenges, cardio-respiratory disorders, behavior disorders, sensory impairments, and other permanent and temporary disabilities. Prerequisites: 2.5 GPA and junior/senior status.

Student Learning Outcomes

1. Demonstrate an understanding of the federal law mandating services for students with disabilities (SWD).
2. Demonstrate an understanding of the characteristics of SWD
3. Demonstrate knowledge of a variety of teaching strategies for SWD in a physical education/sport setting.

4. Demonstrate knowledge of the benefits of physical education for SWD;
5. Demonstrate the ability to assess and evaluate physical fitness and motor skills through the TGMD-3, Brockport Fitness test, and CTAPE;
6. Demonstrate the ability to establish goals and formulate behavioral objectives for individual students based on assessment results.
7. Demonstrate the ability to modify the physical learning environment for individual and group participation in actual practical settings.
8. Demonstrate an awareness of the indicated and contraindicated activities for people with a variety of disabilities.
9. Demonstrate the ability to develop an appropriate individualized education program (IEP); and
10. Demonstrate the ability to use technology for video modeling, as a reinforcement tool, and as a motivational device.

COURSE REQUIREMENTS

You will be expected to use D2L, Microsoft Word and Microsoft Excel.

Instructional Methods

Independent learning, guided discovery, peer teaching, direct instruction (D2L).

Student Responsibilities or Tips for Success in the Course

How to succeed in this class:

1. Study the assigned material. It is expected that you purchase and read the text.
2. Turn in all assignments ON TIME in D2L (late work will NOT be accepted).
3. All assignments submitted in D2L should use the following format when saved: "yourlastname HHPK ####" At the top of the document, include your name, class #, and the name of the assignment. Docs or other format must be accessible.
4. Do quality work.
5. Proofread your work aloud. Points will be taken off for submitted work that includes spelling, punctuation and sentence structure errors. No TEXT language.
6. Take responsibility for your own grade; I do not give you a grade—you earn a grade.
7. If you are late or absent, it is your responsibility to obtain any missed information. Connect with a classmate prior to asking the instructor about missed content.
10. Late assignments, missed exams or other will be considered in the event of documented medical or immediate family emergencies. Events must be communicated within 3 days and documentation will be requested (date, time, location required). Communication is key.
11. Grades, updated class outline and more in-depth assignment descriptions will be posted in D2L. CHECK IT

12. Volunteer opportunities and extra credit may be offered throughout the semester.
Take advantage, do not ask for extra credit the last week of classes.
15. Be respectful to all.

GRADING

Final grades in this course will be based on the following scale:

- A = 90%-100%
B = 80%-89%
C = 70%-79%
D = 60%-69%
F = 59% or Below

Assignments & Quizzes (50%)

Assignments and quizzes will be based on assigned readings and course discussions.

Quizzes measure comprehension of class topics and aid students in preparing for exams. Quizzes may be short answer, multiple choice, true/false, listing, etc.

Assignments will be posted in D2L.

Observations/Reflections (25%):

Students will be required to complete a total of five hours (5) of observations outside of class. The goal is to observe a setting that promotes physical activity for individuals with disabilities (i.e., Special Olympics, disability sport or other). Observation site options are listed in D2L. Connect with the instructor about plans. Follow-up reflections and documentation will be required. 2 of the 5 hours can be during an on-campus event (i.e., HHP hosted event).

Exam (25%): A Comprehensive final exam will give students the opportunity to apply content learned from course (material from text, class discussions, teaching experiences and observations).

302 TENTATIVE CLASS SCHEDULE –

This can change as necessary. Check D2L for most up to date version

WEEK #	<u>TOPIC/ASSIGNMENT</u>	Due Sunday @ 11:59pm
1	Introductions and Syllabus	Sun. January 18
2	Ch 1 Intro to APE/Reflection	Sun. January 25
3	Ch 3 Adapted Sport/Reflection	Sun. February 1
4	Ch 8 ID; Ch 9 Behavioral, Ch 10 ASD/Reflection	Sun. February 8
5	QUIZ	Sun. February 15
6	Chapters 12 & 13 VI, Deaf/Reflection	Sun. February 22
7	OBSERVATION...Unified Basketball	Wed. February 25
7	Ch 11 & 17, Specific LD, OHI/Reflection	Sun. March 1
8	OBSERVATION...Pickle ball Skills	Thur. March 5
8	Ch 4 Assessment/Reflection	Sun. March 8
9	SPRING BREAK	March 9-13
10	Ch 6 Behavior Management/Reflection	Sun. March 22
11	OBSERVATION...Unified Pickle ball	Thur. March 26
11	QUIZ	Sun. March 29
12	Ch 14, CP, TBI/Reflection	Sun. April 5
13	Ch 16 Spinal Cord Injuries/Reflection	Sun. April 12
14	Ch 19 Motor Dev/Reflection	Sun. April 19
15	Ch 5 IEPs/Reflection	Sun. April 26
16	Final Exam (Comprehensive)	Sun. May 3

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M University have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx).
<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M University Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M University campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

East Texas A&M University Supports Students' Mental Health

The Counseling Center at East Texas A&M University, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.tamuc.edu/counsel

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



AI Use in Courses

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty
13.99.99.R0.10 Graduate Student Academic Dishonesty