



EAST TEXAS A&M
UNIVERSITY

HHPK 536-01W – Adapted Kinesiology

COURSE SYLLABUS: Spring 2026

INSTRUCTOR INFORMATION

Professor: Dr. Steve Prewitt, Associate Professor

Office Location: NHS 136

Office Hours: by appointment

Office Phone: x5544

University Email Address: steve.prewitt@tamuc.edu

Preferred Form of Communication: email

Communication Response Time: 24 hours during week. Emails received during the

weekend may not be returned until Monday.

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required:

Hardin, R. & Pate, J.R. (2025). Introduction to adaptive sport and recreation. Human Kinetics, Champaign, IL.

Other readings will be posted in D2L

Software Required: Basic word processing,

Optional Texts and/or Materials: as assigned. Posted online

Course Description

Principles of adapting physical activities to individual needs will be studied. Instructional strategies, screening and testing procedures and

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modification of equipment will be emphasized. Patterns of organization and administration of programs will also be addressed.

Student Learning Outcomes (Should be measurable; observable; use action verbs)

The Learner Will Be Able to...

- 1) understand and therefore differentiate among the physical, mental, medical, and health disabilities in order to most appropriately provide for the indicated motor developmental, special physical education, or exercise therapy programming.
- 2) demonstrate competency in making the appropriate curricular decisions in terms of adapting physical education skills and exercise therapy skills to assist people with disabilities.
- 3) understand the appropriate methods and procedures for working with special populations of all ages.
- 4) articulate the need for special physical education & lifetime exercise and therefore have developed competencies to effectively implement Public Law 101-476, Individuals with Disabilities in Education Act (IDEA) of 1990 (and re-authorizations of 1997, and 2004) and related legislation including Public Law 101-336, 1990, The Americans with Disabilities Act (ADA), and the No Child Left Behind Act (NCLB) of 2004, in all physical activity/exercise settings.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

- Ability to utilize MyLeo online; Microsoft Office; Google apps; basic computer skills
- Ability to record and upload videos into YouTube.

Instructional Methods

This course uses a variety of instructional methods including flipped classroom, direct instruction, and guided discovery.

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Student Responsibilities or Tips for Success in the Course

To be successful in this course, it is recommended that the student access MyLeo Online regularly. Assignments have specific due dates. It is your responsibility to know when these are. Do not procrastinate.

GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

Assessments

(Located in D2L)

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by Texas A&M University-Commerce have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

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ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

Interaction with Instructor Statement

I have an "open door" policy, meaning if my door is open, please come talk to me. Email is usually the best way to communicate with me. I will usually answer within 24 hours during the week. If you email me on the Weekend, I most likely won't get back to you until Monday.

Communication is crucial during this time. I understand that life can sneak up on us, but you will need to communicate as soon as you can. I will not look kindly on emails received at the end of the semester asking for an extension after I haven't heard from you.

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COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Course Policies

- 1 Students are expected to submit materials on time.
- 2 Any student missing an exam or assignment without prior arrangement will receive a score of zero.
- 3 D2L ll be used extensively in this web-enhanced class. Get familiar with it immediately.
- 4 You MUST check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. (leo account)
- 5 DUE DATES: The due dates listed for assignments are the LAST chance to submit them. Please turn in your work early. I DO NOT accept late assignments.
- 6 If you have a question or concern, TALK to me. I am here to help. If you need to reach me and I am not in my office, e-mail me. Please do not contact me at home or send me any forwarded e-mails (jokes, stories, etc). Thanks!

Student Responsibilities or Tips for Success in the Course

It is your responsibility to submit all required quizzes, assignments, and discussion posts by the due date and time listed for each section.

Students submitting late work will receive an automatic 20% reduction in grade if the late work is submitted within a week of being due. Assignments submitted between one week and two weeks late will receive an automatic 30% deduction. Assignments submitted later than two weeks after the due date will receive a zero.

I believe in being fair to all students and I simply cannot justify a student who misses the opportunity to complete activities earning the same grade as a student who finishes every class assignment on time.

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Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:

<https://www.britannica.com/topic/netiquette>

TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)
[Undergraduate Student Academic Dishonesty Form](#)

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<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

The syllabus/schedule are subject to change.

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



Use of AI for Assignments

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

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Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, **students are fully responsible for the content of any assignment they submit**, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty

13.99.99.R0.10 Graduate Student Academic Dishonesty

COURSE OUTLINE / CALENDAR

THIS SCHEDULE IS TENTATIVE AND MAY CHANGE!!! I WILL TELL YOU WHEN/IF IT DOES!

Assignment due dates posted in MyLeo Online

Week	Date	Topics	Assignment Due by Sunday
1	Jan 29	Course Introduction	Personal Story Assignment
2	Feb 2	Social Considerations for Adaptive Sport & Rec	Assignment #1 Current Event #1
3	Feb 9	Barriers & Opportunities	Stella Young TED Current Event #2
4	Feb 16	Innovation in Disability Sport & Rec	Disability Audit Current Event #3
5	Feb 23	History & Development of the Paralympics	Article Review #1 Current Event #4
6	Mar 2	Legal Aspects of Disability Sport & Rec	ADA Case Study Current Event #5
SPRING BREAK – NO CLASS SCHEDULED Mar 9 – 15			
7	Mar 16	Media & Disability Sport	Media Assignment Current Event #6
8	Mar 23	Elite Adaptive Sport	Paralympic Assignment Current Event #7
9	Mar 30	Sport for Athletes with Intellectual Impairment	SO assignment Current Event #8
10	Apr 6	Para Athlete Development	Para Assignment Current Event #9
11	Apr 13	Adaptive Sport & Rec for Military	Veteran Assignment Current Event #10
12	Apr 20	Adaptive Youth Sports	Youth Assignment Current Event #11
13	Apr 27	Funding Disability Sport	LA 2028 Assignment Current Event #12
Finals Week May 4 – 8			

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