



HHPK 315 Teaching Methods in Physical Education II (Secondary)
COURSE SYLLABUS: Spring 2026

Professor: Dr. Sandy Kimbrough

Office Location: NHS 140

Office Hours: W 3-5pm, R 10-11, 1-2

University Email Address: sandy.kimbrough@etamu.edu

Preferred Form of Communication: email*

*Include first and last name along with course in which you are enrolled. Emails should be professionally written.

Communication Response Time: within 24 hours (weekdays)

COURSE INFORMATION

Materials - Textbooks, Readings, Supplementary Readings

Texts and/or Materials will be provided in D2L

Course Description

A course designed to enable the student to learn the processes of movements and skill acquisition of students in middle/secondary schools. Using state standards, it provides information related to curriculum selection and implementation of middle/secondary public school physical education programs. Students will demonstrate competencies in presentations utilizing various instructional strategies. Prerequisites: [HHPK 1338](#) and [HHPK 314](#) with a minimum grade of C, and junior/senior standing. 2.5 GPA.

Student Learning Outcomes

1. Students will demonstrate knowledge and management of teaching the principles related to health and fitness at the secondary level.
2. Students will be able to design and implement lesson plans that are developmentally appropriate for students at the secondary level.
3. Students will gain an understanding of the Texas Essential Knowledge and Skills (TEKS) for physical education at the secondary level.

COURSE REQUIREMENTS

You will be expected to use D2L, to use Microsoft Word and Microsoft Excel. You will also be required to record videos, use video software and submit videos in the format discussed during class. You will be required to observe and teach secondary education classes.

Instructional Methods:

Independent learning, guided discovery, peer teaching, direct instruction.

Student Responsibilities or Tips for Success in the Course

COURSE REQUIREMENTS

Student and Instructor Expectations

Expectations are high for both of us. I strive to be the best teacher possible. I expect you to perform to the best of your ability. Making an "A" in this class is an accomplishment, and will be earned only by those who are willing to put forth the necessary effort. There is no grading curve - you will be assigned the grade you earn!!!!

Chat Sessions

Periodically throughout the semester, I will host a "chat time" on Zoom where you can meet with me and other students to talk about course content. This is not me re-lecturing, nor is it me telling you what is on the test(s). It is an opportunity for you to engage your mind in the topic and enhance your grade (hopefully) by learning at a deeper level.

Submitting assignments/using the drop box

All assignments will have a "submission folder." When you submit an assignment, it MUST be a WORD document (or EXCEL document if it is a spreadsheet), and it must be titled appropriately. Do NOT submit a .pdf, .pages, or any other form of document! If one of the assignments is called "leadership assignment" and your last name is Collins, the name of the document must be "Collins leadership." At the top of the first page of every assignment, you must include your name and the name of the assignment. For spreadsheets, gridlines should be showing and a header should include your name and the name of the assignment. Print preview your document so that if printed, no cells/columns, etc are hanging out off the edge of a page. If you do not save, submit, name and/or label the document correctly, you may lose up to 20%.

Feedback on assignments

For some assignments, I may save your work, then use the "track changes" feature on the document itself to make corrections, write comments, etc. I will then attach the document back to you so you will have written feedback from me. USE this information to improve your work on future assignments.

Evaluation

Sections 1-8	50 points per section
Verbal Final Exam	100 points

Grading Scale

450-500 pts	A	400-449 pts	B	350-399 pts	C
300-349 pts	D	0-299 pts	F		

Section Quizzes and Participation

- Each section will contain several topics. For each topic, you will be directed to do some laboratory/research-type work and then participate in a discussion, take a quiz, and/or complete an assignment.
- ALL portions of each section MUST be completed by that section's "end date." You MUST do the 8 sections in order. Assignments, quizzes, etc, not submitted by the due date will receive a grade of zero. Do not wait until the last minute.
- The total point value for each section accounts for 10% of the course grade. The total point value for each section will be 50.

Final Examination.....verbal

It is extremely important that you are LEARNING the information that is being covered in the lectures and the textbook. Toward the end of the semester, I will send you an e-mail asking you to select a preferred exam from a list. We will meet via Zoom. Questions will be literally "pulled from a bowl" based on a list of questions I have provided to you at or near the conclusion of each section. You will answer 8 questions, with a time limit of 3 minutes per question. Each question is worth 12 points, with a bonus +4 for being on time 😊 If you do not sign up or show up to your final, you will receive a zero. If you wait to sign up until all the available time slots have already passed, I will NOT create extra time slots for you. There are enough time slots for everyone in the class. The exam is closed book/closed notes/closed internet, etc.... The final exam will be held during finals week.

Course Policies

1. Because this is an online course, you may never meet me or your other classmates face-to-face after the orientation. That means that written communication must be clear in all circumstances.
2. While completing assignments, chatting, etc. within the online environment (within this class), be professional. In other words, quality matters. Write clearly with correct spelling, punctuation, and grammar. Actively prepare by reading the assigned materials. Share your thoughts (i. e. ask and answer questions). Have course materials with you when you are online (you can use materials during quizzes, etc). Please refrain from anything that is not class-related while "in" this course. Unless you are quoting someone else directly, language should be "G-rated."
3. END DATES: The "end dates" listed for sections are the LAST chance to submit them. Please submit your work early. I DO NOT accept late assignments.
4. If you have a question or concern, e-mail me. Please include the course number in the subject of the e-mail ("HHPK

350”) and the topic of the message. I will respond promptly during the week. If you want me to take a look at assignments before you submit them, you may ask me to do so through e-mail. I will NOT grade assignments ahead of time, but I will give you feedback.

5 Use the following e-mail address for me: sandy.kimbrough@etamu.edu

6 You MUST check your e-mail regularly in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me and your classmates.

7 If you have a question or concern, communicate with me!

Agenda/Schedule

ALWAYS look in D2L for links to documents, readings, videos. All quizzes, assignments, discussions are in D2L.

Section	Topics	
1	Intro to class	
1	PE National Standards (SHAPE)	
1	Intro to TEKS	Section 1 due: 1/28
2	Secondary Students in Texas	
2	Lifetime Fitness and Wellness Pursuits (TEKS)	Section 2 due: 2/11
3	Lifetime Recreation and Outdoor Pursuits (TEKS)	Section 3 due: 2/25
4	Skill-based Lifetime Activities (TEKS)	Section 4 due: 3/18 (extra week due to spring break)
5	Planning for Success	
5	Teaching strategies/models	Section 5 due: 4/1
6	Management and inclusion	
6	Assessment	Section 6 due: 4/15
7	Safety	
7	Athletics and Physical Education	Section 7 due 4/22
8	Current Issues	
8	Current Issues	Section 8 due 4/30

FINAL EXAMS during finals week (May 4-8)

TECHNOLOGY REQUIREMENTS LMS

All course sections offered by East Texas A&M University have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support: https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool https://inside.etamu.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all

course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These

methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, an ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures Student

Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.etamu.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx). <http://www.etamu.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](http://www.etamu.edu/admissions/registrar/generalInformation/attendance.aspx) webpage and [Procedure 13.99.99.R0.01](http://www.etamu.edu/admissions/registrar/generalInformation/attendance.aspx). <http://www.etamu.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03 Undergraduate Student Academic Dishonesty Form](http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf)

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](http://www.etamu.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf)

<http://www.etamu.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University Velma K.

Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.etamu.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M University Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url: <http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M University campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

East Texas A&M University Supports Students' Mental Health

The Counseling Center at East Texas A&M University, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.etamu.edu/counsel

AI Use in Courses

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the

entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty 13.99.99.R0.10
Graduate Student Academic Dishonesty

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

