



## **PSY 319.02W: Child and Adolescent Development**

COURSE SYLLABUS: Fall 2025

### **INSTRUCTOR INFORMATION**

Instructor: Leah Phillips, Ph.D., LSSP

Office Location: Virtual

Office Hours: By Appointment

University Email Address: leah.phillips@etamu.edu

Preferred Form of Communication: Email

Communication Response Time: Within 48 hours (excluding weekends). If you have not heard back from me after 48 hours, feel free to send another email.

### **COURSE INFORMATION**

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required

John W. Santrock (2024) Lifespan Development (19<sup>th</sup> ed.) McGraw Hill.

ISBN: 1266138013 (*If you would like to use an earlier edition please contact the*

*instructor*) Any additional materials will be made available on the course website

Keep in mind the following: If you are considering purchasing an eText only, you need to remember that our online quizzes are 'open book' quizzes, and you may not be able to access your eText while taking a quiz. You will need to have a printed version of the textbook if you wish to be able to access your textbook while taking a quiz.

**VERY IMPORTANT NOTE:** If, for whatever reason, you are unable to lease or purchase your required textbook (your own copy) AND HAVE IT IN YOUR POSSESSION before the first day of class, you will need to drop this course and take it during a term when you will be able to have the textbook at the start of the semester.

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You are expected to have the textbook on the first day of class, and you will be using it immediately.

## **Course Description**

This is a developmental psychology course that examines changes from conception through adolescence. It includes physical, cognitive, and socioemotional changes that help to shape our lives during this time period. Topics include the importance of the prenatal environment on development, formation of language, and self-esteem and identity.

Throughout the course, you should keep several major questions in mind:

1. What is development, and how can it be measured?
2. What are guiding theories, themes, and principles in the field of developmental psychology?
3. How are these principles applied in extant research?
4. How do social and biological factors jointly influence development?
5. What key theoretical and methodological issues need to be taken into account when designing developmental studies?

## **Student Learning Outcomes**

Students will be able to discuss:

1. Theories of individual development and transitions from conception through adolescence (including cognitive, emotional, social, physical)
2. Theories of family development and transitions
3. Theories of learning and personality development
4. Human behavior including an understanding of developmental crises, disability, exceptional behavior, addictive behavior, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior
5. Strategies for facilitating optimum development
6. Ethical and legal considerations related to human growth and development.

## **COURSE REQUIREMENTS**

### **Research Participation:**

A goal of this class is to help you become familiar with psychological research. One way to obtain this goal is to have you participate in research studies. Participating in research studies contributes to students and faculty at East Texas A&M, your understanding of how research is conducted, and human knowledge in general. All students in this class will be required to participate in the psychology department's

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participant pool or complete alternative assignments (see me for more information on alternative assignments).

**Students must complete a total of 6 experiment credits. However, if you complete your first 4 experiment credits without any “no-shows” you will receive 2 free *punctual participant credits*.** In other words, if you show up to your experiments on time you will only need to complete 4 experiment credits. When you first sign into the experiment management system (EMS) you will be asked to take a prescreen. The prescreen takes about 20 minutes to complete. If you complete the prescreen in the first two weeks of the semester you will receive ½ free experiment credit. This can be combined with later experiments that are worth ½ credit.

**If you fail to complete this portion of the class your grade will be lowered by one full grade.** In effect, if you have an ‘A’ in the class but fail to complete your research participation (either through participating in research studies, alternative assignments, or a mixture of both) your final grade in the class will be a ‘B.’ More information about participating in research, such as how to log in to the EMS, is given at the end of this syllabus.

### **Minimal Technical Skills Needed**

1. Using the learning managementsystem
2. (D2L)
3. Using Microsoft Word and PowerPoint
4. Using general Internet search engines (i.e. Google.com, Yahoo.com) to locate research related to topics
5. Accessing and using the East Texas A&M University Library electronic databases

### **Instructional Methods**

Your course is delivered to you fully online, using the LMS (MyLeoOnline/D2L/Brightspace) instructional system that is available to you through East Texas A&M University. There are no on-campus meetings of this class. “LMS” refers to learning management system, and the names “MyLeoOnline”, “D2L”, and “Brightspace” are all names that refer to the one online learning management system that ETAMU is currently using for all web-based courses. In this syllabus, sometimes you will see the LMS referred to as MyLeoOnline, and sometimes it will be referred to as D2L or Brightspace or your LMS website.

### **Student Responsibilities or Tips for Success in the Course**

**This is not a self-paced course.** There is a very specific and scheduled format that you will follow for the course. All assignments and quizzes are to be completed according to the posted schedule. **You are required to complete all assignments, quizzes, and other course requirements.** You may not skip any assignments. **Assignments that are submitted past the deadline dates that are listed in the D2L topic assignment guidelines will not be graded.**

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**You will need to sign online daily to check your campus email.  
You will need to sign onto your PSY 319 D2L website almost every day to work on this course.**

All class components are completed online on our course website, or via email with other students and the instructor. There are no face-to-face class sessions, nor are students required to go to one of our campuses. Students are required to have access to a computer with internet access and email, and are required to have in their possession at all times the course textbook (purchase or lease).

## **GRADING**

Final grades in this course will be based on the following scale:

- A = 90%-100%
- B = 80%-89%
- C = 70%-79%
- D = 60%-69%
- F = 59% or Below

<b>Category</b>	<b>Quantity</b>	<b>Points Each</b>	<b>Total Points</b>	<b>Percentage</b>
Discussions	7	25	175	23.3%
Quizzes	10	25	250	33.3%
Exams	3	100	300	40%
Research Participation	—	—	25	3.3%
<b>Total</b>	—	—	<b>750</b>	<b>100%</b>

## **Assessments**

### **QUIZZES**

It is helpful for you to read the assigned chapters in the textbook before class. To “encourage” that behavior, you will be required to complete online quizzes. These will be available on D2L and will cover the *readings assigned for that week*. There will be a total of 10 quizzes. **Each quiz is open for 24 hours on the day that they are due, typically once a week. The quizzes open at 12:00 am CT and are due at 11:59 pm CT on the due date (see topic schedule). No makeup quizzes will be allowed.**

### **EXAMS**

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There will be three non-cumulative exams. Exams will consist of multiple-choice questions over the textbook and assigned readings. **Exams are open for 24 hours on the day that they are due. The exams open at 12:00 am CT and are due at 11:59 pm CT on the due date (see topic schedule). No makeup exams will be allowed.**

### **RESEARCH PARTICIPATION**

Students must complete a total of 6 experiment credits. However, if you complete your first 4 experiment credits without any “no-shows,” you will receive 2 free punctual participant credits. In other words, if you show up to your experiments on time, you will only need to complete 4 experiment credits.

### **DISCUSSION POSTS**

There will be 7 discussion posts. Discussion posts will be submitted under “Discussions” in D2L. This means you will be able to read and comment on other students’ essays. You are required to comment on at least two peer responses.

Posts must demonstrate that the student has reviewed, understood, and contemplated the material from the chapter and other assigned readings. You may include information from other chapters and outside knowledge, but it must be cited appropriately. If the discussion post contains multiple parts, be sure to address each. **All Discussion posts are due at 11:59 pm CT on the Sunday of the week it is due (see topic schedule).**

## **TECHNOLOGY REQUIREMENTS**

### **LMS**

All course sections offered by East Texas A&M have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

[https://documentation.brightspace.com/EN/brightspace/requirements/all/browser\\_support.htm](https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm)

Zoom Video Conferencing Tool

[https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom\\_Account.aspx?source=universalmenu](https://inside.tamuc.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu)

## **ACCESS AND NAVIGATION**

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

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**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a East Texas A&M campus open computer lab, etc.

#### Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

## COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your instructor.

### Interaction with Instructor Statement

I am here to support you. If you would like to set up a Zoom meeting, please email me to schedule a time. My normal email response time is 24 hours, but it may take up to 48 hours. If you do not hear back from me within 2 business days, please email me again in case I did not receive your message.

## COURSE AND UNIVERSITY PROCEDURES/POLICIES

### Course Specific Procedures/Policies

#### EMAIL POLICY

##### Scheduling & Email Guidelines:

Email is the best way to schedule an appointment. We'll set a time convenient for both of us. If you don't get a reply within 48 weekday hours, your email likely wasn't received.

##### Email Requirements:

- Subject line: Course & section # (e.g., PSY 319-02W) + topic if desired.
- Greeting: "Dr. Phillips..."
- Use proper grammar: avoid acronyms/text-style writing.

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- Ask specific, well-thought-out questions. If requesting help, state what steps you've taken (e.g., checked syllabus/rubrics/D2L, asked a classmate, reviewed textbook).
- End with your name & CWID.
- Use your University Leomail account.

### **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

### **University Specific Procedures**

#### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct can be found at <https://www.tamuc.edu/student-code-of-conduct/>.

If you believe someone has engaged in behaviors that do not align with the Code of Student Conduct or you have other concerns, please visit the File a Report page at <https://www.tamuc.edu/office-of-student-rights-and-responsibilities/concerns-incident-reporting/>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:  
<https://www.britannica.com/topic/netiquette>

#### **Academic Integrity**

Students at East Texas A&M are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate student academic dishonesty policy  
[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

Undergraduate student academic dishonesty policy  
[Undergraduate Student Academic Dishonesty Form](#)

Graduate student academic dishonesty policy:  
<https://inside.tamuc.edu/aboutus/policiesproceduresstandardsstatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

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Graduate student academic dishonesty form:

<https://inside.tamuc.edu/academics/graduateSchool/faculty/GraduateStudentAcademicDishonestyForm.pdf>

### **East Texas A&M Attendance**

For more information about the attendance policy please visit the [Attendance](#) webpage.

### **Artificial Intelligence**

East Texas A&M acknowledges that there are legitimate uses of Artificial Intelligence, Chatbots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

### **Students with Disabilities-- ADA Statement**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Services  
Velma K. Waters Library- Room 162

**Phone (903) 886-5930**

Fax (903) 468-8148

Email: [StudentDisabilityServices@tamuc.edu](mailto:StudentDisabilityServices@tamuc.edu)

**Website:** <http://inside.tamuc.edu/campuslife/campusServices/StudentDisabilityServices/default.aspx>

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## **Mental Health and Well-Being**

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



## **East Texas A&M Supports Students' Mental Health**

The Counseling Center at East Texas A&M, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

## **Nondiscrimination Notice**

East Texas A&M will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

## **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

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Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

## Department or Accrediting Agency Required Content

### COURSE OUTLINE / CALENDAR

Week	Dates	Readings	Assignments
<b>Unit 1: Beginnings</b>			
1	8/25 - 8/31	Chapter 1: Introduction	Quiz 1
2	9/1/- 9/7	Chapter 2: Biological Beginnings	Quiz 2
3	9/8 – 9/14	Chapter 3: Prenatal Development and Birth	<i>Discussion Post 1</i> <b>Exam 1</b>
<b>Unit 2: Infancy</b>			
4	9/15- 9/21	Chapter 4: Physical Development in Infancy	Quiz 3
5	9/22/- 9/28	Chapter 5: Cognitive Development in Infancy	Quiz 4

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6	9/29 - 10/5	Chapter 6: Socioemotional Development in Infancy	Quiz 5 <i>Discussion Post 2</i>
7	10/6- 10/12	Video	<i>Discussion Post 3</i>
<b>Unit 3: Early Childhood</b>			
8	10/13 – 10/19	Chapter 7: Physical and Cognitive Development in Early Childhood	Quiz 6
9	10/20 – 10/26	Chapter 8: Socioemotional Development in Early Childhood	Discussion Post 4 <b>Exam 2</b>
<b>Unit 4: Middle and Late Childhood</b>			
10	10/27 – 11/2	Chapter 9: Physical and Cognitive Development in Middle and Late Childhood	Quiz 7
11	11/3 – 11/ 9	Chapter 10: Socioemotional Development in Middle and Late Childhood	Quiz 8 Discussion Post 5
12	11/10- 11/16	Chapter 11: Physical and Cognitive Development in Adolescence	Quiz 9
<b>Unit 5: Adolescence</b>			
13	11/ 17 – 11/ 23	Chapter 12: Socioemotional Development in Adolescence	Quiz 10 Discussion Post 6
14	11/24 – 11/ 30	Video	Discussion Post 7

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15	12/1 – 12/5	<b>No additional readings</b>	<b>Exam 3 Due 11:59pm on 12/5</b>
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