

Counseling 501: Introduction to the Counseling Profession Course Syllabus: Fall 2025 8/25/25-5/12/12/2025
Web Based

### INSTRUCTOR INFORMATION

**Instructor:** Dr. Elizabeth Malveaux-Hudson

Office Location: Commerce

Office Hours: Monday & Friday: 8:00 AM – 4:00 PM University Email Address: Elizabeth.Hudson@etamu.edu

Preferred Method of Communication: Email

**Communication Response Time:** 24 hours, Monday – Friday

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### **COURSE INFORMATION**

# **Textbook(s) Required:**

Gladding, S. L. (2018). Counseling: A comprehensive profession (8th ed.). Upper Saddle River, NJ: Pearson.

This is PDF

American Counseling Association (2014). 2014 ACA Code of Ethics. Alexandria, VA: Author.

# **Optional Texts and/or Materials:**

American Psychological Association. (2020). *Publication manual of the American Psychological Association*. (7<sup>th</sup> ed.). https://doi.org/10.1037/0000165-000

# **Course Description**

501. Introduction to the Counseling Profession. Three semester hours.

Recommended as the initial course in a student's program to serve as an introduction to the counseling profession. Roles of counselors and related professionals in various settings are presented. Professional goals and objectives; trends; professional associations; ethical and legal issues; history; credentialing; preparation standards for counselors; and essential interviewing and counseling skills, characteristics, and behaviors that influence helping processes are explored.

### **General Course Information**

This course should be taken early in the student's preparation program. This course serves primarily as an orientation to the counseling profession and as a course where students develop basic interviewing and counseling skills and self-awareness that promotes appropriate counselor- client relationships. A grade of "B" or higher must be earned in COUN 501, 510, 528, and 516 for admission to candidacy status (or its equivalent for those seeking school counselor certification only), which is required before practicum (COUN 551).

# Student Learning Outcomes 2016 CACREP Standards Addressed in COUN 501

Masters Standard	Learning Activity	Assignment	Benchmark
<b>2.F.1.a</b> history and philosophy of the counseling profession and its specialty areas	• Reading: Gladding (2018) Ch. 1, App A	Labor Market Information	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.b.</b> the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation	• Reading: Gladding (2018) Ch. 13-18	Interview	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.c.</b> counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams	<ul> <li>Reading: Gladding (2018) Ch. 13-18</li> <li>In-class discussion/debate</li> </ul>	Interview	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.d.</b> the role and process of the professional counselor advocating on behalf of the process	• Reading: Gladding (2018) Ch. 2-3	Advocacy	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.1.e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients	<ul> <li>Reading: Gladding (2018) Ch. 2-3</li> <li>In-class Discussion/Debate</li> </ul>	Professional Counseling Organization	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.f.</b> professional counseling organizations, including membership benefits, activities, services to members, and current issues	<ul> <li>Reading: Gladding (2018) Ch. 1, App A</li> <li>In-class Discussion/Debate</li> </ul>	Professional Counseling Organization	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.g.</b> professional counseling credentialing, including certification, licensure, and	• Reading: Gladding (2018) Ch. 1, App A	PLPC or SC	≥ 80% of average rubric scores will

accreditation practices and standards, and the effects of public policy on these issues	<ul> <li>Selected Readings:         TCA public policy,         ACA public policy     </li> <li>In-Class         Discussion/Debate     </li> </ul>		either meet (2) or exceed (3) expectation
<b>2.F.1.h.</b> current labor market information relevant to opportunities for practice within the counseling profession	<ul> <li>Reading: Gladding (2018) Ch. 1, App A</li> <li>In-Class Discussion/Debate</li> </ul>	Labor Market Information	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.i.</b> ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling		Informed Consent	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.j.</b> technology's impact on the counseling profession	(2018) (h 2 Ann A	Informed Consent	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.k.</b> strategies for personal and professional self-evaluation and implications for practice		Self-Care	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.l.</b> self-care strategies appropriate to the counselor role		Self-Care	≥80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.1.m.</b> the role of counseling supervision in the profession	• A(A(ode of Hithics	Informed Consent	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
2.F.5.a. theories and models of counseling	• Reading: Gladding (2018) Ch. 7-8	Interview	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation
<b>2.F.5. c.</b> theories, models, and strategies for understanding and practicing consultation	• Reading: Gladding (2018) Ch. 10	Interview	≥ 80% of average rubric scores will either meet (2) or exceed (3) expectation

<b>2.F.5.f.</b> counselor characteristics and behaviors that influence the counseling process	<ul> <li>Reading: Gladding</li> </ul>	Informed Consent	≥80% of average rubric scores will either meet (2) or
that influence the counseling process		Interview	exceed (3)
		interview	expectation

# Content Areas include, but are not limited to, the following:

- 1. History of the counseling profession
- 2. Professional advocacy
- 3. Professional organizations
- 4. Counselor characteristics
- 5. Counseling settings
- 6. Counseling ethics
- 7. Legal issues in counseling
- 8. Tasks, skills, and knowledge related to counseling
- 9. Counseling specialties
- 10. Counseling-related occupations

### **TEXES COMPETENCIES**

# **Competency 010 (Professionalism)**

The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

# **COURSE REQUIREMENTS**

### **Minimal Technical Skills Needed**

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will also need to download the Zoom application to your personal computer or smart phone in order to access office hours and other virtual meetings. To complete assignments, you will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

# **Instructional Methods**

This course consists of lecture and didactic learning methods, small group discussions, and in- class assignments, coupled with experiential learning and practical application. When we are not meeting face-to-face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

# Student Responsibilities and Tips for Success in the Course

As a student in this course, you are responsible for being active in your learning process. Expectations of this course include the following:

- 1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
- 2. Prepare for classes. Complete any and all readings prior to class time.
- 3. Complete all assignments by the deadline.
- 4. Adhere to the university's Student Code of Conduct.
- 5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
- 6. Writing style APA 7<sup>th</sup> edition (refer assignment guidelines)
- 7. Regularly check your university email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
- 8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
- 9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
- 10. Be open to the process. This degree takes time, work, effort, and growth.

# COURSE ASSIGNMENTS/ASSESSMENTS

1. Counseling Licensure/Certification (10 points). Please review: <a href="https://www.bhec.texas.gov/texas-state-board-of-examiners-of-professional-counselors/index.html">https://www.bhec.texas.gov/texas-state-board-of-examiners-of-professional-counselors/index.html</a>

https://tea.texas.gov/academics/learning-support-and-programs/school-guidance-and-counseling

Provide an outline/overview of licensure/credential requirements (depending on whether you wish to become an LPC or certified school counselor). If you are planning to move out of state, view that state's licensing board information. Include the following:

- Licensure/credential name (e.g., LPC)
- Educational requirements (including CACREP accreditation standards)
- Testing requirements
- Supervision requirements
- Application process
- Continuing education requirements (after full license is obtained)
- Any other requirements necessary to obtain that license/credential.
- 2. **Professional Counseling Organizations (10 points)**. Choose one professional counseling organization (e.g., ACA, TCA, ASCA, IAMFC, ALGBTIC/SAIGE, etc.) that you are interested in joining and review their website in detail. Provide an overview of the following:
  - Name of organization
  - Rationale behind selecting (refer mission and vision statements)
  - Membership benefits (fee, newsletter, webinar, continuation education credits)
  - Upcoming conference information (fee, dates, theme, location)

- Any other information you find interesting

*Note*: If you have a specific interest (e.g., research, advocacy, suicide, play therapy, adolescents, etc.) and are unsure where to find an organization, please ask me! There is undoubtedly an organization that will fit your interests.

3. Current Labor Market Information (10 points). Go to the following websites:

https://www.bls.gov/ooh

https://www.counseling.org

https://txca.org

https://www.onetonline.org

Note: Review other pages as well

Review these websites with a peer and search for areas and/or keywords such as "jobs, careers, counseling, different specialty areas of counseling." Give a one-page summary reflection on what you learned after your investigation. This summary may reflect on areas such as what counselors do, environments they may work in, educational requirements, pay expectations, outlook, state/national data, job posting information, required skills, etc.

You will want to include both a short summary and a reflection of your exploration. The purpose of this assignment is to learn more about the current labor market relevant to the counseling profession and how this might affect your job outlook.

- 4. **Informed Consent (20 points)**. For this portion of the PIDP, you will develop an informed consent form that can be used in counseling sessions. The purpose of this assignment is to gain knowledge in ethics and legal issues. You will utilize the 2014 ACA code of ethics (<a href="https://www.counseling.org/resources/aca-code-of-ethics.pdf">https://www.counseling.org/resources/aca-code-of-ethics.pdf</a>). Use your textbook and the online library for resources (you can find examples of informed consents in counseling online and through the TAMUC library database). Read the ACA code of Ethics (2014) to identify what needs to be included in the informed consent form.
- 5. **Self-Care and Self-Evaluation Plan (10 points)**. Students will start this activity in class with a peer/ two; students will be introduced to a card sort activity. Through this activity the students will focus on one particular self-care/wellness dimension. The students will implement SMART goal to plan and evaluate the selected activity with peer. The students are encouraged to follow the activity for 15 weeks a write a two-page reflection paper addressing the following, what self-care means to you? What was the activity? How was the experience? What was challenging? What are some strengths? Other additional reflection can be added.

# 6. Interview Show and Tell (10 points)

Interview a counselor or school counselor; example questions will be discussed in class. The focus of this assignment is to help get an understanding from a practicing professional. Note: time is important so keep your interview under 30 minutes. You can also do this online or face to face.

- 1. Write a two-page reflection paper, expressing the purpose of your questions, what you learnt from the interaction, what is your overall emotions/thoughts from this activity, and what are some questions you still have.
- 2. In the class you will be given time to share your experiences among peers.

- 7. Advocacy Proposal with a peer/ two (20 points). The purpose of this advocacy proposal is for you to develop a plan for an advocacy project that will promote and enhance the counseling field and address institutional/social barriers that impede access, equity, and success for clients. Your proposal should include the following headings and discussion points:
  - Purpose of your advocacy proposal, including who will be affected by your advocacy
  - Rationale for your advocacy area, including support from counseling literature (cite professional resources, textbooks, journal articles, etc.)
  - Description of what the advocacy actually entails, including any activities or actions to be taken on your behalf
  - Intended outcome of your advocacy proposal, including how this promotes or enhances the counseling field and addresses the barriers stated above
  - APA required

### **RUBRIC**

	1 – Does Not Meet Expectation *If total is 10 (0-7) *If total is 20 (0-15)	2 – Meets Expectation *If total is 10 (8) *If total is 20 (16-17)	3 – Exceeds Expectation *If total is 10 (9-10) *If total is 20 (18-20)
Counseling Licensure/Certification (10 points)	Provides some details necessary but is missing many criteria.  Descriptions are unclear and may be incorrect.  Student has a lack of understanding of information related to counseling licensure/certification, continuing education, and supervision.	clarity but mostly there. Student has a	Provides all details necessary for each criterion. No missing criteria. Descriptions are clear and comprehensive. Student clearly understands information related to counseling licensure/certification, continuing education, and supervision.
Professional Counseling Organizations (10 points)	Provides some details necessary but is missing many criteria.  Descriptions are unclear and may be incorrect.  Student has a lack of understanding of information related to the chosen professional counseling organization.	Provides most details necessary for each criterion with a few missing criteria.  Descriptions lack some clarity but mostly there. Student has a basic understanding of information related to the chosen professional	Provides all details necessary for each criterion listed. Descriptions are clear and comprehensive. Student clearly understands information related to the chosen professional counseling organization.

		counseling organization.	
Current Labor Market Information (10 points)	Provides some details necessary but is missing many criteria.  Descriptions are basic, unclear, or may be incorrect. Student has a lack of understanding of the current labor market in counseling.	Provides some detail but only includes either a summary of information OR reflection on how this would affect your job outlook. Descriptions lack some clarity but mostly there. Student has a basic understanding of the current labor market in counseling.	both summary of information and reflection on how this would affect your job outlook. Descriptions are clear and comprehensive. Student clearly understands the current
Informed Consent (20 points)	Has many missing details and/or is presented in a disorganized way. Missing many necessary components of an informed consent. Does not demonstrate a basic understanding of ethical codes	Provides most of the necessary information but may be missing some details or presented in an incomplete way. Sufficiently provides the necessary components of an informed consent. Demonstrates a basic understanding of ethical codes.	Provides all the necessary information in a thorough and thoughtful way. No incorrect information and no missing details. Clearly provides the necessary components of an informed consent. Demonstrates an exceptional understanding of ethical codes.
Self-Care and Self- Evaluation Plan (10 points)	Self-care and self- evaluation plan do not sufficiently provide the necessary components and/or may be missing many components or lacks details/lacks thorough discussion. Plan does not demonstrate a sufficient understanding of counselor self-care and counselor self-evaluation.	Self-care and self- evaluation plan sufficiently provide the necessary components but may be missing some components or lacks details/lacks thorough discussion. Plan demonstrates a sufficient understanding of counselor self-care and counselor self- evaluation.	Self-care and self- evaluation plan clearly provide the necessary components described in detail. Plan demonstrates an exceptional understanding of counselor self-care and counselor self- evaluation.

Interview Show and Tell (10 points)	Missed to address few of the following with less description: the purpose of your questions, what you learnt from the interaction, what is your overall emotions/thoughts from this activity, and what are some questions you still have. Class participation inadequate.	learnt from the	Addressed the following with detail: the purpose of your questions, what you learnt from the interaction, what is your overall emotions/thoughts from this activity, and what are some questions you still have. Used minimum of two pages, classroom participation.
Advocacy Proposal with a peer (20 points)	Has missing sections: the purpose of the project, describing the population, rationale, referred recent literature, action plan, intended outcomes followed by how this project connects with counselors in the community. APA writing and formatting is minimum or not followed. The advocacy proposal project was not shared equally among peers.	Missing details the purpose of the project, describing the population, rationale, referred recent literature, action plan, intended outcomes followed by how this project connects with counselors in the community. APA writing and formatting to the minimum. The advocacy proposal project was not shared equally among peers.	Illustrated in detail the purpose of the project, describing the population, rationale, referred recent literature, action plan, intended outcomes followed by how this project connects with counselors in the community. APA writing and formatting, the advocacy proposal project was shared equally among peers.

# **GRADING**

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80% - 89%

C = 70%-79%

D = 60% - 69%

F = 59% or Below

### **TECHNOLOGY REQUIREMENTS**

# **Browser support**

D2L is committed to performing key application testing when new browser versions are released. New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed. A maintenance browser becomes officially unsupported after one year.

# Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

# **Desktop Support**

Browser	Supported Browser Version(s)	Maintenance Browser Version(s)
Microsoft® Edge	Latest	N/A
Microsoft® Internet Explorer®	N/A	11
Mozilla® Firefox®	Latest, ESR	N/A
Google® Chrome <sup>TM</sup>	Latest	N/A
Apple® Safari®	Latest	N/A

### **Tablet and Mobile Support**

Device	Operating System	Browser	Supported Browser Version(s)
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Android™	Android 4.4+	Chrome	Latest
Apple	iOS®	Safari, Chrome	The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version. Chrome: Latest version for the iOS browser.
Windows	Windows 10	Edge, Chrome, Firefox	Latest of all browsers, and Firefox ESR.

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:
  - o 512 MB of RAM, 1 GB or more preferred
  - o Broadband connection required courses are heavily video intensive
  - Video display capable of high-color 16-bit display 1024 x 768 or higher resolution
- For YouSeeU Sync Meeting sessions <u>8 Mbps</u> is required. Additional system requirements found here: <a href="https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements">https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements</a>
- You must have a:
  - o Sound card, which is usually integrated into your desktop or laptop computer
  - o Speakers or headphones.
  - \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: <u>JAVA web site</u> <a href="http://www.java.com/en/download/manual.jsp">http://www.java.com/en/download/manual.jsp</a>
- Current anti-virus software must be installed and kept up to date. Running the browser check will ensure your internet browser is supported.

Pop-ups are allowed.

JavaScript is enabled.

Cookies are enabled.

- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - o Adobe Reader https://get.adobe.com/reader/
  - o Adobe Flash Player (version 17 or later) https://get.adobe.com/flashplayer/
  - o Adobe Shockwave Player https://get.adobe.com/shockwave/
  - o Apple Quick Time http://www.apple.com/quicktime/download/
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

# **ACCESS AND NAVIGATION**

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@tamuc.edu.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

# **COMMUNICATION AND SUPPORT**

# Brightspace Support Need Help? Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

# **Technical Support**

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words "click here" to submit an issue via email.



# **System Maintenance**

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

### **Interaction with Instructor Statement**

# [Example]

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.

### COURSE AND UNIVERSITY PROCEDURES/POLICIES

# **Course Specific Procedures/Policies**

Written assignments are due on the day noted in the syllabus. All papers are due at the beginning of the class period. Late papers will have 10% deduction per day late from the final score.

# **Syllabus Change Policy**

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

# **University Specific Procedures**

### **Student Conduct**

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the <a href="Student Guidebook">Student Guidebook</a>.

 $\underline{\text{http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.as}}\\ \underline{\text{px}}$ 

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: Netiquette <a href="http://www.albion.com/netiquette/corerules.html">http://www.albion.com/netiquette/corerules.html</a>

### **TAMUC Attendance**

For more information about the attendance policy please visit the <u>Attendance</u> webpage and <u>Procedure 13.99.99.R0.01</u>.

http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

### **Academic Integrity**

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

# Undergraduate Academic Dishonesty 13.99.99.R0.03

 $\frac{http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf}$ 

Graduate Student Academic Dishonesty 13.99.99.R0.10

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10GraduateStudentAcademicDishonesty.pdf

#### **ADA Statement**

### **Students with Disabilities**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

# Office of Student Disability Resources and Services

Texas A&M University-Commerce Gee Library- Room 162 Phone (903) 886-5150 or (903) 886-5835 Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: Office of Student Disability Resources and Services

http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the <u>Carrying Concealed Handguns On Campus</u> document and/or consult your event organizer.

### Web url:

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34Safet yOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### COURSE OUTLINE / CALENDAR

### Notes:

- 1. Course Assignments issues will be discussed during every class session;
- 2. An option (and not a requirement) if you have a laptop, please bring it with you to every class session;
- 3. The agenda outline is tentative and subject to change.

### **COURSE OUTLINE / CALENDAR**

Readings will be posted in D2L for extra reading Reading the text is encouraged on your own phase

Date	Topic	Assignment Due Date
Week 1: 8/29	Course Overview/Syllabus Introduction Personal and Professional aspects of Counseling	
Week 2: 9/8	History, advocacy, professional organizations, characteristics of a counselor and setting	
Week 3: 9/12	Zoom Class-Guest Lecture  Credentialing &Professional organizations Self-Care activity	
Week 4: 9/19	Counseling in a Multicultural and Diverse Society	Professional Counseling Organizations <b>Sep 19</b> <sup>th</sup>

Week 5: 9/26	Zoom Class- Guest Lecture	
	Ethics, Advocacy, and social justice	

Week 6: 10/3	Personal and Professional aspects of Counseling Working in and Closing a Counseling Relationship	Informed Consent Oct 3 <sup>rd</sup>
Week 7: 10/10	Counseling Theories	READING ONLINE
Week 8: 10/17	Consultation and Supervision	
Week 9: 10/24	Zoom Class-Interview Show and Tell Self-Care Checking in	
Week 10: 10/31	Zoom Class-Guest Speaker  Clinical Mental Health and Private Practice	Interview Show and Tell: Reflection Oct 30 <sup>th</sup>
Week 11: 11/7	Career Counseling College Counseling and Student Life Services	READING ONLINE
Week 12: 11/14	Couple and Family Therapy Professional School Counselor	Labor Market Nov 13 <sup>th</sup> Counselor Licensure/Certification Nov 13 <sup>th</sup>
Week 13: 11/21	Abuse, Addictions, Disability and Counseling	READING ONLINE
Week 14: 11/28	Groups in Counseling	
Week 15: 12/5	Evaluation and Research Testing, Assessment, and Diagnosis	
Week 16: 12/12	Finals Week: No class	Advocacy Paper Dec 12 <sup>th</sup> Self-Care Paper Dec 12 <sup>th</sup>

