# NUTR, 310, 01E, COMMUNITY NUTRITION

COURSE SYLLABUS: FALL 2025
TR: 2-3:15; NHS 161

## INSTRUCTOR INFORMATION

Instructor: Kaylie Campbell, MS, RDN, CSSD, LD
Office Location: NHS 134
Office Hours: M: 11-12; TR 10:30-12:30
Office Phone: 903-866-5549
University Email Address: kaylie.campbell@etamu.edu
Preferred Form of Communication**: Email**
Communication Response Time: 24-48 hours

## COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required: Boyle, MA (2022). Community Nutrition in Action; an Entrepreneurial Approach, 8th edition. Wadsworth/Cengage.

## Course Description

Identification of nutritional problems and resources available in the community. Management of nutrition services, provision of nutrition information/education to the public, and the legislative process.

## Student Learning Outcomes (Should be measurable; observable; use action verbs)

1. Explain the characteristics, functions and processes of a community and identify the role of nutrition in health promotion.
2. Describe the objectives of community nutrition programs.
3. List the goals of a community assessment and describe the different methods for assessing nutritional status and health in the community.
4. Describe the legislative and regulatory processes and ways they influence policy,
5. Describe the processes in designing, implementing and evaluating a community nutrition program.

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# COURSE REQUIREMENTS

## Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word, PowerPoint, and Excel, using university email, and using Google Docs / Slides.

## Instructional Methods

We will review the role of nutrition in the community, public policy's impact on nutrition programs and the program planning process. Activities include discussions of timely topics, application of knowledge through quizzes and exams, and a project planning a community nutrition program

## Student Responsibilities or Tips for Success in the Course

This is a college level course requiring students to be disciplined, self-motivated, and good managers of their time. This 3-hour credit course and can require up to 9 hours of commitment each week. Some weeks may require less. Time will be spent reading course materials and actively participating in lab activities. It is expected that you read the material we are covering in class that day prior to arriving so you are prepared and ready to discuss in class.

- Stay up-to-date with announcements and content of the course via D2L. I recommend downloading the pulse app or turning on notifications for any courses updates/changes.
- Read the textbook and others course materials as assigned.
- Demonstrate knowledge of material covered in class through assignments, discussion and in class participation.
- Complete assignments and exams on scheduled dates and time deadlines.
- Use critical thinking skills by independently gathering information and then developing your own opinion.

**Late Assignments**
Please see syllabus for due dates on all assignments. **Late assignments will lose one letter grade (10%) per day late.** One day begins at Midnight (12AM) and continues to 11:59PM.( For example: if the assignment is due Sunday at 11:59PM and you turn it in at 12:01AM Monday morning it will be deducted 10%; if you turn it in Tuesday it will be deducted 20%). Highly recommended that students do not wait until the last minute to complete assignments, discussion boards or exams. Communication is important! If you have questions, concerns, are struggling with understanding material, will be missing class, etc. please notify the instructor.

# GRADING

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Final grades in this course will be based on the following scale:

A = 90%-100%
B = 80%-89%
C = 70%-79%
D = 60%-69%
F = 59% or Below

Total points corresponding to the final letter grades
A = 690- 750 Points
B = 630- 689  Points
C = 570- 629 Points
D = 510- 569 Points
F = <510 Points

# Assessments

**Community Assessment Paper (100 points)**
     Complete a community needs assessment utilizing a survey or through data already collected through other agencies. You will select a population of interest and write a paper summarizing your findings following the needs assessment steps we cover in class.

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 1.3 Apply critical thinking skills.

**Community Program Plan (200 points)**
     Create and develop a nutrition education program plan that could be implemented in the community. The plan will be based on the needs assessment done on your selected population and summarized in your community assessment paper. Groups will then present their presentation in class or if able to their selected community.

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

KRDN 3.2 Develop an educational session or program/educational strategy for a target population.

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KRDN 5.4 Practice resolving differences or dealing with conflict.

KRDN 5.5 Promote team involvement and recognize the skills of each member.

**Quizzes and Discussions (100 points)**
        You will complete chapter quizzes throughout the semester covering material discussed in class and through chapter readings. Discussions completed during class activities will count for participation points.

KRDN 2.3 Assess the impact of a public policy position on nutrition and dietetics profession.

KRDN 2.4 Discuss the impact of health care policy and different health care delivery systems on food and nutrition services.

KRDN 2.7 Describe contributing factors to health inequity in nutrition and dietetics including structural bias, social inequities, health disparities and discrimination.

**Community Volunteer Hours (100 points)**

KRDN 2.6 Demonstrate cultural humility, awareness of personal biases and an understanding of cultural differences as they contribute to diversity, equity and inclusion.

**Executive Summary (50 points)**

**Policy Letter (50 points)**

KRDN 2.9 Defend a position on issues impacting the nutrition and dietetics profession.

**Mid-Term (75 points)**
        Exam over material covered in the first half of the semester.
**Final Exam (75 points)**
        Exam over material covered in the second half of the semester.

# TECHNOLOGY REQUIREMENTS

## LMS

All course sections offered by East Texas A&M have a corresponding course shell in the myLeo Online Learning Management System (LMS).  Below are technical requirements

LMS Requirements:
https://community.brightspace.com/s/article/Brightspace-Platform-Requirements

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LMS Browser Support:
https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:
https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements

# ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a ETAMU campus open computer lab, etc.

# COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

## Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

https://community.brightspace.com/support/s/contactsupport

## Interaction with Instructor Statement

Students can expect a response to email messages and/or phone calls within 24-48 hours from the time that your communication was sent. Communication may be slower on weekends and can expect a response by the next business day. All assignments will be graded and grades posted in a timely manner. Office hours are posted in office (NHS 134) window.

# COURSE AND UNIVERSITY PROCEDURES/POLICIES

## Course Specific Procedures/Policies

Electronic Devices & Acceptable Use Policy: Research indicates student performance is significantly (negatively) correlated with cell phone use. The active use of cellular

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phones or other electronic devices is distracting to your own learning, your classmates, and the professor. It is also considered extremely disrespectful and unprofessional in a classroom or work setting. Cell phones should be silenced and put away upon entry into the classroom. (This means out of reach, like in your backpack or off your desk; NOT in your lap, pocket, purse, or other place where you try to hide its' use.) Excessive texting in the classroom will NOT be tolerated.

Religious observations: Any student in this course who plans to observe a religious holiday which conflicts in any way with the course schedule or requirements should contact the instructor at the beginning of the semester to discuss alternative accommodations.

## Syllabus Change Policy

The syllabus is a guide.  Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester.  Any changes made to the syllabus will be announced in advance.

## University Specific Procedures

### Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.  The Code of Student Conduct is described in detail in the Student Guidebook. http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: https://www.britannica.com/topic/netiquette

### ETAMU Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01. http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx

http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf

### Academic Integrity

Students at East Texas A&M are expected to maintain high standards of integrity and honesty in all of their scholastic work.  For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03

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[Undergraduate Student Academic Dishonesty Form](http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf)

[http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf](http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf)

[Graduate Student Academic Dishonesty Form](http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf)

[http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf](http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf)

[http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf](http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf)

East Texas A&M acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

## Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

**Office of Student Disability Resources and Services**
East Texas A&M University
Velma K. Waters Library Rm 162
Phone (903) 886-5150 or (903) 886-5835
Fax (903) 468-8148
Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)
Website: [Office of Student Disability Resources and Services](http://www.tamuc.edu)

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## Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

## Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the Carrying Concealed Handguns On Campus document and/or consult your event organizer.

Web url:
http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

## East Texas A&M Supports Students' Mental Health

**Mental Health and Well-Being**
The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



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# Department or Accrediting Agency Required Content

## COURSE OUTLINE / CALENDAR

| Week | Date | Chapter | Assignment Due<br>All Assignments below are due by 11:59PM CST on the dates below! |
|---|---|---|---|
| 1 | 8/26<br>8/28 | Course Orientation<br>Opportunities in Community Nutrition | |
| 2 | 9/2<br>9/4 | Principles in Epidemiology | **Quiz 1** |
| 3 | 9/9<br>9/11 | National Nutrition Agenda for the Public's Health<br>Addressing the Obesity Epidemic | |
| 4 | 9/16<br>9/18 | The Art and Science of Policymaking<br>Health-Care Systems and Policy | **Quiz 2**<br>**Policy Letter** |
| 5 | 9/23<br>9/25 | Community Needs Assessment | |
| 6 | 9/30<br>10/2 | Program Planning for Success | |
| 7 | 10/7<br>10/9 | Program Planning for Success | **Quiz 3** |
| 8 | 10/14<br>10/16 | Understanding and Achieving Behavior Change<br>Principles of Nutrition Education<br><br>**Mid-Term Exam** | **Community Needs Assessment** |
| 9 | 10/21<br>10/23 | Marketing Nutrition and Health Promotion<br>Managing Community Nutrition Programs | **Quiz 4** |
| 10 | 10/28<br>10/30 | Building Grantsmanship Skills | |

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|---|---|---|---|
| 11 | 11/4<br>11/6 | Food Insecurity and the Food Assistance Programs | |
| 12 | 11/11<br>11/13 | Global Food and Nutrition Security | **Quiz 5**<br>**Executive Summary** |
| 13 | 11/18<br>11/20 | Mothers and Infants | |
| 14 | 11/25 | Children and Adolescents | **Community Nutrition Program Plan** |
| 15 | 12/2<br>12/4 | Healthy Aging | **Quiz 6**<br>**Volunteer Hours** |
| 16 | **12/9** | **Final Exam @ 1:15PM** | |

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