



NUTR, 205, 01B, ORIENTATION TO DIETETICS PROFESSION

COURSE SYLLABUS: FALL 2025

M 12:00PM; NHS 103

INSTRUCTOR INFORMATION

Instructor: Kaylie Campbell, MS, RDN, CSSD, LD
Office Location: NHS 134
Office Hours: M: 11-12; TR 10:30-12:30
Office Phone: 903-866-5549
University Email Address: kaylie.campbell@etamu.edu
Preferred Form of Communication: **Email**
Communication Response Time: 24-48 hours

COURSE INFORMATION

Materials – Textbooks, Readings, Supplementary Readings

Textbook(s) Required: Canter, D., & DeYoung-Daniels, R. The Profession of Dietetics, (7th ed.). Burlington, MA: Jones and Bartlett Learning, 2021

Optional Texts and/or Materials: any additional reading materials will be provided the instructor via D2L.

Course Description

Introduction to the field of dietetics including history of the profession, education, preparation, roles and responsibilities of dietetic practitioners, exploration of practice settings, ethics of professional conduct, professionalism, evidence-based practice, and internship program requirements.

Student Learning Outcomes (Should be measurable; observable; use action verbs)

1. Understand the skills required of nutrition, dietetics and foodservice management professionals.

The syllabus/schedule are subject to change.

2. Describe the academic and field experience requirements/pathways of nutrition, dietetics and foodservice management professionals.
3. Exhibit professional behaviors and explain the ethical responsibilities of nutrition professionals in the field.
4. Demonstrate ability to use and navigate current technologies and resources for career insight
5. Development of a personal portfolio.

COURSE REQUIREMENTS

Minimal Technical Skills Needed

Using the learning management system, using Microsoft Word, PowerPoint, and Excel, using university email, and using Google Docs / Slides.

Instructional Methods

Combination of in-person lecture, class discussion covering the dietetics profession and online assignments. Students will complete career research and assignments outside of class time assigned via D2L.

Student Responsibilities or Tips for Success in the Course

- Stay up-to-date with announcements and content of the course via D2L. I recommend downloading the pulse app or turning on notifications for any courses updates/changes.
- Read the textbook and others course materials as assigned.
- Demonstrate knowledge of material covered in class through assignments, discussion and in class participation.
- Complete assignments and exams on scheduled dates and time deadlines.
- Use critical thinking skills by independently gathering information and then developing your own opinion.

Late Assignments

Please see syllabus for due dates on all assignments. **Late assignments will lose one letter grade (10%) per day late.** One day begins at Midnight (12AM) and continues to 11:59PM.(For example: if the assignment is due Sunday at 11:59PM and you turn it in at 12:01AM Monday morning it will be deducted 10%; if you turn it in Tuesday it will be deducted 20%). Highly recommended that students do not wait until the last minute to complete assignments, discussion boards or exams. Communication is important! If you have questions, concerns, are struggling with understanding material, will be missing class, etc. please notify the instructor.

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GRADING

Final grades in this course will be based on the following scale:

A = 90%-100%

B = 80%-89%

C = 70%-79%

D = 60%-69%

F = 59% or Below

Student Portfolio	200
Cover Letter & Resume	100
Quizzes/Comprehensive Exam	150
<u>Other Assignments/Activities</u>	<u>300</u>
Total Points	750

Student's academic progress will be evaluated by the following assignments.

Assessments

Student Portfolio (200 Points)

Instructions to complete this assignment will be provided on D2L. This is a compilation of all of the work done during the semester, and will be a fluid document to use throughout the Nutrition program. PLEASE TURN IN your revisions in this portfolio.

Cover Letter & Resume (100 points)

Cover Letters are meant to be "mock" versions for fictional jobs, unless a real situation exists for which students wish to write. The objective is to provide a personal template for students to have on file (in their portfolio) to use to assist with future situations requiring a Cover Letter or Resume

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

Comprehensive Exam (100 points)

Students will take one exam at the end of the semester covering the various topics discussed throughout the semester such as the profession, code of ethics, standards of practice, education requirements, etc. (100 points)

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Code of Ethics & Scope of Practice Quiz (50 points)

KRDN 2.2 Describe the governance of nutrition and dietetics practice, such as the Scope of Practice for the Registered Dietitian Nutritionist and the Code of Ethics for the Profession of Nutrition and Dietetics.

AND Scavenger Hunt (25 points)

This assignment is designed to help students work their way through a vital resource - the Academy of Nutrition and Dietetics (AND) website. It guides students to gathering answers to important questions and necessary information for success in their nutrition and dietetics college career.

KRDN 2.8 Participate in a nutrition and dietetics professional organization and explain the significant role of the organization.

Self-Assessment and Goals Worksheet (50 points)

In class activity to self-assess current learning and leadership styles. Will address strengths and areas for growth. Goals will be self for self-improvement and revisited in your Senior Seminar course.

KRDN 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement.

Internship Investigation (75 points)

Students will gather information on the various types of dietetic internships or pathways to obtain credentials. The objective of the assignment is to introduce students to the process involving internships dietetics and to help explore the options. Further details and instruction will be provided.

Nutrition Career Investigation (100 points)

Students will interview a nutrition professional working in an area of interest or a possible career pathway they are interested in and complete a write-up on two potential career pathways. Additional assignment instructions and list of interview questions will be provided.

KRDN 5.2 Identify and articulate one's skills, strengths, knowledge and experiences relevant to the position desired and career goals.

Policy Letter (50 points)

KRDN 2.3 Assess the impact of a public policy position on nutrition and dietetics profession.

KRDN 2.9 Defend a position on issues impacting the nutrition and dietetics profession.

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TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by East Texas A&M have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

YouSeeU Virtual Classroom Requirements:

<https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

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Interaction with Instructor Statement

Students can expect a response to email messages and/or phone calls within 24-48 hours from the time that your communication was sent. Communication may be slower on weekends and can expect a response by the next business day. All assignments will be graded and grades posted in a timely manner. Office hours are posted in office (NHS 134) window.

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

Electronic Devices & Acceptable Use Policy: Research indicates student performance is significantly (negatively) correlated with cell phone use. The active use of cellular phones or other electronic devices is distracting to your own learning, your classmates, and the professor. It is also considered extremely disrespectful and unprofessional in a classroom or work setting. Cell phones should be silenced and put away upon entry into the classroom. (This means out of reach, like in your backpack or off your desk; NOT in your lap, pocket, purse, or other place where you try to hide its' use.) Excessive texting in the classroom will NOT be tolerated.

Religious observations: Any student in this course who plans to observe a religious holiday which conflicts in any way with the course schedule or requirements should contact the instructor at the beginning of the semester to discuss alternative accommodations.

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx).
<http://www.tamuc.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

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ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at East Texas A&M are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)

[Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

East Texas A&M acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

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Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@tamuc.edu

Website: [Office of Student Disability Resources and Services](#)

<http://www.tamuc.edu/campusLife/campusServices/studentDisabilityResourcesAndServices/>

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all East Texas A&M campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

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East Texas A&M Supports Students' Mental Health

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.



Department or Accrediting Agency Required Content

COURSE OUTLINE / CALENDAR

Week	Date	Chapter	Assignment Due <i>All Assignments below are due by 11:59PM CST on Sunday!</i>
1	8/25	Course Orientation History of the Profession	Introduction Discussion
2	9/1	CAMPUS CLOSED	AND Scavenger Hunt
3	9/8	Supervised Practice Experience	Internship Investigation
4	9/15	Credentialing	
5	9/22	The NDTR, CDM and CFPP	Career Investigation
6	9/29	Outfitting Your Professional Toolkit	

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7	10/6	Outfitting Your Professional Toolkit	
8	10/13	Outfitting Your Professional Toolkit	Resume and Cover Letter
9	10/20	Role of Professional Associations	
10	10/27	Role of Professional Associations	Policy Letter
11	11/3	Trends and Future of the Practice	
12	11/10	Code of Ethics	Code of Ethics Quiz
13	11/17	Scope of Practice	
14	11/24	Reviewing Scientific Literature	
15	12/1	Wrap-Up: Student Portfolio	Student Portfolio
16		Exam Week: No Final Exam	

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