



PSY 322.01E- Lifespan Development

T/Th 9:30a-10:45a in BA 244

Fall 2025

INSTRUCTOR INFORMATION

Instructor: Dr. Krueger

Office: Henderson 233

Email Address: lacy.krueger@etamu.edu

Phone Number: (903) 886-5637

Fax: (903) 886-5510

Preferred Communication: email; **Response Time:** Within 48 hours

Office Hours: T/Th 11:30-2:00 (HEN 233) and by appointment

Required Textbook: An OER (free textbook) by Lally and Valentine-French. <https://open.umn.edu/opentextbooks/textbooks/540>

Course Description:

Understanding Human Development is a developmental psychology course that examines the changes, both growth and decline, across the human lifespan from conception to death. It includes physical, cognitive, and socioemotional changes that help to shape our lives. Topics include the importance of the prenatal environment on development, formation of language, self-esteem and identity, romantic relationships, retirement, and dying. What you will find is that our journey through life is incredible – from learning to walk to compensating for physical declines in later life.

Course Format:

This is an **in person course**. In our class meetings we will discuss the assigned readings and consider applications of the content.

Course Philosophy:

This course should be educational and interesting to you. After all, this is a course that will directly apply to your life. I encourage you to really engage yourself in this course. If you have questions, please do not hesitate to contact me.

Course Objectives (Student Learning Outcomes; SLOs):

1. Students will recognize key issues regarding physical, cognitive, and socioemotional changes that occur across the major stages of development – prenatal, infancy, early childhood, mid-late childhood, adolescence, early adulthood, middle adulthood, and late adulthood, and death and dying
2. Students will demonstrate the importance of research along with understanding how this research is conducted, including research methodology and ethical issues
3. Student will further develop communication skills to discuss psychological concepts related to developmental psychology
4. Students will complete a service learning project that corresponds to a course topic.

Course Assignments:

1. **Content Exams** – Testing promotes learning (Roediger & Karpicke, 2006). The instructor will provide study guides to prepare for the content exams. There will be three content exams consisting of 50 multiple-choice questions. The best two out of three exams will count toward your course grade. Exams are worth 40% of your course grade (20% each).
2. **In-Class Activities** – Unannounced activities will occur in class; therefore, attendance is necessary. There are 5 in-class activities. Four out of five activities will count; therefore, if you miss a class that has an activity, that will count as your dropped in-class activity. Students should bring with them paper to complete these activities. Activities will include thought exercises, learning quizzes, and applications. This assignment is worth 15% of the course grade.

3. **Service Learning Project** – Students will conduct a service learning project related to lifespan development. Students will prepare a presentation corresponding to their service project. The project is worth 30% total.
4. **Cumulative Final** – Students will complete a cumulative final exam during the final exam week. The format of the exam will be the same as the previous exams with 50 multiple-choice questions. This assignment is worth 15% of the course grade.
5. **Research Exposure Requirement** – A goal of this class is to help you become familiar with psychological research. One way to obtain this goal is to have you participate in research studies. Participating in research studies contributes to students and faculty at East Texas A&M, your understanding of how research is conducted, and human knowledge in general. All students in this class will be required to participate in the psychology department's participant pool or complete alternative assignments (see me for more information on D2L for the alternative writing assignment).

Students must complete a total of 6 experiment credits. However, if you complete your first 4 experiment credits without any “no-shows” you will receive 2 free punctual participant credits. In other words, if you show up to your experiments on time you will only need to complete 4 experiment credits. When you first sign into the experiment management system (EMS) you will be asked to take a prescreen. The prescreen takes about 20 minutes to complete. If you complete the prescreen in the first two weeks of the semester you will receive ½ free experiment credit. This can be combined with later experiments that are worth ½ credit.

If you fail to complete this portion of the class your grade will be lowered by one full grade. In effect, if you have an ‘A’ in the class but fail to complete your research participation (either through participating in research studies, alternative assignments, or a mixture of both) your final grade in the class will be a ‘B.’ More

information about participating in research, such as how to log in to the EMS, is located in D2L.

** Students may complete up to three additional research exposure credits for extra credit.

Visual Recap of Assignments

Assignment	SLO	Format	% Weight
Content Exams (Best 2 of 3)	1	Recognition Test	40%
In-Class Assignments	3	In-Class Activities	15%
Service Learning Project	4	a) Service Learning b) Presentation	30%
Cumulative Final	1	Recognition Test	15%
Research Exposure Requirement	2	Research Studies and/or Research Article Summaries	Requirement completion grade

Grade Distribution:

<u>Grade</u>	<u>Percent</u>
A	90-100
B	80-89
C	70-79
D	60-69
F	Below 60

COMMUNICATION AND SUPPORT

Interaction with Instructor Statement

I do my best to respond within 48 hours of receiving an email. If you do not hear back from me within 48 hours, please email me again in case I did not receive your message. My office hours are also stated at the beginning of this syllabus. Your assignments will be graded and returned to you within two weeks.

When emailing, **include your course number/course name (PSY 322)** in the email subject. Be sure to include your name in the email. Correspondence with your instructor should be professional.

Minimal Technical Skills Needed

Needed Skills needed include being able to use the learning management system to access course materials. Additionally, proficiency in Microsoft Office (Word and PowerPoint) is needed.

Student Responsibilities or Tips for Success in the Course

In order to succeed in this course you need to keep up with the readings and complete the assignments.

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by ETAMU have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

Zoom Video Conferencing Tool

https://inside.etamu.edu/campuslife/CampusServices/CITESupportCenter/Zoom_Account.aspx?source=universalmenu

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Course Specific Procedures/Policies

In-Person Attendance Expectations

This is an in-person course. The following are expected for attendance:

1. **Arrive on time.** Late arrivals are a disturbance to peers. Occasionally things happen with traffic, but if you are routinely coming in late you will be asked to meet with the instructor.
2. **Stay the full class time.** Do not pack up early. If you need to leave early, notify the instructor before class. It is disruptive to students when peers start shuffling their items and depart early. Your instructor will have a two minute time that will go off prior to the end of class. This will allow the instructor to wrap up her thought, and then the instructor will verbally let you know that class has ended.
3. **Be courteous to the instructor and peers.** See the university conduct section below. If there is an issue, you will be required to meet with the instructor after class and/or asked to leave the classroom.
4. **Technology use should be class relevant.** Do NOT talk on your phone in class or record social media videos (e.g., TikToks). This

is a learning environment. As such, students are expected to be in class to learn and engage with the course content. If you are off-task, you will get a warning. The instructor will meet with you after class. However, if this is a repeated issue, the instructor will require a meeting with the student and the academic department head. Students can use their phones and computers to access the textbook, search google scholar, etc. This is just a 75-minute class, so during that time technology use should be limited to course relevant usage. On days when exams are not scheduled, phones can be on silent to receive texts, but texting should not interfere with others' learning around you; if so, you will be asked to put your phone away.

Late Work

Exams

Both the content and the cumulative final, must be completed on the day they are due. The best two out of three content exams will count as your dropped exam grade, so if you miss one content exam, that one will be dropped. All students must complete the final exam.

In-Class Assignments

In-class assignments are in class; therefore, there are no make-ups unless necessary documentation (e.g., medical appointment note from doctor; jury summons) is provided. Each student gets to drop one in class assignment, so if you miss one, that will be your dropped class assignment.

Service Learning Project

Service Learning Project has the following late work policy: If submitted within 24 hours of the due date = 1 grade step deduction, if submitted between 24-48 hours late = 2 grade step deductions, and after 48 hours = 0 on the assignment. Failure to do so will result in a grade step deduction on your grade.

Research Exposure Requirement & Extra Credit

Research Exposure Requirement and any Extra Credit are due the day that the participant pool closes. There are no exceptions to this date

unless severe circumstances and documentation is provided. I recommend completing this requirement early!

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the Student Guidebook.

<http://www.etamu.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum:
<https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the Attendance webpage and Procedure 13.99.99.R0.01.

<http://www.etamu.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at East Texas A&M University are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

Undergraduate Academic Dishonesty 13.99.99.R0.03
Undergraduate Student Academic Dishonesty Form

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

AI

East Texas A&M University acknowledges that there are legitimate uses of Artificial Intelligence, Chatbots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software **must be documented**. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

East Texas A&M University

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: <https://www.etamu.edu/student-disability-services/>

Nondiscrimination Notice

East Texas A&M University will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in East Texas A&M University buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and East Texas A&M - Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all ETAMU campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

ETAMU Supports Students' Mental Health

The Counseling Center at ETAMU, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit www.etamu.edu/counsel

TENTATIVE SCHEDULE

Date	Topic	Reading	Assignment Due
8/26 (T)	Syllabus; Service Learning Project	--	
8/28 (R)	Lifespan Perspective Introduction	Ch. 1	
9/2 (T)	Lifespan Perspective Introduction, cont.	Ch. 1	Pledged Syllabus due by 11:59 pm
9/4 (R)	Heredity, Prenatal Development, and Birth	Ch. 2	
9/9 (T)	Heredity, Prenatal Development, and Birth, cont.	Ch. 2	
9/11 (R)	Infancy and Toddlerhood	Ch. 3	
9/16 (T)	Infancy and Toddlerhood, cont.	Ch. 3	
9/18 (R)	Early Childhood	Ch. 4	
9/23 (T)	Early Childhood, cont.	Ch. 4	
9/25 (R)	Exam 1	--	In-Class exam over chapter 1-4
9/30 (T)	Middle and Late Childhood	Ch. 5	
10/2 (R)	Middle and Late Childhood, cont.	Ch. 5	
10/7 (T)	Adolescence	Ch. 6	
10/9 (R)	Adolescence, cont.	Ch. 6	
10/14 (T)	Service Learning Project		Service Learning Project Details Due by 11:59 pm
10/16 (R)	Research Exposure		Research Exposure Progress Report Due by 11:59 pm

Date	Topic	Reading	Assignment Due
10/21 (T)	Early Adulthood	Ch. 7	
10/23 (R)	Early Adulthood, cont.	Ch. 7	
10/28 (T)	Exam 2	--	In-Class exam over chapters 5-7
10/30 (R)	Middle Adulthood	Ch. 8	
11/4 (T)	Middle Adulthood, cont.	Ch. 8	
11/6 (R)	Late Adulthood	Ch. 9	
11/11 (T)	Late Adulthood, cont.	Ch. 9	
11/13 (R)	Death, Dying, & Grieving	Ch. 10	
11/18 (T)	Death, Dying, & Grieving, cont.	Ch. 10	
11/20 (R)	Exam 3	--	In-Class exam over chapters 8-10
11/25 (T)	Research Exposure	--	
11/27 (R)	Thanksgiving – No School	--	
12/2 (T)	Service Learning Project		Service Learning Project Due
12/4 (R)	<i>Final Exam Review</i>		
12/5 (F)	Research Exposure Requirement & Extra Credit		Research Exposure Requirements & Extra Credit Due by 11:59 pm
12/11 8-10 am*	Cumulative final	--	In-class exam from 8 am – 10 am over Chapters 1-10

**** All courses are required to meet during finals week per university policy. The university sets the finals schedule.**

Note: In-class assignment are not announced; therefore, these are not listed in the assignment due dates.