



## COUN 301: Orientation to the Counseling Profession

### *Course Syllabus*

Fall 2025 (August 25, 2025 – December 12, 2025)

\*Asynchronous Web Based Class in D2L\*

### INSTRUCTOR INFORMATION

**Instructor:** Rusty Fox, Ph.D.

**Office Location:** Binnion 221 & Virtual Office by appointments

**Office Hours:** Tuesdays and Thursdays from 2:00pm-4:00pm, and Fridays by appointment virtually (Inquire, if you need ZOOM/Virtual office hours at other times)

**University Email Address:** [Rusty.Fox@etamu.edu](mailto:Rusty.Fox@etamu.edu)

**Preferred Method of Communication:** email

Please always **list course number in Subject Field. COUN 301**

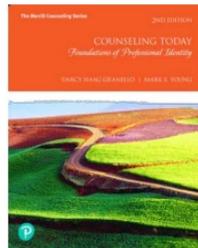
**Communication Response Time:** 24-36 hours, Monday-Friday; emails sent on Friday after 4:00pm Central Time will be answered the following workday

### COURSE INFORMATION

#### Materials – Textbooks, Readings, Supplementary Readings

#### Required Textbook:

Granello, D. H. & Young, M. E. (2019) Counseling today: Foundations professional identity (2nd ed.). NY, NY: Pearson



Note: This course will use D2L as it Learning Management System

\*\*Other readings as assigned

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## COURSE DESCRIPTION

### Catalogue Description of the Course

545. *Developmental Issues/Strategies for Counseling*. Three semester hours.

This course provides an overview of theory and research related to human growth and development over the lifespan. In addition to meeting the core curricula objectives required for accreditation, the course provides specific developmentally appropriate interventions and culturally sensitive developmental assessments supported by research that are designed to enhance the growth and development of clients who seek counseling services. Students also will engage in experiential activities designed to enhance their own growth and development.

### General Course Information

This course includes studies that provide an understanding of the nature and needs of individuals at all developmental levels. Building upon this understanding, the course includes strategies that counselors can use to facilitate optimal human development and assess development across the lifespan. Activities to enhance student self-awareness are also incorporated.

### Student Learning Outcomes (SLOs):

Measurement 1 (Knowledge):

I. Attachment Assignment. Students will demonstrate understanding of attachment and the impact it can have on client development and interpersonal difficulties. Measurement 2 (Skills):

I. Developmental Assessment Paper. Students will apply knowledge on development to two separate case studies. Students will include discussion of the impact of development on emotional regulation, interpersonal interactions, and the implications of client development on clinical interventions.

\*All SLOs address the respective CACREP Standards evident in the syllabus.

### 2016 CACREP Standards Addressed in COUN 545 PLOs

| Core Standard   | Learning Activity   | Assignment   | Assessment Rubric   | Benchmark   |
|---|---|--|---|---|
| 2.F.3.a. Theories of individual and family development across the life span | -Reading: Broderick & Blewitt (2018); Ray (2016); Greenspan & Shanker (2004); Greenspan (1993). Foster & Armstrong (2017); Perry (2001)<br>-Tronick Attachment video (week 3) | <b>CACREP KPI:</b><br>Autobiographical Development Paper | <b>CACREP KPI:</b><br>Autobiographical Development Paper Rubric | Student will score ≥ 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score that either meets or exceeds a rating of a “2.” |

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| <p><b>2.F.3.b.</b> Theories of learning</p>   | <p>-Readings: Broderick &amp; Blewitt (2018) Chapters 3 &amp; 9; Borders (2019); Tangen &amp; Borders (2017)</p>  | <p>Autobiographical Development Paper</p>  | <p>Autobiographical Development Paper Rubric</p>  | <p>Student will score <math>\geq</math> 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score that either meets or exceeds a rating of a “2.”</p> |
| <p><b>2.F.3.c.</b> Theories of normal and abnormal personality development</p>  | <p>Readings: Broderick &amp; Blewitt (2018) Chapter 2; Ray (2016); Greenspan (1993) Chapters 1 &amp; 2; Perry &amp; Szalavitz (2017) ch.6.; Felitti et al., (1998)</p>  | <p>1.Attachment assignment<br/>2.ACE assignment<br/>3.Autobiographical Development Paper</p>   | <p>1.Attachment assignment Rubric<br/>2.ACE assignment rubric<br/>3.Autobiography Rubric</p>  | <p>Student will score <math>\geq</math> 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score that either meets or exceeds a rating of a “2.”</p> |
| <p><b>2.F.3.d.</b> Theories and etiology of addictions and addictive behaviors</p>  | <p>-Pamela Peeke Addiction Presentation on YouTube (week 13)<br/>-Lecture, Discussion (week 6 &amp; 13)<br/>-Readings: Broderick &amp; Blewitt (2018) Chapter 2; Ray (2016); Perry &amp; Szalavitz (2017) Chapter 6</p> | <p>ACE assignment</p>  | <p>ACE assignment rubric</p>  | <p>Student will score <math>\geq</math> 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score that either meets or exceeds a rating of a “2.”</p> |
| <p><b>2.F.3.e.</b> Biological, neurological, and physiological factors that affect human development, functioning, and behavior</p> | <p>-Lecture, Discussion (week 6)<br/>-Readings: Broderick &amp; Blewitt (2018) Chapter 3; Ray (2016); Greenspan (1993); Greenspan &amp;</p>   | <p>1.Attachment Assignment<br/>2.CACREP KPI: ACE Assignment<br/>3.Developmental Assessment</p> | <p>1.Attachment rubric<br/>2.CACREP KPI: ACE Rubric<br/>3.Developmental Assessment Rubric</p> | <p>Student will score <math>\geq</math> 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score</p>   |
|   | <p>Shanker (2004) Chapter 1 &amp; 2; Perry &amp; Szalavitz (2017) Chapter 6</p>   |  |   | <p>that either meets or exceeds a rating of a “2.”</p>   |
| <p><b>2.F.3.f.</b> systemic and environmental factors that affect human development, functioning, and behavior</p>                  | <p>-Readings: Broderick &amp; Blewitt (2018) Chapter 1; Ray (2016); Greenspan (1993); Perry &amp; Szalavitz (2017) Chapter 6</p>  | <p>2. ACE paper<br/>3.Developmental Assessment<br/>4.Autobiographical Development Paper</p>    | <p>2.ACE Rubric<br/>3. Develop. Assess. Rubric<br/>4.Autobiography Rubric</p>                 | <p>Student will score <math>\geq</math> 80% on quiz, exam, or assignment; meet or exceed a rating of a “2” on a single item; or obtain an average rubric score that either meets or exceeds a rating of a “2.”</p> |

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| <b>2.F.3.g.</b> effects of crisis, disasters, and trauma on diverse individuals across the lifespan                       | -Lecture, Discussion (week 6)<br>-Readings: Perry & Szalavitz (2017) ch.6.; Felitti et al., (1998); Ojiambo & Bratton (2014)  | 1.ACE Assignment;<br>2.Developmental Assessment Assignment<br>3.Autobiographical Development Paper | 1.ACE Rubric;<br>2.Developmental Assessment Rubric<br>3.Autobiography Developmental Paper Rubric | Student will score $\geq$ 80% on quiz, exam, or assignment; meet or exceed a rating of a "2" on a single item; or obtain an average rubric score that either meets or exceeds a rating of a "2." |
| <b>2.F.3.h.</b> a general framework for understanding differing abilities and strategies for differentiated interventions | -Readings: Broderick & Blewitt (2018); Ray (2016) all chapters; Greenspan (1993); Armstrong et al., (2015); Shokouhi et al., (2014); Ray et. al., (2015); Van Velsor, (2004). | 1.Developmental Assessment<br>2.Autobiographical Development Paper                                 | 1.Developmental Assessment Rubric;<br>2.Autobiography Developmental Paper Rubric                 | Student will score $\geq$ 80% on quiz, exam, or assignment; meet or exceed a rating of a "2" on a single item; or obtain an average rubric score that either meets or exceeds a rating of a "2." |

**Content Areas include, but are not limited to, the following:**

- I. Importance of research
- II. Research in the Counseling Profession
  - A. Opportunities
  - B. Difficulties
- III. Research methods
  - A. Qualitative
  - B. Quantitative
  - C. Single-case designs
  - D. Action research
  - E. Outcome-based research
- IV. Technological competence and computer literacy
  - A. General computer literacy
  - B. Use in conducting research
  - C. Use in program evaluation
- V. Program modification
  - A. Needs assessment
  - B. Program Evaluation
  - C. Using research results to effect program modifications
- VI. Using research results to improve counseling effectiveness
- V. Ethical and legal considerations related to research and program evaluation.

## COURSE REQUIREMENTS

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## Minimal Technical Skills Needed

In this class, you will utilize the Learning Management System (LMS) entitled D2L for portions of instructional and learning methods, submitting assignments, participating in online discussions, and completing quizzes. You will need to utilize other technologies such as Microsoft Word, PowerPoint, etc. If you have issues with this system, it is your responsibility to contact the help desk immediately.

## Instructional Methods

This course consists of lecture and didactic learning methods, small group discussions, and in-class assignments, coupled with experiential learning and practical application. When we are not meeting face to face, you will be expected to participate and complete all online tasks via D2L. In addition to this, small lecture, discussion, activities, and workshops may be utilized during this course.

## Student Responsibilities or Tips for Success in the Course

As a student in this course, you are responsible for the active learning process. Expectations of this course include the following:

1. You are expected to display professionalism at all times. Be respectful of your professor and peers. Be open to feedback, as you will receive this throughout the program.
2. Prepare for classes. Complete any and all readings prior to class time.
3. Complete all assignments by the deadline.
4. Adhere to the university student code of conduct.
5. Participate. During face-to-face classes, you are expected to actively participate in all activities and discussion. In the online format, you are expected to participate in all online discussions/activities. This is crucial to your learning.
6. All writing assignments must be done according to APA 6<sup>th</sup> edition.
7. Regularly check your university email. My suggestion is to check this at least once a day as your instructors and others from the department and University may contact you.
8. Begin your readings ASAP. Sometimes it may take more than one attempt to digest the material.
9. Deadlines are the last possible moment something is due—not the first moment to start. Work ahead. I realize this may not always be possible; however, when you can, do so.
10. Be open to the process. This degree takes time, work, effort, and growth.

## Assignments/Assessments

1. **Attachment Assignment (50 points):** This assignment has two parts: (a) responding to questions about the Perry (2001) article and (b) responding to a video of a mother interacting with a baby.
  - a. After reading the Perry article, respond to the following questions. What is attachment? Why is it important? What is bonding? What factors in the infant or caregiver influence bonding and

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attachment? How does an insecure attachment impact children, adolescents and adults long term? How might attachment issues be affecting children and adolescents who are struggling to belong and fit in at school and with their peers?

- b. You will watch the following YouTube video in which a mother and baby interact. The researcher, Tronick, illustrates a secure and insecure attachment in the video. The purpose of this assignment is for you to experience the impact of a secure and insecure attachment in a way that is unlikely from reading about it. Before you do the required writing, you will watch the 3-minute video. After watching the video, you will complete a short-written assignment. This assignment has two parts: a summary of what you observed and what you think it means about attachment and your personal reaction to watching the mother-baby interaction.

This assignment is not an APA paper. You will write two to three pages, double-spaced and 12-point Times New Roman Font, but there is no title page and no references. Here is the link to the YouTube video: <https://www.youtube.com/watch?v=uTWvG0bDnWo&t=5s>

### Attachment Assignment Rubric

|  |  |
|--|--|
| 3 – Exceeds Expectations (45-50 points)      | Student had an insightful understanding of secure and insecure attachment and was able to communicate the importance of the non-verbal cues and parental responsiveness in the interaction between mother and baby. Personal reaction indicated a clear understanding of the importance of attachment. |
| 2 – Meets Expectations (40-44 points)        | Student had adequate understanding of secure and insecure attachment and was able to observe important non-verbal cues and interaction between mother and baby. Personal reaction indicated an understanding of interaction.   |
| 1 – Does Not Meet Expectations (0-39 points) | Student did not appear to understand the difference between a secure and insecure attachment. Observation of child was either inaccurate or missed essential elements. Personal reaction to video lacked insight.  |

2. **Developmental Assessment (50 points):** To complete this assignment, you will (a) watch a YouTube video and (b) read part of a chapter in *Playground Politics* (1993).

**Video:** This video shows Stanley Greenspan talking about emotional development in babies, doing a developmental assessment on a baby and recommending an intervention to the mother of the baby. To access Greenspan's assessment of the baby, click on the following link and begin at the 10:30 mark of the video. You can stop at 14:00 mark.

<https://vimeo.com/44930499>

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After watching the video, answer the following questions.

1. What were Greenspan’s findings about this baby boy?
2. What made it harder for this baby to calm down?
3. What intervention did Greenspan recommend to the mother?
4. How did the intervention change the relationship between mother and child?

### Playground Politics Reading: Chapter 2, Joey’s Story

The reading also is from Greenspan and describes his assessment of a 9-year-old boy who is extremely aggressive at school. After you complete the reading, respond to the following questions.

5. How would you describe the problems Joey was having?
6. How did Greenspan assess Joey’s development?
7. After doing his assessment, what was Greenspan’s conclusion about Joey’s aggression and other facets of his development?
8. Like he did with the baby in the video, Greenspan recommended an intervention for the mother to use with Joey called floor time (a detailed description of the intervention is in chapter 8). Write a paragraph or two explaining what floor time is.
9. How did Joey change in this chapter?

### Developmental Assessment Rubric

|                               | 1 – Does Not Meet Expectation (0-7 points)   | 2 – Meets Expectation (8-8.9points)   | 3 – Exceeds Expectation (9-10 points)   |
|-------------------------------|--|---|---|
| Infant Assessment (10 points) | Inaccurate and/or inadequate explanation of Greenspan assessment of baby                                   | Accurate and/or adequate explanation of Greenspan assessment of baby                                      | Insightful and perceptive explanation of Greenspan assessment and understanding of importance of early assessment       |
| Intervention (10 points)      | Inadequate description of intervention Limited grasp of how intervention impacted mother-baby relationship | Adequate description of intervention Adequate grasp of how intervention impacted mother-baby relationship | Insightful and perceptive explanation of intervention and clear understanding of how intervention impacted relationship |

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| Child Assessment (10 points)      | Inaccurate and/or inadequate explanation of Greenspan assessment of child            | Accurate and/or adequate explanation of Greenspan assessment of child             | Insightful and perceptive explanation of Greenspan assessment and understanding of importance of emotional assessment                               |
| Child Intervention (10 points)    | Inadequate description of intervention Limited understanding of floor time           | Adequate description of intervention Adequate grasp of how floor time was helpful | Insightful and perceptive explanation of intervention and clear understanding of floor time and the value of the intervention impacted relationship |
| Writing Quality & APA (10 points) | Numerous APA errors (6 or more errors); writing quality is below graduate level work | Some APA errors (3-5 errors); writing quality is at graduate level work           | Minimal APA errors (< 2 errors); writing quality is above average at the graduate level   |

3. **CACREP KPI: Adverse Childhood Experiences (ACE) Assignment (100 points):** To complete this paper you will need to use the following resources: the ACE video, the ACE test, and the ACE research study.

### Part I- Familiarizing yourself with ACE information I

would recommend that you watch the video first.

<https://www.youtube.com/watch?v=95ovIJ3dsNk&t=7s>

Please take your time watching and listening to Dr. Burke Harris. Her TED talk is excellent. In addition to explaining how ACEs affect long-term mental health, she helps us understand how physical health is impacted by ACEs. Also, she focuses on neuroscience (including the limbic system) and how abuse and other ACEs affect brain development.

Next, take the ACE test (D2L).

### Part II- Written assignment

After watching the video, taking the test and reading the article, you will be prepared to write the assignment. Your paper is not APA format, so you can put your name on page 1 and start writing. I would guess that your paper will be 3-5 pages. Please do not make it more than 5 (no title or reference pages).

As we have been doing, your paper will be both academic and personal. Please include and

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address the following in your paper.

- A **two-paragraphs summary** of the impact of ACEs according to Dr. Burke Harris in the video
- Your personal reaction to her talk (**1-2 paragraphs**)
- Your ACE score, which items were problematic (or if you got a 0 you won't have any) and your response to your own ACE score (**2-3 paragraphs**)
- Anything else you want to share about your family of origin related to stress, trauma and fear (**1-2 paragraphs**)
- Your personal and professional thoughts about the article (including interesting findings, questions, and your own thoughts in response to specific statements in the article; **2-3 paragraphs**)

### CACREP KPI: ACE Paper Rubric

|  |  |
|--|--|
| 3 – <i>Exceeds Expectations</i><br>(90-100 points)     | Student had an insightful understanding of adverse childhood experiences and was able to communicate the importance of how adverse childhood experiences impact (i.e., trauma) development. Personal reaction indicated a clear understanding of the importance of ACE and how trauma, when left unaddressed, can have a profound impact on one development. |
| 2 – <i>Meets Expectations</i><br>(80-89 points)        | Student had adequate understanding of adverse childhood experiences and was able to communicate the importance of how adverse childhood experiences impact development. Personal reaction indicated an understanding of the material.  |
| 1 – <i>Does Not Meet Expectations</i><br>(0-79 points) | Student did not appear to understand the importance of adverse childhood experiences and was able to communicate the importance of how adverse childhood experiences impact development. Explanation was either inaccurate or missed essential elements. Personal reaction lacked insight.   |

4. **Autobiographical Developmental Paper (100 points):** This assignment assesses your understanding of developmental models and your ability to apply the models to a person: you. Beginning in your early childhood, you will assess your own development and describe your growth and progress developmentally. You will write an extensive autobiographical paper that applies developmental theories to your life. You will be expected to write an honest, in-depth account of your own development. The paper will be in APA format, but also autobiographical. Appendix A provides detailed instructions sheet that will list all of the issues that you will need to address in this paper.



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## Autobiographical Developmental Paper Rubric

|  |  |   |   |
|--|--|---|---|
|  | 1 – Does Not Meet Expectation<br>(0-15.9 points) | 2 – Meets Expectation<br>(16-17.9 points) | 3 – Exceeds Expectation<br>(18-20 points) |
|--|--|---|---|

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| Understands typical and atypical development (20 points)         | Was unable to provide clear examples of developmental milestones and factors in personal life. Lacked understanding of typical and atypical development | Able to provide adequate examples and descriptions of developmental factors in personal life. Showed adequate understanding of typical and atypical development | Able to provide clear examples and descriptions of developmental factors in personal life. Showed insight and clear understanding of typical and atypical development |
| Understands multiple factors that affect functioning (20 points) | Unable to provide examples and descriptions of developmental factors that affected functioning  | Able to provide adequate examples and descriptions of factors that affect functioning   | Able to provide detailed and clear examples and descriptions of factors that affect functioning   |
| Understands barriers that impede development (20 points)         | Unable to specify obstacles to development  | Able to explain and describe barriers and hindrances to own development   | Able to provide detailed and insightful descriptions of barriers and hindrances to own development  |
| Applies models to selfdevelopment (20 points)                    | Unable to apply developmental models to self  | Able to adequately apply multiple developmental models to self  | Able to apply multiple developmental models and provide clear and insightful explanation of how models described personal growth and developmental                    |
| Understands how relationships impact development (20 points)     | Failed to understand the impact of relationships on personal development  | Able to adequately understand the impact of relationships on personal development   | Demonstrated clear and insightful understanding of the impact of relationships on personal development  |

## GRADING

Final grades in this course will be based on the following:

90%-100%           A  
80%-89%            B

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|             |   |
|-------------|---|
| 70%-79%     | C |
| 60%-69%     | D |
| < 60 points | F |

| Assignment/Assessment              | Point Value |
|------------------------------------|-------------|
| Attachment Assignment              | 100         |
| Personal Wellness Assignment       | 100         |
| Developmental Assessment           | 100         |
| <b>*CACREP KPI: ACE Paper</b>      | <b>100</b>  |
| Autobiographical Development paper | 100         |

Assignments are due on the day noted in the syllabus. Unless noted otherwise, all assignments are due at the beginning of the class period. **I will not accept late assignments unless prior arrangements have been made. If an unexpected event occurs that impacts the submission of an assignment, it is important to communicate with the course instructor**

## TECHNOLOGY REQUIREMENTS Browser Support

D2L is committed to performing key application testing when new browser versions are released.

New and updated functionality is also tested against the latest version of supported browsers. However, due to the frequency of some browser releases, D2L cannot guarantee that each browser version will perform as expected. If you encounter any issues with any of the browser versions listed in the tables below, contact D2L Support, who will determine the best course of action for resolution. Reported issues are prioritized by supported browsers and then maintenance browsers.

Supported browsers are the latest or most recent browser versions that are tested against new versions of D2L products. Customers can report problems and receive support for issues. For an optimal experience, D2L recommends using supported browsers with D2L products.

Maintenance browsers are older browser versions that are not tested extensively against new versions of D2L products. Customers can still report problems and receive support for critical issues; however, D2L does not guarantee all issues will be addressed.

A maintenance browser becomes officially unsupported after one year. Note the following:

- Ensure that your browser has JavaScript and Cookies enabled.
- For desktop systems, you must have Adobe Flash Player 10.1 or greater.
- The Brightspace Support features are now optimized for production environments when using the Google Chrome browser, Apple Safari browser, Microsoft Edge browser, Microsoft Internet Explorer browser, and Mozilla Firefox browsers.

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## Desktop Support



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| Browser                       | Supported Browser Version(s) | Maintenance Browser Version(s) |
|-------------------------------|------------------------------|--------------------------------|
| Microsoft® Edge               | Latest                       | N/A                            |
| Microsoft® Internet Explorer® | N/A                          | 11                             |
| Mozilla® Firefox®             | Latest, ESR                  | N/A                            |
| Google® Chrome™               | Latest                       | N/A                            |
| Apple® Safari®                | Latest                       | N/A                            |

### Table and Mobile Support

| Device   | Operating System | Browser               | Supported Browser Version(s)  |
|----------|------------------|-----------------------|---|
| Android™ | Android 4.4+     | Chrome                | Latest  |
| Apple    | iOS®             | Safari, Chrome        | The current major version of iOS (the latest minor or <b>point</b> release of that major version) and the previous major version of iOS (the latest minor or <b>point</b> release of that major version). For example, as of June 7, 2017, D2L supports iOS 10.3.2 and iOS 9.3.5, but not iOS 10.2.1, 9.0.2, or any other version.<br>Chrome: Latest version for the iOS browser. |
| Windows  | Windows 10       | Edge, Chrome, Firefox | Latest of all browsers, and Firefox ESR.  |

- You will need regular access to a computer with a broadband Internet connection. The minimum computer requirements are:

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RAM, 1

o 512 MB of  
GB or more

preferred o Broadband connection required courses are heavily video

intensive o Video display capable of high-color 16-bit display 1024 x 768  
or higher resolution

- **For YouSeeU Sync Meeting sessions 8 Mbps is required.** Additional system requirements found here: <https://support.youseeu.com/hc/en-us/articles/115007031107-Basic-System-Requirements>
- You must have a:
  - o Sound card, which is usually integrated into your desktop or laptop computer o Speakers or headphones.
  - o \*For courses utilizing video-conferencing tools and/or an online proctoring solution, a webcam and microphone are required.
- Both versions of Java (32 bit and 64 bit) must be installed and up to date on your machine. At a minimum Java 7, update 51, is required to support the learning management system. The most current version of Java can be downloaded at: [JAVA web site](http://www.java.com/en/download/manual.jsp)  
<http://www.java.com/en/download/manual.jsp>
- Current anti-virus software must be installed and kept up to date.
- Running the browser check will ensure your internet browser is supported.
  - o Pop-ups are allowed. o JavaScript is enabled. o Cookies are enabled.
- You will need some additional free software (plug-ins) for enhanced web browsing. Ensure that you download the free versions of the following software:
  - o [Adobe Reader](https://get.adobe.com/reader/) <https://get.adobe.com/reader/>
  - o [Adobe Flash Player \(version 17 or later\)](https://get.adobe.com/flashplayer/) <https://get.adobe.com/flashplayer/>
  - o [Adobe Shockwave Player](https://get.adobe.com/shockwave/) <https://get.adobe.com/shockwave/> o [Apple Quick Time](http://www.apple.com/quicktime/download/) <http://www.apple.com/quicktime/download/>
- At a minimum, you must have Microsoft Office 2013, 2010, 2007 or Open Office. Microsoft Office is the standard office productivity software utilized by faculty, students, and staff. Microsoft Word is the standard word processing software, Microsoft Excel is the standard spreadsheet software, and Microsoft PowerPoint is the standard presentation software. Copying and pasting, along with attaching/uploading documents for assignment submission, will also be required. If you do not have Microsoft Office, you can check with the bookstore to see if they have any student copies.

## ACCESS AND NAVIGATION

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You will need your (CWID) and password to you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or [helpdesk@tamuc.edu](mailto:helpdesk@tamuc.edu).

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campus-wide ID log into the course. If

**Note:** Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, a TAMUC campus open computer lab, etc.

## COMMUNICATION AND SUPPORT

### Brightspace Support Need Help?

#### Student Support

If you have any questions or are having difficulties with the course material, please contact your Instructor.

#### Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778 or click on the **Live Chat** or click on the words “click here” to submit an issue via email.



#### System Maintenance

Please note that on the 4th Sunday of each month there will be System Maintenance which means the system will not be available 12 pm-6 am CST.

### Interaction with Instructor Statement

Communication with your professors is key to your professional growth. I am here to support and guide you along your academic journey. With that being said, I cannot help you if you do not communicate with me. Please make an appointment if you have any concerns or questions. Because I teach in different locations, email is the best way to reach me. I will attempt to answer all emails within 24 hours, Monday-Friday, but at times will need up to 72 hours to do so. When emailing, please use your university email and address me with courtesy and respect.

## UNIVERSITY SPECIFIC PROCEDURES

### Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in

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Guidebook.

detail in the Student

<https://inside.tamuc.edu/admissions/registrar/documents/studentGuidebook.pdf>.

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

## TAMUC Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedures 13.99.99.R0.01](#)

<http://www.tamuc.edu/admissions/registrar/generalInformation/attendance.aspx>

## Academic Integrity

Students at Texas A&M University-Commerce are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03 Undergraduate Student Academic Dishonesty Form](#)

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

## Graduate Students Academic Integrity Policy and Form

[Graduate Student Academic Dishonesty Form](#)

<https://inside.tamuc.edu/aboutus/policiesProceduresStandardsStatements/rulesProcedures/13students/graduate/13.99.99.R0.10.pdf>

## Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

Texas A&M University-Commerce

Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: [studentdisabilityservices@tamuc.edu](mailto:studentdisabilityservices@tamuc.edu)

Website: [Student Disability Services](#)

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<https://www.tamuc.edu/student-disability-services/>

### **Nondiscrimination Notice**

Texas A&M University-Commerce will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

### **Campus Concealed Carry Statement**

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in Texas A&M University-Commerce buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and A&M-Commerce Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.tamuc.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all A&M-Commerce campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

### **A&M-Commerce Supports Students' Mental Health**

The Counseling Center at A&M-Commerce, located in the Halladay Building, Room 203, offers counseling services, educational programming, and connection to community resources for students. Students have 24/7 access to the Counseling Center's crisis assessment services by calling 903-886-5145. For more information regarding Counseling Center events and confidential services, please visit [www.tamuc.edu/counsel](http://www.tamuc.edu/counsel)

### **Mental Health and Well-Being**

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the

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resources available to you



# Counseling

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for guidance and support



whenever you need it.

<http://telusproduction.com/app/5108.html>

## AI use policy [Draft 2, May 25, 2023]

Texas A&M University-Commerce acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course. Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism). Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructor’s guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty

13.99.99.R0.10 Graduate Student Academic Dishonesty

## COURSE OUTLINE / CALENDAR

### *Summer II 2025*

| Date   | Topic  | CACREP Standard | Readings   | Assignments                           |
|--------|--|-----------------|--|---------------------------------------|
| Week 1 | -Syllabus, Discuss Autobiographical Developmental Paper, Overview of Development, Wellness overview, brain development, epigenesis |                 | -Chapter 1 in Broderick & Blewitt (2018)<br>-Chapter 1 in Ray (2016);<br>-Chapter 2 in Ivey, Ivey, Myers, & Sweeney (2004) | <b><u>NO ASSIGNMENT THIS WEEK</u></b> |
|        | -Wellness<br>-Personal wellness  | <b>2.F.3.i.</b> | -Chapter 2 in Ivey, Ivey, Myers, & Sweeney (2004)<br>-Blount, Taylor, Lambie, & Anwell (2016)                              |                                       |

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|        |  |  |   |   |
|--------|--|--|---|---|
|        | -Attachment, secure and insecure attachments, trust and mistrust, emotional development<br>-Watch Tronick attachment video<br>-Discuss how attachment affects all subsequent relationships | <b>2.F.3.a</b><br><b>2.F.3.c.</b>  | -Perry (2001)<br>-Chapter 1 in Ray (2016)<br>-Chapter 1 & 2 in Greenspan & Shanker (2004)                                 |   |
| Week 2 | -Erikson's psychosocial stages (including a trajectory of cumulative task failure)<br>-Brain development<br>-Bronfenbrenner's Bioecological Theory   | <b>2.F.3.a</b><br><b>2.F.3.f.</b>  | -Chapter 1 & 2 in Broderick & Blewitt (2018)<br>-Chapters 1 & 4-13 in Ray (2016)  | <b>ACE Paper</b><br><b>Friday, July 19<sup>th</sup> before 11:59pm</b><br><b>Central Time</b> |
|        | -Cognitive development, ego development, learning theory, information processing   | <b>2.F.3.b.</b>  | -Chapter 3 in Broderick & Blewitt (2018) -Borders (2019)<br>-Tangen & Borders (2017)                                      |   |
|        | -Adverse Childhood Experiences, abuse and brain development, trauma -Discuss Justin from Perry book  | <b>2.F.3.c.</b><br><b>2.F.3.d.</b><br><b>2.F.3.e.</b><br><b>2.F.3.g.</b> | -Chapter 3 in Broderick & Blewitt (2018)<br>-Felitti et al. (1998) -Perry & Szalavitz (2017)<br>-Ojiambo & Bratton (2014) |   |
| Week 3 | -Developmental assessment<br>-Developmentally appropriate strategies with children 3-9<br>-Show play therapy video   | <b>2.F.3.h.</b>  | -Greenspan (1993)<br>-Ray, Armstrong, Balkin, & Jayne (2015)<br>-Van Velsor (2004)  | <b>Developmental Assessment Due</b><br><b>Friday, July 26<sup>th</sup> before 11:59pm</b>     |
|        | -Preadolescent /early adolescent development, developmentally appropriate strategies<br>-Show expressive arts video  |  | -Chapters 7 & 8 in Broderick & Blewitt (2018)<br>-Shokouhi., Limberg, & Armstrong (2014)                                  |   |
|        | -Discuss group activity therapy and group sandtray therapy<br>-Culturally relevant developmentally appropriate strategies  | <b>2.F.3.i.</b>  | -Armstrong, Brown, & Foster, (2015)<br>-Garza & Bratton (2005)<br>-Ojiambo & Bratton (2014)                               |   |
| Week 4 | -Adolescent development: Physical, cognitive and identity development  |  | -Chapters 9 in Broderick & Blewitt (2018)<br>-Borders (2019)<br>-Tangen & Borders (2017)                                  |   |

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|        |   |                 |   |   |
|--------|---|-----------------|---|---|
|        | -Adolescent development:<br>Social world  |                 | -Chapters 10 in Broderick & Blewitt (2018)  |   |
|        | -Adolescent/adult<br>Information processing   | <b>2.F.3.b.</b> | -Borders (2019)<br>-Tangen & Borders (2017) |   |
| Week 5 | -Adult development,<br>Addiction<br>-Pamela Peeke Addiction<br>Presentation on YouTube<br>-Couples and families | <b>2.F.3.d.</b> |   | <b>Autobiographical<br/>Developmental Paper<br/>Due WEDNESDAY,<br/>August 7th before<br/>11:59pm Central<br/>Time</b> |
|        |   |                 | -Gottman handouts                           |   |
|        | -Aging- working with older<br>adults  |                 | -Myers & Harper (2004)                      |   |
|        | Final paper due   |                 |   |   |

## Appendix A Self-development Paper

Take an honest look at yourself without judging yourself. You will apply several developmental theories to your own life. This paper will be in APA (7<sup>th</sup> Edition) style, 12 point Times New Roman font, double-spaced, but it obviously involves your opinion. You will support your opinions with various developmental theories and concepts that we have covered in class. Be extremely honest with yourself. Try to be really honest with me as well. The paper will be from 8-10 pages of text (not including the title page or reference page). I will expect you to cite resources that have been used in the course.

### Child development

Discuss your development in childhood. Please include the following:

A description of the attachment between you and your mother (You may need to interview other people who knew her then.) Describe how you think your mother was during your first two years of life. Use the attachment handout for categories such as affectionate, available, distracted, etc. You may want to use Perry's model to discuss attachment and Piaget and Greenspan's models to discuss early development.

Describe how you progressed through Erikson's first four psychosocial stages.

Use five adjectives to describe your mother and father as you think they were during your elementary school years. Please elaborate and explain the adjectives. Discuss the impact they had on you. Specifically, describe the relationship and level of trust you had with your parents. Include at least one negative adjective per person.

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Using a Maslowian  
your elementary school  
example, how safe did you feel? How was your self-esteem?

model, describe  
years. For

Describe your social life during elementary school years. Use Greenspan's *Playground Politics* as a developmental model. What significant experiences seemed to have an impact on you at this age?

## Adolescent development

Using the Havighurst developmental tasks of adolescence model, discuss how you handled each task. What significant experiences seemed to have an impact on you at this age? What kinds of messages about sex did you get from your parents? How did these messages affect you?

Using Loevinger's ego development model, describe your ego development.

Discuss your moral development using either Kohlberg's and Gilligan's models. Give examples of moral choices and dilemmas you have faced. Be honest.

## Adult development

What impact have adults had on your development? How have adults facilitated your growth and development? How have they hindered it? What messages did you get that may have helped or hindered you?

Describe the quality of your current relationships. How much support do you receive? Are you in a position where you give far more than you receive? If so, talk about what that's like for you.

Apply the ten forms of twisted thinking to yourself? Which cognitive distortions do you struggle with? Discuss negative self-talk that you deal with. What self-limiting concepts of yourself do you struggle with today? How do you deal with those?

In your relationships, how do you handle anger? When people cross the line do you keep it to yourself, get even with them without talking about it, withdraw, tell them about it, etc? Similarly, when you get hurt in relationships, what do you tend to do? Do you withdraw? Attack? Can you talk about it?

How much does fear limit the choices that you make? Do you feel the need to keep things controlled? Are you willing to take risks that could enrich your life?

How would you describe your self-awareness today?

Use ten adjectives to describe yourself now including several adjectives that suggest areas of growth. Elaborate on the adjectives. Honestly discuss your strengths. What do you like best about yourself? What potential in you could be developed much more than it has?

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How cautious are you?  
growth and change?  
to change? Specifically, how open are you to:

How open to  
How open are you

- Changing patterns in relationships
- Receiving feedback from others
- Change in general

Currently, where do you see yourself on Maslow's hierarchy of needs? Talk about your own self-actualization. How much have you experienced your potential? Is there something that you have dreamed of doing that you won't attempt due to fear?

Movement vs. stagnation

Where are you stuck in your life? Relationships? Job? What is something that needs to change in your life that has persisted for too long? Development is a dynamic process. What challenges do you see ahead for you in the next ten years? How optimistic or pessimistic are you about the future? Why?

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