

HHPK 304-MOTOR DEVELOPMENT
Fall 2025

Instructor Information

Instructor: Dr. Sandy Kimbrough

Office: NHS 140

Class Meeting Time: TR 12:30-1:45

Email response time: within 1 business day

Preferred method of communication: email or face-to-face

E-mail: sandy.kimbrough@etamu.edu

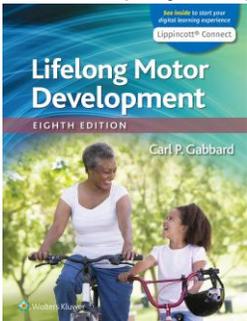
Instagram: DrKimbro

Class meeting place: NHS 160A

Office hours: TBD (see final version of syllabus)

Course Information

Textbook (required): Lifelong Motor Development (8th ed.), by C. Gabbard.



Catalog Description: This course examines basic concepts and contemporary issues associated with physical growth and motor behavior (perception to action) across the lifespan. Topics include physical and neurological growth, perception, motor control, and environmental influence. Prerequisites: [HHPK 1338](#) with a minimum grade of C, 2.5 GPA.

Course Objectives

Specific course objectives are included in the textbook and identified on the schedule below.

Generally, upon completion of the course, the student should be able to...

1. Define and discuss motor development and all associated terms.
2. Discuss the potential impact the quality of physical education programs might have on the development of motor skills.
3. Identify appropriate movement activities based on the mover's age and developmental readiness.

COURSE REQUIREMENTS

You will be expected to use D2L, to use Microsoft Word and Microsoft Excel. You will also be required to use video software and upload to YouTube.

Instructional Methods

Course will include lecture, handouts, reading, live discussion, and videos to supplement course material.

Student Responsibilities or Tips for Success in the Course

How to succeed in this class:

1. Be in class every day, with your cell phone off and your brain engaged!
2. Study the assigned material before every class and take the quizzes!
3. Turn in all assignments and quizzes ON TIME.
4. Do quality work!
5. Take responsibility for your own grade; I do not give you a grade—you earn a grade.
6. Listen when I tell you about how to study for the tests!
7. Attend the chat sessions every chance you get.
8. STUDY this material at least two hours for every hour in class, more if it's not sinking into your brain!
9. No excuses, just results!
10. Be in class every day, with your cell phone off and your brain engaged!

Grading

| <u>Grading Scale</u> | <u>Points</u> | | |
|-----------------------------|----------------------|---|--|
| 90– 100 % | 1000 | A | (exceptional, excellent, mastery) |
| 80– 89% | 800-899 | B | (above average, good performance and learning) |
| 70– 79% | 700-799 | C | (average) |
| 60-69% | 600-699 | D | (below average) |
| 0-59% | 0-599 | F | (failing) |

| <u>Evaluation:</u> | | |
|------------------------------|-----|-------|
| Test 1 | 5% | (50) |
| Test 2 | 10% | (100) |
| Test 3 | 15% | (150) |
| Test 4 | 15% | (150) |
| Cumulative Essay Opportunity | 20% | (200) |
| Assessment Activity | 5% | (50) |
| Online quizzes | 10% | (100) |
| Assignments (2) | 5% | (50) |
| Service (2) | 5% | (50) |
| Creative movement | 10% | (100) |

Assessments

Tests

Each test will have several types of questions: define and explain, short answer, essay, fill-in-the-blank, true/false, etc. Study the material indicated by the objectives listed on the schedule. Also study material that was supplied by notes and supplemental materials. Be able to APPLY the information learned, not just recite definitions and lists. For each test, you will have an allotted amount of time. At the end of that time, your test must be submitted. The “cumulative essay opportunity” will be discussed in detail later in the semester. Students with a cumulative 90% on all coursework just before the CEO will not be required to take the CEO.

Assessment Activity

After we have covered assessment techniques, you will administer a developmental assessment, as assigned to you. Instructions and more information will be provided online.

Online Quizzes

Before some classroom days, there will be a quiz in the online portion of the class that you must submit no later than 11:59pm on the specified date. Each quiz will require that you read the corresponding material in

the textbook. This will help you be prepared for class discussion and/or review information covered in class. The quizzes will count for 10% of your entire grade (100 points).

Assignments

Within the online part of the class, you will find instructions for 2 assignments. This part of the course will count for 5% of your entire grade (50 points).

Service (2)

You will be required to participate in two service activities related to motor development. Details will be provided in D2L and in class. The first is something you can do on your own time. The second will be volunteering at an event provided by Dr. Kimbrough. Mark your calendars now: Wednesday, October 29th, we will be hosting a Halloween party/carnival for our friends with disabilities from Hunt County and beyond. There will be many shifts available to work, including before the event, during the event (starts at 5pm), and after the event. There will also be a couple other options during the semester.

Creative movement

You will create a movement experience to music specific to a certain stage or phase, based on the motor development milestones typically reached by that age. More details will be provided in class and online. You WILL have to post to YouTube, so if you do not have an account, create one and figure out how to video, edit, and post.

Activity Days

Besides the “lecture” part of the course, we will have some “moving” or “activity” days, where we will be doing some physical activity. On activity days, you need to be dressed appropriately (wearing athletic shoes and athletic clothing [no denim, dress clothes, flip flops, sandals, boots, etc]). Some activity days are listed on the syllabus, but I may also announce additional activity days in the preceding class meeting; if you are absent, it is your responsibility to find out if the next class meeting is an activity day. Material covered on activity days will be included on exams.

Absences/Tardiness

I have discovered over the years that students who do not attend class regularly or are late to class do not do well! Do not miss class! In addition, being late to class is disruptive, rude, and detracts from the learning of all students. If you are late to class, do not disrupt class. Use the time to study instead.

Extra Credit

Extra credit opportunities will be provided during the semester. Earning extra credit is something that I suggest ALL students do! There will be opportunities in which all students can participate, but not every opportunity will be available to every individual student; some are dependent on age, gender, time of availability, etc. I will not assign EC in the form of papers or extra coursework. The maximum number of extra credit points you can earn from all sources combined is 40.

Other helpful information

CRUCIAL INFORMATION:

- CHECK YOUR EMAIL for critical updates from me about meeting places, etc.
- BEFORE you come to class each day, I HIGHLY recommend that you have read the assigned chapter in the textbook AND viewed the lectures for that chapter as well. To make taking notes easier, you can even screenshot, then cut and paste the slides into a Word document and bring those to class.

- Class time will be 100% active; be prepared to WORK HARD.
- Know how to use D2L WELL! Know how to record yourself with GOOD AUDIO (so those watching can hear the music and hear you). Know how to post on YouTube. (This is for creative movement assignment.)

Chat Sessions

Periodically throughout the semester, I will announce a “chat time” where you can meet with me and other students to talk about motor development. This is not me re-lecturing, nor is it me telling you what is on the test(s). It is an opportunity for you to engage your mind in the topic and enhance your grade (hopefully) by learning at a deeper level.

Statement on Student Behavior

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment (see Student’s Guide Handbook). I have zero tolerance for disrespect for the learning environment or other human beings, present or not. Included in disrespect for others is the use of any tobacco product, any type of cigarette, or distracting use of cell phones in class. If you do any of the items listed above, I will ask you to leave class.

Course Policies

- 1 Students are expected to be in class, seated, on time.
- 2 An “excused absence” is defined as a documented university approved activity. The instructor reserves the right to change the content or format of all make-up work. The student is responsible for making up missed work. Online quizzes must be completed regardless of excused absences. They will not be reopened after the due date has passed.
If the absence is for one of the reasons listed below, you will be able to make up the work (within two business days). To reserve this right, you MUST provide written documentation on the day of your return to class (a copy that I can keep). Please notify me ahead of time if you know you will be absent.
 - Religious Holy Day
 - Illness that is too severe or contagious for the student to attend class (to be determined by Health Center or off campus physician)
 - Participation in an activity appearing on the University’s authorized activity list.
 - Death or major illness in a student’s immediate family.
 - Illness of a dependent family member
 - Participation in legal proceedings or administrative procedures that require a student’s presence.
 - Required participation in military duty
- 3 Any student missing an exam or assignment without prior arrangement will receive a score of zero.
- 4 The online LMS will be a primary method of communication between you as the student and me as the instructor. Please refer to it regularly.
- 5 You MUST check your e-mail daily in case I need to communicate with you. I will not e-mail you junk, and I request that you do the same for me. I will be using your ETAMU account.
- 6 While you are in class, I expect you to participate. That means that you should a) actively prepare by reading the assigned materials, b) TALK (ask and answer questions), c) bring your notes and textbook, d) bring your ideas, and e) refrain from anything that is not class-related during class (newspaper, reading for another class, text messages, etc). Students who choose to disrupt class by not participating will be asked to leave.
- 7 DUE DATES: The due dates listed for assignments are the LAST chance to submit them. Please turn in your work early. I DO NOT accept late assignments.
- 8 If you have a question or concern, TALK to me. I am here to help. If you need to reach me and I am not in my office, e-mail me.

Lectures: Lecture material is provided online. Take advantage of this!!!

Course Schedule

THIS SCHEDULE IS TENTATIVE AND MAY CHANGE!!! I WILL TELL YOU WHEN/IF IT DOES! If you miss class, be sure to talk to someone in the class to find out if there have been any changes to the meeting place, time, etc.

| | Date | Topic for the Day/in-class activity | Due dates/other info | Other important info |
|---|-------------|--|--|--|
| T | 8/26 | Syllabus, begin Ch. 1, Q&A, etc | | |
| R | 8/28 | Chapter 1 | | |
| T | 9/2 | Chapter 2 | Two quizzes due by 9/2: Ch. 1, 2 | |
| R | 9/4 | Finish ch's 1-2; | | |
| T | 9/9 | Test 1 (5%) | Quiz due by 9/18: Ch. 3 | |
| R | 9/11 | Chapter 3 | | |
| T | 9/16 | Chapter 3 | Quiz due by 9/17: Ch. 4 | |
| R | 9/18 | Chapter 4 | Quiz due by 9/22: Ch. 5 | Service A (blankets) are due today (AT CLASS TIME). |
| T | 9/23 | Chapter 5 | | |
| R | 9/25 | Test 2 (10%) | | |
| T | 9/30 | Chapter 6 | Quiz due by 9/29 Ch. 6 | |
| R | 10/2 | Chapter 6 continued | | Assignment 1 due by 11:59pm |
| T | 10/7 | Chapter 7 | Quiz due by 10/6: Ch. 7 (listen to online lecture first) | |
| R | 10/9 | Chapter 7 continued | | |
| T | 10/14 | Test 3 (15%) | | |
| R | 10/16 | Chapter 13, Start Chapter 8 | Quiz due by 10/15: Ch. 8 | |
| T | 10/21 | Chapter 8 | | |
| R | 10/23 | Chapter 8/9 | Quiz due by 10/22: Ch. 9 | |
| T | 10/28 | Chapter 9/dress to move | Wear workout clothes | |
| R | 10/30 | TBD | | |
| T | 11/4 | Chapter 9/Discuss and prep for creative movement | Wear workout clothes | Creative movement song choices due via email. Provide song, artist, version, and length. |
| R | 11/6 | Chapter 10 | | Assignment 2 due today. |
| T | 11/11 | Chapter 14 | Quiz due by 11/10: Chapter 13 and 14 (one quiz for two chapters) | Creative movement choreography including video link (in dropbox) |
| R | 11/13 | Creative movement in class | Wear workout clothes | Meet in NHS 164 |
| T | 11/18 | Test 4 (15%) | | |
| R | 11/20 | Talk about CEO and assessment | Read info about assessment before class. | |
| T | 11/25 | Prep for CEO | Dr. K will review TYPED answers during class for CEO part 1. | |
| T | 12/2 | Prep for CEO | Dr. K will review TYPED answers during class for CEO part 2. | Assessment due today. |
| R | 12/4 | CEO Part 1 (99 points) | | |
| R | 12/11 | CEO Part 2 (101 points) | FINALS WEEK | THURSDAY 10:30am-12:30pm |

TECHNOLOGY REQUIREMENTS

LMS

All course sections offered by ETAMU have a corresponding course shell in the myLeo Online Learning Management System (LMS). Below are technical requirements

LMS Requirements:

<https://community.brightspace.com/s/article/Brightspace-Platform-Requirements>

LMS Browser Support:

https://documentation.brightspace.com/EN/brightspace/requirements/all/browser_support.htm

ACCESS AND NAVIGATION

You will need your campus-wide ID (CWID) and password to log into the course. If you do not know your CWID or have forgotten your password, contact the Center for IT Excellence (CITE) at 903.468.6000 or helpdesk@etamu.edu.

Note: Personal computer and internet connection problems do not excuse the requirement to complete all course work in a timely and satisfactory manner. Each student needs to have a backup method to deal with these inevitable problems. These methods might include the availability of a backup PC at home or work, the temporary use of a computer at a friend's home, the local library, office service companies, Starbucks, an ETAMU campus open computer lab, etc.

COMMUNICATION AND SUPPORT

If you have any questions or are having difficulties with the course material, please contact your Instructor.

Technical Support

If you are having technical difficulty with any part of Brightspace, please contact Brightspace Technical Support at 1-877-325-7778. Other support options can be found here:

<https://community.brightspace.com/support/s/contactsupport>

COURSE AND UNIVERSITY PROCEDURES/POLICIES

Syllabus Change Policy

The syllabus is a guide. Circumstances and events, such as student progress, may make it necessary for the instructor to modify the syllabus during the semester. Any changes made to the syllabus will be announced in advance.

University Specific Procedures

Student Conduct

All students enrolled at the University shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment. The Code of Student Conduct is described in detail in the [Student Guidebook](#).

<http://www.etamu.edu/Admissions/oneStopShop/undergraduateAdmissions/studentGuidebook.aspx>

Students should also consult the Rules of Netiquette for more information regarding how to interact with students in an online forum: <https://www.britannica.com/topic/netiquette>

ETAMU Attendance

For more information about the attendance policy please visit the [Attendance](#) webpage and [Procedure 13.99.99.R0.01](#).
<http://www.ETAMU.edu/admissions/registrar/generalInformation/attendance.aspx>

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/academic/13.99.99.R0.01.pdf>

Academic Integrity

Students at ETAMU are expected to maintain high standards of integrity and honesty in all of their scholastic work. For more details and the definition of academic dishonesty see the following procedures:

[Undergraduate Academic Dishonesty 13.99.99.R0.03](#)
[Undergraduate Student Academic Dishonesty Form](#)

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/documents/13.99.99.R0.03UndergraduateStudentAcademicDishonestyForm.pdf>

[Graduate Student Academic Dishonesty Form](#)

<http://www.etamu.edu/academics/graduateschool/faculty/GraduateStudentAcademicDishonestyFormold.pdf>

<http://www.etamu.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/13students/undergraduates/13.99.99.R0.03UndergraduateAcademicDishonesty.pdf>

Students with Disabilities-- ADA Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you have a disability requiring an accommodation, please contact:

Office of Student Disability Resources and Services

ETAMUC Velma K. Waters Library Rm 162

Phone (903) 886-5150 or (903) 886-5835

Fax (903) 468-8148

Email: studentdisabilityservices@etamu.edu

Website: <https://www.etamu.edu/student-disability-services/>

Nondiscrimination Notice

ETAMU will comply in the classroom, and in online courses, with all federal and state laws prohibiting discrimination and related retaliation on the basis of race, color, religion, sex, national origin, disability, age, genetic information or veteran status. Further, an environment free from discrimination on the basis of sexual orientation, gender identity, or gender expression will be maintained.

Campus Concealed Carry Statement

Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in ETAMU buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and ETAMU Rule 34.06.02.R1, license holders may not carry a concealed handgun in restricted locations.

For a list of locations, please refer to the [Carrying Concealed Handguns On Campus](#) document and/or consult your event organizer.

Web url:

<http://www.ETAMU.edu/aboutUs/policiesProceduresStandardsStatements/rulesProcedures/34SafetyOfEmployeesAndStudents/34.06.02.R1.pdf>

Pursuant to PC 46.035, the open carrying of handguns is prohibited on all ETAMU campuses. Report violations to the University Police Department at 903-886-5868 or 9-1-1.

ETAMU acknowledges that there are legitimate uses of Artificial Intelligence, ChatBots, or other software that has the capacity to generate text, or suggest replacements for text beyond individual words, as determined by the instructor of the course.

Any use of such software must be documented. Any undocumented use of such software constitutes an instance of academic dishonesty (plagiarism).

Individual instructors may disallow entirely the use of such software for individual assignments or for the entire course. Students should be aware of such requirements and follow their instructors' guidelines. If no instructions are provided the student should assume that the use of such software is disallowed.

In any case, students are fully responsible for the content of any assignment they submit, regardless of whether they used an AI, in any way. This specifically includes cases in which the AI plagiarized another text or misrepresented sources.

13.99.99.R0.03 Undergraduate Academic Dishonesty
13.99.99.R0.10 Graduate Student Academic Dishonesty

Mental Health and Well-Being

The university aims to provide students with essential knowledge and tools to understand and support mental health. As part of our commitment to your well-being, we offer access to Telus Health, a service available 24/7/365 via chat, phone, or webinar. Scan the QR code to download the app and explore the resources available to you for guidance and support whenever you need it.

